

## Symposium Schedule

8:30am-8:45am	Welcome
8:45am-9:45am	Addressing Psychosocial Challenges within Occupational Therapy Practice for Cancer Patients
9:45am-10:45am	Occupational Practitioners as Transition Navigators for the Childhood Cancer Survivor
10:45am-11:00am	Break
11:00am-12:00pm	Managing Sleep Disturbances in Cancer Survivorship
12:00pm-1:00pm	Implementing Nutrition and Physical Activity Recommendations in the Oncology Setting
1:00pm-1:15pm	Break
1:15pm-2:15pm	The Impact of OT in Addressing the Unique Needs of Older Adults with Cancer
2:15pm-3:00pm	Speaker Panel



DATE, TIME, AND LOCATION

January 29, 2022  
8:30 AM to 3:00 PM

VIRTUAL

### QUESTIONS?

Email OTAC staff at [staff@otaconline.org](mailto:staff@otaconline.org) or chat live M-F, 8am to 5pm

\*Early Bird Registration ends January 3, 2022

\*\*Advanced Registration between January 4, 2022 through January 28, 2022

\*\*\*Late Registration begins January 28, 2022

REGISTRATION FORM *One form per person. Please type or print clearly. Check appropriate boxes.*

	MEMBERS	NONMEMBERS	STUDENTS
EARLY BIRD*	<input type="checkbox"/> \$89	<input type="checkbox"/> \$109	<input type="checkbox"/> \$59
ADVANCE**	<input type="checkbox"/> \$109	<input type="checkbox"/> \$129	<input type="checkbox"/> \$79
LATE***	<input type="checkbox"/> \$129	<input type="checkbox"/> \$149	<input type="checkbox"/> \$99

TOTAL DUE: \$ \_\_\_\_\_ Please review the cancellation/refund policy.

Name \_\_\_\_\_

School District \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Mobile \_\_\_\_\_

### PAYMENT OPTIONS: CHECK ONE

Check (payable to OTAC) # \_\_\_\_\_  MasterCard  Visa  AMEX  Discover

Credit Card Number \_\_\_\_\_

Exp Date \_\_\_\_\_ VCode \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Cardholder Signature \_\_\_\_\_ Date \_\_\_\_\_

### SUBMIT PAYMENT:

Fax to: 916/294-0415, or  Mail to: OTAC, PO Box 276567, Sacramento, CA 95827, or

REGISTER ONLINE - <https://www.otaconline.org/education/ot-oncology-symposium>

**Cancellation/Refund Policy.** \$25 is retained to cover cancellation/refund processing costs. Written notice must be received in the OTAC office by January 20, 2022 to be eligible for refunds. No refunds after this date. Disclaimer: OTAC reserves the right to make changes to the program. No refunds will be made based on these changes.

8:30am – 8:45am

### Welcome

*Chair, OTAC Professional Development and Leadership Committee and Symposium Coordinator Sherry M. Hite, MOT, OTR/L*

8:45am – 9:45am

### Addressing Psychosocial Challenges within Occupational Therapy Practice for Cancer Survivors

*Kathleen Lyons, ScD, OTR/L (VT & NH)*  
This session will explore both the psychosocial challenges and the opportunities for post-traumatic growth that cancer survivors may experience. This session will review screening tools and contemporary guidelines for addressing psychosocial concerns, as well as, explore the ways in which OT practitioners can promote occupational engagement to address psychosocial challenges for cancer survivors.

9:45am – 10:45am

### Occupational Therapy Practitioners as Transition Navigators for the Childhood Cancer Survivor

*Jessica Sparrow, OTD, OTR/L (TN), BCP*  
As childhood cancer survivors (CCS) progress through the cancer care continuum, they must also transition through developmental stages, settings, and situations while also managing the acute and long-term effects of cancer treatment. This session will identify risk factors that may be associated with problematic transitions for the CCS, identify key occupational transitions, and describe the role of the OT practitioner in multidisciplinary transition planning for the CCS.

10:45am – 11:00am

### Break

11:00am – 12:00pm

### Managing Sleep Disturbances in Cancer Survivorship

*Jason Tse, OTD, OTR/L*  
Sleep difficulties are one of the most common sequelae in cancer survivorship. This session will define sleep and each stage of sleep, discuss the prevalence of sleep disturbances in cancer survivors, and explore the causes and effects of sleep disturbances. Practical strategies and ideas for helping cancer survivors overcome sleep disturbances within the scope of OT will be reviewed.

