

OCTOBER 19-22, 2017
HYATT REGENCY SACRAMENTO
SACRAMENTO CONVENTION CENTER





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We understand the value of exceptional Occupational Therapist and will support you every step of the way. That's why we don't just offer you a job - we work with you to build your career. It's a career with the right kind of mentorship, training, and support to help you grow, whether you are a new graduate or a seasoned professional. A career with EBS allows you to become a part of our leading network of clinicians providing superior services to the pediatric population. **Join the EBS team of Occupational Therapists today!** 

# **CONFERENCE OVERVIEW**

### THURSDAY, OCTOBER 19

8:00am - 5:00pm

**Pre-Conference Institute** (earn PDUs)

12 sessions. Additional fees.

6:00pm - 8:00pm

#### **Registration Material Pick-up**

If you registered in advance, this is a convenient opportunity to pick up your registration materials.

6:30pm - 8:00pm

# Movie Night: Rhodes Must Fall – A Video Compilation (.5 PDU)

Moderator: Julie Kugel, OTD, MOT, OTR/L
Join Conference keynote and activist Frank
Kronenberg, BSc (OT), BA (Ed), as he presents a
compilation of video clips highlighting the South
African student protest movement that received
global attention (including at UC Berkeley), leading to a wider movement to decolonize education
across South Africa. While this is an opportunity
for bold engagement in relation to California and
US everyday conditions and diversity of lived experiences, this complex subject matter is at times
controversial and may not be comfortable for all.
Conference participants' attendance is at their
own discretion.

### SATURDAY, OCTOBER 21

7:30am - 8:00am

Mind-Body Activity: Stretch & Breathe

8:15am - 11:30am

**Concurrent Sessions** (earn PDUs)

11:30am - 2:15pm

Exhibit Hall Activities, including Poster Presentations (earn PDUs)

Advanced purchase lunch \$16

2:30pm - 5:45pm

**Concurrent Sessions** (earn PDUs)

6:00pm - 7:30pm

### President's Reception

Join us at the annual President's Reception as we celebrate 100 years of occupational therapy. In addition to honoring our proud history, we will look forward to our bold future. DJ, dance floor, photo booth, food and anniversary toast, and more will add to the festivities.



Come help us rock this celebration!

7:30pm-9:00pm

**Alumni and Student Reception** 

### FRIDAY, OCTOBER 20

7:30am - 8:00am

Mind-Body Activity: Stretch & Breathe

7:30am - 8:00am

**Get Acquainted! Navigate Conference** 

8:15am - 11:30am

**Concurrent Sessions** (earn PDUs)

11:30am - 1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU) \$75; \$10 students (no lunch)

1:00pm - 3:00pm

**Concurrent Sessions** (earn PDUs)

3:15pm - 5:15pm

# Awards Ceremony and Keynote Address (.5 PDU)

Frank Kronenberg, BSc (OT), BA (Ed), Humanizing Praxes: Generating Occupational Therapies from the "South"

5:15pm - 7:15pm

### **Exhibit Hall Grand Opening Reception**

7:30pm - 9:00pm

**Alumni and Student Receptions** 

### SUNDAY, OCTOBER 22

7:30am - 9:15am

OTAC Annual Meeting and Breakfast (.5 PDU)

9:30am - 12:30pm

**Concurrent Sessions** (earn PDUs)

12:30pm - 1:15pm

**OTAC Practice Café/Lunch \$23** 

1:30pm - 4:30pm

**Concurrent Sessions (earn PDUs)** 

### Call for Conference Volunteers

Are you interested in volunteering at Conference?

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun. There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast's largest occupational therapy professional development conference.

You can access the volunteer form on our website at www. otaconline.org in the Annual Conference section.

Deadline to respond: **September 22**.



### Tweet! Convo! Post!

Follow us on Twitter @OTACnews
Start a conversation using #OTACconf2017
Talk about the OT Centennial using
#OTCentennial

Shape our future at **#OTbebold**Post on Instagram **@otacofca** 

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### **OTAC ANNUAL CONFERENCE**

# A Premier Professional Development Conference —Earn Professional Development Units

OTAC's Annual Conference offers high quality continuing education at cost-effective prices. Conference attendees have the opportunity to select from more than 140 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal all at this one Conference (includes additional fee activities). You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct-delivery of occupational therapy services) and by NBCOT (for practice area of emphasis). We recommend that you register early for Conference to ensure acceptance into your preferred sessions.

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

# CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all three days (October 20-22) for only \$309! Must register by September 7, 2017 for this rate.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

### 2017 Deadlines to Remember

September 7	Discounted Early Bird Registration Special deadline. (BEST VALUE!)
September 8 -October 6	Registration rates increase by \$60 for OT/OTAs $(\$309 + \$60 = \$369)$ .
September 22	Call for conference volunteers closes
September 27	Cut-off date for hotel reservations. Room block may sell out before this date; make your reservation today.
October 6	Advanced Conference registration closes at 8:59pm. After this date/time you must register at the event. Onsite fees at the Conference increase by \$90 for OT/OTA ( $$309 + $90 = $399$ ) and by \$60 for students ( $$149 + $60 = $209$ ).
October 6	Special meal and needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you.

### **Important Notes**

October 6

#### **Certificate Policy and PDU Credits**

• Individual Session Tickets. When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance in the event of a CBOT audit.

Cut-off date for Workplace Colleague discount.

- Certificate of Completion. When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the <a href="https://www.white.copy">white.copy</a> of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the <a href="https://weillow.copy">yellow.copy</a> for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification in the event of an audit. Sponsor: Stanbridge University
- To earn a Certificate of Completion, attendance is required. Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- myotlicense. PDUs for OTAC members and subscribers, excluding students, will be entered into your myotlicense record by December 8, 2017.
- CBOT. Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board for Occupational Therapy (CBOT) for details.
- NBCOT. Sessions may be used to meet recertification. Check with the National Board for Certification of Occupational Therapy (NBCOT) for details.



Conference PDUs for OT/ OTA practitioners will be entered into your OTAC myotlicense record by December 8, 2017.

# **CONFERENCE INFORMATION**

#### **Conference Hotel**

Hyatt Regency Sacramento 1209 L Street Sacramento, CA 95814 (916) 443-1234 toll-free (800) 233-1234

OTAC reserved a block of sleeping rooms at the Conference hotel, Hyatt Regency. Discounted room rates of \$169 are available for Wednesday, October 18 through Sunday, October 22, 2017. When



booking your room, please indicate you are attending the OTAC 2017 Annual Conference. The deadline to receive the OTAC discounted rate is Wednesday, September 27, 2017. (Rates and space upon availability.)

You may also reserve your sleeping room online. The link is available on the OTAC website, **www.otaconline.org**.

We encourage you to stay at the Hyatt Regency to ensure that OTAC meets its contractual obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all the reserved sleeping rooms are not utilized.

Checking into the hotel on Thursday, October 19? Pick up your registration packet (if you have pre-registered) and attend our free movie night.

# 8 REASONS TO BOOK WITH OTAC'S OFFICIAL CONFERENCE HOTEL

- Treat yourself with a stay in this luxury rated hotel AAA 4 Diamond.
- Enjoy reduced Hyatt rates.
- Receive friendly booking terms no full pre-payment.
- Have fun experience greater informal networking.
- · Benefit from the short walk to the exhibit hall.
- Enhance your well-being with a stroll through the State Capitol Park across the street.
- Support OTAC ensure we aren't penalized financially for not filling the minimum number of contracted sleeping rooms.
- Be a proud professional support your professional association.

#### YOUR CONFERENCE EXPENSES MAY BE TAX DEDUCTIBLE!

If you are paying out of your own pocket, registration fees and transportation costs may be tax deductible. Registration fees for educational conferences may be 100% deductible if the education maintains or improves skills related to your trade or business. Meals may be 50% deductible. Keep all of your receipts and check with your tax professional.

### Sacramento Convention Center

Location of the Exhibit Hall. The most convenient Convention Center entrance to attend the Exhibit Hall is on 13th Street between L and J streets. This Convention Center entrance is just steps from the Exhibit Hall entrance and Conference registration area in the Hyatt Regency.

### **Parking**

There are several parking structures very close to the Hyatt Regency and Sacramento Convention Center. Find a map at **www.otaconline.org**.

### **Guest Registrations**

Conference registrants may use Section 4 of the Registration Form on page 35 to pre-register a guest (\$55 per person). A Guest Registration includes the Movie Night/Thursday, Awards Ceremony & Keynote Address/Friday, Stretch & Breathe/Friday, Exhibit Hall Grand Opening Reception/Friday, Stretch & Breathe/Saturday, Exhibit Hall/Saturday, and President's Reception/Saturday. This is for those attending in a social capacity only. Guests may not be members of OTAC, an OT/OTA practitioner, or enrolled in an occupational therapy program.

Note: Additional meal functions tickets may also be purchased for guests. 2017 Conference Award Honorees should contact the OTAC office about their guests for the Awards program.

### **Transportation**

#### AIRPORT

Sacramento International Airport, Code: SMF 6900 Airport Boulevard, Sacramento, CA 95837 (916) 929-5411 • www.sacairports.org

The airport, situated 12 miles northwest of Sacramento, is a 15-minute freeway drive to downtown Sacramento. Service at the airport is available from 14 major carriers and one commuter airline. The airport also offers food and beverage facilities, retail shops, ground transportation, and many other amenities.

#### SHUTTLE—SEDAN AND VAN SERVICE

#### SuperShuttle

(800) 258-3826 • (916) 648-2500 x11306 • www.supershuttle.net

Supershuttle is the exclusive provider of sedan and van service at the Sacramento International Airport (SMF).

Discounts available for Conference attendees. Go to www.visitsacramento.com/otac.

#### TAXI SERVICE

Sacramento Independent Taxi Owners Association (SITOA)

Reservations/Information: (916) 444-0008

Round-trip rate between the airport and downtown Sacramento is approximately \$56. Seniors and military personnel may be eligible for a discount.

SITOA has the exclusive contract to provide taxi service at the airport, although other taxi companies can drop off passengers at the airport at any time and may pick up passengers with a reservation.

**Yellow Cab Co. of Sacramento** (800) 464-0777 • (916) 444-222

#### PUBLIC TRANSPORTATION

Amtrak

www.amtrak.com

The downtown Sacramento Amtrak station is used for the San Jose-Oakland-Sacramento Capitol Corridor trains. Located approximately one mile northwest of the Hyatt Regency Sacramento.

### **Questions?**

Contact OTAC at staff@otaconline.org or (888) 686-3225.

### **Mailing Address**

OTAC, PO Box 276567, Sacramento, CA 95827 • Fax: (916) 567-7001

### **CONFERENCE TIP**

Make your Conference session selections carefully. Many of our sessions fill up in advance of onsite Conference proceedings and may not be available if you attempt to change. In addition, requesting changes to your session selections onsite may lead to long waits in line at the Registration counter.

# PRESIDENT'S MESSAGE

Celebrations of our profession's centennial year continue as we welcome you to the 41st Annual Conference and Exposition held in our great state's capital city, Sacramento. We are excited to present to you a blend of reflections on our past that have given shape to our present as well as a bold vision of the future.

Centennial celebration topics throughout the Conference will include discussions on the emergence of the Doctor of Occupational Therapy (OTD) degree and its potential to shape the future, the arrival of licensure in the state of California and its impact, as well as a vision of global change



Heather J. Kitching, OTD, OTR/L President

presented by our keynote speaker, Frank Kronenberg, BSc (OT), BA (Ed). We are also excited and honored to celebrate the California practitioners named to the American Occupational Therapy Association's list of 100 Influential People. Come and meet some of these 'greats' in person as they share their wisdom with us regarding our rich past and promising future.

The visionary work of Sarah Bream, OTD, OTR/L, and her Centennial Float Committee started our year off with a level of pride and excitement like none other in our history. Persons whose lives were impacted by the profession proudly rode on the Centennial Float, humanizing the conceptual elements of what we do every day in practice. This theme of humanism, placing the life and dignity of individuals at the fore, is timely for our profession and our society. While debates swirl around us regarding priorities and values in the midst of social, political, cultural, and economic change, we must continually be nimble in revisiting and refocusing on the priorities of the profession in order to forge a future of occupational therapy's impact within California. The success of OTAC's leadership in advocacy for those we serve in the state is a testament to our vision of optimizing the life experience for all people who reside here. Please join us for these essential conversations regarding the humanizing process of volunteer leadership and Association functions in service toward achieving the best possible everyday experience for practitioners and those we serve alike. Positive change is within us — let's come together to learn from the diversity among us and collaborate on a plan for future growth and responsible living.

We look forward to your participation in our Annual Conference for any number of offerings that serve you best! Networking, leadership, involvement, education, and collective excitement: all of this and more awaits you in Sacramento at the 41st Annual Conference and Exposition. See you there!

#### #OTACconf2017 #OTCentennial #OTbebold

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Heather J. Kitching, OTD, OTR/L

President, Occupational Therapy Association of California

# **KEYNOTE PRESENTERS**

4:15pm – 5:15pm Friday, October 20, 2017

# Humanizing Praxes: Generating Occupational Therapies from the 'South' (.5 PDU)

Although occupational therapy is based on a mostly unquestioned European philosophy of humanism, a critical review of history 'teaches' that certain 'groupings of humans' were and are treated as more human than others. Hence, our



Frank Kronenberg, BSc (OT), BA (Ed)

one and only human race remains structurally divided in terms of unequal access to resources that allow for a dignified and sustainable life. As we celebrate globally, the first 100 years of occupational therapy, a profession which originated and evolved in the 'West'—a center of economic and political power, emerging occupational therapies are likely generated from the 'South'—the local peripheries of the center.

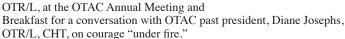
The dominant premise underlying occupational therapy depicts the interrelationship 'Human Occupation — Health' (HO-H), whereas the next century might be guided by the conceptual triad 'Humanity Occupation Health' (H-O-H). This allows for a shift of occupational therapy's main concern, foregrounding how the people who make up given communities and societies are doing together, rather than how certain groups of individuals function in their local everyday life contexts. This may then enable the generation of humanizing praxes, rooted in 'Ubuntu soil,' the African philosophy of Critical Humanism. Earn .5 PDU

Sponsor: California State University, Dominguez Hills

7:30am – 9:15am Sunday, October 22, 2017

# Courage and Confidence to Chart New Territory (.5 PDU)

Crafting an influential and impactful future for occupational therapy in California is supported through an historical lens wherein we reflect on the vision, intellect, courage, and action of those who were instrumental in shaping the profession. Join OTAC President Heather J. Kitching, OTD,



Note: You are also invited to join us for Session 97 – *Meet California's Occupational Therapy Greats* – Sunday, October 22, 11:15am – 12:30pm.



Diane Josephs, OTR/L, CHT

### **EMBRACING BOLDNESS - CELEBRATING 100 YEARS OF OT!**

It is boldness of thought, action, and advocacy that gives birth, sustainability, vibrancy, and importance to a profession. As we celebrate occupational therapy's centennial, we pay homage to and celebrate those who embraced boldness to give birth to our profession, those who have been boldly shepherding and shaping the profession since those birth years, and to the generations who will lead our profession with boldness in the second centennial. Look for this symbol throughout the Conference brochure identifying sessions that represent professional boldness at some level. As you attend Conference sessions, you may well identify other sessions and individuals who display boldness – we celebrate them as well. Want to join the convo about occupational therapy, boldness, and what the future holds? Come Tweet with us at #OTbebold.



# CHAIR'S MESSAGE

Dear Practitioners, Educators, Students, Colleagues, and Friends:

On behalf of the Occupational Therapy Association of California (OTAC) and the 2017 Annual Conference Committee, we are honored to invite you to the 41st Annual Conference in Sacramento, California. Our Conference theme this year — Celebrating 100 Years of Occupational Therapy — provides us the opportunity to embrace our past 100 years as a profession and prepare for the future.

Conference highlights include our keynote speaker Frank Kronenberg, BSc (OT), BA (Ed). He is an activist, author, and occupational therapy practitioner who is co-founder of the movement Occupational Therapists Without Borders. He is also the director and co-founder of Shades of Black Works located in Cape Town, South Africa, whose mission is strengthening places of origin, forging connections, and collective story-making. It is very befitting to bring his global perspective on occupational therapy and its relationship to humanism to our 100 year celebration.

Lisa Hiestand Before what promises to be a thought-provoking keynote address, we invite you to come first for the Awards Ceremony where MS, OTR/L we will recognize those in our occupational therapy community who have made extraordinary contributions and who have had a positive impact on the field of occupational therapy. And don't forget the grand opening of the Exposition. It is a fun and efficient way to become more familiar with schools, institutions, recruiters, products, and other resources that enhance our roles as occupational therapy professionals.

The Pre-conference Institute on Thursday, October 19 offers a wide variety of topics: dyslexia and dysphagia; alternative therapies such as scuba diving and yoga; transplant rehabilitation and lifestyle redesign; youth, technology, and leadership; as well as sessions with a global perspective and inspiration.

We invite you to kick-off the Conference experience with our Thursday evening complimentary movie night with free popcorn and PDUs. This is also an opportunity to pick up your registration materials to avoid the registration lines Friday morning.

