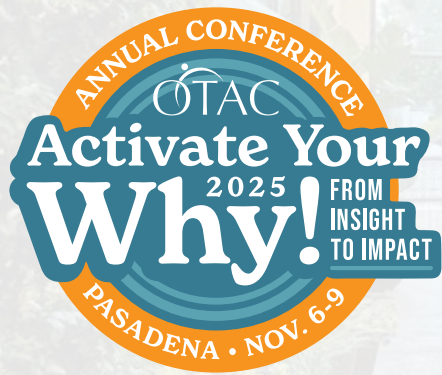




OTAC 2025 ANNUAL CONFERENCE & INNOVATION EXPO

NOVEMBER 6-9, 2025 | PASADENA

CONFERENCE PROGRAM

 @OTACnews  @OTACofca
#OTACCONF2025 | #activateyourWHY



Distinguished Presenters



Samia Rafeedie,
OTD, OTR/L,
BCPR, CBIS,
FAOTA

OTAC President



Sarah Adam,
OTD, OTR/L (MO)

Friday Keynote



Jean Koketsu,
OTD, OTR/L

CFOT Honored Lecturer



Arameh
Anvarizadeh,
OTD, OTR/L,
FAOTA

Saturday Keynote



Kathryn
Sorensen,
OTD, OTR/L
(NC), ADAC

Sunday Keynote



TABLE OF CONTENTS

Conference Overview.....	3
Volunteer Forms	3
Conference Information: Hotel, Parking, Airports	4
President's Message	5
Scholarship Opportunity	5
Chairs' Message.....	6
Our Host City–Pasadena	6
2025 Conference Committee	6
Honored Lecturer Keynote Presenters.....	7
Intensives: 3 and 4 Hour Sessions	8
California Foundation For Occupational Therapy	9
OTAC Awards Ceremony; Conference Mobile App.....	10
Special Conference Activities	11
Customize Your Schedule: Sessions By Practice Areas	14
Special Programming For Students.....	17
Schedule	
Thursday, November 6 • Pre-Conference Institute.....	18
Friday, November 7	20
Saturday, November 8.....	23
Sunday, November 9	27
Conference At-A-Glance	29
Poster Presentations	33
Meet Our Supporters.....	34
Session Presenters By Name.....	35
Conference Registration Form Instructions	37
Conference Registration Form	38
OTAC Board of Directors; OTAC Committee Chairs/Coordinators	39
The Many Faces of Conference.....	40

OTAC ANNUAL CONFERENCE

A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements for California license renewal. You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.



Conference PDUs for OT/OTA practitioners will be entered into your OTAC account by January 31, 2026.

IMPORTANT NOTES

CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all three days (November 7-9) for only \$359! Must register by September 20, 2025 for this rate.
- Get great rates on the November 6 Pre-Conference Institute sessions.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

2025 DEADLINES TO REMEMBER

September 10	Submit Student Legacy Fund Scholarship
September 20	Discounted Early Bird Registration Special deadline (BEST VALUE \$359!)
September 21 -	Registration rates increase by \$60
October 27	(\$359 + \$60 = \$419).
October 1	Submit Online Volunteer forms.
October 15	Cut-off date for hotel reservations at OTAC rates. Room block may sell out before this date; make your reservation today. Medically necessary dietary or special needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you. Cut-off date for Workplace Colleague discount. Date to cancel registration.
October 27	Advanced Conference registration closes at 8:59pm. After this date/time you must register at the event. On-site fees at the Conference increase by \$90 (\$359 + \$90 = \$449).

IMPORTANT NOTES

2025 Certificate Policy and PDU Credits

- **Individual Session Tickets.** When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek them out. These tickets are maintained at the OTAC office as verification of your attendance.
- **Certificate of Completion.** When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members will be entered into your account by January 31, 2026.
- **CBOT.** Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board of Occupational Therapy (CBOT) for details.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification in Occupational Therapy (NBCOT) for details.

CONFERENCE OVERVIEW

THURSDAY, NOVEMBER 6

8:00am–6:30pm

Registration Hours

If you registered in advance, this is a convenient opportunity to pick up your registration materials for any days. You can also register on site.

