



# OTAC 2023 ANNUAL CONFERENCE & INNOVATION EXPO NOVEMBER 9-12, 2023 | PASADENA

# ONSITE PROGRAM

#OTACCONF2023 | #rootsofourpractice



Bryant Edwards



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Lisa Deshaies



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# BOOST YOUR OFFER TOP-NOTCH MOBILITY AIDS

**FULL SUPPORT, TRAINING & RESOURCES** 

# JUMPSTART WITH OUR ALL-INCLUSIVE AFFILIATE SYSTEM SENIOR CARE IS BOOMING 80M BABY BOOMERS NEED YOU ARE YOU IN?

MULTIPLY YOUR OFFERINGS GROW YOUR REVENUE

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# OTAC ANNUAL CONFERENCE A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal at this one Conference. You won't find an easier, quicker, or more costeffective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.



Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by January 15, 2024.

# **IMPORTANT NOTES**

# NAME BADGE POLICIES

- The following policies are necessary to assure equal and fair treatment for all attendees and were designed to address issues/ problems/situations/abuses noted during past conferences as well as to help promote safety.
- Name badges must be worn so that your name is clearly visible at all times.
- All name badges are coded according to fees paid for days registered, and color-code by category of attendee.
  - o Thu., Fri., Sat., and Sun. days(s) registered
  - o Red Attendee
  - o Blue Exhibitor
- Admittance to any session, event, or exhibit area is not allowed without properly coded/colored name badge.
- Name badges are the sole responsibility of the attendee/exhibitor. Lost, misplaced, or forgotten badges may be replaced at a charge of \$10 at the On-Site Registration counter.
- Wearing someone else's name badge, with or without their permission, is strictly prohibited. Doing so is a serious matter and may be grounds for removal from the Conference altogether for all parties involved with no refunds.
- Room monitors, Conference committee members, and other OTAC officials or their designees are empowered to assure compliance with all above requirements.

# **ABOUT PDUs**

### 2023 Certificate Policy and PDU Credits

- Individual Session Tickets. When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance.
- Certificate of Completion. When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the <u>white copy</u> of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the <u>yellow copy</u> for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
- To earn a Certificate of Completion, attendance is required. Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by January 15, 2024.
- CBOT. Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board of Occupational Therapy (CBOT) for details.
- CHT. Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- NBCOT. Sessions may be used to meet recertification. Check with the National Board for Certification in Occupational Therapy (NBCOT) for details.

# **CONFERENCE OVERVIEW**

# THURSDAY, NOVEMBER 9

### 8:00am–6:30pm Registration Hours

If you registered in advance, this is a convenient opportunity to pick up your registration materials for any days. You can also register on-site.

### 9:00am-5:30pm

**Pre-Conference Institute** (earn PDUs) Separate registration fees. Some complimentary sessions for registered members.

### 6:00pm-7:30pm Movie Night: Hi! I'm Travis Mills (1900)

After surviving an improvised explosive device (IED) explosion, Travis Mills became a quadruple amputee, one of few to recover in US military history. While grappling to find purpose, Travis and his family banded together to recover and help others along the way.

Directly following the film, join our facilitator in guided dialogue about the film. Special guest will be Major Erik S. Johnson, Retired, MS, OT/L (TX) who is referenced in the film and is our Conference Sunday Keynote presenter speaking on "After the Storm: OT Implications for Service Members After Discharge."

Moderator: Colin Lenington, OTD, OTR/L, ATP, CAPS, VA Long Beach Healthcare System

Hosted popcorn and iced tea.

# SATURDAY, NOVEMBER 11

8:00am–11:30am Concurrent Sessions (earn PDUs)

11:30am–2:15pm Expo Activities including Poster Presentations (earn PDUs)

Purchase lunch in advance (\$20) to be eligible for prizes.

2:30pm-5:45pm Concurrent Sessions (earn PDUs)

6:00pm–7:30pm President's Mix 'N Mingle | Trivia Prizes Join us to celebrate OT. Selfie station and trivia for prizes. No-host bar.



# FRIDAY, NOVEMBER 10

8:15am–11:30am Concurrent Sessions (earn PDUs)

11:30am–1:00pm CFOT Awards Luncheon and Symposium (.5 PDUs) \$85; \$10 Students-Only Gallery Seating (no lunch)

1:00pm-3:00pm Concurrent Sessions (earn PDUs)

### 3:15pm–5:15pm Awards Ceremony and Keynote Address [.5 PDUs] Featuring Wendy B. Stav, PhD, OTR/L (MI), FAOTA

5:15pm-7:15pm Expo Grand Opening

7:30pm-9:00pm Alumni and Student Receptions

# SUNDAY, NOVEMBER 12

7:30am–9:15am OTAC Annual Meeting and Keynote, with Coffee and Light Breakfast Fare (.5 PDUs) Featuring Major Erik S. Johnson, Retired, MS, OTR/L (TX)

9:30am–12:30pm Concurrent Sessions (earn PDUs)

12:30pm–1:15pm OTAC Practice Café/Networking Lunch \$20 Purchase lunch in advance to be eligible for prizes.

1:30pm-4:45pm Concurrent Sessions (earn PDUs)

4:30pm OT Sunday Super Learners' Prize Drawings

#### "ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."- HELEN KELLER We invite you to be a Conference room monitor ...

and together we can do so much for OT. Learn more and access the form here.



### OTAC 2023 Annual Conference & Expo | 4

# IMPORTANT NOTES

### Friday, October 28

The Awards Ceremony precedes the Keynote Address in the same room. The timing for these two events is 3:15pm-5:15pm, at which time we will all proceed to the Innovative Expo Grand Opening Reception hosted by our exhibitors. Don't miss our Keynote presenter Wendy B. Stav, PhD, OTR/L (MI), FAOTA.

### Sunday, November 11

The OTAC Annual Meeting and Keynote is a light breakfast meeting from 7:30am-9:15am. You must have indicated on your registration form that you planned to attend this event (Activity E). It is not assumed that you will attend. Lunch is from 12:30pm-1:30pm (Advanced purchase was required.) Come network and share thoughts on hot practice topics.

### Follow! Convo! Tweet!

- Follow us on Twitter @OTACnews
- Post on Instagram @otacofca
- Friend us on Facebook @OTACnews
- Start a conversation using #OTACconf2023
- Talk about #rootsofourpractice
- Show your #OTACmemberpride

# **CONFERENCE INFORMATION**

### **CONFERENCE HOTEL**

**Hilton Pasadena** 168 South Los Robles Avenue Pasadena, CA 91101 (626) 577-1000 toll-free (800) 445-8667

ALL CONFERENCE ACTIVITIES ARE AT THE HILTON

The Hilton Pasadena is a short walk from shops and restaurants, as well as just several blocks from historic Old Pasadena and the Playhouse District. The hotel's lobby and lounge/restaurant are contemporary, modern, and welcoming. The Hilton Pasadena also offers a complimentary shuttle within a two-mile radius of the hotel.

### **CONFERENCE ONLINE HANDOUTS**

Presenters are encouraged to provide handouts. Those that have been provided are available to attendees through the Conference mobile app. It is recommended that you download them in advance of attending Conference in the event that the hotel wi-fi is overloaded. We also recommend you bring a pad of paper and pen to take notes. Please note that sometimes presenters provide handouts after the Conference; and that we keep the handouts online for at least one month post Conference.

### **CONFERENCE PHOTOGRAPHY**

OTAC staff as well as the Conference photographers will photograph sessions, special activities, and general areas throughout the Conference. The images taken at Conference are used for promotional purposes. If you do not wish to be photographed, please identify yourself to the photographer.

### FITNESS EVENTS WAIVER

Participation in OTAC events, including the yoga and dance activities, is at your own risk. OTAC encourages you to participate at a level that is consistent with your general physical health and abilities. By attending Conference and participating in activities you do hereby release and forever discharge OTAC, its agents, volunteers, and professional team from any and all claims in connection with your attendance/participation.

• DISCLAIMER. OTAC, its professional team, officers, and agents claim no liability for the acts of any suppliers to this meeting, nor for the safety of any attendee while attending or in transit to or from the Conference. The total amount of any liability for traveling to and from or participating in the Conference will be limited to a refund of the registration fees paid by the attendees, as so stated in the cancellation policy. The attendee acknowledges acceptance of this provision by registering for any aspect of the Conference.

# Keck Graduate Institute is thrilled to be a part of the OTAC conference!

Discover the exciting world of opportunities at KGI!



# **CONFERENCE INFORMATION**

# HEALTH AND SAFETY GUIDELINES

OTAC is committed to creating an event experience where we can gather together in a healthy and safe environment. Our goal is to provide the necessary measures to ensure that each participant's well-being is a priority. An inherent risk of exposure to COVID-19 and other transmittable viruses exists in any public place regardless of precautions that may be taken. OTAC attendees agree to (1) assume all risks associated with potential exposure to COVID-19 and other risks; and (2) comply with current health and safety policies as stated by the CDC and local venue, if any.



### The mobile app includes:

- Full Conference schedule and a feature to build a customized schedule
- Social sharing on Twitter and Instagram
- Detailed information about presenters, exhibitors, and sponsors

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• Notifications of important updates, special offers, and more.

It's easy! Download the 2024 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/ customer login. You must create a new account to access the app's full features.