We are excited to be in Sacramento again this year with the Hyatt Regency as the host hotel for Conference. With the State Capitol just across the street from the OTAC Conference, you will have the opportunity to become more familiar with the advocacy activities that provide support for legislative and regulatory efforts of the Association and our profession. Sacramento offers many opportunities to explore fine arts, history, and sports, as well as local dining and night life — all within walking distance. You can locate activities at www.visitsacramento.com/otac.

We look forward to you joining us for this celebration of 100 years of occupational therapy!

Lisa Hiestand, MS, OTR/L OTAC Annual Conference Chair

### 2017 CONFERENCE COMMITTEE

Chair - Lisa Hiestand

Audio-Visual/Signage Coordinator - Jacalyn Mardirossian

Awards Coordinator - Diane Mayfield

Call For Papers/Program Coordinator - Kim Grenawitzke, Shanti Malladi

Communications Coordinator - Arameh Anvarizadeh

Photographer - Diana Su-Erickson

Proofreader - Lisa Deshaies

Events Coordinator/OT Centennial Committee Chair -Michele Berro

Exhibits Coordinator - Mary Kay Gallagher

Registration Coordinators - Lynette Beadles, Shari Francesconi

Student Track Coordinators - Lina Awshee, Alison George

Volunteer Coordinator – Carlin Daley

OTAC President - Heather J. Kitching

OTAC Contributing Staff - Karen Polastri, Tracy Brown, Lindsay Campoy, Wendy Fardanesh, Tammy Hitchcock, Shannon Rutledge

### OT CENTENNIAL COMMITTEE



Michele Berro



Iacalyn Mardirossian



Valerie Adams

Lisa Deshaies



Mary Kay Gallagher



Diana Su-Erickson



# SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

# Movie Night: Rhodes Must Fall – A Video Compilation (.5 PDU)

Thursday, October 19 • 6:30pm – 8:00pm Moderator: Julie Kugel, OTD, MOT, OTR/L

Join Conference keynote and activist Frank Kronenberg, BSc (OT), BA (Ed), as he presents a compilation of video clips highlighting the South African student protest movement that received global attention (including at UC Berkeley), leading to a wider movement to decolonize education across South Africa. Come learn about the central role played by occupational therapy students and faculty. Discussion following the viewing will include Kronenberg's reflections he personally witnessed the events unfold on a daily basis. He will share how it has impacted his interrelated personal-professional-political self. While this is an opportunity for bold engagement in relation to California and US everyday conditions and diversity of lived experiences, this complex subject matter is at times controversial and may not be comfortable for all. Conference participants' attendance is at their own discretion. Note: Two complimentary copies will be given away of Kronenberg's book, Occupational Therapy Without Borders - Volume 1: Learning From The Spirit of Survivors.

#### Get Oriented! Efficiently Navigate OTAC's Annual Conference

Friday, October 20 • 7:30am – 8:00am
First time Conference attendee? Haven't attended Conference in several years? Come learn how to efficiently and successfully navigate all that the Annual Conference has to offer from a past OTAC Conference chair and current OTAC treasurer.

# CFOT Awards Luncheon and Symposium (.5 PDU) — \$75/\$10 students gallery (no lunch)

Friday, October 20 • 11:30am – 1:00pm

Recipients of the 2017 CFOT scholarships, research grants, and awards will be announced, including honoring the CFOT Humanitarian of the Year, Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA. Following the presentation of awards, attendees will be treated to an inspiring address by this year's honored lecturer, Ada Boone Hoerl, MA, COTA/L, speaking on Context, Mindfulness, and Resilience: A Journey through Grief.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 35 to purchase tickets.

# OTAC Awards Ceremony and Keynote Address (.5 PDU)

Friday, October 20 • 3:15pm - 5:15pm

- OTAC Awards Ceremony: You are invited to help us recognize our 2017 Award honorees who serve with excellence and inspire professional passion.
- **Keynote Address:** Humanizing Praxes: Generating Occupational Therapies from the 'South' (.5 PDU) Featuring Frank Kronenberg, BSc (OT), BA (Ed)

Although occupational therapy is based on a mostly unquestioned European philosophy of humanism, a critical review of history 'teaches' that certain 'groupings of humans' were and are treated as more human than others. Hence, our one and only human race remains structurally divided in terms of unequal access to resources that allow for a dignified and sustainable life. As we celebrate globally, the first 100 years of occupational therapy, a profession which originated and evolved in the 'West' — a center of economic and political power, emerging occupational therapies are likely generated from the 'South' — the local peripheries of the center.

The dominant premise underlying occupational therapy depicts the interrelationship 'Human Occupation — Health' (HO-H), whereas the next century might be guided by the conceptual triad 'Humanity-Occupation-Health' (H-O-H). This allows for a shift of occupational therapy's main concern, foregrounding how the people who make up given communities and societies are doing together, rather than how certain groups of individuals function in their local everyday life contexts. This may then enable the generation of humanizing praxes, rooted in 'Ubuntu soil,' the African philosophy of Critical Humanism.

Sponsor: California State University, Dominguez Hills



#### **Exhibit Hall**

Friday, October 20 • 5:15pm - 7:15pm Saturday, October 21 • 11:30am - 2:15pm Sacramento Convention Center, Exhibit Hall B Don't miss Friday's lively Grand Opening Reception sponsored by our exhibitors. This fun and informal atmosphere offers the perfect opportunity to learn about products and services useful to occupational therapy practitioners as well as to talk with representatives who are actively recruiting for their companies. Saturday offers a convenient lunch option (pasta/salad bar) right on the Exhibit Hall floor and an opportunity to meet with any exhibitors you didn't connect with on Friday. Don't forget that the Exhibit Hall also offers giveaways and cash prizes. Visit exhibitors to be eligible.

Stop by the OTAC Membership/OT Centennial Booth — it is the central hub of activity: meet with OTAC leaders, learn about OTAC, win prizes while you learn, and more!

#### **Poster Presentations (earn PDUs)**

Saturday, October 20 • 11:30am – 12:30pm and 1:30pm – 2:30pm Sacramento Convention Center, Exhibit Hall B See pages 30 and 31 for a list of posters; earn PDUs.

#### **Alumni and Student Receptions**

Friday, October 20 • 7:30pm – 9:30pm
Saturday, October 21 • 7:30pm – 9:30pm
Celebrate the conclusion of learning on these days, with these networking opportunities.
The Alumni and Student Receptions are always a highlight of Conference. Express your appreciation to our OT and OTA colleges and universities with your support.

\$50 in Gift Card Giveaways!

Advance purchase Saturday Exhibit Hall lunch and be eligible to win \$50 in gift cards.

# SPECIAL CONFERENCE ACTIVITIES

#### President's Reception – Celebrating 100 Years of OT!!

Saturday, October 21 • 6:00pm - 7:30pm

All Conference attendees are invited to relax and network at this event. Come meet OTAC and AOTA leaders, presenters, and other honorees, including OTAC past presidents and OT greats. Join us for special activities celebrating 100 years of occupational therapy—DJ and dance floor, photo booth, celebratory toast, and more! First 250 attendees at the door will receive a commemorative lapel pin.

Sponsors: American Occupational Therapy Foundation (AOTF); California Foundation for Occupational Therapy (CFOT)

#### OTAC Annual Meeting and Breakfast Keynote: Courage and Confidence to Chart New Territory (.5 PDU)

Sunday, October 22 • 7:30am - 9:15am

This event is included in your Sunday registration fee (if you selected any Conference combination that includes Sunday). Come hear inspirational presentations about the future of OTAC and occupational therapy in California by OTAC President Heather J. Kitching, OTD, OTR/L. Also, join her for a conversation with OTAC past president, Diane Josephs, OTR/L, CHT, on Courage and Confidence to Chart New Territory (.5 PDU).

Win \$50 in

Gift Cards!

a Sundau OT

Practice Café/

Lunch and be

in gift cards.

Advance purchase

eligible to win \$50

Note: You may attend this event even if you are not attending any

other part of the Conference (gallery seating; no breakfast). Use the Conference Registration Form on page 35 to purchase tickets.

#### OT Practice Café/Lunch - \$23

**Sunday, October 22 • 12:30pm – 1:15pm**Come grab a "picnic" lunch and sit at your
OT hot topic table of choice.

#### Mind-Body Balance – Stretch & Breathe

Friday, October 20 • 7:30am – 8:00am Saturday, October 21 • 7:30am – 8:00am

Annual Conference attendees can experience mind-body balance at Conference with these easy stretch and breathe movements. No extra fee to participate!

#### What To Do in Sacramento

Looking for recommendations on dining, shopping, and activity options? Have questions about the Conference or OTAC? Stop by the Hospitality Table in the Conference registration area. You can also check out options at www.visitsacramento.com/OTAC.

#### **Restaurant Discounts**

As an OTAC Conference attendee, you can receive restaurant discounts through the Visit Sacramento 'badge program.' It includes some of the best restaurants Sacramento has to offer – including the Hyatt Regency Sacramento restaurants. Bon appetite! www.visitsacramento.com/otac.

#### **Not Yet an OTAC Member?**

If you haven't been a member since July 2015, you can take advantage of the Annual Conference membership special when you join in conjunction with registering for the Annual Conference. You receive:

- 1. a discount on membership (OT or OTA only) when you join in conjunction with registering for the Annual Conference, and
- 2. the member reduced registration fee for Annual Conference.

It is easy to take advantage of this annual special. Register for the Annual Conference online at the nonmember rate and the OTAC office will validate your membership (you must not have been an OTAC member since July 2015). Questions? Call OTAC toll-free at 1-888-686-3225 or email staff@otaconline.org.

### CELEBRATING 100 YEARS OF OT!

President's Reception
Saturday, October 21 • 6:00pm – 7:30pm

All Conference attendees are invited to relax and network at this event. Come meet OTAC and AOTA leaders, presenters, and other honorees, including OTAC past presidents and



OT greats. Join us for special activities celebrating 100 years of occupational therapy—DJ and dance floor, photo booth, celebratory toast, and more! First 250 attendees at the door will receive a commemorative lapel pin. No-host bar.

Sponsors: American Occupational Therapy Foundation (AOTF); California Foundation for Occupational Therapy (CFOT)

### **CONFERENCE PERKS!**

**Conference Tote Bag.** First 1,000 checking in at registration will receive this fun burlap bag — perfect for a farmer's market. Be sure to check through the bag for a possible winning raffle ticket.

Sponsor: Stanbridge University

**Conference Pen.** First 1,000 checking in at registration — find it in your Conference tote.

Sponsor: Every Child Achieves, Inc.

**OT Centennial Float Magnet.** First 900 checking in at registration. Be sure to check your magnet for a possible winning raffle ticket.

**OT Centennial Float Pins.** First 250 checking in at the President's Reception/Celebrating 100 Years of OT!

**Keynote Address Lollapalooza.** It's a surprise! Will you 'win' a prize? Come find out.

**Exhibit Vendor Resource Guide.** This Guide is your passport to winning one of many giveaways. Bring plenty of business cards to leave behind with exhibitors for their drawings. Drop off your Bingo card to be eligible for OTAC prizes and cash! Must be present to win. (Saturday, 2:00pm)

**Books, Books and More Books!** Lucky attendees in several sessions will be eligible for a drawing for a complimentary book. Authors include Angela Hanscom, Frank Kronenberg, and Rondalyn Whitney.

# **OUR HOST CITY: SACRAMENTO**

#### Come learn and play in Sacramento!

Sacramento is a historic city and it celebrates much of that history in its local museums, activities, and events. It is full of pride and enthusiasm for all that it has to offer its residents and welcomed visitors. We invite you to <code>DiscoverGold</code> in Sacramento.

#### ■ ART GALLERIES/TOURS

Sacramento is home to more than 600 pieces of art in front of city and county buildings and the Sacramento International Airport, including the Sculpture Garden on the grounds of the Sacramento Convention Center. Walking maps are available for self-guided tours of art in public places at www.sacmetroarts.org/programs/public-art/public-art-tours. Downtown Sacramento is also home to many art galleries.

#### **■** ENTERTAINMENT

**Crest Theatre.** Just a few blocks from the Hyatt Regency Sacramento, this theatre opened in 1949 with celebrities and dignitaries in attendance. Today, the theatre still boasts its guilded art-deco ceiling and waterfall main drape and is host to concerts, comedians, speakers, films, and the Empress Tavern. (**www.crestsacramento.com**)

**Esquire IMAX Theatre.** Treat your senses to the most powerful and involving movie experience yet created. Their Academy Award winning IMAX technology brings images to life like no other. Just steps from the Hyatt Regency Sacramento at 1211 K Street. Check out their schedule online at www.imax.com/imax-esquire-oo.

#### ■ MUSEUMS/TOURS (28 MUSEUMS IN SACRAMENTO)

California Automobile Museum. Come experience automobile evolution at this spectacular auto museum. (916-442-6802; www.calautomuseum.org)

**California Museum for Women, History & the Arts.** It's a living, breathing, cultural center that provides engaging, entertaining, and timely programs for the whole family. (916-653-7524; www.californiamuseum.org)

California State Capitol Museum/Tours. It's free, it's archecturally stunning, and it's historically rich. There are 40 acres of lawns, flower gardens, and memorials to California history that surround the building. (916-324-0333; www.capitolmuseum.ca.gov)

California State Railroad Museum. The largest train museum in the country. Located in Old Sacramento. Starting October 17, the museum offers a Halloween-themed "Spookomotive" 40-minute train ride along the Sacramento River. (916-323-9280; www.csrmf.org)

Crocker Art Museum. As the leading art institute in the Sacramento Valley, this museum is dedicated to promoting an awareness of and enthusiasm for human experience through art. Emphasis is on the Crocker family donation of California art and European drawings, contemporary northern California art, and international ceramics. (916-808-7000; www.crockerart.org)

Old Sacramento. Registered as a National and California Historic Landmark, it boasts 53 historic buildings with riverfront restaurants, museums, nightspots, and kitschy shops. You can also participate in the Hysterical Walk of the Dead: A Saucy Ghost Tour, and Hysterical Walks and Rides (on Segways). (916-430-8715; www.hystericalwalks.com). Take an underground tour. Hidden beneath the city for nearly 150 years, Old Sacramento's underground has long been the capital's best kept secret. Due to the popularity of the tours, advance tickets are recommended. Check in at the Sacramento History Museum. (916-808-7059)

**Victorian Homes.** Nestled along tree-lined streets, most homes can be found from 7th Street to 16th Street, between E Street to I Street. There are many self-guided walking tour maps available through the Sacramento Heritage Association. (www.sacramentoheritage.org)

Walking Tour. Kids Meet the City—A Tour of California History Especially for Kids. A fun and interactive way to introduce local history to students of all ages. This unique walk through downtown will explore the Gold Rush, the history and route of the famed Pony Express, John Sutter's place in California history, and a visit to the City Council Chambers. Tour begins at City Hall in Downtown Sacramento. (916-442-8575)

#### ■ OTHER

Check out www.sacramento365.org for current activities.





# COME HELP CELEBRATE OUR OTAC 2017 AWARD HONOREES

Please join us and Awards Chair Diane Mayfield, EdD, OTR/L, in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, October 20, 3:15pm–4:15pm. This event is open to all Conference attendees registered for Friday.

The following awards may be presented:

Lifetime Achievement Award

Award of Excellence

Janice Matsutsuyu Outstanding Service Award

**OT Practice Award** 

Award of Appreciation

Fieldwork Educator Award

OT Entrepreneur Award

OTA Honorary Award
OTA/OT Partnership

Outstanding Student Award

Luella Grangaard Political Action Award

Spirit of OT Award

2017 Vision Award

**OTAC Media Award** 

# THE MANY FACES OF PAST CONFERENCES













# CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

# Celebrating Our 36th Anniversary!

CFOT Awards Luncheon and Symposium

Friday, October 20, 2017 • 11:30am – 1:00pm

### About the Awards Luncheon and Symposium (.5 PDU)

Recipients of the 2017 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, October 20, 11:30am–1:00pm. Following presentation of the awards, attendees will be treated to a stimulating address by Ada Boone Hoerl, MA, COTA/L, this year's CFOT Honored Lecturer.

### Honored Lecturer – Ada Boone Hoerl, MA, COTA/L

#### Context, Mindfulness, and Resilience: A Journey through Grief

Often avoided, grief is a factor that greatly affects function. Through personal experience, Ada Boone Hoerl has collected many lessons. Derived from and applicable to occupational therapy practice, her story inspires fresh perspectives for positive outcomes.

The CFOT is pleased to feature Ada Boone Hoerl, MA, COTA/L, as its 2017 CFOT Honored Lecturer. She is currently program coordinator/professor of the Occupational Therapy Assistant Program at Sacramento City College and is the first COTA/L to be named a CFOT Honored Lecturer. Hoerl received her Bachelor of Science in newspaper production management from Rochester Institute of Technology, her Associate of Science in occupational therapy from Sacramento City College, and her Master of Arts in education/special education/adult learning disabilities from California State University, Sacramento. Her master's project involved using Dunn's Model of Sensory Processing to create a self-regulation program to improve academic success for community college students receiving disability services. Hoerl has made numerous professional presentations on leadership and other topics at annual conferences of OTAC and other organizations. Her publications include information on working with families and caregivers of elders in textbooks for occupational therapy assistants. She has been active in occupational therapy organizations in a variety of roles and received the OTA Honorary Award from OTAC in 2015, and represented OTAC and the profession on the OT Centennial Float in the 2017 Rose Parade.



