

VIRTUAL

DATE AND TIME

Tuesday, Sept. 15, 2026
6:00pm – 7:00pm - PST

- The session recording will be available to registrants approximately 7 days after the event.
- PDUs will be entered into your OTAC account. (Be sure to complete the post-event questionnaire to be eligible for PDUs.)

REGISTER BY
Monday, Sept. 14, 2026

Register Online
[HERE](#)

QUESTIONS?

Contact OTAC staff:
Email staff@otaconline.org
Call toll-free (888) 686-3225



FREE. EXCLUSIVE FOR OTAC MEMBERS ONLY.

The Men's Pelvic Health TRIFECTA: Navigating Pain, Lower Urinary Tract Symptoms, and Erectile Dysfunction in Rehab Practice (1 PDU)

Presenter Steven Tijerina, PT, DPT, Cert. MDT

This session will introduce rehab professionals to the foundational concepts of men's pelvic health, with a focused look at the clinical trifecta of pelvic pain, lower urinary tract symptoms (LUTS), and erectile dysfunction (ED). Participants will explore the common challenges men face in seeking and receiving pelvic health care, and how rehab professionals are uniquely positioned to help.

Learning Objectives

Participants will be able to:

1. Identify the common presentations of men's pelvic health dysfunction, including pelvic pain, lower urinary tract symptoms (LUTS), and erectile dysfunction (ED), and their impact on quality of life.
2. Describe how rehab professionals can approach rehab to guide evidence-informed assessment and treatment of men's pelvic health conditions.

Fee: Free. Exclusive for OTAC members only.



Steven Tijerina, PT, DPT, Cert. MDT, is a Doctor of Physical Therapy and clinic manager at Goodlife Physical Therapy in Orland Park, IL, with specialized expertise in pelvic health and orthopedic rehabilitation. He serves as US director of operations at Integrated Pelvic Care and is a current teaching faculty member for the IPC 4 Horsemen of Male Pelvic Pain Masterclass. Tijerina is passionate about advancing the role of rehab professionals in addressing men's pelvic health through evidence-informed, competency-based practice.

The Men's Pelvic Health TRIFECTA: Navigating Pain, Lower Urinary Tract Symptoms and Erectile Dysfunction in Rehab Practice (1 PDU)

ABOUT SPECIAL TOPIC FORUMS

Why OTAC Special Topic Forums? To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners.

ABOUT THE OTAC EDUCATION PASSPORT

An exclusive member-only benefit/program

Earn all the PDUs needed annually (12 FREE PDUs) to renew your license. (Licenses are renewed every two years on your birthday.)

FREE. 12 monthly 1-hour virtual webinars.

[Check out our online events calendar.](#)

FREE. 5+ virtual on-demand learning webinars.

[Find them here.](#)

FREE. 1 or more sessions at the OTAC Annual Pre-Conference Institute in November.

PLUS, discounted PDUs. Annual Conference, Special Topic Forums, and symposia throughout the year. [Check out our online events calendar.](#)

BONUS! Includes PDU tracking in your member account.

Note: Free Education Passport webinars are under the umbrella of the Special Topic Forums.

**FIND OTHER SPECIAL TOPIC FORUMS
and SYMPOSIA [HERE](#) THROUGH
OUR ONLINE
MASTER CALENDAR**

To earn PDUs. Registrants must complete the post event questionnaire that is emailed out within one week following the event.

Tracking PDUs. PDUs earned are recorded in member registrant's OTAC account.

Event Disclaimer.

This event is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition, or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

[Click here for OTAC's complete disclaimer/terms. You must agree to these disclaimers/terms. Please don't register if you do not.](#)

About OTAC. OTAC is a nonprofit, 501c6. This means that end-of-year net revenue is retained for operations and benefit of the members and is not distributed to private owners. It is governed by an elected, noncompensated Board of Directors and hires a professional association management team.

OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy and its practitioners.