# **MEET OUR SUPPORTERS**

#### **EXPO HALL DAYS**

Friday, November 10 – 5:15pm–7:15pm Saturday, November 11 – 11:30am–2:15pm

### **EXHIBITORS**

Andrews University	National Board for Certification in Occupational Therapy, Inc. (NBCOT)
Ascend Rehab Services, Inc.	Occupational Therapy Association of California (OTAC)
Braille Institute of America	Pearson
California Board of Occupational Therapy (CBOT)	Point Loma Nazarene University
California Foundation for Occupational Therapy (CFOT)	Preferred Healthcare Staffing
Capital Region Educational Services District 113	Psymark
Centre for Neuro Skills	Reliant Rehabilitation
Children'sTherapy Network	South Pacific Rehabilitation Services
Collaborative for Leadership in Ayres Sensory Integration (CLASI)	SPOT Inc.
Desin, LLC - Obi Robot	Sutter Health
Dr. Mama OT	The Genesis Group
EdTheory, LLC	Total Education Solutions, Inc.
Hawaii Pacific University	UCLA Health
interface rehab inc.	United Access
Irlen Institute	University of St. Augustine
Kaweah Health	USC Mrs. T.H. Chan Division of Occupational Science & Occupational Therapy
Keck Graduate Institute	West Coast University, Center for Graduate Studies
LegiLiner, LLC	Western Psychological Services
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Institute for Sex, Intimacy and Occupational Therapy	USC Mrs. T.H. Chan Division of Occupational Science & Occupational Therapy

# **KEYNOTES | HONORED LECTURER**

# **FRIDAY KFYNOTF - NOVFMBFR 10**

4:15pm-5:15pm Directly following the Awards Ceremony 63 Our Relationship with Occupation (.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This address will explore the history and ebb and flow of our collective relationship with occupation. The loyalties on both sides of the relationship are honestly acknowledged, revealing it is time for couples counseling. The reasons for our infidelities will be identified, followed by a plan to patch up the relationship.



Wendy B. Stav, PhD, OTR/L (MI), FAOTA

Attendees will reconnect with the occupation they fell in love with, embrace occupation for all its health-promoting power, and embark on an occupational revolution as we celebrate the roots of our practice.

### Also presenting session 76 -Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

# SUNDAY KEYNOTE – NOVEMBER 12

### 7:30am-9:00am

Included with OTAC Annual Meeting D After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

With the continued stressors that both wounded service members and veterans face after separation from the military, there is a huge need for skilled occupational therapy intervention and community support. This session will identify the complex physical, cognitive, and psychosocial struggles veterans



Major Erik S. Johnson, Retired, MS, OTR/L (TX)

face after they have completed their service and include case studies from recently separated service members who will share their victories and struggles as they seek to live their lives to the fullest.

# FRIDAY CFOT HONORED LECTURER -**NOVEMBER 10**

### 11:30am-1:00pm

CFOT Awards Luncheon and Symposium -Seperate fee required

### Symposium Honored Lecturer

Lisa Deshaies, OTR/L, CHT

### Nourishing and Flourishing OUR ROOTS (.5 PDUs)

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving

this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.



Lisa Deshaies, OTR/L, CHT

# FEATURED SESSIONS

# **THURSDAY, NOVEMBER 9**

Separate fees required for Thursday sessions

9:00am-12:00pm; 1:00pm-4:00pm

### 13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L, C/NDT, C-IAYT; Dominique Kiefer, OTD, OTR/L, BCP; Lisa Test, OTD, OTR/L, FAOTA

# 9:00am-5:30pm

### 14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)



Courtney Boitano, OTD, OTR/L, BCBA-D; Wendy Morrison, RN, ECSE; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA; Adria Taha-Resnick, EdD

Lunch is included in the fees for this session.

### 2:00pm-5:00pm

### 22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Ingrid Leu, OTD, OTR/L; Erin McIntyre, OTD, OTR/L; Stephanie Moon, OTD, OTR/L; Christy Billock, PhD, OTR/L, DipACLM; Suzanne M. Afuso-Sugano, MS, OTR/L

# FRIDAY, NOVEMBER 10

### 1:00pm-3:00pm

53 Successfully Funding Your Research and Program **Development Interests (2 PDUs)** 

**CFOT** Panelists/Guests

# SATURDAY, NOVEMBER 11

### 8:15am-9:45am

76 Infusing Occupation into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

### 2:30pm-5:45pm 108 Integrating Functional Cognition Into Your Professional Practice (3 PDUs)

Gordon Muir Giles, PhD, OTR/L, FAOTA

# SUNDAY, NOVEMBER 12

### 9:15am-10:45am

### 122 Explore the Rewarding Career in Providing Occupational Therapy Services for Our Nation's Heroes (1.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX); Colin Lenington, OTD, OTR/L; Rachael Nolan, OTR/L; Moderator: Diana Su-Erickson, OTR/L

# **INTENSIVES: 3, 4 AND 6 HOUR SESSIONS**

# **THURSDAY, NOVEMBER 9**

### 9:00am-12:00pm; 1:00pm-4:00pm

### 13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L, C/NDT, C-IAYT; Dominique Kiefer, OTD, OTR/L, BCP; Lisa Test, OTD, OTR/L, FAOTA

Occupational therapy practice has become increasingly more complex, requiring practitioners to be systematic in data gathering and more efficacious in delivering pediatric interventions. Through case analysis, participants will learn to systematize the clinical reasoning process.

### 9:00am-5:30pm

# 14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)

Courtney Boitano OTD, OTR/L, BCBA-D; Wendy Morrison, RN, ECSE; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA; Adria Taha-Resnick, EdD

#### Lunch is included in the fees for this session.

Join us for this day of interprofessional collaborations by the California Association for Education for Young Children (CAAEYC), Infant Development Association of California (IDA), and Occupational Therapy Association of California (OTAC).

The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families.

#### 2:00pm-5:00pm

### 22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Ingrid Leu, OTD, OTR/L; Erin McIntyre, OTD, OTR/L; Stephanie Moon, OTD, OTR/L; Christy Billock, PhD, OTR/L, DipACLM; Suzanne M. Afuso-Sugano, MS, OTR/L

Reprising the discussion from the October 2022 Annual Conference of mental health as an integrated practice, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues and successes, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

# FRIDAY, NOVEMBER 10

8:15am-11:30am

# 36 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)

### Lindy Joffe, OTD, OTR/L

This presentation will explore the intersection of sensory processing and executive function in children with regulatory challenges from a neurological and functional perspective. It will introduce an evidencebased intervention, overviewing assessment, and treatment ideas for immediate use.

### 37 Vision Assessment and Treatment: The Role of OT (3 PDUs)

Melissa Caruso, COTA/L; Beth Sullivan, OTD, OTR/L; Taylor Yandoli, MSOT, OTR/L, CLVT

The Centers for Disease Control and Prevention (CDC) estimates that 3.4 million people aged 40 and above have a visual impairment. This presentation will provide an overview of common visual conditions, assessments, interventions, and the role of OT in vision loss.

# SATURDAY, NOVEMBER 11

### 8:15am-11:30am

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

Juliana Gutierrez, OTD, OTR/L; Dominique Kiefer, OTD, OTR/L, BCP

This workshop will focus on interpreting standardized data from the SOSI-M and COP-R in conjunction with other assessment tools. Participants will learn to use data to plan treatment and measure outcomes.

### 8:15am-11:30am; 2:30pm-3:30pm 79 How Can I OT in this Healthcare Climate? (4 PDUs)

Alexis Joelle Sobel, MS, OTR/L

An examination of how the profession's roots can clash with the philosophies of our everchanging healthcare system will be presented. Strategies will be examined on how to feel confident with best practices in occupational therapy, despite healthcare climate unpredictability.

### 2:30pm-5:45pm 106 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

# 107 Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUs)

Bonnie Nakasuji, OTD, OTR/L, FAOTA; Marilyn Noriega, MA, OTR/L; Amanda Routt, OTD, OTR/L; Maribel Martinez, EdD

This session will describe the development and implementation of several unique alternatives to traditional school-based OT interventions that are not individualized education program (IEP) driven, a transitional program for high school students, and an alternative-to-suspension with regular education students.

# 108 Integrating Functional Cognition Into Your Professional Practice (3 hours)

### Gordon Muir Giles, PhD, OTR/L, FAOTA

Functional cognition is a performance-level approach to cognition and uses performance-based testing to assess instrumental activities of daily living (IADL) competencies. Occupational therapy practitioners can select interventions that enhance patient outcomes using this discipline's distinct strength-based approach.

# **INTENSIVES: 3, 4 AND 6 HOUR SESSIONS (CONTINUED)**

# SUNDAY, NOVEMBER 12

### 9:15am-12:30pm

### 124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)

Kathryn Biesanz, OTD, OTR/L; Shan-Pin Fanchiang, PhD, OTR/L; Karrie Kingsley, OTD, OTR/L; Amy Zhao, OTD, OTR/L

Experienced occupational therapy practitioners (OTP) and faculty will share the self-work and strategies that facilitate culturally responsive practice. Join this session to identify your growth areas and improve your cultural responsiveness.

