

# VIRTUAL OT in Oncology

## 4th Annual SYMPOSIUM

Saturday,  
February 6, 2021

8:45am – 3:00pm

*Earn 5.5 PDUs*

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*...inspiring your learning journey*



### Why Attend

This Symposium presents a unique opportunity to learn from occupational therapy (OT) practitioners who are pioneering the way for improved outcomes and quality of life for oncology clients. Come learn about new treatments, share ideas, and network with other practitioners in this emerging practice area.

### Who Should Attend

Practitioners, faculty, and students who are interested in learning about OT's role in oncology or looking to improve their current oncology practice.

### Topic Areas

Functional Cognition  
Model of Human Occupation  
Caregiver Needs  
Cancer Survivor Body Image  
Power of Exercise  
Panel Question and Answer

### Symposium Chair

Sherry M. Hite, MOT, OTR/L

### Registration

<https://bit.ly/2021Oncology>

# Symposium Schedule (5.5 PDU's)

**8:45am – 9:00am**

Welcome/Introduction

*Sherry M. Hite, MOT, OTR/L, Manager, City of Hope Comprehensive Cancer Center*

**9:00am – 10:00am**

**Functional Cognition and Occupational Therapy Implications for Individuals Living with Cancer-Related Cognitive Deficits: Current State of the Science**

*Robin Newman, OTD, OTR/L (IL), CLT, FAOTA*

This presentation will highlight evidence-based conceptual models of cognitive function in cancer survivors and evidence-based approaches to rehabilitation for cancer survivors living with cancer-related cognitive decline. This presentation will highlight the role of occupational therapy in supporting individuals living with cancer-related cognitive decline.

**10:00am – 11:00am**

**Gaining Insight: The Model of Human Occupation (MOHO) Can Enhance Your Oncology Practice**

*Patricia Bowyer, EdD, MS, OTR/L (TX), FAOTA*

This session will review the concepts of the Model of Human Occupation (MOHO) and how OT practitioners can use it with the oncology population to organize and guide thinking. The discussion will include assessments and how occupational identity and occupational competence lead to adaptation and improved participation.

**11:00am – 11:15am**

Break

**11:15am – 12:15pm**

**Addressing the Unmet Needs of the Cancer Caregiver**

*Vinita Khanna, MPH, LCSW*

This presentation will explore the caregiver's unmet psychosocial needs throughout the continuum of cancer care. The presenter will review and discuss resources for the patient and caregiver.

**12:15pm – 1:15pm**

**Body Image and Its Occupational Impact on Cancer Survivors**

*Asfia Mohammed, MOT, OTR/L (TX)*

Altered body image is commonly reported amongst cancer survivors and can impact an individual's self-esteem and confidence. It is important to consider the consequences of an altered body image on occupational engagement and quality of life. This presentation will explore the OT practitioner's role, assessments, and interventions to utilize in practice.

**1:15pm – 1:30pm**

Break

**1:30pm – 2:30pm**

**'Unlocking' the Occupational Power of Exercise Across the Cancer Continuum**

*Kelley R. Covington, MS, ACSM-CET, CEP*

Despite the well-established benefits of exercise across the cancer continuum, 60-90% of survivors are inactive. OT practitioners are uniquely skilled to empower individuals to become and stay active throughout survivorship by leveraging exercise as a means and ends to occupation.

**2:30pm – 3:00pm**

**Ask the Experts Panel**

This is an opportunity to ask questions of all the presenters.

## Past Symposium Attendee Comments

*Thank you very much for another excellent workshop to teach OT practitioners about cancer rehab.*

*Great comprehensive and organized lectures.*

*This was amazing and inspiring.*

# Symposium Presenters

## Patricia Bowyer, EdD, MS, OTR/L (TX), FAOTA

Patricia 'Patty' Bowyer has more than 20 years of experience as a clinician and researcher and is a professor at Texas Woman's University-Houston. A focus of her research is the application of an occupation conceptual practice model in oncology practice. This research stems from post-doctoral work that focused on breast cancer fatigue and intervention/assessment development for occupational therapy. In 2011 she began a research project which examined the impact of clinical reasoning and intervention selection with occupational therapy practitioners at a cancer care facility. This project led to current research focus on using a remotivation intervention with breast cancer patients experiencing lymphedema and clinical reasoning in occupational therapy practitioners with cancer patients after post-professional continuing education training. Bowyer is currently developing a study that aims to create a manualized, systematic telehealth program for the cancer caregiver population, which will be accessible to those living in rural areas. The aim is to enhance the overall wellness and quality of life for cancer caregivers.



