

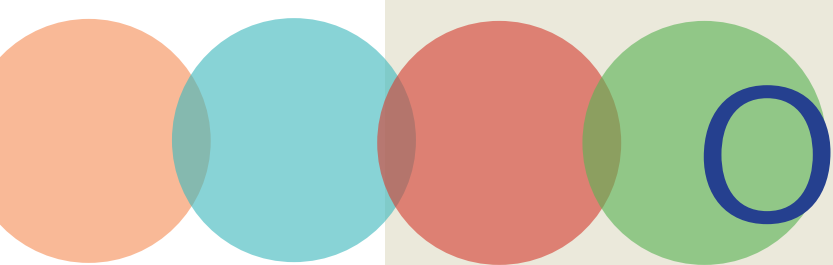
Saturday,
January 27, 2018

8:30am – 5:00pm

Registration/
Light Breakfast
7:30am – 8:30pm

City of Hope
National Medical Center
Cooper Auditorium
(Bldg. 130)

1500 East Duarte Road
Duarte, CA 91010



OT in Oncology

SYMPOSIUM

Earn 7 PDU's

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 **City of Hope.**
RESEARCH • TREATMENT • CURES

Symposium Schedule (7 PDU's)

7:30am – 8:30am

Registration / Light Breakfast / Networking

8:30am – 8:45am

Welcome/Introduction: Expanding the Role of OT in Oncology

Sherry M. Hite, MOT, OTR/L, Supervisor/Occupational Therapist, City of Hope National Medical Center

8:45am – 9:45am

Section 1: A Multipronged Approach to Cancer Related Fatigue

Priscilla Park, MA, OTR/L, CLT-LANA, Occupational Therapist, City of Hope National Medical Center

Strategies for utilizing occupational therapy's unique role to help cancer patients deal with fatigue and improve their quality of life will be presented.

9:45am – 10:45am

Section 2: Facilitating the New Normal: Pediatric Oncologic OT in Acute Care

Joanna James, MS, OT/L, CBIS, CLC, SWC, Occupational Therapist, Children's Hospital Los Angeles; Kendra King, MOT, OTR/L, Occupational Therapist, Children's Hospital Los Angeles

This lecture focuses on the scope of therapeutic interventions by occupational therapy (OT) practitioners in a pediatric acute care oncology setting. We will cover application of OT to children and adolescents/young adults hospitalized and undergoing treatments, the breadth of OT intervention, how to incorporate parents and families into care, and targeting interventions to the specific age groups to promote a sense of normalcy in the middle of an otherwise very abnormal setting.

10:45am – 11:45am

Section 3: A Comprehensive Approach to Addressing Cancer Related Cognitive Impairments

Sherry M. Hite, MOT, OTR/L, Supervisor/Occupational Therapist, City of Hope National Medical Center

With a growing number of cancer survivors struggling with cognitive impairments it is imperative that occupational therapy practitioners are at the forefront of addressing this potentially debilitating side effect of treatment. This presentation will describe the effects of cancer treatment on cognition and explore a comprehensive approach to evaluation and treatment.

11:45am – 1:00pm

Lunch (Provided)

Networking Opportunity

1:00pm – 2:00pm

Section 4: Evaluation and Treatment of Chemotherapy-induced Peripheral Neuropathy (CIPN)

Cynthia Cooper, MFA, MA, OTR/L, CHT

Many people who have been treated with chemotherapy complain of neuropathy that interferes with their activities of daily living including work and negatively impacts their overall quality of life. As more aggressive pharmacological agents are developed and survival rates increase in the future, the number of people affected is projected to grow. The purposes of this presentation are 1) to define CIPN; 2) to demonstrate evaluation techniques that focus on the unique characteristics of CIPN; and 3) to present interventions for rehabilitation of CIPN including therapeutic exercise, manual therapy, and sensory stimulation. These interventions target the neuromuscular system to promote sensory function. Suggestions for home programs will be included.

2:00pm – 3:00pm

Section 5: Coping with Cancer: Psychosocial Interventions Across the Continuum of Cancer Care

Vanessa M. Yanez, MS, OTR/L, Occupational Therapist, City of Hope National Medical Center

From cancer diagnosis to survivorship, individuals may experience an array of psychosocial problems, which may interfere with participation in life roles and day-to-day activities. Occupational therapy practitioners play an instrumental role in helping individuals manage psychosocial issues associated with cancer and its treatment in order to improve occupational performance. In this presentation, common psychosocial challenges and coping interventions will be reviewed to enhance occupational functioning and quality of life across the cancer care continuum.