9:00am–4:00pm

Pre-Conference Institute (earn PDUs)

Separate registration fees. Some complimentary sessions for registered OTAC members.

4:00pm–5:00pm

Let's Connect Gatherings

6:00pm–7:30pm

Movie Night: Boys of Riverside: A Powerful Story

Follows the story of the California School for the Deaf at Riverside football team

Join us for an extraordinary evening showcasing "Boys of Riverside," a powerful 28-minute documentary that will transform how you view ability, communication, and human potential. This inspiring film follows the California School for the Deaf at Riverside football team as they shatter expectations and redefine what's possible, turning what society perceives as a limitation into their greatest strength on their path to multiple state championships. Watch as deaf athletes and coaches demonstrate the power of alternative communication methods, adaptive strategies, and inclusive team dynamics that foster belonging and achievement. The personal journeys of players overcoming homelessness, coaches breaking barriers, and a community challenging stereotypes will resonate deeply with your professional mission of empowering individuals to participate fully in meaningful activities. This isn't just a sports story — it's a celebration of human resilience, the strength found in diversity, and the transformative power of believing in what people can accomplish when given the right support and opportunities.

Moderated discussion to follow with representatives from the California School for the Deaf at Riverside.

Hosted popcorn and iced tea

FRIDAY, NOVEMBER 7

8:15am–11:30am

Concurrent Sessions (earn PDUs)

11:30am–1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

\$85; \$10 Students-Only Gallery Seating (no lunch)

Featuring Jean Koketsu, OTD, OTR/L

1:00pm–3:00pm

Concurrent Sessions (earn PDUs)

3:15pm–5:15pm

Awards Ceremony and Friday

Keynote Address (.5 PDUs)

Featuring Sarah Adam, OTD, OTR/L (MO)

5:15pm–7:15pm

Innovation Expo Grand Opening

7:30pm–9:00pm

Alumni, Student, and Faculty Receptions

SATURDAY, NOVEMBER 8

8:00am–11:30am

Concurrent Sessions (earn PDUs)

11:30am–2:00pm

Expo Activities including Poster Presentations

(earn PDUs)

Must purchase lunch in advance (\$20).

2:15pm–5:30pm

Concurrent Sessions (earn PDUs)

5:45pm–6:15pm

Saturday Keynote Address

Featuring Arameh Anvarizadeh, OTD, OTR/L, FAOTA

6:15pm–7:30pm

President's Mix 'N Mingle | Trivia Prizes

Join us to celebrate OT. Selfie station and trivia for prizes. Hosted light refreshments.

7:30pm–9:00pm

Alumni, Student, and Faculty Receptions; Let's Connect! OTA Gathering

SUNDAY, NOVEMBER 9

7:30am–9:00am

OTAC Annual Meeting and Keynote Address, with Coffee and Light Breakfast Fare (.5 PDUs)

Featuring Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA, and Kathryn Sorensen, OTD, OTR/L (NC), ADAC

9:15am–2:15pm

Concurrent Sessions (earn PDUs)

2:15pm

OT Sunday Super Learners' Prize Drawings

STUDENT CONFERENCE VOLUNTEER SCHOLARSHIP

*Are you interested in
volunteering at Conference?*

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun.

There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast's largest occupational therapy professional development conference. You can access the volunteer form here:

[VOLUNTEER FORM](#)

**Deadline to submit:
October 1**

Attending Sessions? Volunteer as a Room Monitor!

*"ALONE WE CAN DO SO
LITTLE; TOGETHER WE
CAN DO SO MUCH."*

– HELEN KELLER

We invite you to be a Conference room monitor ... and together we can do so much for OT. Learn more and access the form:

[ROOM MONITOR FORM](#)

Deadline to submit: October 1



FOLLOW! CONVO! POST!

