



# 1<sup>st</sup> Annual OTAC Acute Care Symposium

## VIRTUAL

Participate from anywhere you have a strong internet connection

RECORDING WILL BE AVAILABLE BY MAY 27, 2022 FOR REGISTRANTS.

### DATE AND TIME

May 21, 2022  
8:45 AM to 3:00 PM

### Register Online

<https://bit.ly/2022AcuteCare>

### Register by Mail

Send registration form to:  
OTAC, P.O. Box 276567  
Sacramento, CA 95827

### Register by Fax 916/294-0415

### QUESTIONS?

Contact OTAC staff:  
Email [staff@otaonline.org](mailto:staff@otaonline.org)  
Call toll-free (888) 686-3225



## Agenda – Earn 5.5 PDU's

- 8:45am – 9:00am:** Welcome
- 9:00am – 10:00am:** OTs in the ICU: The Power of Patient and Family Engagement
- 10:00am – 11:00am:** Navigating the Complex Treatment of Traumatic Brain Injury
- 11:00am – 11:15am:** Break
- 11:15am – 12:15pm:** The Trauma-Informed Approach and Concepts of the Post-Traumatic Growth Model for the OTP
- 12:15pm – 1:15pm:** Feel the Beat: Occupational Therapy for Patients with Cardiovascular Conditions
- 1:15pm – 1:30pm:** Break
- 1:30pm – 2:30pm:** Rebuilding What We've Lost in COVID: A Perspective from the ICU
- 2:30pm – 3:00pm:** Speaker Panel

REGISTRATION FORM *One form per person. Please type or print clearly. Check appropriate boxes.*

	OT/OTA MEMBERS	OT/OTA NONMEMBERS	STUDENT MEMBERS	STUDENT NONMEMBERS
EARLY BIRD	<input type="checkbox"/> \$99	<input type="checkbox"/> \$119	<input type="checkbox"/> \$59	<input type="checkbox"/> \$79
<b><u>EARLY BIRD ENDS MONDAY, MAY 9</u></b>				
REGULAR	<input type="checkbox"/> \$119	<input type="checkbox"/> \$139	<input type="checkbox"/> \$79	<input type="checkbox"/> \$99

TOTAL DUE: \$\_\_\_\_\_ Please review the cancellation/refund policy below.

Name \_\_\_\_\_

School District \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Mobile \_\_\_\_\_

### PAYMENT OPTIONS: CHECK ONE

Check (make payable to OTAC)       MasterCard       Visa       AMEX

Credit Card Number \_\_\_\_\_

Exp Date \_\_\_\_\_ VCode \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Cardholder Signature \_\_\_\_\_ Date \_\_\_\_\_

### SUBMIT PAYMENT:

Fax to: 916/294-0415, or  Mail to: OTAC, PO Box 276567, Sacramento, CA 95827, or

REGISTER ONLINE - <https://bit.ly/2022AcuteCare>

**Cancellation/Refund Policy.** \$25 is retained to cover cancellation/refund processing costs. Written notice must be received in the OTAC office by May 18, 2022 to be eligible for refunds. No refunds after this date. Disclaimer: OTAC reserves the right to make changes to the program. No refunds will be made based on these changes.

## Schedule, Topic Descriptions, and About Our Presenters

Recording will be available by May 27, 2022 for registrants.

**8:45am – 9:00am**

**Welcome** – *Danny Pavlovich, OTD, OTR/L*

**9:00am – 10:00am**

**OTs in the ICU: The Power of Patient and Family Engagement**

*Amy Godwin, OTR/L*

The role of OT in the ICU has evolved and grown over time and has become even more essential over the last several years. This presentation will examine how OTs promote human connection and engagement in the acute critical care setting. Evidence-based assessment and intervention strategies will be discussed to empower the OT practitioner and highlight the unique contribution of OT in this setting.

**10:00am – 11:00am**

**Navigating the Complex Treatment of Traumatic Brain Injury**

*Liz Zborowski, OT/L, CLEC*

Annually, 2.8 million people sustain a traumatic brain injury (TBI), with some 280,000 resulting in hospitalizations. Information on etiology, evaluation, and progression of treatment beginning in the ICU through the continuum of care in the acute care setting will be reviewed. TBI levels of recovery will be discussed, as well as recommendations for assessment tools, goal setting, and treatment interventions at each stage of recovery.

**11:00am – 11:15am – Break**

**11:15am - 12:15pm**

**The Trauma-Informed Approach and Concepts of the Post-Traumatic Growth Model for the OTP**

*Kristen Gill, OTD, OTR/L*

Along their journey to healing from an acute event or a life altering injury, our clients can feel "stuck." Understanding what roadblocks that they may be facing, consciously or unconsciously, and how to navigate through is an important aspect of occupational therapy intervention. Taking a trauma-informed approach to practice is essential to understanding and connecting with patients who have experienced trauma. Concepts in post-traumatic growth offer great potential to enhance occupational therapy practice to propel clients forward into achieving more meaningful and satisfying lives following trauma.