FOUNDATION FOR

OCCUPATIONAL THERAPY

Ada Boone Hoerl, MA, COTA/L

### Humanitarian of the Year – Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA

Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA, is the recipient of the 2017 CFOT Humanitarian Award. She is honored for her many years of volunteer work with the San Jose Family Shelter which is part of the Family Supportive Housing Organization of San Jose. She received a regional Jefferson Award in 2011 for her volunteer commitment. The Awards are from the Jefferson Awards Foundation whose mission is to empower others to have maximum impact on the things they care about most. It was founded in 1972 by Jacqueline Kennedy Onassis, Senator Robert Taft Jr., and Sam Beard. Schultz-Krohn was the CFOT Honored Lecturer in 2012. She has also previously received the OTAC Award of Excellence and OT Practice Award. She has more than 30 years of experience as an occupational therapy practitioner working with individuals, primarily infants and children, with feeding disorders. Schultz-Krohn is Board Certified in pediatrics by the American Occupational Therapy Association (AOTA) and has co-edited books and authored well over 20 articles and chapters. She has served in various volunteer roles with both OTAC and AOTA and is the department chair of occupational therapy at San Jose State University.



Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA



Join CFOT Board members (left to right) Michele Berro and Bonita Kraft, and CFOT President Linda Florey at the CFOT Silent Auction booth on the OTAC Exhibit Hall floor to bid on fun and interesting items. All proceeds are used to support scholarships and research grants.

### **CFOT SILENT AUCTION**

The CFOT booth in the OTAC Exhibit Hall will be buzzing with activity. Your support is encouraged and appreciated both as bidders and donors of auction items. CFOT annually awards thousands of dollars for scholarships and research grants. Help CFOT meet, and exceed, its goal.

Donations of auction items valued at \$25 or greater are needed. Please contact Diana Su-Erickson at (909) 796-2002 or by email at silentauction@cfot.org.



# SPECIAL PROGRAMMING FOR STUDENTS

Special

OTAC Student

Registration

Discount

The OTAC Annual Conference Committee in partnership with the OTAC Student Leadership Committee is pleased to again offer special programming to meet the needs of our student members. *Students receive a discount on Conference registration fees.* 

#### **Activities of Interest**

#### ■ Thursday, October 19

 Movie Night: Rhodes Must Fall—A Video Compilation (Free for Conference attendees)

#### **■** Friday, October 20

- Mind-Body Activity: Stretch & Breathe
- CFOT Awards Luncheon and Symposium— Student Fee only \$10 for no-lunch gallery seating, or purchase lunch seat for \$75.
- Student Track (sessions 20, 27, 31, 41, 44, 46)
- OTAC Awards Ceremony
- Keynote Address with global activist, Frank Kronenberg. BSc (OT), BA (Ed)
- Exhibit Hall Grand Opening Reception— Meet Recruiting Exhibitors and Network with Practitioners
- Alumni/Student Receptions

#### Saturday, October 21

- Mind-Body Activity: Stretch & Breathe
- Student Track (sessions 50, 51, 60, 61, 70, 71, 80, 85)
- Exhibit Hall Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$16 and be eligible for a drawing
- President's Reception—Celebrate 100 years of OT!
- Alumni/Student Reception

#### ■ Sunday, October 22

- All concurrent sessions on Sunday are open to students at the special student registration fee schedule
- OTAC Annual Meeting and Breakfast—included in Sunday registration fee
- Lunch at OT Practice Café/Lunch—*Come discuss OT practice hot topics*. Purchase lunch in advance for only \$23 and be eligible for a drawing

# WHAT SESSIONS THE STUDENT REGISTRATION RATE DISCOUNT INCLUDES

The student discounted registration rate is applicable for the following sessions:

Friday – Student Track (Sessions 20, 27, 31, 41, 44, 46)

Saturday – Student Track (Sessions 50, 51, 60, 61, 70, 71, 80, 85)

#### Sunday – Any Session

Student registration rate discount also includes daily special activities and events (additional fees may apply to some activities and events).

Students may select any practitioner sessions on Friday and Saturday at the practitioner registration rate.



**Follow the Annual** 

The mobile app includes:

- Full conference schedule and a feature to build a personalized schedule
- Social sharing on Facebook, Twitter, and LinkedIn
- Detailed info about presenters, exibitors, and sponsors
- Notifications of important updates, special offers, and more

It's easy! Download the 2017 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/customer login. You must create a new account to access the app's full features.

www.otaconline.org/conference

# **BUILD YOUR OWN SCHEDULE**

Our Annual Conference tracks provide you the opportunity to build your own customized schedule to meet your professional development goals. Focus on one or two areas or mix and match for an eclectic array of continuing education. Once you select and register for your sessions, you can build an electronic schedule through the Annual Conference mobile app.

### 100 Years/Bold/Global

- 8 An Occupational Therapy Approach to Supporting an International Community (1.5 PDUs)
- 12 Poetic Life of Ora Ruggles: Reconstruction Aide and Pioneer (1.5 PDUs)
- 24 2017 OT Centennial Float: Reflections on an Historical Occasion (1.5 PDUs)
- 34 OTD Education: Then and Now (1.5 PDUs)
- 46 The ABCs of a Powerful Profession: 2017 and Beyond (2 PDUs)
- 48 Keynote Address: Humanizing Praxes: Generating Occupational Therapies from the 'South' (.5 PDU)
- 80 Shared Governance: Opportunities for Leadership, Power, and Voice (1.5 PDUs)
- 82 How Can I Get on TED Talks? (1.5 PDUs)
- 90 Our Professional History: From Founding to Centennial Vision (1.5 PDUs)
- 97 Meet California's Occupational Therapy Greats Prepare To Be Inspired (1.25 PDUs)
- 106 A Jam Session: Improvisations on Understanding Being Human (3 PDUs)
- A Movie Night: *Rhodes Must Fall* A Video Compilation (.5 PDU)
- H OTAC Annual Meeting and Breakfast (.5 PDU) Courage and Confidence to Chart New Territory

### Academic/Fieldwork/Research

- 21 Enhancing the Success of College Students with ADHD (1.5 PDUs)
- 23 Utilizing Technology for Innovative Teaching (1.5 PDUs)
- 25 Using Qualitative Research to Guide Every Day Practice Decisions (3 PDUs)
- 33 Concepts in Adult Learning and Clinical Mentorship (1.5 PDUs)
- 34 OTD Education: Then and Now (1.5 PDUs)
- 40 Program Evaluation of OTA Fieldwork I Collaborative Model at St. Catherine University (1 PDU)
- 47 Competency of Level II Occupational Therapy Students in Application of Superficial Thermal Modalities (1 PDUs)
- 84 Early Sensory Motor Skill Development and Long-term Academic Success (1.5 PDUs)

#### **Acute Care**

- OT Competency in ICU: Using the Practice Framework (1.5 PDUs)
- 32 Prism Adaptation for the Treatment of Unilateral Neglect (1.5 PDUs)
- 58 Trauma Informed Care and Occupational Therapy (3 PDUs)
- 86 Innovating Acute Care Occupational Therapy Practice (1.5 PDUs)

### **Adults/Geriatrics**

- 1 You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)
- 4 Lifestyle Redesign\* for Adults and Adolescents with ASD (3 PDUs)
- 2 Under the WAVES Program: OT and Scuba Diving (1.5 PDUs)
- Using Quality Mobile/Smartphone Applications (Apps) (3 PDUs)
- 41 Home Health Occupational Therapy: Fast Track for Beginners (2 PDUs)
- The New Clinician's Guide to Assessing and Counseling Older Drivers (2 PDUs)
- 57 Evidence-based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)
- 58 Trauma Informed Care and Occupational Therapy (3 PDUs)
- 61 Sensory Diets: Conception, Misconception, and Real World Application (1.5 PDUs)
- 64 Spirituality in Occupational Therapy Practice (1.5 PDUs)
- 74 End-of-Life Care and Meaning: An Occupational Therapy Perspective (1.5 PDUs)
- 85 Therapeutic Communication Techniques that Promote Motivation and Participation (1.5 PDUs)
- 86 Innovating Acute Care Occupational Therapy Practice (1.5 PDUs)
- 88 SoulPlay: The Occupation of Play (1.5 PDUs)
- 94 Occupation-based Dementia Programming to Facilitate Well-being (3 PDUs)
- 100 Helping Older Adults Embrace Smartphones for Meaningful Occupations (1 PDU)
- 104 Incontinence and Falls: The "Giants of Geriatrics" (3 PDUs)

# **BUILD YOUR OWN SCHEDULE**

### Advocacy/Leadership/Management

- 11 Enhancing Your Leadership Skills: Insights into People Breakthroughs (4 PDUs)
- 27 Harness Your Political Power for the OT Profession at the State Capitol (4.5 PDUs)
- 33 Concepts in Adult Learning and Clinical Mentorship (1.5 PDUs)
- 46 The ABCs of a Powerful Profession: 2017 and Beyond (2 PDUs)
- 50 OT Regulatory Update: Protecting your License, Sunset Edition (1.5 PDUs)
- 53 Establishing a Multidisciplinary Care Team: Benefits, Methods, and Scope of Practice Concerns (1.5 PDUs)
- 60 State Legislative and Regulatory Updates and California's Political Environment (1.5 PDUs)
- 63 Applying Quality Improvement Practices in an Outpatient Setting (1.5 PDUs)
- 70 OT Issues Around the Country: The National Perspective and the View from Sacramento (1.5 PDUs)
- 80 Shared Governance: Opportunities for Leadership, Power, and Voice (1.5 PDUs)
- 91 Developing Quality Measures in Practice Settings (2 PDUs)
- 96 Connecting the Dots: Framework-Role-Workload-Goals-Intervention (3 PDUs)
- H OTAC Annual Meeting and Breakfast Courage and Confidence to Chart New Territory (.5 PDU)

### Behavioral/Mental Health/Sensory/Wellness

- 4 Lifestyle Redesign\* for Adults and Adolescents with ASD (3 PDUs)
- 5 Reducing Risk and Supporting Resilience: OT for Youth (3 PDUs)
- 10 Using Quality Mobile/Smartphone Applications (Apps)(3 PDUs)
- 21 Enhancing the Success of College Students with ADHD (1.5 PDUs)
- 26 Integrating Positive Psychology and Mindfulness into Practice (3 PDUs)
- 31 Sensory Process Tools for Success (1.5 PDUs)
- 42 Engaging Clients through Motivational Interviewing (3 PDUs)
- Evaluation Ayres' Sensory Integration (EASI) in School-based Practice (2 PDUs)
- 45 Occupational Therapy's Role in Maternal-Infant Mental Health (2 PDUs)
- 51 Impact of Occupation-based Bereavement Retreats after Perinatal Loss (1.5 PDUs)
- 54 Mental Health Practice: Reflecting on the Past and Visualizing the Future (1 PDUs)
- 56 Applying the Principles of Sensory Integration to School-based Assessment (3 PDUs)
- 58 Trauma Informed Care and Occupational Therapy (3 PDUs)

- 59 Animal Assisted Therapy for Psychiatric and Psychosocial Interventions (4.5 PDUs)
- 64 Spirituality in Occupational Therapy Practice (1.5 PDUs)
- 75 Occupational Justice for Youth in Juvenile Hall (1.5 PDUs)
- 77 OT, Occupational Justice, and Behavioral Health: Practicing Outside the Box (1 PDU)
- 81 Psychiatric Assistance and Emotional Support Dogs: What OTs Should Know (1.5 PDUs)
- 84 Early Sensory Motor Skill Development and Long-term Academic Success (1.5 PDUs)
- 85 Therapeutic Communication Techniques that Promote Motivation and Participation (1.5 PDUs)
- 87 Developing Client Centered Goals for Homeless Families (1.5 PDUs)
- 88 SoulPlay: The Occupation of Play (1.5 PDUs)
- 92 Interprofessional Practice and Education: School Age Behavioral Health Medication Consultation Clinic (3 PDUs)
- 93 Unveiling the Therapeutic Potential in Unrestricted Outdoor Play (3 PDUs)
- 94 Occupation-based Dementia Programming to Facilitate Well-being (3 PDUs)
- 101 Best Practices in Infant-Toddler Mental Health (3 PDUs)
- Executive Functions and their Relationship to Sensory Integration and Self-regulation in the Schools (3 PDUs)
   CFOT Luncheon/Symposium: Context, Mindfulness, and Resilience: A Journey through Grief (.5 PDU)

### Eating/Feeding/Swallowing

- You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)
- 57 Evidence-based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)
- 61 Sensory Diets: Conception, Misconception, and Real World Application (1.5 PDUs)
- 72 Eat Play Cook: An Interprofessional Group for Children with Feeding Difficulties (1.5 PDUs)
- 83 Feeding, Families, and Feelings: Embedding Families in Intervention (1.5 PDUs)
- 102 Feeding in Early Intervention: Easy as A, B, C (3 PDUs)

#### **General Practice**

- 22 OT Competency in ICU: Using the Practice Framework (1.5 PDUs)
- 25 Using Qualitative Research to Guide Every-Day Practice Decisions (3 PDUs)
- 53 Establishing a Multidisciplinary Care Team: Benefits, Methods, and Scope of Practice Concerns (1.5 PDUs)
- 58 Trauma Informed Care and Occupational Therapy (3 PDUs)
- 63 Applying Quality Improvement Practices in an Outpatient Setting (1.5 PDUs)
- 76 Diabetes Prevention Programming and Reimbursement Opportunities for Occupational Therapy (1.5 PDUs)

# BUILD YOUR OWN SCHEDULE

#### **General Practice** (continued)

- 88 SoulPlay: The Occupation of Play (1.5 PDUs)
- 91 Developing Quality Measures in Practice Settings (2 PDUs)
- 96 Connecting the Dots: Framework-Role-Workload-Goals-Intervention (3 PDUs)
- 106 A Jam Session: Improvisations on Understanding Being Human (3 PDUs)

### Pediatrics/Youth/School-based

- 1 You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)
- 5 Reducing Risk and Supporting Resilience: OT for Youth (3 PDUs)
- 6 Blending Occupational Therapy and Yoga Therapy for ADHD (1.5 PDUs)
- Decoding Dyslexia for Occupational Therapy Practitioners (3 PDUs)
- 20 Assistive Technologies Group for Parent and Child (1.5 PDUs)
- 21 Enhancing the Success of College Students with ADHD (1.5 PDUs)
- 30 Occupational Therapy for Children with Rheumatic Diseases (1.5 PDUs)
- 31 Sensory Process Tools for Success (1.5 PDUs)
- 43 Evaluation Ayres' Sensory Integration (EASI) in School-based Practice (2 PDUs)
- 45 Occupational Therapy's Role in Maternal-Infant Mental Health (2 PDUs)
- 55 Pediatric CIMT: An Introductory Training (3 PDUs)
- 56 Applying the Principles of Sensory Integration to School-based Assessment (3 PDUs)
- 73 School-based Telehealth: Bringing Services to Any Child, Anywhere (1.5 PDUs)
- 72 Eat Play Cook: An Interprofessional Group for Children with Feeding Difficulties (1.5 PDUs)
- 75 Occupational Justice for Youth in Juvenile Hall (1.5 PDUs)
- 83 Feeding, Families, and Feelings: Embedding Families in Intervention (1.5 PDUs)
- 84 Early Sensory Motor Skill Development and Long-term Academic Success (1.5 PDUs)
- 92 Interprofessional Practice and Education: School Age Behavioral Health Medication Consultation Clinic (3 PDUs)
- 93 Unveiling the Therapeutic Potential in Unrestricted Outdoor Play (3 PDUs)
- 96 Connecting the Dots: Framework Role-Workload-Goals-Intervention (3 PDUs)
- 98 Finding, Using, and Documenting Evidence in School-based Practice (1.5 PDUs)
- 101 Best Practices in Infant-Toddler Mental Health (3 PDUs)
- 102 Feeding in Early Intervention: Easy as A, B, C (3 PDUs)

- 103 Legally Defensible School-based Assessment Reports (3 PDUs)
- 105 Executive Functions and their Relationship to Sensory Integration and Self-regulation in the Schools (3 PDUs)

### **Physical Disabilities**

- Better In, Better Out: Occupation-based Transplant Prehabilitation (1.5 PDUs)
- 32 Prism Adaptation for the Treatment of Unilateral Neglect (1.5 PDUs)
- 57 Evidence-based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)
- 62 Enhancing Clinical Practice for Sexuality Issues in Oncology (1.5 PDUs)
- 95 Bowel, Bladder, and Sexual Functioning for Multiple Sclerosis (3 PDUs)

### **Technology**

- 7 Therapeutic Use of Technology: Where Are We Going? (1.5 PDUs)
- 10 Using Quality Mobile/Smartphone Applications (Apps)(3 PDUs)
- 20 Assistive Technologies Group for Parent and Child (1.5 PDUs)
- 23 Utilizing Technology for Innovative Teaching (1.5 PDUs)
- 52 Telehealth OT in a Breast Cancer Recovery Program (1.5 PDUs)
- 73 School-based Telehealth: Bringing Services to Any Child, Anywhere (1.5 PDUs)
- 100 Helping Older Adults Embrace Smartphones for Meaningful Occupations (1 PDU)

### **Other**

### **Animal Assisted Therapy**

- 59 Animal Assisted Therapy for Psychiatric and Psychosocial Interventions (4.5 PDUs)
- 81 Psychiatric Assistance and Emotional Support Dogs: What OTs Should Know (1.5 PDUs)

#### **Driver Rehab**

44 The New Clinician's Guide to Assessing and Counseling Older Drivers (2 PDUs)

#### Hands

47 Competency of Level II Occupational Therapy Students in Application of Superficial Thermal Modalities (1 PDUs)

#### Oncology

- 52 Telehealth OT in a Breast Cancer Recovery Program (1.5 PDUs)
- 62 Enhancing Clinical Practice for Sexuality Issues in Oncology (1.5 PDUs)

# AGENDA: THURSDAY, OCTOBER 19 • PRE-CONFERENCE INSTITUTE

Note: Be sure to turn in your Certificate of

Completion at the

you will not be

Registration table if

attending any other

Conference days.