- Post on Instagram @otacofca
- Friend us on Facebook @OTACnews
- Start a conversation using #OTACconf2025
- Talk about #activateyourWHY
- Show your #OTACmemberpride

CONFERENCE INFORMATION

CONFERENCE HOTEL

Hilton Pasadena

168 South Los Robles Avenue
Pasadena, CA 91101
(626) 577-1000
toll-free (800) 445-8667

ALL
CONFERENCE
ACTIVITIES ARE
AT THE HILTON

OTAC reserved a block of sleeping rooms at the Conference hotel, Hilton Pasadena. Room rates of \$195 are available for Wednesday, November 5 through Sunday, November 9, 2025. When booking your room, please indicate you are attending the OTAC 2025 Annual Conference. **The deadline to receive the OTAC special rate is Wednesday, October 15, 2025.** (Rates and space upon availability.)

Hotel reservations are now open. You may reserve your sleeping room online. [Click here.](#)

The Hilton Pasadena is a short walk from shops and restaurants, as well as just several blocks from historic Old Pasadena and the Playhouse District. The hotel's lobby and lounge/restaurant are contemporary, modern, and welcoming.

We encourage you to stay at the Hilton Pasadena to ensure that OTAC meets its contractual obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all the reserved sleeping rooms are not utilized.

PARKING

Note: OTAC does not validate for parking. All prices are subject to change.

Hilton Pasadena (All conference activities are at the Hilton.)

Overnight: \$21/self park; \$23/valet.
Day use: \$12/self park; \$12/valet.

Pasadena Convention Center (No conference activities here.)

Daily Parking Rate: \$15. On-site Parking: 800 spaces.
Two entrances: Marengo Avenue to the west and Euclid Avenue to the east between Green Street and Cordova Street.

Additional Parking

2,500 spaces within a one-block radius.

GUEST REGISTRATION

Conference registrants may use Section 4 of the Registration Form to pre-register a guest (\$90 per person). A Guest Registration includes the Movie Night/Thursday, Awards Ceremony & Keynote Address/Friday, Innovation Expo Grand Opening/Friday, Expo/Saturday, and President's Mix 'N Mingle/Saturday. This is for those attending in a social capacity only. Guests may not be members of OTAC, an OT/OTA practitioner, or enrolled in an occupational therapy/assistant program. *Note: Additional meal function tickets may also be purchased for guests. 2025 OTAC Conference*

Award Honorees should contact the OTAC office about their guests for the Awards ceremony.

CONFERENCE TIPS

1. Register early as sessions may fill up.
2. Make your Conference session selections carefully as requesting changes on site may lead to long waits in line at the Registration counter and sessions may not be available.

TRANSPORTATION

AIRPORTS

Hollywood Burbank Airport (BUR) – 16 miles to Pasadena
2627 N. Hollywood Way, Burbank, CA 91505
(818) 840-8840 • www.hollywoodburbankairport.com

Los Angeles International Airport (LAX) – 32 miles to Pasadena
1 World Way, Los Angeles, CA 90045
(855) 463-5252 • www.flylax.com

Ontario International Airport (ONT) – 37 miles to Pasadena
2900 E. Airport Drive, (Terminal 4) Ontario, CA 91761
(909) 937-2700 • www.flyontario.com

Long Beach Airport (LGB) – 38 miles to Pasadena
4100 Donald Douglas Drive, Long Beach, CA 90808
(562) 570-2600 • www.lgb.org

PUBLIC TRANSPORTATION (Information subject to change)

Union Station Flyaway

(866) 435-9529 • www.lawa.org/flyaway

Nonstop bus service to and from Los Angeles International Airport (LAX) via Union Station in downtown Los Angeles. From Union Station, passengers can ride the A Line light rail to Pasadena. Exit Del Mar Station for the Pasadena Convention Center (approximately five blocks). \$12.50 one-way.

Foothill Transit Authority

(800) 743-3463 • www.foothilltransit.org

The buses serve the San Gabriel and Pomona valleys, with express bus routes to Pasadena and Downtown Los Angeles. Adult base fare is \$1.25.

Pasadena Transit Bus

(626) 398-8973 • www.cityofpasadena.net/pasadena-transit/

The buses travel between Old Pasadena, South Lake Avenue, and the Playhouse District. Adult fare is 75¢.

