



Earn  
12 PDU's

# Professional Development Conference Spring Symposium

April 10 & 11, 2010 | *Disney's Paradise Pier*® Hotel, Anaheim, CA

## Come experience the magic of *Disney's Paradise Pier*® Hotel

The magic never ends when you stay at one of the hotels of the Disneyland® Resort. Step into paradise and enjoy the casual elegance, spacious sleeping rooms, signature Disney service, and rooftop pool area of *Disney's Paradise Pier*® Hotel.

Discounted Disneyland® park tickets are also available. Access the link on OTAC's Web site. You must purchase your park tickets by April 4, 2010 to be eligible for the discount.

And the best reason for staying at the *Disney's Paradise Pier*® Hotel is that you won't have to fight traffic or worry about flight delays on your way to sessions. Come alone, bring your family or stay with a colleague.

OTAC sleeping room rate is only \$125 single/double occupancy. You can easily and quickly reserve your sleeping room by going to the OTAC Web site at [www.otaconline.org](http://www.otaconline.org). The link is right on the home page. Reservations close on March 22, 2010. (This date will not be extended.)

*Disney's Paradise Pier*® Hotel  
1717 Disneyland Dr.  
Anaheim, CA 92802  
(714) 999-0990

### Dates to Remember:

- March 12** Early bird conference registration and 2 for 1 deadlines
- March 22** Hotel room reservation deadline
- March 31** Deadline to request conference refund
- April 2** Advance conference registration deadline
- April 4** Discount Disneyland park ticket purchase deadline

**Fee increases after  
March 12**

*Thank You*

Our sponsors  
(as of February 1, 2010):

### Zaner-Bloser

The Sponsorship Prospectus is available on the OTAC Web site at [www.otaconline.org](http://www.otaconline.org).

**GREAT VALUE WITH OTAC -  
12 PDU's, 1 LUNCH, 1 RECEPTION AND GREAT NETWORKING**

**Special '2 for 1' Registration Rate - \$89.** If a current member recruits a new member, both can attend at a 50% discount. If two nonmembers join at the same time/together, both can attend at a 50% discount.

**Regular Member Registration Rate - \$179.** If you don't recruit a new member attendee, you can still attend at the great value of only \$179 for the two-day conference.

**STUDENTS: Look inside for your special rates.**



# Program Schedule

## SATURDAY, APRIL 10, 2010

### OVERVIEW

8:00am	Registration Desk Opens
9:00am – Noon	Education Sessions
Noon – 1:15pm	OTAC Town Hall Lunch (included in registration fee)
1:30pm – 4:30pm	Education Sessions
4:30pm – 5:30pm	Legislative Networking Reception

**8:00am**  
**Registration Desk Opens**  
Visit the Advocacy Information Table

**9:00am – 11:00am** **10**  
**The Development of Health Enhancement Lifestyle Profile (HELP) for Use in Older Adults**  
*Jengliang Eric Hwang, Ph.D., OTR/L*  
*Terry Peralta-Catipon, Ph.D., OTR/L*  
*California State University, Dominguez Hills*  
*Department of Occupational Therapy*  
The HELP is a clinical tool that monitors health promotion occupations and risk behaviors and measures the outcome of lifestyle interventions in older adults. This presentation introduces the development, validation and clinical applications of the HELP.

**9:00am – Noon** **20**  
**Home Health Occupational Therapy: Fast Track for Beginners**  
*Jim Dennis, OTR/L*  
Many occupational therapists have considered entering the home health field. Finding practical information on how to quickly and confidently get started in this area has been challenging, until now. Learn fundamental steps that produce success and help you move forward to fill a pressing demand in the occupational therapy community. Mr. Dennis is employed by seven home health companies.