### Thursday - Schedule

8:00am - 5:00pm (1 hour lunch break)

You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)

This session will provide a thorough

introduction to the anatomy and physiology of swallowing. With both pediatric and adult breakout sessions, as well instruction on effective patient advocacy, occupational therapy practitioners will become empowered and confident to take on dysphagia. CBOT Advanced Practice approval pending.

8:00am - 12:00pm (noon)

#### PART ONE - Anatomy and Physiology of Normal and Abnormal Swallowing

Kimberly Grenawitzke, OTD, OTR/L, SCFES, SWC, CBIS; Kary Rappaport, OTR/L, SWC, IBCLC

This section for all session participants will outline the structures, muscles, and nerves involved in feeding, eating, and swallowing. Participants will learn about the physiology of both normal swallowing and dysphagia. With interpretation through instrumental assessment (Modified Barium Swallow Study) via case study and video, participants will learn how to identify signs of pharyngeal swallow dysfunction and better understand treatment plans based on MBSS results.

1:00pm - 5:00pm

#### PART TWO - Adult and Pediatric Break-out Sessions

Participants will be asked to select one of the break-out sessions once their Conference registration is processed.

## Adult Break-out: Dysphagia and Feeding Considerations

Amy Barnes, MSOT, OTR/L, CW, SWC; Marisa L. Suarez, MS, OTR/L, SWC

This break-out session will explore occupational therapy's distinct value in addressing feeding and swallowing dysfunction among adults. Evidence-based intervention strategies will be discussed, while taking into consideration quality of life and the influence of

#### Infants and Young Children Break-out: Feeding and Swallowing Considerations for Infants and Young Children Kimberly Grenawitzke, OTD, OTR/L, SCFES, SWC, CBIS;

Kary Rappaport, OTR/L, SWC, IBCLC

This break-out session will discuss anatomical and physiologic differences in infants and children, treatment considerations for breast and bottle feeding, as well as guidance for progression of treatment plans with high risk infants and children.

Following the conclusion of each of the break-out sessions, all participants will come together to discuss how to be an effective patient advocate.

#### 8:45am - 10:15am

#### Under the WAVES Program: OT and Scuba Diving (1.5 PDUs)

Naomi Achondo, OTD, OTR/L, SWC; Steve Rubin, Waves Project; Randy Lung

Under the Waves (in process of trademarking) occupational therapy pilot program with scuba diving may be complementary in providing an alternative approach in decreasing signs of post-traumatic stress disorder (PTSD) and improving veterans' overall quality of life.

#### 8:45am - 10:15am

#### Better In, Better Out: Occupation-based Transplant Prehabilitation (1.5 PDUs)

Douglas Rakoski, OTD, OTR/L, ATP; Liane Hewitt, DrPH, OTR/L, CHES; Joshua Dellibovi, OTS; Oliver Chang, OTS

A prehabilitative approach with transplant patients has shown to improve postoperative outcomes. This presentation will demonstrate through real-world case studies why occupation-based interventions translate into improved surgical outcomes.

### Thursday – Special Activities

7:30am – 9:30am and Noon to 2:00pm and 5:30pm – 7:00pm **Registration Hours** 

These times are just for those attending the Thursday Pre-conference Institute or those who are registered in advance.

Anyone who has registered in advance is welcomed to pick up their registration packet. If you are checking into the Hyatt Regency Sacramento on Thursday or if you live in the area and are stopping by to pick up your registration packet (you must have registered in advance), be sure to stay for the complimentary Movie Night with popcorn.

#### 6:30pm - 8:00pm

#### Movie Night: *Rhodes Must Fall* — A Video Compilation(.5 PDU)

Moderator: Julie Kugel, OTD, MOT, OTR/L

Join Conference keynote and activist Frank Kronenberg, BSc (OT), BA (Ed), as he presents a compilation of video clips highlighting the South African student protest movement that received global attention (including at UC Berkeley), leading to a wider movement to decolonize education across South Africa. Come learn about the central role played by occupational therapy students and faculty. Discussion following the viewing will include Kronenberg's reflections - he personally witnessed the events unfold on a daily basis. He will share how it has impacted his interrelated personal-professional-political self. While this is an opportunity for frank engagement in relation to California and US everyday conditions and diversity of lived experiences, this complex subject matter is at times controversial and may not be comfortable for all. Conference participants' attendance is at their own discretion.

#### 8:45am - 12:00pm (noon)

#### Lifestyle Redesign® for Adults and Adolescents with ASD (3 PDUs)

Tracy Jalaba, OTD, OTR/L; Linsey Smith, OTD, OTR/L

There is a significant increased risk for chronic health conditions in individuals with autism spectrum disorder (ASD). Explore barriers, facilitators, and intervention strategies that impact participation in health-promoting occupations including exercise, diet and nutrition, stress management, and leisure.

#### 8:45am - 12:00pm (noon)

#### Reducing Risk and Supporting Resilience: OT for Youth (3 PDUs)

Tessa Milman, OTD, OTR/L; Celso Delgado, Jr., OTD, OTR/L; Elizabeth Carley, OTD, OTR/L

This session will introduce participants to a developmental risk and resiliency framework and a trauma lens that they can apply to reducing risk and supporting resilience in youth.

#### 10:30am - 12:00pm (noon)

#### Blending Occupational Therapy and Yoga Therapy for ADHD (1.5 PDUs)

Lorelei Woerner, OTR/L, C-IAYT

This session combines research-informed practices with the art of clinical reasoning for integrative approaches to attention deficit hyperactivity disorder (ADHD) to modulate challenges and support strengths. Participants will explore yoga therapy techniques that support occupational therapy principles that empower all layers of the person to enhance occupational flourishing.

# AGENDA: THURSDAY, OCTOBER 19 • PRE-CONFERENCE INSTITUTE

### Thursday - Schedule (continued)

10:30am - 12:00pm (noon)

Therapeutic Use of Technology: Where Are We Going? (1.5 PDUs)

Douglas Rakoski, OTD, OTR/L, ATP

Technology advances with incredible speed. Practitioners must anticipate the changing needs of society as we progress toward an increasingly virtual world. A systematic approach is necessary to translate technology-based research evidence into practice.

An Occupational Therapy Approach to Supporting an International Community (1.5 PDUs)



Daniel Park, OTD, OTR/L; Arielle Villanueva, MA, OT (Philippines)

The development, implementation, and evaluation of an innovative and comprehensive model of support provided to more than 200 international students and practitioners between 2014-2017 by the University of Southern California's Global Initiatives will be presented. Free to members.

#### 1:00pm - 4:00pm

Decoding Dyslexia for Occupational Therapy Practitioners (3 PDUs)

Tara Delaney, MS, OTR/L

Dyslexia was identified more than 100 years ago as word blindness. California education code finally mandated that dyslexia be identified and addressed in the public schools as of January 1, 2017. Occupational therapy (OT) practitioners have a long history of working with children with dyslexia whether they recognized the diagnosis or not. Since visual processing/visual motor skills are a focus of OTs in the educational setting, we have always been working with students with dyslexia. This session will dispel the myths surrounding dyslexia and we will furthermore discuss how to identify dyslexia and how OT can be involved in treatment.

#### 1:00pm - 4:00pm

Using Quality Mobile/Smartphone Applications (Apps)

Shan-Pin Fanchiang, PhD, OTR/L; Laura Cox, MSOT; Karen Crum, OTD, OTR/L

Occupational therapy practitioners can use apps (applications) for intervention, home program, self-management for health promotion/wellness, and tracking clients' adherence. Attendees will have hands-on experience to evaluate apps quality and learn about apps use through case studies.

#### 1:00pm - 5:00pm

Enhancing Your Leadership Skills: Insights into People Breakthroughs (4 PDUs)

Joe Esparza, Leadership Coach, Leadership Outfitters

This session is designed for occupational therapy practitioners who serve on, or who have aspirations to serve on, nonprofit boards of directors and/or manage volunteers. During this highly interactive workshop, participants will learn how to improve their contributions to the organizations they serve through a better understanding of themselves, other leaders, donors, volunteers, and staff. Specifically, participants will learn how to increase collaboration by enhancing communication and understanding how to recover more quickly when breakdowns occur. Tools will include a 20-page personality profile and access to a free monthly coaching forum.

#### 2:45pm - 4:15pm

12 Poetic Life of Ora Ruggles: Reconstruction Aide and Pioneer (1.5 PDUs)



Rondalyn Whitney, PhD, OTR/L, FAOTA

Ora Ruggles said "Reach for the heart as well as the hands ... the heart really does the healing." Learn more about this occupational therapy pioneer, whose story unfolds through narrative research design then translated into poetry. Free to members

Note: Attendees at this session will be eligible for a drawing for the book, Ora Ruggles, A Poetic Life of Occupation: The Life of an OT Pioneer.

#### 6:30pm - 8:00pm

Movie Night: Rhodes Must Fall — A Video Compilation (.5 PDU)

Join Conference keynote and activist Frank

Kronenberg, BSc (OT), BA (Ed), as he presents a compilation of video clips highlighting the South African student protest movement that received global attention (including at UC Berkeley), leading to a wider movement to decolonize education across South Africa. Come learn about the central role played by occupational therapy students and faculty. Discussion following the viewing will include Kronenberg's reflections – he personally

witnessed the events unfold on a daily basis. He will share how it has impacted his interrelated personal-professional-political self. While this is an opportunity for bold engagement in relation to California and US everyday conditions and diversity of lived experiences, this complex subject matter is at times controversial and may not be comfortable for all. Conference participants' attendance is at their own discretion.

### ALL ABOUT CONFERENCE — COME GET ORIENTED!

- Are you a first time Conference attendee?
- Or maybe you haven't attended in several years?

'Ask a Leader' ... Get oriented to Conference

Friday, October 20 • 7:30am – 8:00am

# WIN \$50 IN GIFT CARD GIVEAWAYS!

Register in advance for the Saturday and/or Sunday lunches to be eligible for the gift card giveaways.

# AGENDA: FRIDAY, OCTOBER 20

### Friday – Special Activities

7:30am - 8:00am

B Mind-Body Activity: Stretch & Breathe (No PDUs)
Carlin Daley, OTD, OTR/L

Wear comfortable clothing and go right from Stretch & Breathe to your first session.

7:30am - 8:00am

C Get Oriented! Efficiently Navigate OTAC's Annual Conference (No PDUs)

Akemi Davies, MA, OTR/L, SIPT

First time Conference attendee? Haven't attended Conference in several years? Come learn how to efficiently and successfully navigate all that the Annual Conference has to offer from a past OTAC Conference chair and current OTAC treasurer.

7:30am - 5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events is based on room capacity; register in advance to ensure your priority sessions of interest.

11:30am - 1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU)

Honored Lecturer: Ada Boone Hoerl, MA, COTA/L, presenting on Context, Mindfulness, and Resilience: A Journey through Grief

Come help recognize recipients of the 2017 California Foundation of Occupational Therapy (CFOT) scholarships, research grants, and awards, including the CFOT Humanitarian of the Year – Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA.

An additional \$75 fee is required to attend this event.

Students can register for \$10 for the no-lunch gallery, or pay the \$75 fee.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 35 to purchase your ticket. 3:15pm - 5:15pm

48 OTAC Awards Ceremony and Keynote Address (.5 PDU)
OTAC Awards Ceremony: You are invited to help us recognize our 2017 Award honorees who serve with excellence and inspire professional passion.

**Keynote Address:** Frank Kronenberg, BSc (OT), BA (Ed) – Humanizing Praxes: Generating Occupational Therapies from the 'South' (.5 PDU)

Although occupational therapy is based on a mostly unquestioned European philosophy of humanism, a critical review of history 'teaches' that certain 'groupings of humans' were and are treated as more human than others. Hence, our one and only human race remains structurally divided in terms of unequal access to resources that allow for a dignified and sustainable life. As we celebrate globally, the first 100 years of occupational therapy, a profession which originated and evolved in the 'West'—a center of economic and political power, emerging occupational therapies are likely generated from the 'South'—the local peripheries of the center. Will this enable the generation of humanizing praxes, rooted in 'Ubuntu soil,' the African philosophy of Critical Humanism? Come learn more.

Sponsor: California State University, Dominguez Hills

5:15pm - 7:15pm

D Exhibit Hall Grand Opening Reception

Located in the Sacramento Convention Center this exposition includes a complimentary reception courtesy of our exhibitors. Please visit the exhibitors and express your appreciation for the reception.

Play Exhibit Hall Bingo — must be present on Saturday, 2:00pm, to win.

7:30pm - 9:30pm

**Alumni and Student Receptions** 

OTAC's Annual Conference is a convenient — and fun — opportunity to network with your fellow alumni and students. Always a Conference highlight. Located in the Hyatt Regency Sacramento.

### Friday – Schedule

7:30am - 8:00am

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### **CBOT Advanced Practice Applications Pending**

Applications are pending for the following sessions:

- 1 You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)
- 57 Evidence-based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)
- 102 Feeding in Early Intervention: Easy as A, B, C (3 PDUs)

8:15am - 9:45am

20 Assistive Technologies Group for Parent and Child (1.5 PDUs)

Mary Godfrey, OTR/L; Diane Tom, MA, OTR/L

Information on a parent participation, group treatment, for young children with severe physical and speech disabilities will be presented. The group focused on adapting simple assistive technologies so children and their parents could learn alongside each other

8:15am - 9:45am

21 Enhancing the Success of College Students with ADHD (1.5 PDUs)

Rashelle Nagata, MA, OTR/L

Learn how occupational therapy practitioners address the cognitive, psychosocial, academic, and lifestyle impairments that college students with attention deficit hyperactivity disorder (ADHD) encounter. Discussion will provide specific interventions to improve self-care routines, time management, and stress management for college students.

# AGENDA: FRIDAY, OCTOBER 20

### Friday — Schedule (continued)

#### 8:15am - 9:45am

## 22 OT Competency in ICU: Using the Practice Framework (1.5 PDUs)

Cindy Jaeger, MSOT, OTR/L, SWC; Casey Dietz, MS, OTR/L

Competency is important, but in the high risk area of the intensive care unit (ICU), it is imperative. This session will present components of an ICU competency program and how to connect it to the occupational therapy practice framework.

#### 8:15am - 9:45am

# 23 Utilizing Technology for Innovative Teaching (1.5 PDUs) *Julie Kugel, MOT, OTD, OTR/L*

This presentation will explore current trends and evidence-based practice for integrating technology into teaching and learning. Attendees will learn skills for engaging and motivating students, including both face-to-face and online courses.

#### 8:15am - 9:45am

#### 24 2017 OT Centennial Float: Reflections on an Historical Occasion (1.5 PDUs)

Sarah Bream, OTD, MA, OTR/L; Celso Delgado, Jr., OTD, OTR/L; Lisa Deshaies, OTR/L, CHT; Bryant Edwards, OTD, MA, OTR/L, MPH, BCP; Ada Boone Hoerl, MA, COTA/L; Heather J. Kitching, OTD, OTR/L

Join the 2017 OT Centennial Float chair, committee members, and riders as they reflect on this monumental, historical, and bold endeavor commemorating 100 years of occupational therapy. This is a unique opportunity to hear directly from those involved in planning for an event witnessed by millions around the world and what it meant to them and their occupational therapy clients. What bold action will they inspire you to take?

#### 8:15am - 11:30am

#### 25 Using Qualitative Research to Guide Every Day Practice Decisions (3 PDUs)

Tessa Milman, OTD, OTR/L; Deborah Pitts, PhD, OTR/L, BCMH, CPRP

This session will introduce participants to how they can interpret, appraise, and utilize qualitative research as evidence to inform practice decisions.

#### 8:15am - 11:30am

# 26 Integrating Positive Psychology and Mindfulness into Practice (3 PDUs)

Don Gordon, PhD, OTR/L

Positive psychology and mindfulness are recognized for their therapeutic potential both psychologically and cognitively. This presentation will illuminate recent research and provide interactive elements including positive psychology exercises and various forms of mindfulness meditation.