Metro A Line (rail and bus service)

(323) 466-3876 • www.metro.net

The A Line is a 13-mile light rail line within the Los Angeles-area Metro Rail network that transports passengers from Pasadena to Union Station in downtown Los Angeles. Take it to connect to other Los Angeles rail lines or Amtrak. Trains operate daily and include six stops in Pasadena. Purchase tickets from self-service ticket vending machines at Metro Rail stations. Cost is \$1.75 one way.

SHUTTLE SERVICE

Prime Time Shuttle

(800) 733-8267 • www.primetimeshuttle.com

SuperShuttle

(800) 258-3826 • www.supershuttle.com

TAXI SERVICE

LA City Cab • (888) 248-9222

United Taxi • (800) 822-8294



PRESIDENT'S MESSAGE

DEAR COLLEAGUES, STUDENTS, AND FRIENDS,

I am thrilled to extend this warm invitation to the **Occupational Therapy Association of California's 2025 Annual Conference & Innovation Expo!** As we return to the vibrant city of Pasadena, a community known for its rich culture and spirit of innovation, I am filled with pride and excitement to welcome you once again to our flagship event.

It has been a tremendous first year serving as **president of OTAC**, and I remain deeply honored to hold this role. My passion for occupational therapy and this professional association has only grown stronger. OTAC continues to be a space where we come together to advocate, inspire, and elevate one another — and this Conference is where that spirit comes alive.

Last year, we asked you to “Amplify Your *WHY*” and invited you to reflect on the passion that drives your work. This year, we build on that foundation with a bold new question: “**How Do You Activate Your WHY?**” It's one thing to know what motivates us — it's another to put that into meaningful action. Our **THREE** keynote speakers this year embody this charge in extraordinary ways.

We are honored to welcome these distinguished and powerful leaders to our keynote stage:

- **Arameh Anvarizadeh**, OTD, OTR/L, FAOTA, president of the American Occupational Therapy Association, whose leadership is shaping the future of our profession;
- **Sarah Adam**, OTD, OTR/L (MO), a standout U.S. Paralympic Wheelchair Rugby silver medalist, whose story challenges and redefines what is possible;
- and **Kathryn Sorensen**, OTD, OTR/L (NC), ADAC, a fierce ADA advocate, whose work advances disability rights and community accessibility.

Together, they will share how they activate their *WHY*s — through advocacy, action, and purpose-driven leadership. I'm confident that their insights will reignite your own passion and empower you to do the same in your own practice and community.

This Conference is not just about inspiration — it's also about innovation. OTAC has been hard at work on behalf of the profession, and I'm excited to share some of our newest initiatives:

- The **OTAC Education Alliance**, a subscription-based partnership for OT and OTA programs across California offering exclusive access to advocacy updates, student presentations, insider information, and promotional resources.
- The **Education Passport**, which provides *every member* with 12 free PDUs each year — enough to meet licensure renewal requirements at no extra cost.
- The **New Practitioner Membership Program**, which supports recent graduates with a two-year reduced membership rate to help keep them engaged and empowered during the early stages of their career.

And of course, this event is your opportunity to earn **high-quality continuing education**, connect with colleagues, discover new tools and research, and immerse yourself in the energy of our profession's most passionate minds.

Whether you're a student, a new practitioner, a researcher, a clinical leader, an educator, or somewhere in between — **you belong here ... where the extraordinary in the OT community gather.** Let this year's Conference remind you not just *why* you do this work, but how you can continue to activate that *WHY* to lead, to advocate, and to transform lives.

I can't wait to welcome you back to Pasadena and to another unforgettable year of community, growth, and celebration.

With gratitude,

Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA
President, Occupational Therapy Association of California

#OTACConf2025 | #activateyourWHY | #otacmemberpride

 @otacofca  @OTACnews

SCHOLARSHIP OPPORTUNITY

FOCUS ON THE FUTURE LEGACY FUND

It is with great honor that OTAC carries on with the Susan J. Harris Focus on the Future Legacy Fund established by Therapy Specialists, a HealthPRO-Heritage Company in collaboration with OTAC. Harris was a long-time active supporter, valued friend, and member of OTAC. In 2020, OTAC's Entrepreneur Award was renamed in her honor as the Susan J. Harris Occupational Therapy Entrepreneur Award. She was also an awardee of OTAC's Award of Excellence and Lifetime Achievement Award. Harris had founded Therapy Specialists more than 43 years ago and grew it into a successful practice.