**12:15pm – 1:15pm**

**Feel the Beat: Occupational Therapy for Patients with Cardiovascular Conditions**

*Elyse Peterson, OTD, OTR/L*

Cardiovascular care is expanding across the continuum of disease prompting a variety of opportunities for occupational therapy services. Occupational therapy practitioners are poised to provide care ranging from patients who are newly diagnosed, to patients recovering from cardiothoracic surgery, to patients with end-stage heart failure. This session discusses best practices including current evidence, clinical experience, and multidisciplinary collaboration to provide care for patients of varying acuities.

**1:15pm – 1:30pm – Break**

**1:30pm – 2:30pm**

**Rebuilding What We've Lost in COVID: A Perspective from the ICU**

*Dr. E. Wesley Ely*

This presentation will describe the difficulties that health care professionals are currently experiencing in our desire to provide best care to ICU patients in the midst of the COVID pandemic. The presentation will explain a scientifically proven method for amplifying humanism and dignity that can work, one patient at a time. Additionally, the presentation will use the power of human story to identify aspects of patient suffering that are epidemic within the pandemic and offer hope and strategy for rebuilding what was lost amid the pandemic mayhem and discuss a path forward.

**2:30pm – 3:00pm**

**Speaker Panel**

*Moderators: Danny Pavlovich, OTD, OTR/L;  
Lisa Hiestand, OTD, OTR/L*

**Symposium Coordinators**

*Lisa Hiestand, OTD, OTR/L, Director of Rehabilitation,  
Cedars-Sinai Marina del Rey Hospital  
Sherry Hite, MOT, OTR/L, Manager, Department of  
Rehabilitation, City of Hope  
Danny Pavlovich, OTD, OTR/L, Occupational Therapist,  
Kaweah Hospital*

## About Our Presenters



**Dr. E. Wesley Ely** is a professor of medicine and critical care at the Vanderbilt University Medical Center and serves as co-director of the Critical Illness, Brain Dysfunction, and Survivorship (CIBS) Center. He is the associate director of aging research for the Veterans Affairs Geriatric Research Education Clinical Center (GRECC) in Nashville, TN. Dr. Ely

is the author of *Every Deep-Drawn Breath*, from which he's donating 100% net proceeds to help COVID survivors and family members rebuild their lives. He can be found @WesElyMD.



**Kristen Gill, OTD, OTR/L,** (she/her/hers), is an occupational therapy practitioner whose clinical practice primarily focuses on adult acute care and acute rehabilitation. Her doctoral work explored concepts of post-traumatic growth (PTG) in individuals following spinal cord injury, as well as potential areas

of intervention for the occupational therapy practitioner in facilitating PTG. She enjoys incorporating interdisciplinary concepts to enhance her own clinical practice and expand the reach of occupational therapy. Gill strongly believes in a holistic perspective on health and the power of a solid therapeutic rapport in supporting therapy outcomes. She is an adjunct instructor at Temple University in Philadelphia and is currently working as an OT on travel assignment at Cedars-Sinai Medical Center in Los Angeles, CA.



**Amy Godwin, MOT, OTR/L,** graduated from Columbia University with a Masters of Occupational Therapy and has worked for over 15 years in acute care, inpatient acute rehab, and outpatient settings. Godwin has advanced clinical skill sets in critical care, burn

rehabilitation as well as neurological conditions. She

served as both the clinical instructor and program coordinator for the AOTA accredited OT Fellowship Program at Cedars-Sinai Medical Center, Los Angeles, CA. In addition, because of her experience as an OT in the Cedars-Sinai Transgender Surgery and Health Program, Godwin was a past presenter for an OTAC symposium in 2019. In 2017, she relocated from New York City to California and currently is an acute care OT at UCSD Medical Center in San Diego.



**Elyse Peterson, OTD, OTR/L,** is an associate professor of clinical occupational therapy at University of Southern California (USC). She currently works as a lead occupational therapy practitioner at Keck Hospital of USC

specializing in cardiopulmonary and critical care populations. Peterson's current clinical and research interests include early engagement for patients in the ICU, occupational therapy for patients on mechanical circulatory support, and frailty as a predictor for post-operative outcomes.



**Liz Zborowski, OT/L, CLEC,** is an adult and pediatric occupational therapy practitioner with the University of California San Diego Health System. She earned a bachelor's in occupational therapy at University of Southern California and has over 22 years of experience working in a level I trauma

center. Zborowski has co-lead many multidisciplinary efforts to enhance care in all areas of the acute care setting. In addition to working at UCSD Health System, she is an adjunct professor in the Occupational Therapy Assistant Program at Grossmont Community College in San Diego, CA, and is currently a treating OT in the I-ACQUIRE Multi-site RCT of Intensive Infant Rehabilitation.