

VIRTUAL

DATE AND TIME

Thu., April 24, 2025

6:30pm – 7:30pm

This session will be recorded.

**REGISTER BY MON.,
APRIL 23, 2025**

Register Online

<https://otac.site-ym.com/events/EventDetails.aspx?id=1954609&group=>

Register by Fax

916/294-0415

Register by Mail

Send form with payment to:

OTAC,

3620 American River Dr.,

Suite 230

Sacramento, CA 95864

Registration must be received

by April 23, 2025

QUESTIONS?

Contact OTAC staff:

Email staff@otaonline.org

Call toll-free (888) 686-3225



OT/OTA Student Showcase: Research and Innovation in Action (.5 PDU's)

Join us for the inaugural showcase of groundbreaking projects from occupational therapy and occupational therapy assistant member students across the state. Discover the innovative approaches these future practitioners are developing to advance the field of occupational therapy. Don't miss this opportunity to glimpse the future of our profession through the work of these promising students.

6:30pm – Welcome/Introductions

6:35pm – **Sensory Room Integrations in a School-Based Setting**
Kelsey Bowles, OTAS

7:00pm – **Enhancing Social Participation and Physical Activity in Older Adults Through Video Games**
Kathryn (Katie) Butterworth, MS, OTD/S

7:25pm – Wrap-Up

REGISTRATION FORM *One form per person. Please type or print clearly.*

REGISTRATION FOR THIS INAUGURAL SHOWCASE IS COMPLIMENTARY FOR MEMBERS AND NONMEMBERS.

Name _____

Employer _____

Home Address _____

City _____ State _____ Zip _____

Email _____

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☐ Fax to: 916/294-0415, or

☐ Mail to: OTAC, 3620 American River Dr., #230, Sacramento, CA 95864, or

REGISTER ONLINE <https://otac.site-ym.com/events/EventDetails.aspx?id=1954609&group=>

OT/OTA Student Showcase: Research and Innovation in Action (.5 PDU's)

ABOUT THE STUDENTS AND THEIR PROJECTS

Sensory Room Integrations in a School-Based Setting



Kelsey Bowles, OTAS, is in her second year in the Sacramento City College Occupational Therapy Assistant Program. She is also a paraprofessional for the Elk Grove Unified School District with over a decade of experience supporting diverse student populations in educational

and therapeutic settings. Bowles was recognized for academic excellence as a Phi Theta Kappa Honor Society member and a recipient of the President's Highest Honors at Sacramento City College. She holds multiple certifications, including Adult Mental Health First Aid and Basic Life Support (CPR). In the fall of 2025, Bowles expects to graduate with an Associate of Science and earn her OTA certification.

About the Project

Bowles is completing her Level II Fieldwork at Elk Grove Unified School District (pediatric school-based setting). For her student project, she is developing a sensory room program for the school site in collaboration with her interprofessional team members including Marissa Bagaso, BSS; Donielle Hair, OTR/L (and clinical instructor), special education teachers on site, and paraeducators. The goal is to create a space for the students to access sensory tools and decrease dysregulation. This fieldwork site works with a variety of students with varying levels of need, most importantly the campus serves students with moderate to highly complex developmental needs (nonverbal, global developmental speech and motor delays). With use of the sensory room, they are improving regulation,

decreasing maladaptive behaviors, and improving school readiness through staff training on daily sensory room routines, safety, modeling, supervision, and pre/post data collection. Sensory room routine will follow a strict guideline and target use of vestibular, proprioception, visual and tactile tools.

Enhancing Social Participation and Physical Activity in Older Adults Through Video Games



Kathryn (Katie) Butterworth, BS, OTD/S, is currently in her final semester of the Doctorate in Occupational Therapy at Samuel Merritt University. Throughout her academic journey, she has gained valuable hands-on experience

through fieldwork in acute care settings at Kaiser Oakland and Kaiser Richmond. Additionally, Butterworth has completed a pediatric rotation specializing in sensory integration and behavioral therapy. After this pediatric fieldwork experience, she was invited to continue working at the same site, where she now facilitates group therapy for children. Recently, Butterworth was offered a pediatric occupational therapy position, an opportunity she is eager to pursue. However, she remains open to exploring diverse opportunities within occupational therapy, including roles that serve older adults, as she continues to expand her professional expertise.

About the Project

Butterworth is currently working on her capstone project to develop and implement a program using video games to promote social participation and physical activity in older adults to improve quality

of life. As a component of the program, she is creating easy-to-understand, step-by-step instructions for the facility residents to encourage and sustain their participation in these important aspects of daily living: social participation and physical activity.

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ABOUT SPECIAL TOPIC FORUMS

Why OTAC Special Topic Forums? To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners.

To earn PDUs. Registrants must complete the post event survey that is emailed out within one week following the event.

Event Disclaimer.

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OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy and its practitioners.