### 125 Post-COVID Conditions: OT Interventions and Recovery Trajectories (3 PDUs)

Jamie Wilcox, MPH, OTD, OTR/L; Ella Wilson, MA, OTR/L

Post-COVID syndrome (PCS) is a post-viral condition causing significant morbidity for approximately 30% of the population. Occupational therapy has been recognized as an essential service caring for this population. This course will overview outpatient occupational therapy for PCS.

# 126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)

#### Don Gordon, PhD, OTR/L

This presentation will educate practitioners about the critical nature of sleep and rest in relation to health and well-being and provide tools to improve the quality of these activities for themselves and their clients.

# 127 School-Based Assessment and Intervention: Adolescent Population (3 PDUs)

#### Katy Mackey, MS, OTR/L; Jennifer Sato, MA, OTR/L

This presentation on assessment and intervention techniques for the adolescent population will focus on making a paradigm shift from traditional bottom-up therapy methods to a top-down evidence-based approach, including occupation, interests, and vocational skills.

### 9:15am-12:30pm; 1:30pm-2:30pm 128 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)

#### Rodney Harris, COTA/L; Ingrid Leu, OTD, OTR/L

Do you struggle with managing aggressive behaviors? Using principles from the Handle With Care Behavioral Management System, this session aims to provide strategies for redirecting and understanding escalating behaviors in all populations.

### 1:30pm-4:45pm

# 144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs)

Deborah Bolding, PhD, OTR/L; Kathryn Wise, OTD, MHSc, OTR/L

Leadership practices by practitioners and managers affect client outcomes, practitioner health and job satisfaction, and healthcare costs. This workshop will examine compassionate and relational leadership styles and interpersonal communication practices that affect the health of our workplaces.

### 145 Breaking Down the New MDS Changes (3 PDUs)

Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, RAC-CTA, FAOTA

This session will break down the significant changes made to the Centers for Medicare and Medicaid Services minimum data set (MDS) that go into effect on October 1, 2023, and discuss the role of occupational therapy practitioners in the MDS process.

# 146 Lived Experience of Chronic Pain and Fatigue: A Never Ending Recovery (3 PDUs)

Aaron Picus, OTD, OTR/L, BCP; Melanie Melasky, JD

Combining first-hand accounts with the evidence base, participants will explore the often-profound impacts of chronic pain and fatigue. Participants will then apply acceptance and commitment therapy (ACT) techniques as a holistic intervention strategy.

# 147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs)

Baily Zubel, OTD, OTR/L; Mary David, PsyD

Maximizing a child's potential starts early in their educational career. The presenters will discuss strategies to support the behavior and sensory needs in the classroom to elicit participation and engagement while learning in the whole group setting.

# **SOCKS IN A BOX CHALLENGE**



In recognition of our OT roots and our nation's heroes on this Veteran's Day weekend, please help us donate 800 pairs of new socks to local veterans' facilities supporting unsheltered or in transition veterans. Look for the Socks in a Box in the Conference registration area. Every pair of new socks donated makes you eligible for a giveaway. Local veterans representatives will be on hand to receive the collected socks on Sunday at the conclusion of the Sunday Keynote Address. No socks? You can also donate funds that we will utilize for socks. Donate at registration.

# MAKE A NOMINATION!

We all know an OT practitioner, student, or professional who contributes above and beyond to OTAC and the profession.

Nominate them today for a 2024 OTAC award!



# **CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY**

# **Celebrating Our 42nd Anniversary!**

# CFOT Awards Luncheon and Symposium FRIDAY, NOVEMBER 10

### 11:30am-1:00pm About the Awards Luncheon and Symposium

Recipients of the 2023 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, November 10, 11:30am-1:00pm.

Separate ticket required. \$85 for lunch (\$10 for gallery seating; no lunch; students only).

# HONORED LECTURER -LISA DESHAIES, OTR/L, CHT

### Nourishing and Flourishing Our Roots (.5 PDUs)

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power



Lisa Deshaies, OTR/L, CHT

of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.

*Lisa Deshaies, OTR/L, CHT, is a 1986 graduate of the University* of New Hampshire who headed west to California with a plan to train and work at Rancho Los Amigos National Rehabilitation Center for a couple of years. 36 years later, she continues there as a clinical instructor for outpatient occupational therapy services. Deshaies has specialized in complex fractures, burns, amputations, arthritis, and other upper limb orthopedic conditions, obtaining her Certified Hand Therapist (CHT) credential in 1995. She has taught "Principles of Hand Therapy" as adjunct clinical faculty for the Chan Division of Occupational Science and Occupational Therapy at the University of Southern California for over 20 years. Deshaies has published in OT and hand therapy textbooks and has presented locally and nationally on topics related to hand therapy and occupation-based care. Outside of work, she values her time spent at the beach, on the water, exploring a trail, traveling, and fanatically rooting for her beloved New England sports teams.

# HUMANITARIAN AWARD – ASSISTANCE LEAGUE OF LAGUNA BEACH

The California Foundation of Occupational Therapy (CFOT) honors individuals/groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

This year, CFOT will recognize the Assistance League of Laguna Beach for their significant humanitarian activities; funding early intervention programs for developmentally delayed children and their parents; senior support services; and supporting a therapeutic riding center.

# **SUPPORT OUR FUTURE**

# SUPPORT ENHANCING OCCUPATIONAL THERAPY SERVICES TO THE PUBLIC

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference



& Innovation Expo, again has an online component! We welcome this opportunity to reach a wider audience. "Thank you in advance for continuing to support our mission by donating through the OTAC Conference," commented CFOT President Michelle Berro, MA, OTR/L.

Past CFOT Awardees

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support



CFOT President

students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

YOU ARE INVITED TO DONATE TO CFOT IN SUPPORT OF OUR MISSION





# **CFOT MISSION**

To advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.



# **COME HELP CELEBRATE OUR OTAC 2023 AWARD HONOREES**

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, November 10, 3:15pm-4:15pm. This event is open to all Conference attendees registered for Friday.

### Lifetime Achievement Award



### Luella Granaaard Political Action Award



Luis Arabit, OTD, OTR/L, BCN, BCPR, C/NDT, FAOTA

### Award of Appreciation

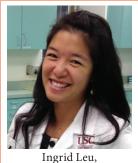


OTR/L, DipACLM, PMH-C

### Spirit of Occupational Therapy Award



### **OT/OTA Partnership Award**



OTD, OTR/L



### Award of Excellence



Claudia G. Peyton, OTD, OTR/L, FAOTA

### Janice Matsutsuvu **Outstanding Service** Award



OTD, OTR/L, FAOTA

### **OTAC Vision Award**



OTD, OTR/L, FAOTA

### **Occupational Therapy** Practice Award



### Susan J. Harris OT Entrepreneur Award



### **OTAC Vision Award**



Blanca E. Rubio Assembly Member

# **RECOGNITION OF OTAC HONOREES**

### LIFETIME ACHIEVEMENT AWARD

2023 2022 2021 2020 2019 2018 2017 2016 2015 2014	Gordon Muir Giles Erna Imperatore Blanche Jerilyn 'Gigi' Smith Winifred Schultz-Krohn Anne MacRae Susan Harris Guy L. McCormack Ruth Ramsey Lisa Test Ann Neville-Jan	2 1 1 1 1 1 1 1 1 1 1
		-
2014 2013	Ann Neville-Jan Michele Berro	1
2012 2011	Mary Evert Haidi McHugh Pandlaton	1
2011	Heidi McHugh Pendleton Catherine Earhart	1
2008 2007	Margaret Phillips Amy Killingsworth	1
2006	Linda Florey	1
2005 2004	Diane Foti Susan Knox	1
2003	Mary Foto	1
2002 2001	Ruth Zemke Florence Clark	1

2000 Dottie Ecker 999 Elizabeth Yerxa 998 Evelyn Jaffe 997 Sarah Kelly .996 Ada Granger .995 Jan Matsutsuyu 994 Kilulu Von Prince 993 Doris Heredia 992 Edwinna Marshall 991 Lela Llorens 990 Frances Kelly Eleanor L. Hillger 989 Dorothy Wilson 988 984 Florence Cromwell 983 Ethlyn Stinson 982 A. Jean Ayres 981 Carlotta Welles Doris Cutting 980 Bekke Holdeman 979 978 Gwen Wright 977 Jean Peck

### **COTA HONORARY AWARD**

2022	Sharon L. Pavlovich	2004	Danielle Meglio
2017	Erika Agustin	2001	Marlene Van Vliet
2015	Ada Boone Hoerl	2000	Patricia Shiokari
2014	Cindy Garcia	1999	Barbara Forte
2011	Gloria Romero	1996	Jacalyn Mardirossian
2009	Yvonne C. Trousdale	1995	Terri Olivas-De La O
2005	Bobbi Jean Tanberg	1994	Patricia O'Hare