3:00pm – 4:00pm

Section 6: Managing Cancer as a Chronic Condition: A Lifestyle Redesign® Approach

Camille Dieterle, OTD, OTR/L, RYT, Assistant Professor of Clinical Occupational Therapy, USC Chan Division of Occupational Science and Occupational Therapy

Learn how occupational therapy practitioners can target modifiable risk factors, such as obesity and diabetes, to prevent cancer recurrence. Learn skills to increase client motivation and to help clients become more engaged in managing their health and wellness.

4:00pm – 5:00pm

Section 7: Building Occupational Therapy Oncology Programs Across the Care Continuum

Jennifer B. Hayter, MA, OTR/L, SWC, CLT-LANA, Director-Rehabilitation Services, City of Hope National Medical Center

This presentation will discuss the opportunities and processes for developing occupational therapy programs in oncology. As the population of cancer survivors is anticipated to grow from 15 million to 20 million in the next 10 years, there will be significant opportunity for occupational therapy to demonstrate its unique value by developing specialized programming to meet the needs of these survivors. The presenter will address topics such as identifying opportunities, choosing the best programs for your organization, program design, and evaluation and the importance of creating a network. Methods for garnering physician and administrative support will be discussed as well. The presenter will provide examples and lessons learned from her 25 years of experience in oncology rehabilitation.

Coordinated by OTAC Professional Development Committee Chair Judy Hopkins, OTD, OT/L, SWC, CLE; and Sherry M. Hite, MOT, OTR/L

Symposium Presenters

Cynthia Cooper, MFA, MA, OTR/L, CHT

Cynthia Cooper is a clinician, author, researcher, and educator. She has practiced hand therapy for 38 years and has published chapters in numerous hand therapy and occupational therapy textbooks and journals. Cooper is the editor of *Fundamentals of Hand Therapy: Clinical Reasoning and Treatment Guidelines for Common Diagnoses of the Upper Extremity*. She has been an active charter member of the American Society of Hand Therapy (ASHT) for over 30 years, and presented numerous times at national and international meetings of occupational therapy and hand therapy organizations. She was an invited overseas guest speaker in Hong Kong in 2015. Cooper was endowed by ASSH to participate in a volunteer trip for hand surgeons and hand therapists to La Paz, Bolivia, in 2015 and was endowed by AAHS to participate in a volunteer trip to Ghana, Africa, in 2017. She has developed a program to treat chemotherapy induced peripheral neuropathy (CIPN) and has published and presented on this topic at national and state meetings. She is currently a co-investigator on a CIPN study with colleagues in Arizona.



Camille Dieterle, OTD, OTR/L

Camille Dieterle received her Bachelor of Arts in English and dance at the University of Georgia and danced professionally, taught dance, and worked in arts administration in New York and Atlanta. She Dieterle received her Master of Arts and OTD degrees in occupational therapy at the University of Southern California, and specializes in the Lifestyle Redesign® intervention process for wellness and prevention of chronic conditions such as overweight/obesity, cardiovascular health and behavioral health. As assistant professor of clinical occupational therapy at the USC Chan Division of Occupational Science and Occupational Therapy, she teaches content in the occupational therapy doctorate (OTD) educational program, the Lifestyle Redesign® pathway course in the master's program and the Creating a Sustainable Lifestyle course in the occupational science minor undergraduate program. Additionally, Dieterle is a certified yoga instructor in both hatha and kundalini yoga.



Jennifer B. Hayter, MA, OTR/L, SWC, CLT-LANA

Jennifer B. Hayter currently holds the position of director of rehabilitation services at the City of Hope National Medical Center. She is a Lymphology Association of North America Certified Lymphedema Therapist, and she holds an advanced practice in swallowing, evaluation, and intervention. Hayter serves on the Stanbridge College Occupational Therapy and Physical Therapy Advisory Board. She received her master's in occupational therapy from the University of Southern California, a Bachelor of Music in flute performance, and a Bachelor of Science in arts administration from the University of Tampa. She has 25 years of experience in the field of oncology rehabilitation and has been a collaborating author on several peer reviewed papers on various topics on the subject. Hayter has been an invited speaker at the state and national level on topics of oncology rehabilitation and leadership.



Sherry M. Hite, MOT, OTR/L

Sherry M. Hite is the Occupational Therapy Department supervisor at City of Hope National Medical Center, one of the leading National Cancer Institute-designated Comprehensive Cancer Centers in the U.S. Her practice is focused exclusively on the oncology setting, and she is a frequent speaker on the crucial and expanding role of occupational therapy in oncology. Hite is involved in various research studies and manages doctoral-level research and quality improvement projects. She serves on the Cognitive Rehabilitation Task Force for the American Congress of Rehabilitation Medicine and has presented at the state and national level on topics including cognitive impairments in oncology, comprehensive breast cancer rehabilitation and delirium care in the ICU.