## Kelley R. Covington, MS, ACSM-CET, CEP

Kelley R. Covington was trained in exercise physiology at Appalachian State University and Colorado State University. She is currently completing her PhD in the Occupational Therapy Department at Colorado State University and serves as manager for research and education for Select Medical's ReVital Cancer Rehabilitation Program.



As a certified clinical exercise physiologist (CEP) and cancer exercise trainer (CET), Covington has worked to support individuals with cancer and other chronic health conditions in various community-based and academic clinical settings. In 2017, she co-founded the Fitness Therapy (Fit) for Cancer Program, an ongoing community-based exercise program for cancer survivors at Colorado State University.

The focus of her research is the implementation and effectiveness of cancer rehabilitation and community-based exercise programs. She seeks to enhance survivorship care by integrating cancer rehabilitation and exercise into routine oncology care and demonstrating the real-world value of cancer rehabilitation and exercise services for value-based care outcomes. For her dissertation work, Covington is leading the development of the Exercise in Cancer Evaluation and Decision Support (EXCEDS) algorithm.

## Vinita Khanna, MPH, LCSW

Vinita Khanna is the manager of clinical social work at USC Norris Cancer Hospital and supports Keck Medical Center. She is a licensed clinical social worker with more than 14 years of experience in hematology and bone marrow transplantation. Khanna previously worked at City of Hope National Medical Center for seven years. She later began working in the hematology and bone marrow transplant center at USC's Norris Comprehensive Cancer Center with a passion for palliative care and transplant. Khanna focuses on direct clinical care, supervision, quality improvement, research, and macro projects within the hospital and the management of her care coordination team. She also serves on the education and clinical social work committees for Be the Match and the National Bone Marrow Donor Program.



## Asfia Mohammed, MOT, OTR/L (TX)

Asfia Mohammed is a senior occupational therapy practitioner at MD Anderson Cancer Center in Houston, TX. She has been with MD Anderson for eight years and works primarily with surgical and hematological cancer survivors. She is passionate about mentoring and program development and has developed multiple programs to address mental health, body image impairments, and sexuality in the acute inpatient setting.



## Robin Newman, OTD, OTR/L (IL), CLT, FAOTA

Robin Newman is a clinical assistant professor in the Department of Occupational Therapy at Boston University College of Health and Rehabilitation Sciences: Sargent College. She has worked with survivors of cancer since 2000. Her clinical and research interests include developing self-management interventions for cancer survivors, focusing on the late effects of cancer treatments and their impact on occupational performance and participation in life roles. She received a Manual Lymph Drainage and Complete Decongestive Therapy certification from Klose Norton Training and Consulting in 2002. She is co-chair of the ACRM Oncology Rehabilitation Task Force. Newman has authored many articles in reviewed journals and has presented at conferences, nationally and internationally, on topics related to occupational therapy and cancer rehabilitation. In 2020, she co-edited a textbook entitled: Cancer and Occupational Therapy: Enabling performance and participation for cancer across the lifespan.



## Sherry M. Hite, MOT, OTR/L, Chair, OTAC Professional Development and Leadership Committee

Sherry Hite is the Occupational Therapy Department manager at City of Hope Comprehensive Cancer Center. She serves on the Cognitive Rehabilitation Task Force for the American Congress of Rehabilitation Medicine and has presented at state and national levels on topics including cancer related cognitive impairments, comprehensive breast cancer rehabilitation, and addressing sexuality concerns in oncology. Her current research areas include the use of prehabilitation in surgical oncology, improving multidisciplinary geriatric oncology care, and the use of telemedicine in a breast cancer-recovery program.



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## REGISTRATION FEES (includes 5.5 PDUs)

### Early Bird Advanced Registration (by Monday, January 4, 2021)

\$89 OTAC members     \$109 nonmembers     \$59 students

### Advanced Registration (between Tuesday, January 5, 2021 and Monday, February 1, 2021)

\$109 OTAC members     \$129 nonmembers     \$79 students

### Late Registration (between Tuesday, February 2, 2021 and Thursday, February 4, 2021)

\$129 OTAC members     \$149 nonmembers     \$99 students

## REGISTRANT INFORMATION

Name \_\_\_\_\_

Title \_\_\_\_\_

Employer \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_

Telephone \_\_\_\_\_

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## TO REGISTER

**Online:** <https://bit.ly/2021Oncology>

**Fax:** (916) 294-0415

**Mail:** OTAC, PO Box 276567, Sacramento, CA 95827 (Make checks payable to OTAC)

## QUESTIONS

**Email:** [staff@otaconline.org](mailto:staff@otaconline.org) • **Call (toll free):** (888) 686-3225

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