#### 8:30am - 11:15am; 1:15pm - 3:00pm

# 27 Harness Your Political Power for the OT Profession at the State Capitol (4.5 PDUs)

Sabrena McCarley, MBA-SL, OTR/L, CLIPP; Jerry
Jordan, OTD, OTR/L; Chuck Willmarth, CAE, AOTA
Director of Health Policy and State Affairs; Capitol Advocacy lobbying team: Jennifer Snyder, MPH, Ivan Altamurra, JD; Lindsay Gullahorn

With the current political and health care climates, there has never been a more critical time in the history of occupational therapy to be an advocate for the profession and the clients we serve. We must take action now to help create the future we envision for occupational therapy services. This grassroots advocacy day is designed for the seasoned occupational therapy advocate as well as the novice who wants to learn the skills to be more active in grassroots advocacy and learn about the latest in important issues for occupational therapy.

#### 10:00am - 11:30am

# 30 Occupational Therapy for Children with Rheumatic Diseases (1.5 PDUs)

Talitha Cox, MA, OTR/L

Kids get arthritis, too! Learn about childhood rheumatic diseases including juvenile idiopathic arthritis, lupus, juvenile dermatomyositis, and scleroderma. Hear current research, best practices, new medicines, and how children should be treated differently than adults.

#### 10:00am - 11:30am

#### 31 Sensory Process Tools for Success (1.5 PDUs)

Lee-Anne Bloom, MS, OTR/L

As occupational therapy practitioners, we determine compensation strategies and adaptations for children to navigate the world around them. By providing tools and strategies, we can teach the sensory seeking or avoiding child to be successful.

#### 10:00am - 11:30am

# 32 Prism Adaptation for the Treatment of Unilateral Neglect (1.5 PDUs)

Erika Agustin, COTA/L; Susie Wong-Okamoto, OTR/L

Unilateral neglect is a common symptom that stems from cerebral vascular accidents and traumatic brain injuries. Learn how to assess unilateral neglect and how to use the prism adaptation procedure to improve function.

#### 10:00am – 11:30am

## 33 Concepts in Adult Learning and Clinical Mentorship (1.5 PDUs)

Kimberly Grenawitzke, OTD, OTR/L, SCFES, SWC, CBIS; Rani Waterman, OTR/L, AMPS; Briana Pollard-Hamill, OTD, OTR/L

This session will review principles of adult learning and evidencebased guidelines for successful mentoring relationships. These concepts will be applied through a case study of an OTD residency program at a pediatric specialty hospital.

#### 10:00am - 11:30am

#### 34 OTD Education: Then and Now (1.5 PDUs)

Claudia Peyton, OTD, OTR/L (CSU Dominuqez Hills); Sarah Bream, MA, OTD, OTR/L (USC); Julie Kugel, MOT, OTD, OTR/L (Loma Linda University); Kate Hayner, EdD, OTR/L (Samuel Merritt University); Stacey Willis, OTD, OTR/L (West Coast University); Erin Schwier, OTD, OTR/L (University of St. Augustine, San Marcos)

Panel members will discuss the bold evolution of the clinical Doctorate in Occupational Therapy (OTD), the motivation for development of the post-professional and entry-level OTD as situated in an historic context, and benefits of these degree structures to the future sustainability of the profession.

#### 11:30am – 1:00pm

#### CFOT Awards Luncheon and Symposium (.5 PDU)

Honored Lecturer: Ada Boone Hoerl, MA, COTA/L, presenting on Context, Mindfulness, and Resilience: A Journey through Grief

Come help recognize recipients of the 2017 California Foundation of Occupational Therapy (CFOT) scholarships, research grants, and awards, including the CFOT Humanitarian of the Year – Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA.

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# AGENDA: FRIDAY, OCTOBER 20

### Friday - Schedule (continued)

#### 1:00pm - 2:00pm

#### 40 Program Evaluation of OTA Fieldwork I Collaborative Model at St. Catherine University (1 PDU)

Melissa Jazmines-Broersma, MS, OTR/L; Theresa Bentz, MA, OTR/L St. Catherine University Occupational Therapy Assistant (OTA) Program designed a Fieldwork Level I program for online students. This model employs the collaborative model of fieldwork education

#### 1:00pm - 3:00pm

# 41 Home Health Occupational Therapy: Fast Track for Beginners (2 PDUs)

to enhance learning outcomes among students.

James Dennis, OTR/L

Many occupational therapy practitioners have considered entering the home health field. Finding practical information on how to quickly and confidently get started in this area has been challenging, until now. Learn fundamental steps that produce success.

#### 1:00pm - 3:00pm

#### 42 Engaging Clients through Motivational Interviewing (2 PDUs) Jesus Diaz, OTD, OTR/L

This presentation will present an overview of the REAL Diabetes Study and its utilization of motivational interviewing in person and through text messaging to engage clients in a Lifestyle Redesign® intervention.

#### 1:00pm - 3:00pm

## 43 Evaluation Ayres' Sensory Integration (EASI) in School-based Practice (2 PDUs)

Kelly Auld-Wright, MA, OTR/L; Susanne Smith Roley, OTD, OTR/L, FAOTA; Sue Trautman, MA, OTR/L

This session will provide a review of a comprehensive sensory integration measure in test development to access sensory foundations of learning, behavior, and participation at school. Also discussed will be review methods to access key constructs of Ayres' Sensory Integration using free/low cost open source materials and scoring for children in preschool to sixth grade, ages three to twelve years.

#### 1:00pm - 3:00pm

# 44 The New Clinician's Guide to Assessing and Counseling Older Drivers (2 PDUs)

Gayle San Marco, OTR/L, CDRS; Ana Verran, MA, OTR/L, CDRS
The newly revised Clinician's Guide to Assessing and Counseling
Older Drivers focuses on the interdisciplinary nature of professionals addressing driving safety with our maturing populations. Special
emphasis will be placed on the revised driving screening tool, the

#### 1:00pm - 3:00pm

CADReS.

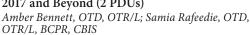
# 45 Occupational Therapy's Role in Maternal-Infant Mental Health (2 PDUs)

Kiley Hanish, OTD, OTR/L; Aviril Sepulveda, MA, OTR/L

Understanding the roles and occupations of mothering as well as co-occupations of babies and mothers enables occupational therapy practitioners to better address family needs in a variety of service arenas. When mothers develop a maternal mental health disorder during or after pregnancy, the relationship with and the development of the child is affected.

#### 1:00pm - 3:00pm

## The ABCs of a Powerful Profession: 2017 and Beyond (2 PDUs)



In this interactive session, attendees will learn about evidence-based concepts and strategies that individuals can adopt to enhance their own professional power through appearance, behavior, and communication skills.

#### 2:00pm - 3:00pm

# 47 Competency of Occupational Therapists in Application of Superficial Thermal Modalities (1 PDUs)

Donna Breger Stanton, OTD, OTR/L, FAOTA; Rolando Lazaro, PhD, PT, DPT, GCS

Descriptive surveys were deployed to study whether there is improved consistency in the application of superficial thermal modalities in occupational therapy intervention since educational standards were revised to require minimum education of thermal modalities in 2008.

#### 3:15pm - 5:15pm

## 48 OTAC Awards Ceremony and Keynote Address (.5 PDU)



OTAC Awards Ceremony: You are invited to help us recognize our 2017 Award honorees who serve with excellence and inspire professional passion.

**Keynote Address:** Frank Kronenberg, BSc (OT), BA (Ed) – Humanizing Praxes: Generating Occupational Therapies from the 'South' (.5 PDU)

Although occupational therapy is based on a mostly unquestioned European philosophy of humanism, a critical review of history 'teaches' that certain 'groupings of humans' were and are treated as more human than others. Hence, our one and only human race remains structurally divided in terms of unequal access to resources that allow for a dignified and sustainable life. As we celebrate globally, the first 100 years of occupational therapy, a profession which originated and evolved in the 'West' — a center of economic and political power, emerging occupational therapies are likely generated from the 'South' — the local peripheries of the center.

The dominant premise underlying occupational therapy depicts the interrelationship 'Human Occupation — Health' (HO-H), whereas the next century might be guided by the conceptual triad 'Humanity–Occupation–Health' (H-O-H). This allows for a shift of occupational therapy's main concern, foregrounding how the people who make up given communities and societies are doing together, rather than how certain groups of individuals function in their local everyday life contexts. This may then enable the generation of humanizing praxes, rooted in 'Ubuntu soil,' the African philosophy of Critical Humanism.

Sponsor: California State University, Dominguez Hills

#### 5:15pm-7:15pm

#### D Exhibit Hall Grand Opening Reception

Located in the Sacramento Convention Center this exposition includes a complimentary reception courtesy of our exhibitors. Please visit the exhibitors and express your appreciation for the reception.

Play Exhibit Hall Bingo — must be present on Saturday to win.

#### 7:30pm-9:30pm

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### Saturday – Schedule

7:30am – 8:00am

E Mind-Body Activity: Stretch & Breathe (No PDUs)

Carlin Daley, OTD, OTR/L

Wear comfortable clothing and go right from Stretch & Breathe to your first session.

#### 8:15am - 9:45am

#### 50 OT Regulatory Update: Protecting your License, Sunset Edition (1.5 PDUs)

Denise Miller, MBA, OT/L, CBOT Board of Directors President; Richard Bookwalter, MS, OTR/L, CBOT Board of Directors Vice President; Heather Martin, CBOT Executive Officer

Come learn about the latest regulatory changes affecting occupational therapy licensees. 2017 is the year when the legislature decides whether to continue OT/OTA licensing. Learn about important statutes/regulations, and hear about some of the most frequent violations and how you can avoid them. Protect your license and your career with this invaluable information.

#### 8:15am - 9:45am

## 51 Impact of Occupation-based Bereavement Retreats after Perinatal Loss (1.5 PDUs)

Kiley Hanish, OTD, OTR/L

Perinatal loss affects all domains of a mother's life. An occupationbased bereavement retreat is an option for a community-based treatment intervention. Changes in role perception, occupational engagement, and mental health are examined pre- and post-retreat.

#### 8:15am - 9:45am

52 Telehealth OT in a Breast Cancer Recovery Program (1.5 PDUs)

Jennifer Hayter, MA, OTR/L, SWC, CLT-LANA; Sherry Hite, MOT,
OTR/L

Telehealth occupational therapy was provided to breast cancer patients pre- and post-operatively. Outcomes of the program including recovery time, a comparison of recovery rates to those receiving in-person services, and patient satisfaction will be presented.

#### 8:15am - 9:45am

53 Establishing a Multidisciplinary Care Team: Benefits, Methods, and Scope of Practice Concerns (1.5 PDUs)

Lindsey Reeves, OTD, OTR/L; Ashley Uyeshiro Simon, OTD, OTR/L, MSCS

Learn about the benefits of a multidisciplinary team, methods to successfully establishing a team in an outpatient setting, and strategies to negotiate scope of practice concerns with other team members including communicating occupational therapy's distinct value.

#### 8:15am - 9:45am

54 Mental Health Practice: Reflecting on the Past and Visualizing the Future (1.5 PDUs) Kathleen Kannenberg, MA, OTR/L (WA), CCM

This presentation will review the history and contributions of occupational therapy in mental health. Discussion will identify opportunities to expand mental health practice and contribute our distinct psychosocial skills to meet current and future population needs.

#### 8:15am - 11:30am

#### 55 Pediatric CIMT: An Introductory Training (3 PDUs)

Mark Petersen, OTD, OTR/L; Lisa Mireles, OTS; Erin Chang, OTS Presenters review the current, best-practice literature on utilizing pediatric constraint-induced movement therapy (CIMT) and will reveal the evidence supporting its implementation. Attendees will learn how to perform and modify pediatric CIMT in a variety of pediatric settings.

### Saturday – Special Activities

7:30am - 8:00am

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Carlin Daley, OTD, OTR/L

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#### 7:30am - 6:00pm

#### **Saturday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events is based on room capacity; register in advance to ensure your priority sessions of interest.

#### 11:30am – 2:15pm

#### F Exhibit Hall Hours

Only three hours for all these activities! Grab a quick 'to go' lunch (separate advanced purchase required – only \$16) in the Exhibit Hall, visit exhibitors you didn't see on Friday evening (be sure to play Exhibit Hall Bingo/must be present to win), view the posters for PDUs, and more! Purchase lunch ticket in advance to be eligible for \$50 in gift card giveaways.

#### 6:00pm - 7:30pm

#### G President's Reception - Celebrating 100 Years of OT!

All Conference attendees are invited to relax and network at this event (no-host bar). Come meet OTAC and AOTA leaders, presenters, and other honorees, including OTAC past presidents and OT greats. Join us for special activities celebrating 100 years of occupational therapy—DJ and dance floor, photo booth, celebratory toast, and more! First 150 attendees at the door will receive a commemorative lapel pin.

Sponsors: American Occupational Therapy Foundation (AOTF); California Foundation for Occupational Therapy (CFOT)

#### 8:15am - 11:30am

#### 56 Applying the Principles of Sensory Integration to Schoolbased Assessment (3 PDUs)

Aja Roley, MA, OTR/L; Kelly Auld-Wright, MA, OTR/L

This course will provide pediatric therapy practitioners with assessment strategies and tools to evaluate sensory integration and develop measurable goals and intervention recommendations appropriate for school-based practice. Case examples will be utilized to highlight methodology for clinical reasoning.

#### 8:15am - 11:30am

# 57 Evidence-based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA; Jerilyn "Gigi" Smith, PhD, OTR/L, SWC, FAOTA

Evidence-based interventions to address dysphagia will be reviewed with an opportunity to practice select techniques. Pediatric, adult, and geriatric case presentations will illustrate the use of evidence-based intervention approaches. CBOT Advanced Practice approval pending.

#### 8:15am - 11:30am

# 58 Trauma Informed Care and Occupational Therapy (3 PDUs) Kelly McNamara, OTR/L; Patrice Sovyak, OTR/L

This course provides an overview of trauma informed care in the field of occupational therapy as well as the application of this framework in other settings. The course will include a review of the various definitions and understandings of trauma, a summary of the neurological and developmental impacts of complex trauma, and a review of the consequences of complex trauma on health and well-being. The course will also address direct application to various occupational therapy practice settings including evidence-based practice interventions and treatment strategies that align with a trauma informed approach to working with clients or patients.

### Saturday - Schedule (continued)

**8:15am –4:00pm** (includes a 3-hour break for lunch and the exhibit hall)

#### 59 Animal Assisted Therapy for Psychiatric and Psychosocial Interventions (4.5 PDUs)

Melissa Winkle, OTR/L, FAOTA; Karen Ni, OTD, OTR/L

This session provides information and understanding for occupational therapy practitioners in the process of specialty training, program development, treatment planning, and task analysis of animal assisted therapy for psychiatric and psychosocial interventions. The workshop content is geared toward entry-level clinicians, as well as practitioners who have attained a general working knowledge of current practice trends in animal assisted interventions. Content will include detailed discussion of uniform terminology, professional responsibility, canine perspectives and welfare, professional development, and program development for mental health practitioners.

#### 10:00am - 11:30am

## 60 State Legislative and Regulatory Updates and California's Political Environment (1.5 PDUs)

Sabrena McCarley, MBA-SL, OTR/L, CLIPP; Jerry Jordan, OTD, OTR/L; Capitol Advocacy lobby team: Jennifer Snyder, MPH; Ivan Altamura, JD

Join some of OTAC's leading state advocates for a critical briefing on the latest legislative changes impacting the occupational therapy scope of practice, as well as what is on the horizon.

#### 10:00am - 11:30am

# 61 Sensory Diets: Conception, Misconception, and Real World Application (1.5 PDUs)

Julia Wilbarger, PhD, OTR/L; Allison Hunt, OTS; Morganne Peterson, OTS; Emily White, OTS

Concepts and patterns of use of sensory diets within occupational therapy will be described.

#### 10:00am - 11:30am

# 62 Enhancing Clinical Practice for Sexuality Issues in Oncology (1.5 PDUs)

Lynn Kim, MA, OTR/L; Sherry Hite, MOT, OTR/L; Vanessa Yanez, MS, OTR/L

This session will explore occupational therapy's unique role in addressing sexuality and challenges faced by the oncology patient. Effective training methods to improve staff comfort levels, and strategies to deliver practical, client-centered interventions will be discussed.

#### 10:00am - 11:30am

# 63 Applying Quality Improvement Practices in an Outpatient Setting (1.5 PDUs)

Ashley Uyeshiro Simon, OTD, OTR/L, MSCS; Chantelle Rice Collins, CDE, OTD, OTR/L

Quality and process improvement (QPI) methods are vital in measuring and improving healthcare services, as systems continue to shift toward value-based care. Learn about QPI approaches and identify steps to applying these practices to your site.

#### 10:00am - 11:30am

#### 64 Spirituality in Occupational Therapy Practice (1.5 PDUs)

Marissa Marchioni, MA, OTR/L; Rebecca Cunningham, OTD, OTR/L

This session will explore the value of spirituality in occupational therapy practice and implications for health-related outcomes. Attendees will learn about assessments, strategies, and the Psychospiritual Integration Framework to enable addressing spirituality in practice.

