

VIRTUAL

DATE AND TIME
Saturday, February 21,
2026
9:00am – 11:00am

- Session will be recorded for attendees' use.
- The recording will be available approximately 2 weeks following.
- PDUs will be entered into your OTAC account. (Be sure to complete the post-event questionnaire to be eligible for PDUs.)

REGISTER BY
Thursday, February 19, 2026

Register Online
[HERE](#)

QUESTIONS?
Contact OTAC staff:
Email staff@otaonline.org
Call toll-free (888) 686-3225



Beyond the Basics: Practicing Motivational Interviewing Through Case Studies (2 PDUs)

Presenter: Jesús Diaz, OTD, OTR/L, LRC

This interactive, case-based training is designed for occupational therapy practitioners who have previously been trained in motivational interviewing (MI) and want to refine their communication skills in practice. Participants will engage in structured analysis and practice using realistic occupational therapy case studies across practice settings. Through small-group discussion and live practice, participants will strengthen their ability to recognize change talk and sustain talk, respond skillfully to ambivalence, and use MI-consistent strategies to support autonomy and collaboration in complex clinical encounters.

Learning Objectives

Participants will be able to:

- Apply advanced MI strategies to complex occupational therapy-specific case scenarios.
- Distinguish and respond intentionally to change talk and sustain talk.
- Demonstrate increased skill in reflective listening (simple, complex, and strategic reflections).
- Use MI to navigate resistance, emotional content, and competing priorities.
- Reflect on their own communication habits and identify areas for growth.

Registration Fees:

Members - \$29

Nonmembers - \$39



Jesús Diaz, OTD, OTR/L, LRC, is a professor of clinical occupational therapy at the USC Chan Division of Occupational Science and Occupational Therapy. For over 15 years, he has trained hundreds of occupational therapy practitioners and healthcare providers in motivational interviewing, helping them integrate this evidence-based approach into their practice. He is dedicated to providing clinicians with tools that support patient-centered care, collaboration, and sustained behavior change.

Beyond the Basics: Practicing Motivational Interviewing Through Case Studies (2 PDUs)

ABOUT SPECIAL TOPIC FORUMS

Why OTAC Special Topic Forums? To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners.

To earn PDUs. Registrants must complete the post event questionnaire that is emailed out within one week following the event.

Tracking PDUs. PDUs earned are recorded in registrant's OTAC account.

Event Disclaimer.

This event is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition, or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

[Click here for OTAC's complete disclaimer/terms. You must agree to these disclaimers/terms. Please don't register if you do not.](#)

About OTAC. OTAC is a nonprofit, 501c6. This means that end-of-year net revenue is retained for operations and benefit of the members and is not distributed to private owners. It is governed by an elected, noncompensated Board of Directors and hires a professional association management team.

OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy and its practitioners.

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