12:00pm – 1:00pm

### Implementing Nutrition and Physical Activity Recommendations in the Oncology Setting

*Jessica Clague DeHart, PhD, MPH*  
Good nutrition and consistent physical activity are incredible tools to help cancer survivors increase their overall health and well-being. This session will discuss the importance of nutrition and physical activity, current evidence-based recommendations, and practical strategies to empower patients to adopt these recommendations through setting realistic goals and milestones.

1:00pm – 1:15pm

### Break

1:15pm – 2:15pm

### The Impact of OT in Addressing the Unique Needs of Older Adults with Cancer

*Leana Chien, MSN, RN, GNP-BC*  
Older adults with cancer have unique challenges that can impact care. By determining the care issues, practitioners can develop treatment care plans that can address the specific needs and preferences of the aging patient. The impact and involvement of OT to meet the specialized needs of older adults with cancer will be reviewed.

2:15pm – 3:00pm

### Speaker Panel

*Moderator Sherry M. Hite, MOT, OTR/L*

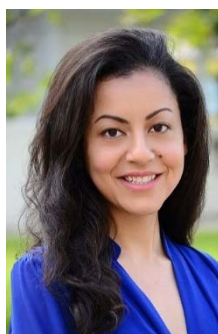
## Presenters' Biographies



**Leana Chien, MSN, RN, GNP-BC**, is a nurse practitioner at the City of Hope Center for Cancer and Aging in Duarte, California. In 2019 she developed an advanced practice nurse (APN) geriatric oncology clinic, the Aging Wellness Clinic, where she provides specialized care for older adults with cancer. As an investigator for several grant funded studies she offers telehealth services to rural community sites and implements multidisciplinary programs targeting older adults with cancer in various healthcare settings. In addition, she provides support to the education and preparation of oncology nurses to care for the older adult.



**Jessica Clague DeHart, PhD, MPH**, is a molecular cancer epidemiologist and assistant professor at Claremont Graduate University (CGU). DeHart completed her bachelors at USC, MPH at Yale, PhD at UT Houston, and MD Anderson Cancer Center. Her postdoctoral work was conducted at City of Hope in clinical cancer genetics. As an assistant professor at the City of Hope, she developed a research program that uses data from large observational studies to design wellness intervention trials. Now at CGU, her research focuses on the biology behind lifestyle factors and cancer. Her motto, "it's all about the M&Ms! Movement, moderation and mindfulness!"



**Sherry Hite, MOT, OTR/L**, is the Occupational Therapy Department manager at City of Hope National Medical Center. Her practice is focused exclusively on the oncology setting; she runs one of the country's largest breast cancer recovery programs. Hite serves on the Cognitive Rehabilitation Task Force for the American Congress of Rehabilitation Medicine and has presented at the state and national level on topics including cancer-related cognitive impairments, comprehensive breast cancer rehabilitation, and addressing sexuality in oncology. Her current clinical and research interests include pre-rehabilitation in surgical oncology, improving multidisciplinary geriatric oncology care, and the use of telemedicine in survivorship care. Hite serves as chair of the OTAC Professional Development and Leadership Committee, which oversees the OTAC Annual Conference. In 2019 she received the OTAC Janice Matsutsuyu Outstanding Service Award.



**Kathleen Lyons, ScD, OTR/L**, is a rehabilitation scientist whose research is focused on developing the evidence base for cancer rehabilitation and psycho-oncology. Her primary area of interest is in developing and testing participant-directed interventions that are tailored to address individual priorities and needs. Her research has been funded by the American Cancer Society, National Cancer Institute, and the American Occupational Therapy Foundation. After 18 years of conducting research at the Geisel School of Medicine at Dartmouth, she joined the faculty at the Massachusetts General Hospital Institute of Health Professions in September of 2021.



**Jessica Sparrow OTD, OTR/L, BCP**, has been an occupational therapy practitioner at St. Jude Children's Research Hospital for 14 years and has been in the lead therapist position there for nine years. During this time a focus of her clinical services has been devoted almost exclusively to children with functional deficits and related limitations in occupational performance due to cancer and related treatment. She is AOTA Pediatric Board Certified and has been the primary investigator and co-investigator on research protocols related to the rehabilitation of children with oncology related developmental delay, neurologic impairment, and vision loss.

## Presenters' Biographies, Cont.



**Jason Tse, OTD, OTR/L**, is an adjunct professor at Stanbridge University in the Occupational Therapy Program and an occupational therapy practitioner at Providence St Jude Medical Center in Orange County, California, where he has practiced for 11 years. He practices primarily in the outpatient neuro rehab unit with specialty in cancer rehabilitation. He is passionate about health and wellness, incorporating the mind, body, and spirit of each client. He utilizes his practice in meditation, gratitude, myofascial release, exercise, diet and nutrition, and cognitive behavioral therapy for insomnia to help cancer survivors thrive.