Susan J. Harris
1941-2020

With this Legacy Fund, OTAC provides support to the profession in three primary areas: entrepreneurialism and innovation, advocacy, and a leadership pathway for practitioners of diverse backgrounds. At the 2025 Annual Conference, we bring you an Advocacy/Leadership/Management/Private Practice Track. In addition, we are offering the OTAC Leadership Institute Mentees & Mentors: Take the Journey Together. See Session F. [Apply here.](#)

Student Legacy Fund Scholarship. The Legacy Fund also includes the opportunity for two students of diverse backgrounds (students of color, students with disabilities, students within the LGBTQ+ community) to apply for a scholarship to the Annual Conference to attend the sessions in the Track mentioned above, as well as to attend the OTAC Board of Directors and Committee Chairs meeting on the Thursday of Conference. This scholarship is intended to support students in their professional journey through exposure to occupational therapy leadership and professional development. The scholarship includes full Conference registration and up to a \$300 hotel or travel expense reimbursement. Interested students should complete the [application](#) and submit by September 10, 2025.



CHAIRS' MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

On behalf of the Occupational Therapy Association of California (OTAC) and the 2025 OTAC Annual Conference & Innovation Expo Committee, we are excited to invite you to join us for the 49th Annual Conference!

This year's Conference theme is **Activate Your WHY!** and builds from last year's theme of Amplifying Occupational Therapy's WHY to address how to take your OT Passion and turn it into OT Action! Occupational therapy has been grounded in the value of participation in purposeful and meaningful therapeutic occupations to promote health and the balance of physical, mental, and social well-being. The growth and advancement of our profession encompasses a range of practice areas to benefit all persons, groups, and populations. As a practitioner, educator, or student, we have the opportunity to continue to enrich our knowledge and cultivate evidence-based occupational therapy interventions for those who receive our valuable services.

We are honored to have three amazing keynote presenters this year! Sarah Adam, OTD, OTR/L (MO), Paralympian and professor of occupational therapy at St. Louis University in St. Louis, MO, will provide a presentation on Friday afternoon describing her "WHY." On Saturday, our AOTA president, Arameh Anvarizadeh, OTD, OTR/L, FAOTA, will expand on the theme of engagement to "Activate Your WHY" with an inspiring presentation centered on courage, connection, and community. On Sunday we will hear from Kathryn Sorensen, OTD, OTR/L (NC), ADAC, clinical professor and academic fieldwork coordinator in the Division of Occupational Therapy at the University of North Carolina (UNC) at Chapel Hill. We are grateful and delighted to have Sarah Adam, Arameh Anvarizadeh, and Kathryn Sorensen join us for the 2025 OTAC Annual Conference & Innovation Expo!

We are excited to offer the Annual Conference & Innovation Expo in-person at the Hilton Pasadena! We know each attendee will be able to **Activate Your WHY** by participating in professional development, nurturing future practitioners, and engaging in networking opportunities for a lifetime of connections.

The high caliber, peer-reviewed Conference presentations and poster sessions will reinforce your commitment to the unique roles occupational therapy practitioners have in providing innovative approaches to support and promote occupational engagement for everyone we serve. The resolve to increase the diversity and inclusiveness of the occupational therapy profession continues, and the OTAC Annual Conference is one opportunity to pursue that goal.

We look forward to seeing everyone in person at the OTAC Annual Conference in Pasadena!

