

VIRTUAL

DATE AND TIME

Saturday, December 13,
2025

1:00pm – 2:00pm

- Session will be recorded for attendees' use.
- The recording will be available approximately 2 weeks following.
- PDUs will be entered into your OTAC account. (Be sure to complete the post-event questionnaire to be eligible for PDUs.)

REGISTER BY

Thursday, December 11, 2025

Register Online
[HERE](#)

QUESTIONS?

Contact OTAC staff:

Email staff@otaonline.org

Call toll-free (888) 686-3225



Financial Wellness for OT/OTAs: Practical Strategies for Managing Debt and Building Wealth (1 PDU)

Presenter Amirra Condelee, OTD, OTR/L (AZ)

Financial stress doesn't end after graduation – it often grows as careers and personal responsibilities expand. This session will equip practicing occupational therapy professionals with practical strategies for managing debt, creating sustainable budgets, and building long-term wealth. Attendees will leave with actionable tools to reduce financial stress and move toward greater stability and security, both personally and professionally.

Learning Objectives

- **Debt and Budget Management.** Gain strategies to effectively manage student loans and other financial obligations while creating a sustainable, values-driven budget that adapts to career and life changes.
- **Wealth-Building Foundations.** Identify key opportunities for investing, saving, and leveraging workplace benefits to build long-term financial security as a practicing clinician.

Fee OTAC Members \$19 | NonOTAC Members \$29



Amirra Condelee, OTD, OTR/L (AZ) is a pediatric occupational therapy practitioner based in Phoenix, AZ, specializing in early intervention. She is the co-founder of RouteFin, a financial platform that connects healthcare professionals with trusted financial experts and resources, and the host of *The Money Matters in OT Podcast*. After paying off \$500,000 of student loan debt with her husband, Condelee now empowers OTs and other healthcare professionals to navigate money confidently and build lasting financial freedom.

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ABOUT SPECIAL TOPIC FORUMS

Why OTAC Special Topic Forums? To support OTAC Core Value 7 – Professional Development: To provide quality education and resources to advance the knowledge, skills, and continued competence of occupational therapy practitioners.

To earn PDUs. Registrants must complete the post event questionnaire that is emailed out within one week following the event.

Tracking PDUs. PDUs earned are recorded in registrant's OTAC account.

Event Disclaimer.

This event is sponsored by OTAC for the purpose of professional development. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition, or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with the full knowledge that they waive any claim they may have against OTAC and its representatives for reliance on any information presented during this educational event.

[Click here for OTAC's complete disclaimer/terms. You must agree to these disclaimers/terms. Please don't register if you do not.](#)

About OTAC. OTAC is a nonprofit, 501c6. This means that end-of-year net revenue is retained for operations and benefit of the members and is not distributed to private owners. It is governed by an elected, noncompensated Board of Directors and hires a professional association management team.

OTAC Mission Statement. OTAC is the collective voice that serves, promotes, and supports the profession of occupational therapy and its practitioners.

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