### JANICE MATSUTSUYU OUTSTANDING SERVICE AWARD

TT 1 T TT: 11		D 11 1111
Heather J. Kitching	2006	Rondalyn Whitney
Alison H. George	2004	Patricia Nagaishi
Jerilyn 'Gigi' Smith	2003	Sarah Kelly
Sherry M. Hite	2002	Linda Tank
Bryant Edwards	2001	Danielle Meglio
Elizabeth G. Gomes	2000	Luella Grangaard;
Luis Arabit		Guy McCormack
Gayle San Marco	1999	Diana Su-Erickson
Arameh Anvarizadeh	1998	Michele Berro
Samia Rafeedie	1997	Patricia Bascom
Heather Kitching	1996	Cindy Burt
Lora Woo	1995	Barbara Gale
Bonita A. Kraft	1994	Diane Crabtree
Gina Ceja	1993	Laura Caron-Parker
Marlene Steele	1992	Janet Jabri
	Jerilyn 'Gigi' Smith Sherry M. Hite Bryant Edwards Elizabeth G. Gomes Luis Arabit Gayle San Marco Arameh Anvarizadeh Samia Rafeedie Heather Kitching Lora Woo Bonita A. Kraft Gina Ceja	Alison H. George2004Jerilyn 'Gigi' Smith2003Sherry M. Hite2002Bryant Edwards2001Elizabeth G. Gomes2000Luis ArabitGayle San MarcoGayle San Marco1999Arameh Anvarizadeh1998Samia Rafeedie1997Heather Kitching1996Lora Woo1995Bonita A. Kraft1994Gina Ceja1993

### SUSAN J. HARRIS OT ENTREPRENEUR AWARD

2023	Jayson Davies
2022	Hiral Khatri
2020	Laura Park Figueroa
2018	M. Terry Bowman
2016	Sonia Lopez
2015	Julie Groves
2014	Terri Nishimura
2013	Tammy Richmond

2012	Bonnie Nakasuji;
	Erna Imperatore Blanche
2011	John Goodfellow
2010	Mary Kay Gallagher
2009	Fredlyn S. Berger
2008	Tara Delaney
2007	Susan Harris

### AWARD OF EXCELLENCE

Claudia G. Peyton	2000	Elizabeth Cara
Deborah J. Bolding	1999	Linda Fazio
Margaret 'Peg'	1997	Brenda Collins
Ann Bledsoe	1996	Linda Florey
Christy Billock	1995	Susan Harris
Deborah B. Pitts	1994	Ruth Zemke
Heather Thomas	1993	Janet Jabri
Julie Bissell	1992	Margaret A. Phillips
Shawn Phipps	1991	Susan Knox
Pamela Richardson	1990	Patricia Shiokari
Bonnie Nakasuji	1989	Ardith Breton
Erna Imperatore Blanche	1988	Susan Cleary Schwartz
Michele Berro	1987	Diane Hendricks
Teri Wiss	1986	Kilulu Von Prince
Winifred Schultz-Krohn	1985	Mary Kasch
Thelma Wellerson Hook	1984	Mary Margaret Evert
Linda Tank	1983	Evelyn Jaffe
Jerilyn 'Gigi' Smith	1982	Dale Houston
Pamela Roberts	1981	Dorothy Wilson
Heidi Pendleton	1980	Sarah Kelly
Charles Strauch	1978	Mary Lou Hymen
Christine Wietlisbach	1977	Julie Shaperman
	Deborah J. Boʻlding Margaret 'Peg' Ann Bledsoe Christy Billock Deborah B. Pitts Heather Thomas Julie Bissell Shawn Phipps Pamela Richardson Bonnie Nakasuji Erna Imperatore Blanche Michele Berro Teri Wiss Winifred Schultz-Krohn Thelma Wellerson Hook Linda Tank Jerilyn 'Gigi' Smith Pamela Roberts Heidi Pendleton Charles Strauch	Deborah J. Bolding1999Margaret 'Peg'1997Ann Bledsoe1996Christy Billock1995Deborah B. Pitts1994Heather Thomas1993Julie Bissell1992Shawn Phipps1991Pamela Richardson1990Bonnie Nakasuji1989Erna Imperatore Blanche1987Teri Wiss1986Winifred Schultz-Krohn1985Thelma Wellerson Hook1984Linda Tank1983Jerilyn 'Gigi' Smith1982Pamela Roberts1981Heidi Pendleton1980Charles Strauch1978

### **OCCUPATIONAL THERAPY PRACTICE AWARD**

2023	Zoe Mailloux	2003	Valerie Adams
2022	Julie Groves	2002	Winifred Schultz-Krohn
2021	Ana G. Verran	2001	Karin Bonfils Kleinhans
2020	Stephanie Foster	2000	Gordon Muir Giles
2018	Monica Becerril	1999	Marti Southam
2017	Kathleen J. Shanfield	1998	Elise Holloway
2016	Sandra Okada	1997	Elizabeth Snow
2015	Chantelle Rice	1996	Luella Grangaard
2014	Nicolaas van den Heever	1995	Joanna Patton
2013	Elizabeth G. Gomes	1994	Deborah Morawski
2012	Michal Atkins	1993	Georgette Dufresne
2011	Deborah B. Pitts	1992	Claudia Allen
2010	Sarah R. Bream	1991	Yuriko I yun Yasuda
2012	Michal Atkins	1993	Georgette Dufresne
			0
2010	Sarah R. Bream	1991	Yuriko Lynn Yasuda
2009	Christine Wietlisbach	1990	Margaret A. Phillips
2008	Margaret 'Peg' Bledsoe	1989	Thelma Hook
2007	Lisa Deshaies	1988	Susan Knox
2006	Lynna Kaplan	1985	Linda Ogden
2005	Shawn Phipps	1984	Dorothy Ecker
2004	Laurie Nelson		

### **OT/OTA PARTNERSHIP AWARD**

2023	Ingrid Leu;	2005	Terry Olivas-De La O;
2019	Rodney Harris Dawn N. Hironaka;	2004	Elvira Arzaga Rubio Laurie Nelson;
2019	Laura Deary	2004	Suzanne Olah-Macek;
2012	Christine Wietlisbach;		Rebecca Gibson
2012	Danielle Meglio	1997	Renee Soderlund;
2007	Sharon Pavlovich;		Jacalyn Mardirossian
	Karen Pendleton		

### SPECIAL AWARD

1986 Jane Marvin

# **RECOGNITION OF OTAC HONOREES (CONTINUED)**

### FIELDWORK EDUCATOR AWARD

2022	Harold T. Neuendorff	2009	Barbara Rodrigues
2021	Becky Crouch	2008	Marilyn Masunaka-
2020	Mariel Schmidt		Noreiga
2018	Dawn Arias	2007	Lora Woo
2017	Janet A. Daimaru	2006	Deborah Bolding
2016	Gina Phelps	2005	Bonnie Nakasuji
2015	Karen L. Park	2004	Fred Snively
2014	Diane Mayfield	2002	Jaynee Taguchi-Meyer
2013	Alann Salvador	2000	Kathryn Gundersen
2012	Judi Palladino	1999	Gitu Bhavnani

### AWARD OF APPRECIATION

2023	Carlin Daley Reaume,	2012	Mildred "Mickey" Galef
2022	Chana K. Hiranaka	2010	Denise M. Miller
	Taisha Trotman	2007	John Watson
2021	Eileen S. Auerbach	2006	Patti Yonochko Horsley
	Lynna Kaplan	2005	Mary Reilly
2020	Susan C. Robertson	2004	Gelya Frank
2019	Kathryn I. Gundersen	2001	Psychiatric Occupational
2017	Aviril Sepulveda		Therapy Action
2016	Lynette Beadles		Coalition (POTAC)
2014	Sarah R. Bream	1988	O.T. Associates-
2013	Lisa Hiestand		Susan J. Harris

### **VISION AWARD**

2023	Heather Javaherian	2021	CSU
	Dysinger,		& Sar
	Assembly Member		OT/C
	Blanca E. Rubio		Field
2021	Assembly Member		Jeni
	Cecilia Águiar-Curry		Zur
			Hec
			Cou

Dominguez Hills nta Ana College **OTA** Collaborative lwork Program nifer Brouwers rit Horowitz cky Hua urtney Jarvis Faith R. Mov Jessica Padilla OT Centennial Rose Parade Float Committee and Volunteers

### SPIRIT OF OCCUPATIONAL THERAPY AWARD

2017

2017

2016

- 2023 Stephanie Moon Maureen E. Johnson 2022 2020 Paul Penoliar, Elvy Fuentes, Deborah Han Homeboy Industries 2019
- Frank Kronenberg CSU Dominguez Hills - Integrating Cultures through Occupational Therapy

### **MEDIA AWARD**

2022 Karen L. Park 2021 Bill Wong

2020 Goodfellow Occupational Therapy 2017 Sarah R. Bream

### MAKE A DIFFERENCE AWARD

- 2005 Senator Elaine White Alquist 2000 Fred Somers, Charles Strauch. Chuck Willmarth
- Loretta and Frank Biehl 1998

LUELLA GRANGAARD POLITICAL ACTION AWARD

2023	Luis Arabit	2013	Luis Arabit
2022	Richard A. Bookwalter	2012	Guy L. McCormack
2021	Lauren Lopez	2011	Michelle Farmer
2018	Jerry Jordan	2010	Christine Wietlisbach
2015	Sabrena McCarley	2007	Matthew Arigo
2014	Kyle Yetter	2004	Luella Grangaard
2014	Kyle Yetter	2004	Luella Grangaard

### **OUTSTANDING STUDENT AWARD**

2022	Teresa Pham
2021	Jhennylyn Rivera
2020	Maria Cristina Jimenez
2019	Colleen Nunn
2018	Jessica Roestenburg
2017	Hiral Khatri
2016	Noelani Brisbane
2015	Cynthia Ting