Your OTAC Conference Chairs,

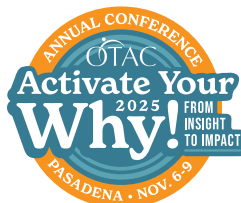
**Joseph (Joe) Juse, OTD, OTR/L, and
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA**



Joseph (Joe) Juse,
OTD, OTR/L



Winifred Schultz-Krohn, PhD, OTR/L,
BCP, FAOTA



OUR HOST CITY-PASADENA

A melting pot of culture & entertainment



[LEARN MORE](#)

TOP 10 PASADENA AWESOME ACTIVITIES

No. 1 – Photograph a TV film location

Parks and Recreation

No. 2 – Tour the Norton Simon Museum

An incredible private collection

No. 3 – Stroll down Colorado Boulevard

Shopping, trendy cafes, culture

No. 4 – Feast your eyes on the Gamble House

From Back to the Future fame

No. 5 – Satisfy your inner science geek

Free tours

No. 6 – Cross the bridge into La La Land

An architectural gem

No. 7 – Be one with nature at **CLOSED** serve

Hike, relax, tour

No. 8 – Visit the world-famous Rose Bowl

Shop the largest flea market in the country

No. 9 – Stop in at the Historic Pasadena Playhouse

Take in a play, enjoy some wine

No. 10 – Admire Pasadena architecture on a walking tour

10 tours available

2025 CONFERENCE COMMITTEE

Chairs – *Joseph (Joe) Juse, Winifred Schultz-Krohn*

Awards Coordinator – *Swati Shah*

Call for Papers/Program Coordinators –
Shohei Takatani, Graham Teaford, Kathryn Wise

Exhibits Coordinator – *Mary Kay Gallagher*

Hospitality Coordinator – *Jhenny Rivera*

Photographer – *Diana Su-Erickson*

Presenter Concierge – *Jackie Mardirossian*

Registration Coordinator – *Laura Deary*

Social Media Coordinator – *Karen Park*

Volunteer Coordinators – *Salvador 'Sal' Chavez, Bambi Olujumu*

OTAC Professional Development & Leadership Chair –
Danny Pavlovich

OTAC Student Leadership Chairs –
Jessica Padilla, Rachelle Murphy, Kristina Holcomb

OTAC President – *Samia Rafeedie*

OTAC Management Team –
*Karen Polastri, Shannon Rutledge, Tracy Brown,
Jenni Schaupp, Tammy Hitchcock*

HONORED LECTURER | KEYNOTE PRESENTERS

FRIDAY CFOT HONORED LECTURER – NOVEMBER 7

11:30am-1:00pm

CFOT Awards Luncheon and Symposium – separate fee required

Ask Yourself, 'WHY Not?': Answer and Activate! (.5 PDU's)

Jean Koketsu, OTD, OTR/L

Jean Koketsu describes herself as an average, hard-working “risk adverse-front-line-bread and butter-generalist-OT” who left the safety net of a traditional healthcare setting after a dozen years to say “yes” to untested options. Koketsu will describe how answering “Why not?” to opportunities opened doors to experiences and impacts beyond what she originally imagined. In this presentation, Koketsu will also share insights on how to survive and thrive in challenging healthcare climates.



Jean Koketsu,
OTD, OTR/L

FRIDAY KEYNOTE – NOVEMBER 7

4:15pm-5:15pm

Directly following the Awards Ceremony in the same room

54 - Fueled by WHY: Purpose-Driven Grit in Occupational Therapy (.5 PDU's)

Sarah Adam, OTD, OTR/L (MO)

In a profession rooted in meaning, we spend our days helping others reconnect with purpose. But when the work gets heavy, how often do we pause to reconnect with our own purpose? As the landscape of OT continues to shift, many practitioners find themselves juggling new roles, changing demands, and increasing pressure. In this keynote, Paralympian and occupational therapy practitioner Sarah Adam brings us back to the core of our profession: the occupations that matter, the values that called us here, and the purpose that sustains us. Through stories from clinical practice, high-performance sport, and teaching, she will explore how our WHY becomes the fuel for the grit it takes to keep showing up. Not just in times of crisis, but across the long arc of a career. This is a call to reconnect with purpose not as an abstract idea, but as a daily practice that can ground us, guide us, and keep us moving forward.