#### 11:30am - 2:15pm

#### F Exhibit Hall Hours

Only three hours for all these activities! Grab a quick 'to go' salad bar/pasta lunch (separate advanced purchase required – only \$16) in the Exhibit Hall, visit exhibitors you didn't see on Friday evening (be sure to play Exhibit Hall Bingo/must be present to win), view the posters for PDUs, and more! Purchase lunch ticket in advance to be eligible for \$50 in gift card giveaways.

#### 2:30pm - 4:00pm

# 70 OT Issues Around the Country: The National Perspective and the View from Sacramento (1.5 PDUs)

Chuck Willmarth, CAE, AOTA Director of State Affairs; Sabrena McCarley, MBA-SL OTR/L, CLIPP; Jennifer Snyder, MPH

Attendees will hear from insiders at the state and national levels on important policy issues impacting the occupational therapy profession. From efforts to 'repeal and replace' the Affordable Care Act to proposals to drastically alter the Medicaid program to changes in post-acute care payment policies under Medicare, OT practitioners need to understand how policy developments at the national level may impact practice in California. With politicians from California and around the country gearing up to resist proposed changes out of Washington, D.C., these seasoned advocacy professionals will provide invaluable and exclusive information.

#### 2:30pm - 4:00pm

#### 71 NBCOT Student Knowledge Bowl (No PDUs)

Julie B. Kornbluth, MA, OTR/L

Ten teams of students (4 on each team plus 1 alternate) will have the opportunity to "compete" for the National Board Certification for Occupational Therapy (NBCOT) examination in a fun and competitive atmosphere in real time. Test construction, format, and test taking strategies will be highlighted. All competing students must be registered for the Annual Conference. To sign up for a team slot, email shannon@otaconline.org. All attendees will benefit even if not on a team. STUDENTS ONLY

#### 2:30pm - 4:00pm

# 72 Eat Play Cook: An Interprofessional Group for Children with Feeding Difficulties (1.5 PDUs)

Judy Hopkins, OTD, OTR/L, SWC, CLC; Andy Cole, OTR/L; Liz Kpachavi, OTD, OTR/L, SWC; Chloe Garcia Cruz, OTR/L

This course provides an overview of the childhood occupation of mealtime. The "Supper Club" integrates food, family, and fun for children with feeding problems by utilizing an inter-professional and occupation-based approach to promote social skills and participation in mealtime.

#### 2:30pm - 4:00pm

# 73 School-based Telehealth: Bringing Services to Any Child, Anywhere (1.5 PDUs)

Joann Sorg, MS, OTR/L

Children are reaping telehealth's benefits. Attendees will see the activities traditional to onsite occupational therapy be demonstrated through a virtual therapy room, and hear about research showing the effectiveness of this innovative and emerging practice area with far-reaching potential.

#### 2:30pm - 4:00pm

#### 74 End-of-Life Care and Meaning: An Occupational Therapy Perspective (1.5 PDUs)

James Tatti, OTS; Rachel Hausman, OTS; Erin Carder-McCoy, OTS This session presents research on national and international occupational therapy practitioners' experiences of interventions, assessments, and barriers to supporting meaning in life (MIL) at the end of life, and a theoretical framework for addressing MIL.

### Saturday - Schedule (continued)

2:30pm - 4:00pm

75 Occupational Justice for Youth in Juvenile Hall (1.5 PDUs)
Brenda Covarrubias, OTD, OTR/L; Meenadchi Gunanayagam, OTS;
Ranier Barrett, OTS

This presentation explores the impact of involvement with the juvenile justice system on identity-formation and occupational access for adolescent youth incarcerated in Los Angeles' Central Juvenile Hall.

2:30pm - 4:00pm

76 Diabetes Prevention Programming and Reimbursement Opportunities for Occupational Therapy (1.5 PDUs)

Chantelle Rice Collins, CDE, OTD, OTR/L

In 2002 the Diabetes Prevention Program Research Group published findings that lifestyle interventions can reduce the incidence of diabetes by 58%. Starting in January 2018 Medicare and other payers will reimburse for these interventions.

2:30pm - 4:00pm

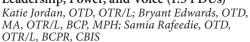
77 OT, Occupational Justice and Behavioral Health: Practicing Outside the Box (1.5 PDUs)

Kathleen Kannenberg, MA, OTR/L (WA), CCM; Diana Su-Erickson, OTR/L; Tammi Catalano, OTR/L; Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA

AOTA's Vision 2025 promotes occupational therapy for "all people, populations, and communities." To meet this goal, OT practitioners must extend services to underserved populations. The panel will discuss the challenges, opportunities, and outcomes in three emerging practice areas.

4:15pm - 5:45pm

80 Shared Governance: Opportunities for Leadership, Power, and Voice (1.5 PDUs)



Shared governance is a nursing-derived concept that may be unfamiliar to occupational therapy students and practitioners. This session will offer foundational information and examples of occupational therapy's leadership, power, and voice within a shared governance model.

100 YEARS







#### 4:15pm - 5:45pm

81 Psychiatric Assistance and Emotional Support Dogs: What OTs Should Know (1.5 PDUs)

Melissa Winkle, OTR/L, FAOTA; Karen Ni, OTD, OTR/L

This session describes the roles of dogs in health care through defining the terminology of animal assisted interventions, assistance animals, and emotional support animals. Session content is geared toward entry-level clinicians, as well as practitioners who have attained a general working knowledge of current practice trends in animal assisted interventions. Content will include detailed discussion of the biology of the human-animal bond, terminology and skills of psychiatric assistance dogs and emotional support dogs, client screening and considerations, and screening of trainers and assistance dog training organizations. Focus is on increasing knowledge of theoretical foundations and standards of practice, with review of relevant literature, opportunity for resource development, and competent application of the subject matter.

4:15pm - 5:45pm

82 How Can I Get on TED Talks? (1.5 PDUs) Bill Wong, OTD, OTR/L

There are at least 25 recorded occupational therapy TED Talks in existence. The presenter will share tips gleaned after an unprecedented second time presenting amongst occupational therapy students and practitioners. TED is a global community, welcoming people from every discipline and culture who seek a deeper understanding of the world. TED Talks are no more than 18 minutes in length.

4:15pm - 5:45pm

83 Feeding, Families, and Feelings: Embedding Families in Intervention (1.5 PDUs)

Kimberly Rice, OTD, OTR/L, SWC; Jennifer Jones, OTD, OTR/L, SWC; Sonia Trejo, MA, OTR/L, SWC

This presentation will discuss feeding intervention models with a focus on embedding parents within the treatment approach as well as addressing the emotional difficulties that pervade when children have significant feeding difficulties.







### Saturday - Schedule (continued)

4:15pm - 5:45pm

## 84 Early Sensory Motor Skill Development and Long-term Academic Success (1.5 PDUs)

Cherie Francis-Boegeman, OT/L; Mary Alice Singer, MS, OTR/L; Susanne Smith Roley, OTD, OTR/L, FAOTA

Forty-eight percent of the children in last year's Laguna Beach, California, kindergarten were not school-ready according to the EDI (Early Development Index). Ayres' Sensory Integration (ASI) was called into action to remediate the crisis. Their experience will be discussed.

#### 4:15pm - 5:45pm

# 85 Therapeutic Communication Techniques that Promote Motivation and Participation (1.5 PDUs)

Samantha Valasek, OTD, OTR/L; Marissa Marchioni, MA, OTR/L; Rashelle Nagata, MA, OTR/L

Attendees will learn and practice therapeutic communication techniques for use across settings to address motivation and patient participation in therapy, including therapeutic use of self, active listening, motivational interviewing, cognitive behavioral strategies, and solution-focused interviewing.

#### 4:15pm - 5:45pm

# 86 Innovating Acute Care Occupational Therapy Practice (1.5 PDUs)

Annie Araujo Stepka, MS, OTR/L; Barbara Rodrigues, MS, OTR/L This session will identify strategies for enhancing occupational therapy intervention in acute care, help attendees recognize partnership opportunities, identify outcome measures for enhancing intervention success, and valuing a holistic occupational therapy practice approach to patient encounters.

#### 4:15pm - 5:45pm

# 87 Developing Client-centered Goals for Homeless Families (1.5 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA

Homeless families experience occupational deprivation and severe disruptions in occupational performance. This presentation will outline current occupational therapy services provided to homeless families, residing at a family shelter, to support occupational engagement using client-centered goals.

#### 4:15pm - 5:45pm

#### 88 SoulPlay: The Occupation of Play (1.5 PDUs)

Peggy Barrett, OTR/L, LMFT

In this session attendees will experience play and discuss how play as an occupation develops the brain benefiting both children and adults. Play is a catalyst for creativity and depth of soul; it is innovative and novel.

#### 6:00pm - 7:30pm

#### G President's Reception - Celebrating 100 Years of OT!

All Conference attendees are invited to relax and network at this event. Come meet OTAC and AOTA leaders, presenters, and other honorees, including OTAC past presidents and OT greats. Join us for special activities celebrating 100 years of occupational therapy—DJ and dance floor, photo booth, celebratory toast, and more! First 250 attendees at the door will receive a commemorative lapel pin. No-host bar.

Sponsors: American Occupational Therapy Foundation (AOTF); California Foundation for Occupational Therapy (CFOT)

### **EXHIBIT HALL ACTIVITIES**

### **Sacramento Convention Center**

Just steps away from the Conference sessions.

### Friday, October 20 • 5:15pm – 7:15pm

### Saturday, October 21 • 11:30am - 2:15pm

Join our Exhibitors and Sponsors in the Exhibit Hall to:

- learn about new products and services
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception** Friday (5:15pm 7:15pm)
- earn PDUs by viewing posters Saturday
- grab a quick **lunch** (\$16 advanced purchase) Saturday
- chat with OTAC and AOTA leaders
- bid on CFOT auction items
- learn about your professional association
- take a commemorative 100 Years of OT selfie
- play **OT Centennial trivia** at the OTAC booth











### Sunday – Schedule

7:30am - 9:15am

#### H OTAC Annual Meeting and Breakfast (.5 PDU)

This event is included in your Sunday registration fee. Come hear inspirational presentations about the future of OTAC and occupational therapy in California by OTAC President Heather J. Kitching, OTD, OTR/L. Also featured will be a 'fireside chat' with one of OTAC's boldest leaders, Diane Josephs, OTR/L, CHT, on what it takes to embrace challenges and difficult situations in order to strengthen and move a profession forward. During her OTAC presidency, she helped lead OTAC through the aftermath of a significant change for a profession (gaining licensure). Come be inspired by her boldness.

#### 9:30am - 11:00am

# 90 Our Professional History: From Founding to Centennial Vision (1.5 PDUs)

Don Gordon, PhD, OTR/L

This presentation will focus on the history of ideas in occupational therapy. Key elements include the pivotal role of science, professionalism, and other cultural forces that have shaped occupational therapy from founding to the centennial vision.

#### 9:30am - 11:00am

# 98 Finding, Using, and Documenting Evidence in School-based Practice (1.5 PDUs)

Julie Bissell, OTD, OTR/L, ATP; Michaelann Gabriele, OTD, OTR/L; Natalie Loera, MA, OTS

Sound clinical reasoning depends upon synthesis of evidence from the child, best available research, and therapist expertise. This interactive session reviews examples of evidence and documentation pertinent to a child's occupation as a student with a focus on access to the Common Core State Standards (CCSS) and student self-regulation in school-based practice. Note: Directly following this session in the same room will be a meeting of the OTAC OT School Credential Subcommittee. This subcommittee meeting is open to all.

#### 9:30am - 12:30pm

#### 92 Interprofessional Practice and Education: School Age Behavioral Health Medication Consultation Clinic (3 PDUs)

Shelby Surfas, OTD, OTR/L; Emily Haranin, PhD, NCSP; Arlene Ortiz, PhD; Jennifer Salomon, MA, OT

Psychology and occupational therapy training coordinators will engage the attendees in case-based learning opportunities on the topic of interprofessional collaboration and education in an outpatient pediatric mental health medication consultation clinic serving children and youth in a low income and socially impacted metropolitan population.

#### 9:30am - 12:30pm

# 93 Unveiling the Therapeutic Potential in Unrestricted Outdoor Play (3 PDUs)

Angela J. Hanscom, MOT, OTR/L (NH), Founder - TimberNook
As children's time and space to move and play outdoors is decreased, we are seeing a simultaneous rise in the number of children that are presenting with sensory and motor deficits. At the same time, classroom teachers are observing more and more children having trouble with attention, falling out of their seats in school, increased clumsiness, and even aggressiveness with games like tag on the playground. Using the same philosophy that lies at the heart of the TimberNook program — that nature is the ultimate sensory experience, and that psychological and physical health improves for children when they spend time outside on a regular basis — this session will offer several strategies to help children thrive in outdoor environments using a therapeutic approach to nature play.

### **Sunday – Special Activities**

7:30am - 9:15am

#### H OTAC Annual Meeting and Breakfast (.5 PDU)

This event is included in your Sunday registration fee. Come hear inspirational presentations about the future of OTAC and occupational therapy in California by OTAC President Heather J. Kitching, OTD, OTR/L. Also featured will be some of California's occupational therapy 'greats.'

#### 7:30am - 5:00pm

#### **Sunday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events is based on room capacity; register in advance to ensure your priority sessions of interest.

#### 12:45pm - 1:15pm

#### I OT Practice Café/Lunch - \$23

Come grab a "picnic" lunch and sit at your OT hot topic table of choice. Advance purchase lunch and be eligible to win \$50 in gift cards.

#### 11:15pm - 12:30pm

#### OTAC OT School Credential Subcommittee Meeting

In the same room as Session 98 directly following the conclusion of the session.

All are welcome to learn about the latest activities and advances of this Subcommittee.

#### 9:30am - 12:30pm

# 94 Occupation-based Dementia Programming to Facilitate Well-being (3 PDUs)

Gina Tucker-Roghi, OTD, OTR/L; Sonya Sweeney, MA, OTR/L
This session will present an abilities-based approach to dement

This session will present an abilities-based approach to dementia care that includes individualized activity prescriptions, adapted care approaches, and sensory modulation strategies to facilitate active participation and wellbeing for all stages of dementia in long-term care communities.

#### 9:30am - 12:30pm

# 95 Bowel, Bladder, and Sexual Functioning for Multiple Sclerosis (3 PDUs)

Rebecca Cunningham, OTD, OTR/L; Ashley Uyeshiro Simon, OTD, OTR/L, MSCS; Kimberly Perring Lenington, OTD, OTR/L

Attendees will learn about physiological causes, assessments, and intervention techniques for the management of bowel, bladder, and sexual dysfunction for individuals living with multiple sclerosis. This session will offer opportunities to apply concepts to a case study and practice certain techniques.

#### 9:30am - 12:30pm

#### 96 Connecting the Dots: Framework-Role-Workload-Goals-Intervention (3 PDUs)

Erin Dolin, EdD, OTR/L

This workshop is designed to address the expanding role of school-based occupational therapy practitioners by connecting the dots between IDEA (Individuals with Disabilities Education Act), the occupational therapy (OT) practice framework, student assessment, identification of student needs, alignment of goals with CCSS (Common Core State Standards), models of service delivery, data driven interventions, and clinical reasoning for efficacy in practice. This will include a discussion of caseload, workload, collaboration, and the use of data as it pertains to the dynamic role of the school-based OT. Case studies will be presented with hands on activities for goal writing and intervention planning included.

### **Sunday – Schedule** (continued)

#### 11:15am - 12:30pm

#### 97 Meet California's Occupational Therapy Greats – Prepare To Be Inspired (1.25 PDUs)



Linda Florey, PhD, OTR/L, FAOTA; Lela Llorens, PhD, OTR, FAOTA; Heather J. Kitching, OTD, OTR/L

It is with great respect, honor, and excitement that OTAC features some of California's own occupational therapy greats in this once in a lifetime session. As a component of our Be Bold – Celebrating 100 Years of OT track, we look forward to learning about how their boldness of thought and action has helped to build a strong foundation for the profession. Their willingness to be bold, take risks, and do the 'hard work' has been hugely impactful and important. We hope you will be inspired to embrace professional boldness to elevate the influence and impact of the profession in its next century.

#### 12:45pm - 1:15pm

#### I OT Practice Café/Lunch - \$23

Come grab a "picnic" lunch and sit at your OT hot topic table of choice. Advance purchase lunch and be eligible to win \$50 in gift cards.

#### 1:30pm - 3:00pm

# 100 Helping Older Adults Embrace Smartphones for Meaningful Occupations (1.5 PDUs)

Shari Emas, OTD, OTR/L; Alyssa Hirata, OTS; Melanie Doi, OTS; Eden Balbas, OTS

This presentation will illustrate the importance of using a client-centered approach when educating older adults to utilize smartphones for the development of meaningful occupations and engagement. Attend this session — be eligible for a free Sunday lunch.