**9:00am to Noon** **30**  
**Climbing the Social Ladder, Part I: Facilitating the Instruction of Play and Social Skills in the Schools**  
*Bill Roberts, OTR/L, Long Beach Unified School District*  
In this information packed session, participants will learn about and discuss social and play skill development, interventions, and research in order to assess a child's current social skill level and to facilitate the instruction of social and play skills in the preschool and elementary classrooms. This session has been presented at the 2009 Spring Fling and OTAC Annual Conferences. Please also register for Part II in which specific social skills intervention ideas and activities will be discussed in detail.

**11:00am – Noon** **11**  
**The Need for the Clinical Doctorate and Its Impact on Occupational Therapy's Future**  
*Samia H. Rafeedie, O.T.D., OTR/L*  
*University of Southern California, Division of Occupational Science & Occupational Therapy*  
*Bryant Edwards, M.P.H., O.T.D., OTR/L*  
*Santa Monica – Malibu Unified School District*

A historical inquiry revealed that the development of the occupational therapy doctorate (O.T.D.) was propelled by the profession's unique identity, the necessity to apply theory and research to practice, the need for doctorate-level faculty, and the establishment of terminal doctoral degrees in adjacent allied health professions.

**Noon – 1:15pm**  
**OTAC Town Hall Lunch**  
**Reimbursement! Legislation! Regulation!**  
Join us for lunch and informative presentations on OTAC's recent crucial activities on behalf of the occupational therapy community. OTAC President Shawn Phipps, M.S., OTR/L, and other OTAC leaders will share updates on current legislative, regulatory and reimbursement issues. Come with your questions. Included in registration fees.

**1:30pm – 2:30pm** **41**  
**The Meaning of Dating for Males with Spinal Cord Injuries (SCI)**  
*Steven Oliver, OTS; Brianne Switzenberg, OTS;*  
*April Quinn, OTS; Hadley Vargas, OTS*  
*California State University Dominguez Hills*  
*Under the direction of principal investigator Claudia Peyton, Ph.D., OTR/L, FAOTA*  
Seven revealing interviews with men with spinal cord injuries give insight on what they perceive as their new identity and its impact on their dating lives. Clinical implications will also be explored.

**1:30pm – 4:30pm** **12**  
**Using Listening (sound) Intervention to Support Therapeutic Intervention in Autistic Children and Adults**  
*Marjorie Cases, OTR/L*  
*Ellen Young, Ph.D., RCTC*  
*Listening Clarity, Inc.*  
Given the premise behind listening training and therapeutic benefits of sound based interventions for autistic children and adults, the various properties of sound, integrative aspects of the ear, and their effects on the brain will be discussed.

**1:30pm – 4:30pm** **21**  
**Office Ergonomics: The Unique Role of Occupational Therapy**  
*Barb Phillips, M.S., OTR/L*  
*City of Los Angeles*  
Occupational therapy brings unique skills to the role of "ergonomist" in a community-based setting. Evaluation methodology and a range of equipment solutions will be demonstrated. Outcomes and resources will be shared.

**1:30pm – 4:30pm** **31**  
**Climbing the Social Ladder, Part 2: Social Skills Intervention and Group Programming Strategies**  
*Bill Roberts, OTR/L*  
*Long Beach Unified School District*  
This interactive workshop will build upon Bill Roberts' Climbing the Social Ladder, Part 1; however, all attendees are welcome. In this session, participants will discuss various ideas and strategies for developing a social skills group program in a school or private setting. Participants will learn and develop fun and engaging activities to promote social interaction.

**2:30pm – 4:30pm** **42**  
**STUDENT ONLY SESSION -- Future OT Leaders**  
*Michelle Lee, O.T.D., OTR/L; Julie McLaughlin-Gray, O.T.D., OTR/L*  
*OTAC Student Affairs Committee Co-chairs*  
This two-hour panel discussion will highlight different practice areas of occupational therapy. Students will have the opportunity to network and enjoy light refreshments.