- 2014 Samantha Itaya 2013 Dimos Tsigkakos 2012 Monique Wolkoff 2011 Eun Sik (Charlie) Yu 2010 Brittney Sevo Weinerth Amy Olney 2005 Heather J. Kitching
- Cynthia Ting
- 2002 2001 Elizabeth Chung

### PRESIDENT'S AWARD

2020	Diana Su-Erickson	2007	Annette Bushong
2018	Julie Bissell	2006	Marlene Steele,
	Lisa Test		Chuck Strauch
	Capitol Advocacy	1991	Linda Lederer
2011	Amy Lamb	1990	Julie Groves
2010	Florence Clark,	1989	Hazel Simin
	Judith Palladino	1987	Jeanette Workman-
2009	Penny Moyers Cleveland,		Cosentino
	Brian J. Stiger,	1986	Barbara Forte
	Chuck Willmarth		
2008	Annette Bushong,		
	Charles Strauch		

### **HONORARY LIFETIME MEMBER**

- 2016 Florence Clark, Diane Mayfield, Judith Palladino 2006 Lois Barber, Evelyn Jaffe, Lela Llorens, Mary Reilly Ruth Zemke, 2004 Elizabeth Yerxa
- Recognized prior to 1977 Carolyn Brinn, Florence Cromwell, Doris Cutting Naomi Dommke Elizabeth Holdeman Ethlyn Stinson Carlotta Welles Harriet Zlatohlavek

### **2023 CONFERENCE COMMITTEE**

### Chairs

Ioe Juse, Winifred Schultz-Krohn

Awards Coordinator Erin Schwier

Call for Papers/ Program Coordinators Megan Chang, Chiao-Ju Fang, Kathryn Wise

Exhibits Coordinator Mary Kay Gallagher

Hospitality Coordinator Bianca Callier

Photographers Diana Su-Erickson, Vicky Ocampo

Presenter Concierge Jackie Mardirossian **Registration Coordinator** Laura Deary

Social Media Coordinator Karen Park

Volunteer Coordinator Teresa Pham

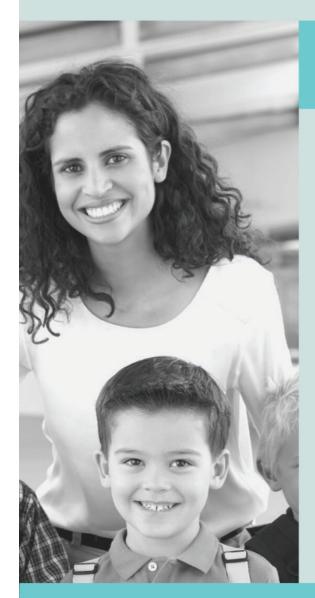
**OTAC Professional Development** & Leadership Chairs Sherry Hite, Lisa Hiestand

**OTAC Student Leadership Chair** Rob Russow

**OTAC President** Bryant Edwards

**OTAC Management Team** Karen Polastri, Shannon Rutledge, Tracy Brown, Jenni Zarate, Tammy Hitchcock

# ASCEND Pediatrics | School | Home-Based | Clinic



# JOIN OUR TEAM

# What Sets Us Apart

Diverse, pediatric passionate, therapistcentered, purpose driven company with an emphasis on work life balance. Extensive staff retention, financial growth, paid time to complete CEUs, and scholarships.

# **Benefits We Offer**

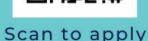
- Competitive Salary
- Medical, Dental & Vision
- Sign-on Bonus
- PTO
- Life Insurance
- FSA

- 401K w/employer match
- Supervision/Mentorship
- Comprehensive Resources
- Management Training
- Employee Assistance Plan

# Contact us

support@ascendrehabinc.com operations@ascendrehabinc.com www.ascendrehabinc.com 510.999.2044





Ascend

# SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

# MOVIE NIGHT: HI! I'M TRAVIS MILLS (1PDU)

### Thursday, November 9 – 6:00pm-7:30pm

After surviving an improvised explosive device (IED) explosion, Travis Mills became a quadruple amputee, one of few to recover in US military history. While grappling to find purpose, Travis and his family band together to recover and help others along the way.

Directly following this 44-minute film, join our moderator in guided dialogue about the film. Special guest will be Major Erik S. Johnson, Retired, MS, OTR/L (TX), who is referenced in the film and is our Conference Sunday Keynote presenter speaking on "After the Storm: OT Implications for Service Members After Discharge."

Moderator: Colin Lenington, OTD, OTR/L, ATP, CAPS, VA Long Beach Healthcare System

Hosted popcorn and iced tea.

# SPECIAL INTERPROFESSIONAL COLLABORATION

3 associations in 1 collaborative day

### Thursday, November 9 – 9:00am-5:30pm 14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)

Courtney Boitano, OTD, OTR/L, BCBA-D; Wendy Morrison, RN, ECSE; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA; Adria Taha-Resnick, EdD

Join us for this day of interprofessional collaboration by the California Association for Education for Young Children (CAAEYC), Infant Development Association of California (IDA), and Occupational Therapy Association of California (OTAC).

The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families. Lunch is included in the fees for this session. View the full day's schedule online.





# **CFOT AWARDS LUNCHEON** AND SYMPOSIUM (5 PDUs)

### Friday, November 10 – 11:30am-1:00pm

\$85; \$10 students-only gallery (lunch not included)

Recipients of the 2023 CFOT scholarships, research grants, and awards will be announced. Also featured is the 2023 Honored Lecturer Lisa Deshaies, OTR/L, CHT, presenting "Nourishing and Flourishing Our Roots" (.5 PDUs).

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase tickets. Seating is limited for both categories.

### Awards

Come help celebrate recipients of the 2023 California Foundation for Occupational Therapy (CFOT) scholarships, research, grants, and awards.

### Symposium Honored Lecturer

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

### Nourishing and Flourishing Our Roots (.5 PDUs)

Lisa Deshaies, OTR/L, CHT

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.

An additional \$85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for \$10 (lunch not included).

Seating is limited for both categories.

# **Mark Your Calendar!**

Join us as we return to Pasadena – one of California's most iconic cities known for its history, culture, arts, shopping, and nightlife. And prepare yourself for two amazing keynotes!



Friday, November 7, 2024 Ada Boone Hoerl, MA, COTA/L



Sunday, November 9, 2024 Sherry Hite, MOT, ÓRT/L



# **SPECIAL CONFERENCE ACTIVITIES (CONTINUED)**

# OTAC AWARDS CEREMONY AND KEYNOTE ADDRESS

Friday, November 10 – 3:15pm-5:15pm OTAC Awards Ceremony. Come one, come all! You are invited to come recognize and celebrate our 2023 Award honorees who serve with excellence and inspire professional passion.

# FRIDAY KEYNOTE ADDRESS

# Our Relationship with Occupation (.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This address will explore the history and ebb and flow of our collective relationship with occupation. The loyalties on both sides of the relationship are honestly acknowledged, revealing it is time for couples counseling. The reasons for our infidelities will be identified, followed by a plan to patch up the relationship. Attendees will reconnect with the occupation they fell in love with, embrace occupation for all its health-promoting power, and embark of WIN A \$50 GIFT CARD! ADVANCE PURCHASE A SATURDAY EXPO LUNCH OR SUNDAY OT PRACTICE CAFÉ LUNCH AND BE ELIGIBLE TO WIN \$50 IN GIFT CARDS.

health-promoting power, and embark on an occupational revolution as we celebrate the roots of our practice.

# **INNOVATION EXPO**

### Friday, November 10 – 5:15pm-7:15pm

Grand Opening | Bingo and Trivia for Prizes

Join us for Friday's lively grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and OTAC trivia for prizes. Many exhibitors also offer giveaways.

### Saturday, November 11 – 11:30am-2:15pm

Poster Presentations | Bingo for Prizes | Grab and Go Lunch

Saturday offers a convenient lunch option – advance purchase only. If you purchase lunch in advance you are eligible for prize drawings. View poster presentations! (eligible for 2 PDUs)

# LEADERSHIP INSTITUTE. MENTEES & MENTORS: TAKE THE JOURNEY TOGETHER!

### Friday, November 10 - 8:15am-11:30pm (2 PDUs)

Join the first OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. The LI orientation and first module include a networking mixer/icebreaker. To attend this session, mentors and mentees must have completed the application process. You can find more information about the LI and the <u>application form here</u>. Capacity is limited to 10 teams.

# ALUMNI AND STUDENT RECEPTIONS

Friday, November 10 – 7:30pm-9:00pm; Saturday, November 11 – 7:30pm-9:00pm Celebrate the end of each day by networking with your school alumni, fellow students, and faculty. Always a Conference highlight.

### POSTER PRESENTATIONS (EARN UP TO 2 PDUS)

Saturday, November 11 – 11:30am-12:30pm and 1:00pm-2:00pm See page 35 and 36 for a list of posters.

# PRESIDENT'S MIX 'N MINGLE

### Saturday, November 11 – 6:00pm-7:00pm

OTAC president, Bryant Edwards, invites Conference attendees to come relax, network, and unwind (no host bar). Shoot a lifetime of memories with your besties at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect.