#### 1:30pm - 4:30pm

# 101 Best Practices in Infant-Toddler Mental Health (3 PDUs) Karrie Kingsley, OTD, OTR/L; Catherine Crowley, OTD, OTR/L; Tania Sharmin, MA, OTS

This session will explain early brain development, co-morbid diagnoses, the influence of the inter-uterine environment on the developing baby, epigenetic factors, and resultant disturbances in state behavior leading to disturbances in attachment, behavior, sensory processing, and learning.

#### 1:30pm - 4:30pm

### 102 Feeding in Early Intervention: Easy as A, B, C (3 PDUs)

Briana Pollard, OTD, OTR/L; Judy Hopkins, OTD, OT/L; Jamie Hisa Sakamoto, MA, OT/L

The number of children with developmental disabilities experiencing feeding difficulties is high and thus it is becoming more pressing that occupational therapy practitioners not only screen for these concerns but address them in the context of family and home. CBOT Advanced Practice approval pending.

#### 1:30pm - 4:30pm

# 103 Legally Defensible School-based Assessment Reports (3 PDUs) Valerie Adams, MA, OTR/L

Occupational therapy practitioners working in school-based settings often request information about writing legally defensible evaluation reports. This presentation includes required components by IDEIA (Individuals with Disabilities Education Improvement Act) and recommended formats by attorneys as well as how to select evaluation tools.

#### 1:30pm - 4:30pm

### 104 Incontinence and Falls: The "Giants of Geriatrics" (3 PDUs) Elizabeth Gomes, MS, OTR/L

Fall and incontinence are the two greatest risk factors for hospitalization and institutionalization in the elderly. Occupational therapy practitioners can significantly impact quality of life by treating the factors that contribute to these with an understanding of evidence-based approaches.

#### 1:30pm - 4:30pm

# 105 Executive Functions and their Relationship to Sensory Integration and Self-regulation in the Schools (3 PDUs) Lisa Test, OTD, OTR/L; Erna Imperatore Blanche, PhD, OTR/L, FAOTA

This presentation will explore the relationship of executive functions to sensory processing including modulation and praxis. A model of behavioral organization of time and space will be presented to illustrate these concepts. The presentation will also provide an overview of executive function and self-regulation and how to support all children within multi-tiered systems of support (MTSS). Attendees will learn strategies they can readily apply.

#### 1:30pm - 4:30pm

therapy.

#### 106 A Jam Session: Improvisations on Understanding Being Human (3 PDUs) Frank Kronenberg, BSc (OT), BA (Ed)



With the keynote as a frame of reference, attendees can look forward to what is best described as a jam session — an impromptu performance by a group, especially of jazz musicians, that is characterized by improvisation. Jam sessions kick off by agreeing which tune to play and improvise on, which for this workshop is *Understanding Being Human*. A set of triggers (questions, quotes, video clips and/or anecdotes) will be used to get participants to tune into, critically reflect on, and play with their lived experiences and understandings of being human within the context of learning to think about and practice occupational

#### **OTAC School-based OT Subcommittee Meeting**

Sunday, October 22, 2017

12:45pm - 1:15pm

Join the Subcommittee to share topics of interest as well as hear updates on the OT school credential initiative. Quickly grab your picnic lunch (must purchase in advance) and take a seat. (Meeting room location to be announced.) You do not need to be registered for Conference to attend this meeting. To register, check the box on page 35.

# **BOLD** ...courageous; confident; ready to take risks

These bold leaders invite you to come celebrate your own confidence ... embrace your courage ... and be inspired to boldness in the next century of OT!

### **CFOT Honored Lecturer**

Ada Boone Hoerl, MA, COTA/L Context, Mindfulness, and Resilience: A Journey through Grief (.5 PDU)

Often avoided, grief is a factor that greatly affects function. Through personal experience, Ada Boone Hoerl has collected many lessons. Derived



Ada Boone Hoerl, MA, COTA/L

from and applicable to occupational therapy practice, her story inspires fresh perspectives for positive outcomes.

### Friday, October 20 • 11:30am — 1:00pm CFOT Awards Luncheon and Symposium

Separate ticket required Note: Hoerl is also participating in Session 24, Friday, 8:30am – 10:00am.

### **Friday Keynote Address**

Frank Kronenberg, BSc (OT), BA(Ed)

# Humanizing Praxes: Generating Occupational Therapies from the 'South' (.5 PDU)

Although occupational therapy is based on a mostly unquestioned European philosophy of humanism, a critical review of history 'teaches' that



Frank Kronenberg, BSc (OT), BA (Ed)

certain 'groupings of humans' were and are treated as more human than others. Hence, our one and only human race remains structurally divided in terms of unequal access to resources that allow for a dignified and sustainable life. As we celebrate globally, the first 100 years of occupational therapy, a profession which originated and evolved in the 'West' — a center of economic and political power, emerging occupational therapies are likely generated from the 'South' — the local peripheries of the center.

Sponsor: California State University, Dominguez Hills

### Friday, October 20 • 3:15pm – 5:15pm OTAC Awards and Keynote Address

Note: Kronenberg is also providing personal reflections at the Movie Night, *Rhodes Must Fall*, Thursday, October 19, 6:30pm – 8:00pm, and presenting Session 107 on Sunday, 9:30am – 12:30pm.

### **Sunday President's Address**

Heather J. Kitching, OTD, OTR/L, OTAC President

Celebrating 100 Years of OT – Embracing Our Boldness for Future Generations

Come hear an inspirational message about the future of OTAC and occupational therapy in California.



Heather J. Kitching, OTD, OTR/L OTAC President

Sunday, October 22 • 7:30am – 9:15am OTAC Annual Meeting and Breakfast

### **Sunday Fireside Chat (.5 PDU)**

Diana Josephs, OTR/L, CHT Courage and Confidence to Chart New Territory

What does it take to embrace challenges and difficult situations in order to strengthen and move a profession forward? Come hear from one of OTAC's couageous leaders on the historic journey of taking OTAC



Diane Josephs, OTR/L, CHT

through professional licensure and the aftermath of such a significant change in a profession.

Sunday, October 22 • 7:30am – 9:15am OTAC Annual Meeting and Breakfast

### **Sunday OT Centennial Greats**

Meet California's Occupational Therapy Greats – Prepare To Be Inspired (1.25 PDUs)

OTAC features some of California's own occupational therapy greats in this once in a lifetime session. As a component of our Celebrating 100 Years of OT track, we look forward to learning about how their boldness of thought and action has helped to build a strong foundation for the profession. Their willingness to be bold, take risks, and do the 'hard work' has been hugely impactful and important.

Sunday, October 22 • 11:15am – 12:30pm Session 97

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# POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, October 21, 2017** – Group A: 11:30am – 12:30pm; and Group B: 1:15pm – 2:15pm in the Exhibit Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDU for each poster with a maximum allowed of 2 PDUs for the two-hour session.

#### An Interdisciplinary Trauma Informed Program Targeting Adolescent Girls

Loralei Bingamon, MA, OTR/L

An OT Practitioner's Self-management of an Autoimmune Condition Rebecca Cunningham, OTD, OTR/L; Samantha Valasek, OTD, OTR/L

**Are You Addressing Cancer-related Cognitive Impairment?** *Kitsum Li, OTD, OTR/L, CSRS; Velvet Hewett, MPA, OT/L* 

**Associations Between Stress and Anxiety in OT Students** Shelly Lui, OTS; Jessica Puth, OTS; Geoffrey Shih, OTS; Joseph Suarez, OTS

Connecting through Play: OT Guide for Parent Education Akemi Davies; MA, OTR/L; Rachel Emas, OTS; Kevin Le, OTS; Caitlin Lee, OTS; Taryn Lozon, OTS

# Diversity and Other Trends of a Doctorate of Occupational Therapy Program

Sarah Bream, OTD, OTR/L

**Dysphagia After Thyroidectomy: A Pediatric Case Study** *Rani Waterman, OTR/L, AMPS; Kimberly Grenawitzke, OTD, OTR/L, SCFES, SWC, CBIS* 

**Effectiveness of Occupational Therapy on Clients with Dementia** *Tracy Tang*, *OTS* 

End-of-Life Care and Meaning: An Occupational Therapy Perspective Erin Carder-McCoy, OTS; Rachel Greenway, OTS; Amy Harmon, OTS; Rachel Hausman, OTS; Renee Vrable, OTS

**Evaluating Effectiveness of Abilities Care Experts Training** *Michelle D'Amato, OTS; Carmen Joaquin, OTS; Louiza Alexandria Villarina, OTS; April Perez, OTS; Sophie Miller, OTS* 

**Exploration of the Use of Sensory Diets in Occupational Therapy** *Morganne Peterson, OTS; Allison Hunt, OTS; Emily White, OTS; Julia Wilbarger, OTR/L* 

**Facilitating Fieldwork Success for OT Students with Disabilities** *Jaynee Taguchi Meyer, OTD, OTR/L* 

Family Occupations in Fragile X Syndrome

Raechel Jacala, OTS; Katelyn Harden, OTS; Amanda Lee, OTS; Holly Snyder, OTS

**Family-centered Approach to Child's Communication Device Use** *Lisa Dittbenner, OTR/L; Jessica Mathias, MS, OTR/L; Beth Pfaffinger, MA, OTR/L; Tammy Murai, OTR/L* 

Functional Cognitive Activities for Adults with Brain Injury
Karen Huang, OTS; Ashley Cook, OTS; Ajay Pala, OTS; Kitsum Li,
OTD, OTR/L, CSRS

#### Healthcare Students' Perceptions of Interprofessional Simulationbased Learning Experience

Patrick Gimeno, BS, OTS; Sarah Arrigo, BS, OTS; Jerilyn 'Gigi' Smith, PhD, OTR/L, FAOTA

Impact of Cultural Immersion Programs on Professional Practice
Julie Kornbluth, MA, OTR/L; Cyndi Haynes, OTD, OTR/L; Angela
Kennedy, MA, CCC-SLP

# Improving the Educational Experience through Environmental Adaptation

Nirali Patel, OTS; Monica Kim, OTS; Johnny Nguyen, OTS; John Resurreccion, OTS

**Innovative Collaboration at a Multifaceted Community-based Site** *Gina Phelps, MA, OTR/L* 

**Life Story Boards: Facilitating Engagement of Dementia Patients** *Jennifer Brayton, MS, OTR/L* 

Lived Experiences of Homeless Mothers Utilizing Infant Massage Lisa Vanageatigul, BA, OTS; Brenda Hinaga, BS, OTS; James Thompson, BA, OTS; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Maternal Well-being Associated with Pediatric Feeding Disorders Rani Waterman, OTD, OTR/L, AMPS; Natalie Leland, PhD, OTR/L, BCG, FAOTA

**Meanings of Computer Use: Older Immigrant/Lower SES Adults** *Lynne Andonian, PhD, OTR/L* 

Measuring the Outcomes of Therapeutic Listening® Quickshifts
Phoebe Taasan, OTS; Hannah Tashjian, OTS; Donielle Hair, OTS;
Julia Wilbarger, PhD, OTR/L

Occupational Barriers During Incarceration and Quality of Life
Jerilyn 'Gigi' Smith, PhD, OTR/L, SWC, FAOTA; Julia Gonzales,
BS, OTS; Hilary Herd, BA, OTS; Claire Hutter, BA, OTS; Amanda
Jordan, BSN, OTS; Mehrzad Karimabadi, MA, OTS

**Operationalizing the Construct of Wellness for Occupational Therapy** *Michele Thakur, OTS; Laura Figueroa, MS, OTR/L* 

**PAMs and MSOT Students: Benefits of Advanced Practice Certification** *Erin Murray, OTD, OTR/L* 

**PCIMT Training Protocol for Entry-level Practitioners** *Mark Petersen, OTD, OTR/L; Lisa Mireles, OTS; Erin Chang, OTS* 

R-E-F-L-E-C-T: Creating a Reflective Culture in Pediatric OT
Kimberly Rice, OTD, OTR/L, SWC; Patricia Lakatos, PhD; Amanda
Tyree, MA, CCC-SLP

Revitalizing the Upper Extremity Despite FIM Driven Culture Abraham Armenta, COTA/L; Katelyn Fuller, MSOT, OTR/L

# **POSTER PRESENTATIONS**

**Sex Trafficking Survivors' Perception of Returning to Work** *Kaylynn Esguerra*, *OTS; Jazmin Bolduc*, *OTS* 

Sleep and Sensory Processing in Community Older Adults

Megan Sadou, OTS; Stephanie Loh, OTS; Sarah McDonald, OTS; Barbara Moran, OTS; Diana Nguy, OTS; Megan Chang, PhD, OTR/L

Steppin' Out: Transition Program for High-Risk Adolescents

Bonnie Nakasuji, OTD, OTR/L, C/NDT, FAOTA; Marilyn Noriega, MA, OTR/L; Yvette Martin, OTD, OTR/L; Carolyn Meyer, MA, OTR/L; Noelle Taniguchi, Spcial Education Coordinator

Stress, Sleep, and Sensory Processing Among Parents of Children with Autism Spectrum Disorders

Amanda Burr, OTS; Giselle Staffaroni, OTS; Molly Adams, OTS; Crystal Gines, OTS; Jason Crawford, OTS; Megan Chang, PhD, OTR/L

Study Abroad: Student Intercultural Communication, Interprofessional Attitudes/Professional Identity

Lynne Andonian, PhD, OTR/L

**Training for OT Practitioners Serving Clients with Dementia** *Gina Tucker-Roghi, OTD, OTR/L* 

Utilizing Collaborative Fieldwork Model in Nontraditional Fieldwork Placement

Arameh Anvarizadeh, OTD, OTR/L; Ingrid Leu, OTD, OTR/L

Validity of the Calendar Task in College Students

Eddie Chu, MA, OTS; Michelle Kanda, OTS; Laura Ruzzano, MS, OTS; Sharon Cermak, EdD, OTR/L, FAOTA

**Worker Mental Health** 

Marissa Marchioni, MA, OTR/L

**Yoga Intervention for Reducing Anxiety in Schizoaffective Patients** *Eunice Eugenio, OTS; Tiffany Brijbag, OTS; Christina Nguyen, OTS; Vikas Sharma, OTD, OTR/L* 

# SITES FROM DOWNTOWN SACRAMENTO

Photos courtesy of Visit Sacramento

















# CONFERENCE-AT-A-GLANCE

Registratio	n — Check-In Hours for Thursda	· · · · · · · · · · · · · · · · · · ·	october 19, 2017 :30am – 9:30am • 12:00noon	– 2:00pm • 5:30pm – 7:30pn	ı • Hyatt Regency)				
8:00am	1								
8:45am	You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)	2 Under the WAVES Program: OT and Scuba Diving (1.5 PDUs)	3 Better In, Better Out: Occupation-based Transplant Prehabilitation (1.5 PDUs)	4 Lifestyle Redesign® for Adults and Adolescents with ASD (3 PDUs)	5 Reducing Risk and Supporting Resilience: OT for Youth (3 PDUs)				
10:30am		6 Blending Occupational Therapy and Yoga Therapy for ADHD (1.5 PDUs)	7 Therapeutic Use of Technology: Where Are We Going? (1.5 PDUs)						
Noon		Lunch on Your Own							
1:00pm	1 (cont.) You Can't Eat Without Swallowing: Dysphagia for Occupational Therapy (8 PDUs)	8 An Occupational Therapy Approach to Supporting an International Community (1.5 PDUs)	9 Decoding Dyslexia for Occupational Therapy Practitioners (3 PDUs)	10 Using Quality Mobile/ Smartphone Applications (Apps) (3 PDUs)	11 Enhancing Your Leadership Skills: Insights into People Breakthroughs Concludes at 5:00pm				
2:45pm	2:45pm  Concludes at 5:00pm  12 Poetic Life of Ora Ruggles: Reconstruction Aide and Pioneer (1.5 PDUs)				(4 PDUs)				
4:00pm									
5:00pm		A — Movie Night: <i>Rhodes I</i>	Must Fall – A Video Compilation (.5 Pl	DU) (6:30pm) – All Attend					