**4:30pm – 5:30pm**  
**Legislative Networking Reception**  
Join OTAC leaders and elected officials (invited) as we mix and mingle. You deserve to relax and unwind after a full day of growing professionally.

# SUNDAY, APRIL 11, 2010

OVERVIEW	
8:00am	Registration Desk Opens
9:00am – Noon	Education Sessions
Noon – 1:15pm	OTAC Networking Luncheon (lunch is an additional nominal fee)
1:30pm – 4:30pm	Education Sessions

- 8:00am**  
**Registration Desk Opens**  
Visit the Advocacy Information Table
- 9:00am – 11:00am** **50**  
**Addressing Mental Health Issues in Physical Disabilities**  
*Don Gordon, Ph.D., OTR/L*  
*University of Southern California Division of Occupational Science & Occupational Therapy*  
This course will explore our unique role in understanding and addressing mental health issues in physical disabilities settings. Historical perspectives, diagnostic categories, medications, therapeutic approaches, and case studies will be included.
- 9:00am – Noon** **60**  
**The Role of the Occupational Therapy Driving Generalist**  
*Robyn Y. Ogawa, OTR/L*  
*Adam F. Sanchez, OTR/L*  
*Hilda Kim, M.S., OTR/L*  
*Long Beach Memorial Medical Center*  
The unprecedented growth of the aging population is one of the drivers of change toward our future vision of practice, with driving rehabilitation and training identified as one of the emerging areas of practice. The presenters were awarded a grant in 2009 from the American Occupational Therapy Association through the Older Drivers Initiative. Learn how the award enabled them to contribute to the development of the role of the occupational therapy generalist in driving rehabilitation and to start a driving rehabilitation program at their facility.
- 9:00am – Noon** **70**  
**Pediatric Constraint Induced Movement Therapy: Pilot Program Results**  
*Arameh Anvarizadeh, O.T.D., OTR/L*  
*Mindy Charmack, M.A., OTR/L*  
*Lisa Dittbenner, OTR/L*  
*Kelly Khun, OTR/L*  
*County of Los Angeles, California Children's Services, Medical Therapy Program*  
This session will highlight the results of an evidence-based constraint induced movement therapy (CIMT) program utilized in outpatient pediatric rehabilitation. Results indicate significant family satisfaction and functional improvement in children with hemiplegic cerebral palsy.
- 11:00am – Noon** **51**  
**Catching the Falls! An Occupational Approach to Program Development**  
*Suchitra Iyer, OTR/L*  
*Life Care Centers of America*  
Development of a fall reduction program in a skilled nursing facility combining the principles of biomechanics, ergonomics and occupation to improve the quality of life of the older adults.