Joanna James, MS, OT/L, CBIS, CLC, SWC

Joanna James has been a pediatric occupational therapy practitioner for five years at Children's Hospital Los Angeles. She works with infants and children with medically complex diagnoses ranging from hematology/oncology to cardiovascular to neurological issues with everything in between. She specializes in feeding and swallowing issues with children and high-risk infants, is a Certified Brain Injury Specialist and Certified Lactation Educator, and developed a program centered on healthy lifestyle management for teens and young adults with Cystic Fibrosis. James has presented posters at OTAC, AOTA, and the North American Cystic Fibrosis Conference and a short lecture at OTAC.



Kendra King, MA, OTR/L, CBIS

Kendra King has been an occupational therapy practitioner for four years initially working in adult rehab at Cedars-Sinai Medical Center and since 2015 has served as a pediatric occupational therapist at Children's Hospital Los Angeles. She has extensive knowledge in working with patients with neurological issues and has worked with hematology/oncology patients (both adult and pediatric). King specializes in adaptive technology working with brain injured and spinal cord injured populations and is a Certified Brain Injury Specialist. She has presented at AOTA.



Priscilla Park, MA, OTR/L, CLT-LANA

Priscilla Park is an occupational therapy practitioner at City of Hope National Medical Center. She has worked in acute care with various oncological specialties including hematology, surgery, and palliative care. Park became a certified lymphedema therapist in 2013 and LANA certified in 2014. She presently works with patients for treatment of lymphedema, fatigue management, cognition, and lifestyle modifications for improved health management. Her interests include treatment interventions to improve quality of life for cancer survivors. Park received her Master of Arts in occupational therapy from USC and her Bachelor of Arts in molecular cell biology from UC Berkeley.



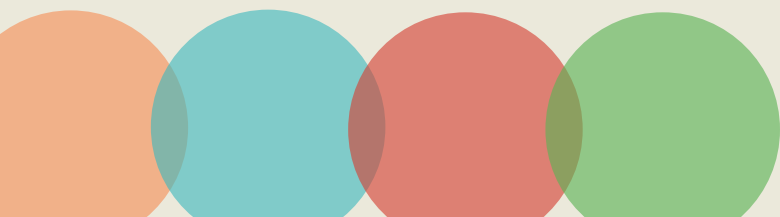
Vanessa M. Yanez, MS, OTR/L

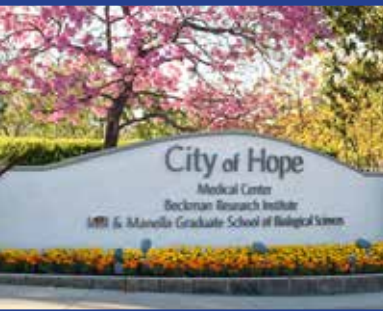
Vanessa M. Yanez earned a Bachelor of Science in cognitive sciences from the University of California, Irvine, and a Master of Science in occupational therapy from California State University, Dominguez Hills. She is a licensed occupational therapy practitioner and currently works at City of Hope National Cancer Center, working with the cancer population, particularly, with individuals diagnosed with hematological cancers and undergoing bone marrow/stem cell transplants. As a clinician and a prior bone marrow transplant recipient herself, Yanez is passionate and dedicated to helping individuals with cancers regain function and independence with everyday life.



Judy Hopkins, OTD, OT/L, CLE, SWC, Chair, OTAC Professional Development and Leadership Committee

Judy Hopkins has over 20 years of experience as an occupational therapy practitioner specializing in pediatric feeding and swallowing in medically complex and severely disabled children. Since 1997 she has worked at Children's Hospital Los Angeles, focusing on infants in the NICU and hospitalized children with feeding and swallowing disorders. In addition to pediatric feeding and swallowing, her areas of expertise include modified barium swallow studies, lactation support, high risk infant interventions, and critical care. Passionate about working with children with feeding and swallowing disorders, Hopkins enjoys sharing her medical knowledge and intervention strategies with occupational therapy practitioners and other professionals to equip them to bring children "from diagnosis to dinnertime."





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parking information
are located at
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REGISTRATION FEES (includes 8 PDUs)

Early Bird Advance Registration (by Monday, December 18, 2017)

- \$169 OTAC members
- \$189 nonmembers
- \$89 students

Advance Registration (between Tuesday, December 19, 2018 and Monday, January 15, 2018)

- \$189 OTAC members
- \$209 nonmembers
- \$109 students

Onsite

- \$209 OTAC members
- \$229 nonmembers
- \$129 students

REGISTRANT INFORMATION

Name _____

Title _____

Employer _____

Home Address _____

City/State/Zip _____

Email _____

Telephone _____

PAYMENT OPTIONS

- MasterCard
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- Discover

Credit Card Number _____ Exp Date _____ VCode _____

Cardholder Name _____

Cardholder Signature _____ Date _____

TO REGISTER

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QUESTIONS

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