5:00	pm A – Movie Night: <i>Rhodes Must Fall – A Video Compilation</i> (.5 PDU) (6:30pm) – All Attend										
		Friday, October 20, 2017									
7:30am	B — Mind-Body Activity: Stretch & Breathe (No PDUs) • Hyatt Regency										
7:30am	C — Get Oriented! Efficiently Navigate OTAC's Annual Conference • Hyatt Regency										
7:30am	Friday Registration (7:30am–5:00pm) • Hyatt Regency										
8:15am	20 Assistive Technologies Group for Parent and Child (1.5 PDUs)	21 Enhancing the Success of College Students with ADHD (1.5 PDUs)	22 OT Competency in ICU: Using the Practice Framework (1.5 PDUs)	23 Utilizing Technology for Innovative Teaching (1.5 PDUs)	24 2017 OT Centennial Float: Reflections on an Historical Occasion (1.5 PDUs)	25 Using Qualitative Research to Guide Every-Day Practice Decisions (3 PDUs)	26 Integrating Positive Psychology and Mindfulness into Practice (3 PDUs)	27 Harness Your Political Power for the OT Profession at the State Capitol (4.75 PDUs)			
10:00am	30 Occupational Therapy for Children with Rheumatic Diseases (1.5 PDUs)	31 Sensory Process Tools for Success (1.5 PDUs)	32 Prism Adaptation for the Treatment of Unilateral Neglect (1.5 PDUs)	33 Concepts in Adult Learning and Clinical Mentorship (1.5 PDUs)	34 OTD Education: Then and Now (1.5 PDUs)						
11:30am		CFOT Awards Lui	ncheon and Symposium	– Separate Ticket Require	ed — \$50 (.5 PDU) (Stude	nts – \$35/\$10 no lunch)	Hyatt Regency				
1:00pm	40 Program Evaluation of OTA Fieldwork I Collaborative Model at St. Catherine University (1 PDU)	41 Home Health Occupational Therapy: Fast Track for Beginners (2 PDUs)	42 Engaging Clients through Motivational Interviewing (2 PDUs)	43 Evaluation Ayres' Sensory Integration (EASI) in School- based Practice (2 PDUs)	44 The New Clinician's Guide to Assessing and Counseling Older Drivers (2 PDUs)	45 Occupational Therapy's Role in Maternal-Infant Mental Health (2 PDUs)	46 The ABCs of a Powerful Profession: 2017 and Beyond (2 PDUs)	27(cont.) Harness Your Political Power for the OT Profession at the State Capitol (4.75 PDUs)			
2:00pm	47 Competency of Level II Occupational Therapy Students in Application of Superficial Thermal Modalities (1 PDU)										
3:00pm			All Proceed t	to the Awards Ceremony	and Keynote Address • Hy	att Regency					
3:15pm		48 – OTAC Awa	ards Ceremony and Keyno	ote Address: Frank Kroner	nberg, BSc (OT), BA (Ed) -	- All Attend – (.5 PDU) •	Hyatt Regency				
5:15pm			D — Exhibit Hall Gra	and Opening Reception –	- All Attend • Sacramento	Convention Center					
7:30pm		Alumni and Student Receptions • Hyatt Regency									

				Satur	day, October	21, 2017				
7:30am		E — Mind-Body Activity: Stretch & Breathe (No PDUs) • Hyatt Regency								
7:30am	Saturday Registration (7:30am — 6:00pm) • Hyatt Regency									
8:15am	50 OT Regulatory Update: Protecting your License, Sunset Edition (1.5 PDUs)	51 Impact of Occupation- based Bereavement Retreats after Perinatal Loss (1.5 PDUs)	52 Telehealth OT in a Breast Cancer Recovery Program (1.5 PDUs)	53 Establishing a Multi- disciplinary Care Team: Benefits, Methods, and Scope of Practice Concerns (1.5 PDUs)	54 Mental Health Practice: Reflecting on the Past and Visualizing the Future (1.5 PDUs)	55 Pediatric CIMT: An Introductory Training (3 PDUs)	56 Applying the Principles of Sensory Integration to School-based Assessment (3 PDUs)	57 Evidence-based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)	58 Trauma Informed Care and Occupational Therapy (3 PDUs)	59 Animal Assisted Therapy for Psychiatric and Psychosocial Interventions (4.5 PDUs)
10:00am	60 State Legislative and Regulatory Update (1.5 PDUs)	61 Sensory Diets: Conception, Misconception, and Real World Application (1.5 PDUs)	62 Enhancing Clinical Practice for Sexuality Issues in Oncology (1.5 PDUs)	63 Applying Quality Improvement Practices in an Outpatient Setting (1.5 PDUs)	64 Spirituality in Occupational Therapy Practice (1.5 PDUs)					
11:30am			F-	Exhibit Hall and Pos	ster Presentations —	All Attend • Sacram	ento Convention Ce	nter		
2:30pm	70 OT Issues Around the Country (1.5 PDUs)	71 NBCOT Student Knowledge Bowl (No PDUs)	72 Eat Play Cook: An Interprofessional Group for Children with Feeding Difficulties (1.5 PDUs)	73 School-based Telehealth: Bringing Services to Any Child, Anywhere (1.5 PDUs)	74 End-of-Life Care and Meaning: An Occupational Therapy Perspective (1.5 PDUs)	75 Occupational Justice for Youth in Juvenile Hall (1.5 PDUs)	76 Diabetes Prevention Programming and Reimbursement Opportunities for Occupational Therapy (1.5 PDUs)	77 OT, Occupational Justice and Behavioral Health: Practicing Outside the Box (1.5 PDUs)		59 (cont.) Animal Assisted Therapy for Psychiatric and Psychosocial Interventions (4.5 PDUs)
4:15pm	80 Shared Governance: Opportunities for Leadership, Power, and Voice (1.5 PDUs)	81 Psychiatric Assistance and Emotional Support Dogs: What OTs Should Know (1.5 PDUs)	82 How Can I Get on TED Talks? (1.5 PDUs)	83 Feeding, Families, and Feelings: Embedding Families in Intervention (1.5 PDUs)	84 Early Sensory Motor Skill Development and Long-term Academic Success (1.5 PDUs)	85 Therapeutic Communication Techniques that Promote Motivation and Participation (1.5 PDUs)	86 Innovating Acute Care Occupational Therapy Practice (1.5 PDUs)	87 Developing Client Centered Goals for Homeless Families (1.5 PDUs)		88 SoulPlay: The Occupation of Play (1.5 PDUs)
6:00pm			G-	President's Recepti	ion — Celebrating 10	00 Years of OT! — All	Attend • Hyatt Rege	ency		

			Sunday,	October 22, 2017					
7:30am	H — OTAC Annual Meeting and Breakfast (.5 PDU) • Hyatt Regency								
7:30am	Sunday Registration (7:30am — 5:00pm) • Hyatt Regency								
9:30am	90 Our Professional History: From Founding to Centennial Vision (1.5 PDUs)	98 Finding, Using, and Documenting Evidence in School-based Practice (1.5 PDUs)	92 Interprofessional Practice and Education: School Age Behavioral Health Medication	93 Unveiling the Therapeutic Potential in Unrestricted Outdoor Play (3 PDUs)	94 Occupation-based Dementia Programming to Facilitate Well-being (3 PDUs)	95 Bowel, Bladder, and Sexual Functioning for Multiple Sclerosis (3 PDUs)	96 Connecting the Dots: Framework-Role- Workload-Goals- Intervention		
11:00am	97	Note: (11:15am - 12:30pm)	Consultation Clinic (3 PDUs)				(3 PDUs)		
11:30am	Meet California's Occupational Therapy Greats — Prepare To Be Inspired (1.25 PDUs)	Directly following this session is the OTAC OT School Credential Subcommittee. Open to all.							
12:30pm			I – OT Practice Café/Lunch (	\$23) — Come discuss hot pro	actice topics • Hyatt Regency				
1:30pm	100 Helping Older Adults Embrace Smartphones for Meaningful Occupations (1.5 PDUs)	100 Helping Older Adults Embrace Smartphones for Meaningful Occupations  101 Best Practices in Infant- Toddler Mental Health (3 PDUs)		elping Older Adults nbrace Smartphones for Meaningful Occupations  Best Practices in Infant- Toddler Mental Health (3 PDUs) Easy as A, E (3 PDUs) (3 PDUs)		103 Legally Defensible School-Based Assessment Reports (3 PDUs)	104 Incontinence and Falls: The "Giants of Geriatrics" (3 PDUs)	Executive Functions and their Relationship to Sensory Integration and Self-regulation in the Schools	106 A Jam Session: Improvisations on Understanding Being Human (3 PDUs)
3:00pm						(3 PDUs)			
4:30pm	4:30pm Conference Concludes: Sunday Registration Closes at 5:00pm — Be sure to submit your Certificate of Completion (white copy)								

Attention

# CONFERENCE REGISTRATION FORM INSTRUCTIONS

See page 4 for Deadlines to Remember

#### (form on page 35)

- 1. **Registrant:** Please print or type all data. (Online registration is available on the OTAC website at www.otaconline.org through October 6, 2017 at 8:59pm.)
- 2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. **Registration forms will NOT be** accepted if you select overlapping sessions.
- 3. Registration Fee: First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.

#### 4. Summary Section:

- You must check all boxes that apply or your registration is not complete.
- Workplace Colleague Special Discount: See section below on this page for policy/criteria.
- Special Meal Needs: You must pre-register by October 6, 2017 or we may not be able to accommodate you.
- Special Needs: You must pre-register by October 6, 2017.
- Special Events (SE): These events must be prepaid.
  There most likely will be no 'at-the-door' availability.
  Seating is limited.
- Refund Policy: A refund, less \$75 administrative fee, will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 6, 2017. No refunds after that date. Refunds will not be processed until after Conference.
- **5. Deadlines:** See page 4 for Deadlines to Remember.

# CONFERENCE ATTENDEE AGREEMENTS/DISCLAIMERS

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2017 Annual Conference, I agree to the following:

#### **Professional Development/Information Disclaimer**

OTAC's 2017 Annual Conference is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

#### **Public Relations Agreement**

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

#### **Waiver of Liability Agreement**

I release the Occupational Therapy Association of California, its staff, elected officials, presenters, and any other individuals or entities associated with OTAC's 2017 Annual Conference from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

### **WORKPLACE COLLEAGUE DISCOUNT**

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together; you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 6, 2017.

#### **Discount policies**

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount.
   Registration forms must be <u>submitted together</u> by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 6, 2017.

- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

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# **EXHIBITORS**

Friday, October 20 • 5:15pm – 7:15pm and Saturday, October 21 • 11:30am – 2:15pm Sacramento Convention Center, Exhibit Hall B

BOOTH Number	COMPANY NAME
104	Ability Center
118	Advanced Travel Therapy
109	American Occupational Therapy Association (AOTA)
401	Bio Pacific Therapy
307	Bioness
217	Brighton Rehabilitation
317	Burger Rehabilitation Systems, Inc.
СВОТ	California Board of Occupational Therapy (CBOT)
CFOT	California Foundation of Occupational Therapy (CFOT)
305	Cedaron Medical, Inc.
314	Centre for Neuro Skills
215	ClinicSource
110	Consonus Healthcare
202	Direct Ed Specialized Services
218	Easterseals Southern California
219	EBS Healthcare
105	Enloe Medical Center

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EBS Healthcare

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**Every Child Acheives** 

Occupational Therapy Toolkit

ONR, Inc. (Orthopaedic & Neurologocal Rehabilitation, Inc.)

Stanbridge University

The Pencil Grip, Inc.

The Stepping Stones Group

University of St. Augustine

Vibra Healthcare

West Coast University

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DOCTU	
BOOTH Number	COMPANY NAME
213	Ensign Services
315	FeldCare Connects
303	Haynes Family of Programs - S.T.A.R. Academy (NPA); Haynes Education Center (NPS)
115	HCR ManorCare
102	Host Health
113	interface rehab, inc.
300	Intergro Rehab Services
117	Kaiser Permanente
103	Kaweah Delta Healthcare District
204	Loma Linda University
203	Los Angeles Unified School District
201	Mediscan Therapy Services
302	MobilityWorks
116	NEOFECT USA, Inc.
OTAC	Occupational Therapy Association of California (OTAC0
216	ONR, Inc. (Orthopaedic & Neurological Rehabilitation, Inc.)
301	Ontario-Montclair School District
408	Performance Health/formerly Patterson Medical
304	Preferred Healthcare Staffing
210	Rehab Care and Kindred Hospital Rehabilitation Services
206	Rehab Without Walls
200	School Steps, Inc.
404	Scripps Health
311	Stanbridge University
212	Sunny Days of California, Inc.
400	The Stepping Stones Group
313	Therapists Unlimited
205	Therapy Specialists
407	TimberNook
114	Total Education Solutions
101	UCLA Health
318	University of St. Augustine for Health Sciences
214	University of Utah
209, 310	USC Mrs. T.H. Chan Division of Occupational Therapy and Occupational Science
211	Vibra Healthcare
208	West Coast University

# WHY ATTEND CONFERENCE?

Here's what your colleagues said about their 2016 Annual Conference experience – why they attended and/or what they liked best.

### A GREAT OPPORTUNITY TO BE INVOLVED

The hands-on experience

#### THE TOPICS

My employer invited me to attend and paid for my registration

#### IT WAS AFFORDABLE

The variety of sessions

#### TO PRACTICE MY NETWORKING SKILLS

To earn PDUs all in one place

#### **WEEKEND AVAILABILITY**

It is a friendly environment

#### **CONFERENCE WAS WELL ORGANIZED**

Greatly informed and energetic presenters

#### I ALWAYS ATTEND

Attended for my own well-being

#### IT IS THE THING TO DO

Wanted to check out the exhibits

#### SUPPORTING ADVOCACY EFFORTS

Wanted to attend sessions outside of my practice area

#### **SO INSPIRING**

Catching up with old friends I hadn't seen in a while

#### WANTED TO EXPAND KNOWLEDGE IN MY OWN FIELD

I had never attended a state conference

#### **WANTED TO CELEBRATE OTAC'S 40TH ANNIVERSARY**

*I am re-entering the workforce* 

#### WANTED TO BUILD NEW SKILLS

Quality of the sessions was really good

### **ALWAYS APPRECIATE THE OPPORTUNITY TO GROW**

#### AND THRIVE TOGETHER

Brought my daughter who is a new OT

#### IT IS A TRADITION FOR ME

Helps me keep up to date on regulations

#### **PROFESSIONAL CAMARADERIE**

I attended before and enjoyed it

# LIKED THE VARYING TIME DURATIONS OF PRESENTATIONS

Posters presentations were great

# GRASSROOTS ADVOCACY — MORE IMPORTANT NOW THAN EVER

# Come One, Come All – Grassroots Advocacy Training at the State Capitol

Friday, October 20, 2017
8:30am – 11:15am; 1:15pm – 3:00pm
Holding the OTAC Annual
Conference in Sacramento affords
attendees the unique opportunity
for grassroots advocacy training
in the building where legislative
decisions are made. California's
economy is rated as the largest of
all U.S. states as well as the sixth
largest in the world. Coupled with
it being the most populous and
progressive state, it is no surprise



Photos courtesy of Visit Sacramento

that California is one of 10 states with a full-time legislature. What these factors mean for the occupational therapy profession is that we must be ever vigilant on legislative and regulatory affairs, as well as progressive and bold in our efforts to ensure that all Californians can participate in meaningful occupations to optimize their life experience. Attendees will hear from the OTAC leaders who are at the forefront of legislative and regulatory activity as well as from capitol insiders, and learn how to harness their political power to be an effective advocate.

Session 27, Harness Your Political Power for the OT Profession at the State Capitol, will cover the current political and health care climates to set the stage for the occupational therapy community to advocate for the profession and the clients they serve. We must take action now to help create the future we envision for occupational therapy services. This grassroots advocacy day is designed for the seasoned occupational therapy advocate as well as the novice who wants to learn the skills to be more active. Attendees will also hear from legislative insiders.

Presenters will include the OTAC Advocacy and Government Affairs Chair Sabrena McCarley, MBA-SL, OTR/L, CLIPP; OTAC Political Action Committee Chair Jerry Jordan, OTD, OTR/L; Capitol Advocacy OTAC lobbying team: Jennifer Snyder, MPH; Ivan Altamurra, JD; and Lindsay Gullahorn; and AOTA Director of Health Policy and State Affairs Chuck Willmarth, CAE.

# 100 STORIES OF OCCUPATIONAL THERAPY

You are invited to share inspirational stories about your clients who have optimized their life experience through occupational therapy services.

Your stories may be selected for the collective 100 Stories of OT that OTAC will continue to share throughout the remainder of the year in celebration of the OT profession's centennial. For your client stories to be highlighted, you and your clients must be willing to share personal perspectives on the OT service they received. If you want to share stories but you and/or clients want to remain anonymous, please include that in your message.

Send your stories (and accompanying photos if you wish) to us at 100storiesofOT@otaconoline.org

Be sure to visit the OT Centennial Celebration activities located in the OTAC exhibit booth at Conference.

# STUDENT TRACK

### **Supporting Our Future Leaders**

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the exhibit hall, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

The student track on Friday includes sessions 20, 27, 31, 41, 44, and 46. On Saturday the sessions are 50, 51, 60, 61, 70, 71, 80, and 85. Students may select ANY session on Sunday. This is the largest selection of Annual Conference sessions for students at their discounted fee in OTAC's history. Students are eligible to attend any session of their choosing through Conference by paying the OT/OTA registration fee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods. In celebration of the OT centennial, two of the Thursday sessions are free for members, sessions 8 and 12. Students may also be particularly interested in the Thursday Movie Night – Rhodes Must Fall. This is a video clip compilation by the keynote presenter, Frank Kronenberg, BSc (OT), BA (ED), highlighting the South African student protest movement that received global attention. Occupational therapy students and faculty had a central role in this effort to decolonize education across South Africa. Note: This complex subject matter is at times controversial and may not be comfortable for all. Conference participants' attendance is at their own discretion.









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Chair (OTAC-PAC)
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# OTs & Recent Grads - Are You Looking For School-Based Opportunities? Look No Further!

Openings from East to West! We are part of the The Stepping Stones Group which includes; MyTherapyCompany, AlphaVista, Cumberland Therapy and Staffing Options & Solutions! We provide mentors for new grads through our Foundations for Success Program and offer personal support throughout your career with us.

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