- Noon – 1:15pm**  
**Networking Lunch**  
Enjoy this opportunity to network with friends and colleagues during this informal lunch. Enjoy good food, good friends and good times. Not included in registration fee. **Purchase lunch in advance using the registration form.**
- 1:30pm – 3:30pm** **52**  
**Dementia, Delirium and Depression**  
*Debbie Ricker, OTR/L, CDP*  
*Life Care Centers of America*  
*Kent Peppard, Ph.D.*  
*The Memory Center of Orange County*  
Are you able to discern the difference between dementia, delirium and depression? Do you know how to help the caregiver? Do you wonder if your patient should still be driving, even though he/she is forgetful?
- 1:30pm – 3:30pm** **71**  
**Helping the IEP Team Develop Appropriate IEP Goals**  
*Valerie S. Adams, M.A., OTR/L*  
*Long Beach Unified School District*  
Learn how to collaborate with the educational team to develop Individualized Education Plan (IEP) goals that are provider specific, developmentally appropriate, measurable and address state content standards. Bring your own suggested goals to discuss and to add to the goal bank that everyone will receive.
- 1:30pm – 4:30pm** **61**  
**Stepping into Community Practice: Domestic Violence**  
*Heather Javaherian-Dysinger, O.T.D., OTR/L*  
*Ipuniuese Eliapo, MOTS*  
*Amy Hedgecock, MOTS*  
*Department of Occupational Therapy, School of Allied Health Professions, Loma Linda University*  
This presentation describes the role and value of occupational therapy in a domestic violence shelter. Specific practice examples will be illustrated through case studies, and strategies and opportunities to enter practice in this area will be discussed.
- 3:30pm – 4:30pm** **53**  
**Improving Self-Management through an Effective Patient Education Program**  
*Allison Chu, M.A., OTR/L*  
*Rancho Los Amigos National Rehabilitation Center*  
This presentation will introduce an evidence-based approach to interdisciplinary patient education and provide valuable information on how to identify and implement practical, appropriate and effective education materials in your practice setting.
- 3:30pm – 4:30pm** **72**  
**Tennis: Reducing Occupational Deprivation in At-Risk Youth**  
*Stephanie Feuer, OTR/L*  
*Janelle E. Kurtenbach, O.T.D., OTR/L*  
*Special Services for Groups – Occupational Therapy Training Program*  
Are you looking for a low-cost, community based activity that promotes mental, social and physical well-being? Learn from occupational therapy professionals who work in community-based mental health and use tennis as a treatment tool with at-risk children and adolescents living in Los Angeles.
- Disney's Paradise Pier Hotel Reservation Deadline:**  
**March 22, 2010**  
**Phone: (714) 520-5005**  
**Email: [dlr.convention.groups@disney.com](mailto:dlr.convention.groups@disney.com)**

# Spring Symposium

## Special '2 for 1' Registration Rate - \$89

**Members...**You all know a colleague who is not a member.

**Nonmembers...**You all know a colleague who is a member, or, two nonmembers can join together and take advantage of the '2 for 1' registration rate. So, members and nonmembers, get together and take advantage of this '2 for 1' offer.

## Special '2 for 1' Registration Rate—How It Works.

Both registration forms and completed membership application form(s) must be faxed or mailed **together** to the OTAC office and postmarked no later than March 12, 2010. "New Member" means an OT or OTA who has not been a member within the past 12 months. Two nonmembers may join and attend together and each receives this discount. This discount is in lieu of any other incentives/rewards offered by OTAC.

# TWO FOR ONE

50% OFF! SAVE \$90

## Spring Symposium

### REGISTRATION FORM

Deadline for pre-registration rate is March 12, 2010.  
After April 2, you must register on-site.

Seating is limited. Register today.



#### REGISTRANT: (Please print or type)

OTAC ID NUMBER \_\_\_\_\_

NAME (Last/First) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME PHONE (\_\_\_\_\_) \_\_\_\_\_ WORK PHONE (\_\_\_\_\_) \_\_\_\_\_

CELL PHONE (\_\_\_\_\_) \_\_\_\_\_ FAX (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

#### PROGRAM SELECTION—Circle those sessions you will attend

You may not register for overlapping sessions

SATURDAY, APRIL 10					SUNDAY, APRIL 11			
AM	10	20	30		AM	50	60	70
	11					51		
PM	12	21	31	41	PM	52	61	71
				42		53		72

#### SPECIAL NEEDS

Check here if you have special needs and attach a detailed description.



#### HOW TO REGISTER

**Online** at OTAC's secure Web site: [www.otaconline.org](http://www.otaconline.org)

**Fax** if paying by credit card: (916) 932-1974

**Mail** OTAC, P.O.Box 276567, Sacramento, CA 95827-6567

#### QUESTIONS?

Call Staff at (888) 686-3225, or email [staff@otaconline.org](mailto:staff@otaconline.org)

#### KEEP A COPY FOR YOUR RECORDS

#### WE LOOK FORWARD TO YOUR PARTICIPATION!

Cancellations: \$35 retained to cover processing costs. Written notice must be received by OTAC postmarked by March 31, 2010 to be eligible for refunds. No refunds after this date.