# OTAC ANNUAL MEETING | KEYNOTE ADDRESS | COFFEE AND LIGHT BREAKFAST FARE (.5 PDUS)

### 7:30am-9:00am

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. If you wish to attend this attend, you MUST indicate on your registration form. **Help conserve resources – only mark the event if you plan to attend.** 

# SUNDAY KEYNOTE ADDRESS

After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

### Major Erik S. Johnson, Retired, MS, OTR/L (TX)

With the continued stressors that both wounded service members and veterans face after separation from the military, there is a huge need for skilled occupational therapy intervention and community support. This session will identify the complex physical, cognitive, and psychosocial struggles veterans face after they have completed their service and include case studies from recently separated service members who will share their victories and struggles as they seek to live their lives to the fullest.

# OT PRACTICE CAFÉ | HOT TOPIC LUNCH - \$20

### Sunday, November 11 – 12:30pm-1:30pm

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch required. Be eligible to win \$50 in gift cards. Must be present to win.

# OT SUNDAY SUPER LEARNERS' PRIZE DRAWINGS

### Sunday, November 12 – 4:30pm

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 4:00pm. Check the board at the registration table between 4:30pm-5:00pm. Must be present to win.

# **CONFERENCE PERKS!**

Advance Purchase Saturday or Sunday Lunch is required. Anyone advance purchasing lunch for either day (Saturday Expo Lunch or Sunday OT Practice Café) will be eligible for a drawing for up to \$50 in gift cards.

# **SPECIAL PROGRAMMING FOR STUDENTS**

The OTAC Annual Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. *Students receive a discount on Conference registration fees.* 

### **ACTIVITIES OF INTEREST**

### THURSDAY, NOVEMBER 9

- Attend any session at publicized rate
- Movie Night (Free for all Conference attendees)

### FRIDAY, NOVEMBER 10

- CFOT Awards Luncheon and Symposium— \$85, or \$10 student-only gallery seating/no lunch
- Student Track (Sessions) 30, 32, 33, 35, 40, 44, 45, 50, 52, 53, 56, 60, 61, 62, 73
- OTAC Awards Ceremony
- Keynote Address: Wendy B. Stav, PhD, OTR/L (MI), FAOTA
- Expo Grand Opening—meet recruiting exhibitors and network with practitioners, play Bingo for cash and prizes
- Alumni/Student Receptions

### SATURDAY, NOVEMBER 11

- Student Track (Sessions) 70, 73, 75, 76, 80, 83, 85, 88, 90, 93, 95, 101, 103, 105, 109, 113, 115, 117
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$20 and be eligible for a drawing
- President's Mix 'N Mingle | Selfie Booth | Trivia and Prizes
- Alumni/Student Receptions

### SUNDAY, NOVEMBER 12

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare—*included in Sunday registration fee.* Featured presentation: After the Storm: OT Implications for Service Members After Discharge
- OT Practice Café/Hot Topic Lunch— *Come discuss OT practice hot topics*. Purchase lunch in advance required – \$20. Be eligible for a prize drawing.
- OT Sunday Super Learners' Prize Drawing Must be present to win drawing at 4:30pm



SPECIAL OTAC STUDENT REGISTRATION DISCOUNT

STUDENTS May pay the Practicioner Rates to Attend <u>any</u> Session.









# **STUDENT TRACK** SUPPORTING OUR FUTURE LEADERS

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.

	THURSDAY								
Registration Hours - 8:00am-6:30pm - LOCATION: FOYER									
9:00am	10 DEI in OT Service Delivery: What is Current Practice? (1.5 PDUs) <b>CALIFORNIA</b>	11 Seven Business Models for OTPreneurship (1.5 PDUs) <b>MONTEREY</b>	12 What They Don't See: Toll of Chronic Condition Masking (1.5 PDUs) <b>PACIFIC A/B</b>		13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs) Ends at 4:00pm	14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)			
		r		_	(Lunch on own)	Session includes lunch;			
10:45am	15 The 1922 Willard Scrapbook: The California Pages (1.5 PDUs) <b>PACIFIC A/B</b>	16 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs) CALIFORNIA	17 Restoring the OT Role in Holistic Mental Healthcare (2 PDUs) Ends at 12:45pm <b>MONTEREY</b>		SAN GABRIEL	fac	facilita Ends	in the same room to facilitate networking. Ends at 5:30pm SAN MARINO	
12:15pm						Occupational Therapy Association of California			
1:00pm	18 Organizing TEDx Events as Community Programming Projects (1 PDU) <b>PACIFIC C</b>	19 Burnt-Out? Occupational Therapy Approach to Occupational Stress (1 PDU) CALIFORNIA	20 Early Intervention for Infants with Cerebral Palsy (1 PDU) <b>PACIFIC A/B</b>	21 Adulting with Diabetes: The REAL-T Lifestyle Redesign® Intervention (1 PDU) MONTEREY		Calernia Association for the Education of Young Children			
2:00pm	22								
2:15pm	Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs) Ends at 5:00pm MONTEREY	23 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs) <b>PACIFIC A/B</b>	24 Ethical Application of "Choosing Wisely" to OT Practice (2 PDUs) Ends at 4:15pm <b>CALIFORNIA</b>	-					
3:45pm									
6:00pm		A - Mo'	vie Night: Hi! I'm Travis Mills (1 P	DU) - (6:00pm-7:30pm) – <b>SAN G</b> /	ABRIEL				

# **CELEBRATING 47 YEARS OF SERVING OCCUPATIONAL THERAPY**

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	FRIDAY												
7:15am	Friday Registration Hours (7:15pm-5:00pm) – LOCATION: FOYER												
8:15am	30 Protecting Our Careers: State and Regulatory Updates (1.5 PDUs) SAN GABRIEL	31 Innovate to Educate! Enhancing Student Motivation and Engagement (1.5 PDUs) <b>PACIFIC A/B</b>	32 So You Want To Be a Pediatric OT Practitioner (1.5 PDUS) SAN MARINO	33 Home Health Occupational Therapy 101 (1.5 PDUs) <b>PACIFIC C</b>	34 Game On!—Video Games and Evidence-Based Practices for OTPs (1.5 PDUs) SANTA BARBARA	35 STUDENTS ONLY- Interviewing + Rate Negotiations: Prepare, Articulate Your Value + Negotiate Like a Pro! SAN DIEGO	36 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs) <b>PASADENA</b>	37 Vision Assessment and Treatment: The Role of OT (3 PDUS) MONTEREY	38 Leadership Institute. Mentees & Mentors: Take the Journey Together! (2 PDUs) SAN JOSE				
9:45am		1			1	1							
10:00am	40 Keeping Licensees Informed - What YOU Need to Know (1.5 PDUS) SAN GABRIEL	41 Promoting Student Success, Community- Building, and Peer Support (1.5 PDUs) PACIFIC A/B	42 Role of Occupational Therapy in Early Head Start (1.5 PDUS) SAN DIEGO	43 Parkinson's Disease: Essentials for Participation at Every Stage (1.5 PDUs) SAN MARINO	44 Transgender Care in Occupational Therapy (1.5 PDUs) <b>PACIFIC C</b>	45 STUDENTS ONLY- Let's Talk Sex: The Least Talked About ADL SANTA BARBARA							
11:30am		CFOT Awards Lunch	eon and Symposium (	.5 PDUs) - Separate 1	Ficket Required - \$85	(Students - \$85 or \$1	0 no lunch/gallery se	ating) – CALIFORNIA	<u></u>				
1:00pm	50 STUDENTS ONLY- NBCOT® National Certification Exam: Information You Need to Know PASADENA	51 The Importance of Hope for Individuals with ALS (1 PDU) SAN GABRIEL	52 STUDENTS ONLY- Demystifying the Consultative Service Delivery Model SANTA ROSA	53 Successfully Funding Your Research and Program Development Interests	54 OT Role in the Assessment of Dyslexia (2 PDUs) SAN MARINO	55 Insights from an Inter-disciplinary Feeding Group for Caregivers (2 PDUs) SANTA BARBARA	56 Advancing Occupational Therapy's Role in Tiered Response to Intervention (2 PDUs)	57 Hand Therapy: Management of Complex Injuries (2 PDUs) PACIFIC A/B	58 TRUST - Transforming Research: Understanding Experiences in ASD, Stakeholders				
2:00pm	60 Incorporating Strength-Based Therapy with OT (1 PDU) SAN GABRIEL	61 Promoting Independence and Decreasing Caregiver Burden with Smart Home Technology (1 PDU) PASADENA	62 STUDENTS ONLY- Exploring the Role of Occupational Therapy Practitioners in Oncology SANTA ROSA	(2 PDUS) Monterey			PACIFIC C		Working Together (2 PDUs) SAN DIEGO				
3:00pm	All proceed to the Awards Ceremony and Keynote Address												
3:00pm 3:15pm			63 - 0	63 - OTAC Awards Ceremony and Keynote Address - (.5 PDUs) – CALIFORNIA									
<u> </u>					ny and Keynote Addres ng l Bingo and Trivia P								

# **INNOVATIONS EXPO ACTIVITIES**

Friday, November 10 • 5:15pm-7:15pm | Saturday, November 11 • 11:30am-2:15pm

Join our Exhibitors and Sponsors at the Innovation Expo to:

- learn about **new products and services**
- meet with exhibiting recruiters
- be eligible for **giveaways**
- play **Bingo** for cash prizes

- enjoy the **Grand Opening Reception**—Friday (5:15pm–7:15pm)
- earn PDUs by viewing posters Saturday
- grab a quick lunch (\$20 advanced purchase to be eligible for prize giveaways) Saturday
- learn about your professional association

	SATURDAY										
7:15am				Saturday I	Registration (7:15ar		ION: FOYER				
8:15am	70 Using the Conversational Receptiveness to Enhance Inter-disciplinary Communication (1 PDU) MONTEREY	71 Parents Need OT Too: Stress Management and Well-Being (1 PDU) PACIFIC A/B	72 Clinical and Academic Mentorship: Benefits and Best Practices (1 PDU) SAN GABRIEL	73 Cognitive Rehab-ilitation: Dual-Task Training for Older Adults (1 PDU) CALIFORNIA	74 Inter- professional Pain Management for Clients with Cognitive Impairment (1 PDU) SANTA BARBARA	75 STUDENTS ONLY- Advocacy 101 SAN MARINO	76 Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUS)	77 The Distinct Value of Occupational Therapy on Inter- disciplinary Teams (1.5 PDUs) SANTA ROSA	78 The Structured Obser-vations of Sensory Integration- Motor (SOSI-M) and the Compre- hensive Observations of	79 How Can I OT in this Healthcare Climate? (4 PDUs) SAN DIEGO	
9:15am		` 					PASADENA		Proprio-ception (COP-R):		
9:30am	80 Al and OT: Not	81 Autism, Mental	82 Optimizing	83 Occupational	84 Utilizing the	85 STUDENTS ONLY-			Clinical Reasoning		
10:00am	Everything Scary Is Bad (1 PDU) CALIFORNIA	Health, and OT (1 PDU) PACIFIC A/B	Classroom Engagement: Sensory Strategies as UDI (1 PDU) SAN MARINO	Therapy and Sleep Interventions for Multiple Sclerosis (1 PDU) SAN GABRIEL	Cognition Billing Code in Acute Oncology (1 PDU) SANTA BARBARA	Pelvic Health: Where Do I Fit In? MONTEREY	86 Lived Experiences During the Pandemics: How Are We Doing?	87 Evolving Roles: Emergencies and Social Determinants of Health (1.5 PDUs)	S PACIFIC C		
10:30am							(1.5 PDUS) SANTA ROSA	PASADENA			
10:45am	90 Al and Robotic Assistive Feeding Technologies, Efficacy, and Health Outcomes (I PDU) CALIFORNIA	91 Is it Sensory Processing Disorder or High Sensitivity? (1 PDU) <b>MONTEREY</b>	92 Transforming Cancer Care Through a Lifestyle Medicine Approach (1 PDU) SANTA BARBARA	93 Leadership and Change: The Student-OT Partnership (I PDU) <b>PACIFIC A/B</b>	94 Information/ Education Pages: Reliable Resources for Clinicians and Patients (1 PDU) SAN MARINO	95 STUDENTS ONLY- How Pediatric Occupational Therapy Practitioners Save the Day SAN GABRIEL	SANIA RUSA				
11:30am		C- Innovat	on Expo   Posters	Bingo and Trivia Pı	rizes   Grab and Go I	Lunch – \$20 (must	advance purchase	) – INTERNATIONAL	. BALLROOM		
2:30pm	100 The Space	101	102 Brain-Based	103	104	105	106	107	108	79	
	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C	Gender Euphoria Toolkit: Bolstering Safety and Connection (1 PDU) CALIFORNIA	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B	3D-Printing and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL	Inter- professional Collaboration on a Pediatric Mental Health Case (1.5 PDUs) SANTA BARBARA	STUDENTS ONLY- NBCOT Exam Knowledge Quest <b>PASADENA</b>	Evidence- Based Practice in Dysphagia: A Scoping Review (3 PDUs) SANTA ROSA	Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUS) SAN MARINO	Integrating Functional Cognition Into Your Professional Practice (3 PDUs) MONTEREY	(continued)	
3:30pm	Between Us: Building Inclusive Environments (1 PDU)	Euphoria Toolkit: Bolstering Safety and Connection (1 PDU)	Learning Theories and Applications: Optimizing Student Learning (1 PDU)	and Adaptive Gaming at Rancho Los Amigos (1 PDU)	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)	NBCOT Exam Knowledge Quest	Based Practice in Dysphagia: A Scoping Review (3 PDUs)	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)		
3:30pm 3:45pm	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C	Euphoria Toolkit: Bolstering Safety and Connection (1 PDU) CALIFORNIA 112 Supporting	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B 113 Low Vision	and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL 110 Function and	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)	NBCOT Exam Knowledge Quest	Based Practice in Dysphagia: A Scoping Review (3 PDUs)	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)	(continued)	
•	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C 111 Case Studies in Acute Care: A Bio-	Euphoria Toolkit: Bolstering Safety and Connection (1 PDU) CALIFORNIA 112 Supporting Allyship and Inclusion	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B 113 Low Vision Screening and Intervention for	and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL 110 Function and Participation Following	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)	NBCOT Exam Knowledge Quest	Based Practice in Dysphagia: A Scoping Review (3 PDUs)	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)	(continued) 109 Mindfulness for Resilience and Social Change	
3:45pm	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C	Euphoria Toolkit: Bolstering Safety and Connection (1 PDU) CALIFORNIA 112 Supporting Allyship and	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B 113 Low Vision Screening and	and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL 110 Function and Participation	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUS) SANTA BARBARA	NBCOT Exam Knowledge Quest PASADENA 115 STUDENTS ONLY- What They Didn't Tell You:	Based Practice in Dysphagia: A Scoping Review (3 PDUs)	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)	(continued) 109 Mindfulness for Resilience and	
3:45pm 4:00pm	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C Market Case Studies in Acute Care: A Bio- Psychosocial Approach (2 PDUs)	Euphoria Toolkit: Bolstering Safety and Connection (I PDU) CALIFORNIA 112 Supporting Allyship and Inclusion Through Under- graduate Curriculum (2 PDUs)	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B 113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUS)	and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL 110 Function and Participation Following Community- Based Stroke Rehabilitation (1 PDU)	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUS) SANTA BARBARA	NBCOT Exam Knowledge Quest PASADENA 115 STUDENTS ONLY- What They Didn't Tell You: School-Based and SNF	Based Practice in Dysphagia: A Scoping Review (3 PDUs)	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)	(continued) 109 Mindfulness for Resilience and Social Change (1 PDU)	
3:45pm 4:00pm 4:15pm	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C Market Case Studies in Acute Care: A Bio- Psychosocial Approach (2 PDUs)	Euphoria Toolkit: Bolstering Safety and Connection (I PDU) CALIFORNIA 112 Supporting Allyship and Inclusion Through Under- graduate Curriculum (2 PDUs)	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B 113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUS)	and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL 110 Function and Participation Following Community- Based Stroke Rehabilitation (1 PDU)	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUs) SANTA BARBARA SANTA BARBARA	NBCOT Exam Knowledge Quest PASADENA 115 STUDENTS ONLY- What They Didn't Thely School-Based	Based Practice in Dysphagia: A Scoping Review (3 PDUs)	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)	(continued) 109 Mindfulness for Resilience and Social Change (1 PDU)	
3:45pm 4:00pm 4:15pm 4:45pm	Between Us: Building Inclusive Environments (1 PDU) PACIFIC C Market Case Studies in Acute Care: A Bio- Psychosocial Approach (2 PDUs)	Euphoria Toolkit: Bolstering Safety and Connection (I PDU) CALIFORNIA 112 Supporting Allyship and Inclusion Through Under- graduate Curriculum (2 PDUs)	Learning Theories and Applications: Optimizing Student Learning (1 PDU) PACIFIC A/B 113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUS)	and Adaptive Gaming at Rancho Los Amigos (1 PDU) SAN GABRIEL 110 Function and Participation Following Community- Based Stroke Rehabilitation (1 PDU) SAN GABRIEL 116 Interdisciplinary Upper Limb Amputation Rehabilitation Using Outcomes-Based Perspective (1 PDU) SAN GABRIEL	professional Collaboration on a Pediatric Mental Health Case (1.5 PDUS) SANTA BARBARA II4 Occupational Therapy Practitioners' Role in Early Autism Screening (1.5 PDUS)	NBCOT Exam Knowledge Quest PASADENA 115 STUDENTS ONLY- What They Didn't Tell You: School-Based and SNF PASADENA	Based Practice in Dysphagia: A Scoping Review (3 PDUs) SANTA ROSA	OT Driven Curriculum Enrichment Programs for Students (3 PDUS)	Functional Cognition Into Your Professional Practice (3 PDUs)	(continued) 109 Mindfulness for Resilience and Social Change (1 PDU) CALIFORNIA 117 Embracing Neuro- divergence: Occupational Therapy for Adults with ADHD (1 PDU)	