**Fee Schedule.** You must fill in and check all boxes that apply or the Registration Form is not considered complete and subject to a late fee.

	Regular	Students
<input type="checkbox"/> <b>SATURDAY &amp; SUNDAY - REGULAR</b> <i>Includes Saturday lunch and reception</i>	<b>\$179</b>	<b>\$89</b>
<input type="checkbox"/> <b>SATURDAY &amp; SUNDAY "2 FOR 1" PRICE</b> <i>See detail above to qualify for 2 for 1 Includes Saturday lunch and reception</i>	<b>\$89</b>	<b>\$49</b>
<input type="checkbox"/> <b>SATURDAY ONLY</b> - Includes lunch and reception	<b>\$99</b>	<b>\$49</b>
<input type="checkbox"/> <b>STUDENTS ONLY SATURDAY</b> - Sessions 41 & 42	<b>n/a</b>	<b>Free</b>
<input type="checkbox"/> <b>STUDENTS ONLY SATURDAY LUNCH &amp; RECEPTION</b> <i>Students must pay this if registering only for the free to students sessions 41 &amp; 42 and they want to attend the lunch and/or reception</i>	<b>n/a</b>	<b>\$17</b>
<input type="checkbox"/> <b>SUNDAY ONLY</b> - Lunch not included	<b>\$89</b>	<b>\$39</b>
<input type="checkbox"/> <b>SUNDAY NETWORKING LUNCH</b> <i>Not included in any other registration fees</i>	<b>\$12</b>	<b>\$12</b>
<input type="checkbox"/> <b>NON OTAC MEMBER FEE/NEW MEMBER DUES</b> <i>Must complete a membership application if you want to join us at this rate</i>	<b>\$125</b>	<b>\$50</b>
<input type="checkbox"/> <b>ADD ON</b> - Postmarked after March 12	<b>\$30</b>	<b>\$15</b>
<input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> AMERICAN EXPRESS		

CARD # \_\_\_\_\_

EXP. DATE \_\_\_\_\_ VCODE\* \_\_\_\_\_

CARDHOLDER'S NAME \_\_\_\_\_

CARD BILLING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SIGNATURE \_\_\_\_\_



# MEMBERSHIP APPLICATION

Put OTAC to work for you!

Attend Spring Symposium with a new member and get a 50% discount on Spring Symposium

**Please Print or Type**

**INDIVIDUAL MEMBER ONLY**

FIRST \_\_\_\_\_ MIDDLE INITIAL \_\_\_\_\_  
 LAST \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 HOME PHONE (\_\_\_\_\_) \_\_\_\_\_  
 CELL PHONE (\_\_\_\_\_) \_\_\_\_\_  
 EMAIL \_\_\_\_\_  
 LICENSE # \_\_\_\_\_  
 PRACTICE AREA (See box below) \_\_\_\_\_ YEARS IN PRACTICE \_\_\_\_\_  
 BIRTHDATE (Optional) MONTH/DAY/YEAR \_\_\_\_\_  
 NAME OF PERSON WHO REFERRED YOU \_\_\_\_\_  
 STUDENTS ONLY  
     SCHOOL CURRENTLY ENROLLED \_\_\_\_\_  
     ANTICIPATED EXAM/GRAD DATE \_\_\_\_\_

**EMPLOYER INFORMATION OF INDIVIDUAL MEMBER**

COMPANY \_\_\_\_\_  
 DEPARTMENT/DIVISION \_\_\_\_\_  
 YOUR TITLE \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 PHONE (\_\_\_\_\_) \_\_\_\_\_ EXT. \_\_\_\_\_  
 DIRECT LINE (\_\_\_\_\_) \_\_\_\_\_  
 FAX (\_\_\_\_\_) \_\_\_\_\_

**CORPORATE MEMBER ONLY**

COMPANY \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 PHONE (\_\_\_\_\_) \_\_\_\_\_  
 FAX (\_\_\_\_\_) \_\_\_\_\_  
 EMAIL \_\_\_\_\_  
 WEB SITE \_\_\_\_\_  
 CONTACT PERSON \_\_\_\_\_  
 CONTACT PERSON TITLE \_\_\_\_\_  
 TYPE OF RELATED PRODUCT/SERVICE \_\_\_\_\_

MEMBERSHIP CATEGORY	ANNUAL DUES
<input type="checkbox"/> OT/L, OTR/L, OT	\$190
<input type="checkbox"/> OTA, OTA/L, COTA, COTA/L	\$140
<input type="checkbox"/> OTR/L or COTA/L (In graduate school full-time)	\$115
<input type="checkbox"/> OT/OTA STUDENT (Full-time/Part-time)	\$50
<input type="checkbox"/> RETIRED*	\$65
<input type="checkbox"/> ASSOCIATE (Non-OT only)	\$160
<input type="checkbox"/> CORPORATE (Complete Corporate Member section)	\$500

\*OTR and COTA 55 years old and over, no longer working in the field of OT.

**METHOD OF PAYMENT**

CHECK # (Payable to OTAC) \_\_\_\_\_  
 VISA     MASTERCARD     AMERICAN EXPRESS  
 CARD # \_\_\_\_\_ VCODE\* \_\_\_\_\_  
 CARDHOLDER'S NAME \_\_\_\_\_ EXP. DATE \_\_\_\_\_  
 CARD BILLING ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 SIGNATURE \_\_\_\_\_

\*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

TOTAL DUES \$ \_\_\_\_\_  
 ADDITIONAL PAC\*\* FUND CONTRIBUTION \$ \_\_\_\_\_  
 VOLUNTARY CONTRIBUTION TO OTAC \$ \_\_\_\_\_  
**TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_**

\*\*Political Action Committee

**REMIT YOUR DUES PAYMENT**

**BY MAIL:** OTAC • PO Box 276567 • Sacramento, CA 95827-6567  
**BY FAX:** (916) 932-1974 (For credit payment only)  
**QUESTIONS?** EMAIL [staff@otaonline.org](mailto:staff@otaonline.org) • PHONE (888) 686-3225

**ABOUT YOUR DUES**

Contributions or gifts to the Occupational Therapy Association of California (OTAC) are not tax deductible as charitable contributions for income tax purposes. However, they may be tax deductible as ordinary and necessary business expenses except that portion which is allocated to association lobbying activities. OTAC estimates that the non-deductible portion of your OTAC dues—the portion which is allocable to lobbying—is 5%. Five dollars of your dues (except Corporate) is a voluntary contribution to OTAC's Political Action Committee and may be deducted from the amount due.

<p><b>PRACTICE AREAS</b></p> <p>A. Academia          B. Mental Health          C. Pediatrics          D. Physical Disabilities          E. Wellness          F. Other</p>	<p><b>ARE YOU INTERESTED IN VOLUNTEERING OPPORTUNITIES?</b></p> <p><input type="checkbox"/> YES      <input type="checkbox"/> NO</p>
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*Spring Symposium* PROFESSIONAL DEVELOPMENT CONFERENCE

**Earn 12 PDUs towards CBOT re-licensure requirements.** (Must earn 24 PDUs every two years.)

Saturday, **April 10** and Sunday, **April 11**, 2010  
*Disney's Paradise Pier*® Hotel, Anaheim, CA

▶▶ **ATTENTION STUDENTS:**  
Look for your special registration fees/offer.



OTAC  
PO Box 276567  
Sacramento, CA 95827-6567

Change service requested

'2 for 1' special.  
Look inside for details  
on how to get all of  
this for only

**\$89!**

With this great rate  
you may:

- Earn 12 PDUs
- Attend 1 lunch
- Attend 1 reception
- Network, network network

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