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	SUNDAY									
7:15am				Sunday Registrati	on (7:15am-5:00pm) -	- LOCATION: FOYER				
7:30am		E - (	)TAC Annual Meeting	and Keynote with Cof	fee and Light Breakfo	ast Fare (.5 PDUs) – II	NTERNATIONAL BALLR	00M		
9:15am	120 Diversity, Equity, and Inclusion in OT: What's Next? (1 PDU) CALIFORNIA	121 Review and Understand the OT Guideline for CA Public Schools (1.5 PDUS) MONTEREY	122 Exploring the Rewarding Career in Providing Occupational Therapy Services for our Nation's	123 Got Routines, OTs? Culturally Responsive Early Intervention Practices (1.5 PDUs)	124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs) SAN DIEGO	125 Post-Covid Conditions: OT Interventions and Recovery Trajectories (3 PDUs)	126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)	127 School-Based Assessment and Intervention: Adolescent Population (3 PDUs)	128 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)	
10:15am		MUNIEREY	Heroes (1.5 PDUs)	SAN GABRIEL	SAN DIEGU	PACIFIC A/B	PACIFIC C	PASADENA	SANTA BARBARA	
10:30am	129 Exploring Student-		SAN MARINO							
10:45am	Perceived Confidence and Ability: Association with Performance (I PDU) CALIFORNIA									
11:00am		131 OT an Nation 070	132	130 0ing Daview						
11:45am	133 Rebuilding Together: Emerging Practice and Fieldwork Opportunities (1 PDU) (ends at 12:45pm) CALIFORNIA	OT or Not to OT? In End-of-Life Care (1.5 PDUs) SAN MARINO	Impact of Caregiver Mental Health on Child Regulation (1.5 PDUS) MONTEREY	Scoping Review of Promoting Occupational Adaptation in Improving Pediatric Fine Motor Skills (1.5 PDUS) SAN GABRIEL						
12:30pm		OT I	Practice Café/Networ	king Hot Topic Lunch	- \$20 (must advance	e purchase) Come dis	cuss hot practice top	ics.	,	
1:30pm	140 Let's Play: Big and Little Buddy Program (1 PDU) PACIFIC A/B	141 Toolkit for Understanding Elopement by Individuals with Autism (1 PDU) CALIFORNIA	142 Evidence-Based Interventions for Elderly with Post Distal Radius Fracture to Improve Occupational Performance (I PDU) PACIFIC C	143 Using the SENSE Program to Support Parent and Infant Occupations in the NICU (1 PDU) SAN MARINO	144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs) SAN GABRIEL	145 Breaking Down the New MDS Changes (3 PDUs) SAN DIEGO	146 Lived Experience of Chronic Pain and Fatigue: A Never Ending Recovery (3 PDUS) <b>PASADENA</b>	147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs) MONTEREY	128 (continued)	
2:30pm			1							
2:45pm	150 Lifestyle Medicine: Addressing Chronic Disease with Healthy Lifestyles (2 PDUs) CALIFORNIA	151 Holistic Care for Children and Families: Early Intervention (2 PDUs) SAN MARINO	152 Cultivating Occupational Therapy in Pediatric Mental Health (2 PDUs) SANTA BARBARA	153 When the Therapist Becomes the Patient (2 PDUs) <b>PACIFIC C</b>					148 How Poor Breathing and Sleep Impact Pediatric Daily Occupations (1 PDU) PACIFIC A/B	
4:45pm			OT_Sunday	/ Super Learners' Priz	e Drawings   Winners	Posted at Registration	on – FOYER			
5:00pm					II! – CHECK TO SEE IF '					
- <del>3.00pm</del>			Registration C	boos our nuvers A	- ONEOK TO SEE IF	TOO AKE A JUPER LEA	ANALK WINNER.			

# **POSTER PRESENTATIONS**

There are two groups. Poster presentations may be viewed only on **Saturday, Nov. 11, 2023** in the Expo Hall – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDUs for each poster with a maximum of 2 PDUs allowed for the two-hour session.

# **GROUP** A

11:30am–12:30pm – Expo Hall

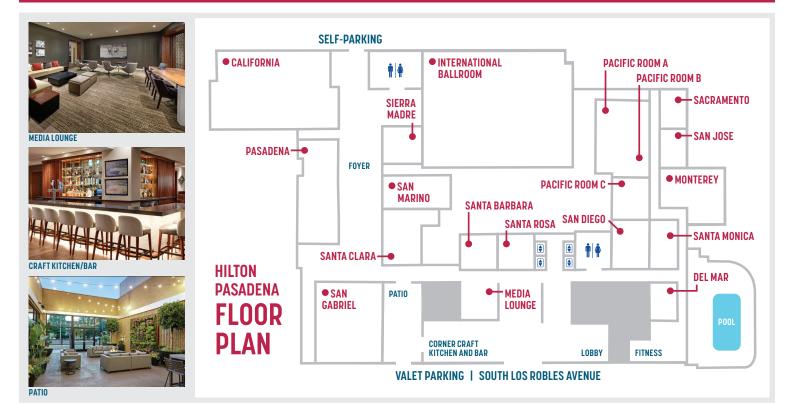
- Behind the Mask: Impression Management in ADHD Women
- Development of an Occupational Therapy Intake Protocol within a Pediatric Community-Based Mental Health Setting
- Emotion Master: A Social Emotional Learning Program
- Exploring Lived Experiences: Exercise and Sleep Quality in Early-Stage Parkinson's
- Exploring the Sensory Experiences of Autistic Mothers
- Improving Medication Adherence in Pediatric Mental Health
- Life After Brain Injury: Survivor and Family Perspectives
- Life After Pediatric Hemorrhagic Stroke: Family-Centered Outcomes
- Occupational Therapists' Views of Physical Activity Interventions for Parkinson's
- Occupational Therapy and Postpartum Anxiety:
  Opportunities of Involvement
- Occupational Therapy's Role in Exoskeleton Utilization
- OT Consultation to Support Participation and Inclusion at a Science Museum
- OT Developed Web-Based Resource to Address Sexuality
- OT's Role in Addressing Filipino American Health Disparities
- OT's Role in Agriculture
- Promoting School-Based Mental Health via Interdisciplinary Collaboration
- Queering Fertility and Parenting Roles
- Relationship of Resilience Levels: A Survey of Occupational Therapists
- Response to Intervention and Sensory Processing in Classrooms
- Sensory Evaluation and Re-Education Intervention Post-Stroke
- Sleep Challenges in College Students
- Understanding the Occupational Needs of Military Spouses During Deployments

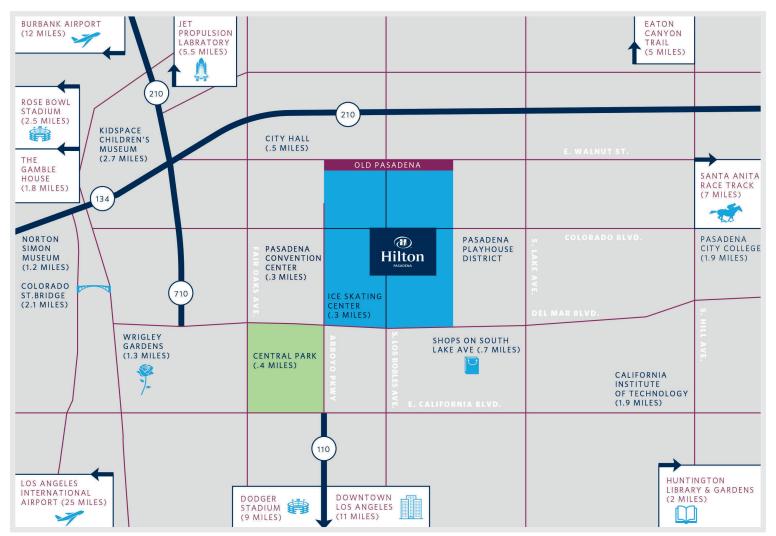
# **GROUP B**

1:00pm-2:00pm - Expo Hall

- An Examination of the Homework Habits, Perspectives, and Dispositions of First Year Occupational Therapy Students
- Assessing Clinical Research Using OTPF-4 and ICF Domains
- Bridging Mental Health for Children Attending Summer Camp
- Co-Occupation, Attachment, and Emotional Regulation
- Cultural Beliefs and Practices Around Perinatal Loss
- Effective Interventions for Students Transitioning into Graduate School
- Effects of Mindfulness-App on Parental Stress and Sleep
- Employment Outcomes Post-Bariatric Surgery: A Systematic Review
- Evidence-Based Manual: Marginal Ambulatory Powered Wheelchair Users
- Experiences of Minority Occupational Therapists Facing Workplace Microaggressions
- Exploring the Role of OT in the PICU
- Impact of Chemotherapy on Breast Cancer Survivors' Sleep
- Inclusive Playground: Using the 7 Universal Design Principles
- LGBTQ+ Experiences with Mindfulness and Social Participation
- Managing Collegiate Athletic Occupational Transitions: A Best Practice Guide
- Occupational Therapy Students' Perspectives on Co-Curricular Resilience Programming
- Occupational Therapy's Role in Family Reunification
- Opportunities for Occupational Therapy Services for Foster Children: A Review
- Participating in Formal Occupational Therapy Mentorship Programs: Mentees' Experiences
- Reality Relief: Virtual Intervention for Real Psychosocial Symptoms
- The Long Haul: Living with Long COVID
- Who Surfs Better: Surfers with Spinal Injuries or Amputations?

# HILTON PASADENA | FLOOR PLAN & AREA MAP





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