Also presenting session 84 - Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDU's), Saturday, November 8 – 2:15pm – 3:45pm



Sarah Adam,
OTD, OTR/L (MO)

SATURDAY KEYNOTE – NOVEMBER 8

5:45pm-6:15pm

98 - Align with Your WHY: Courage as a Critical Link to Cultivating Connection, Fostering Community, and Empowering Collective Action (.5 PDU's)

Arameh Anvarizadeh, OTD, OTR/L, FAOTA

As we move toward realizing AOTA Vision 2030, activating our “WHY” begins with how we choose to show up for ourselves, for each other, and for the future of occupational therapy and science. This keynote invites us to reflect on the power of courageous, authentic connection as the foundation for meaningful collaboration and innovation. Together, we’ll explore the critical role of community in driving sustainable change and how, by owning our influence, we can challenge systems and structures to spark transformative progress. Through our collective voice, we will lead with purpose, show up bravely, expand our impact, and reimagine what’s possible for our profession and for those we serve.



Arameh Anvarizadeh,
OTD, OTR/L, FAOTA

SUNDAY KEYNOTE – NOVEMBER 9

7:30am-9:00am

Included with OTAC Annual Meeting; must register to attend

L - Refueling Your Purpose: Reactivate the WHY That Got You Here (.5 PDU's)

Kathryn Sorensen, OTD, OTR/L (NC), ADAC

Occupational therapy is built on the belief that people, their stories, their identity, and their purpose matter. As an occupational therapy practitioner with a disability, I’ve experienced that truth from both sides. As a patient, I’ve felt the power of having the support to help me regain meaning and independence. As a practitioner, I’ve helped others find meaning while privately navigating my own search for identity and purpose. In this keynote, I’ll share the journey that led me to discover unexpected meaning (my “WHY”) through my disability, in the classroom, and in my unapologetic ADA nerdiness. Being an occupational practitioner isn’t about productivity metrics or polished careers; it’s about the impact we make with our clients, and the world, every single day. This talk is an invitation to pause and reflect on the stories and relationships that remind us how much of our own purpose can be found in the moments we often overlook. Because when we reflect on the impact we make and remember what we were created to do and why, it can reignite our passion and give us the strength to keep going.

Also presenting session 110 - The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living with a Disability (2 PDU's), Sunday, November 9 – 10:30am – 12:30pm



Kathryn Sorensen,
OTD, OTR/L (NC),
ADAC

WHY ATTEND CONFERENCE

Here’s what your colleagues said about their past experiences – why they attended and/or what they liked best.

Wanted to build new skills

Always appreciate the opportunity to grow and thrive together

Brought my daughter who is a new OT

It is a tradition for me

INTENSIVES: 3 AND 4 HOUR SESSIONS

THURSDAY, NOVEMBER 6

12:45pm-4:00pm

11 - Ethics 101 (3 PDUs)

Lora Woo, OTD, OTR/L

Today's healthcare environment presents ethical challenges that practitioners may not be aware of as being problematic. This session will heighten attendees awareness of possible ethical dilemmas and how to handle these situations through discussions of sample case scenarios.

12:45pm-4:00pm

12 - Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L;
Ingrid Leu, OTD, OTR/L; Emily M. Petersen, OTD, OTR/L;
Joanne Preece, MPH

Reprising the discussions from the 2023 and 2024 OTAC Annual Conference of mental health practice, policy, and innovations, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

FRIDAY, NOVEMBER 7

8:15am-11:30am

27 - Transformational Educational Approach for OT Treatment for Substance Abuse Disorders (3 PDUs)

Rondalyn Whitney, PhD, OTR/L (MA), FAOTA;
Donna Costa, DHS, OTR/L (NV), FAOTA

This workshop will deliver the evidence-based, classroom-tested, transformational curriculum design within occupational therapy education regarding pain assessment, non-pharmacological management of pain, and related psychosocial interventions associated with addiction, and substance use and abuse.

SATURDAY, NOVEMBER 8

8:15am-11:30am

66 - Purpose in Action: Finding and Living Your WHY for Lasting Impact (3 PDUs)

Ada Boone Hoerl, MA, COTA/L

Join your friends and colleagues in an interactive and collaborative session to explore your passion, purpose, and WHY through a variety of lenses. Complete structured activities based on Simon Sinek's approach to finding your WHY. From this foundation, participants will collaborate about how this message can help develop a voice with purposeful narratives, meaning-making, and connections, all founded in the value of occupation.

8:15am-11:30am

67 - Addressing the Anxiety Epidemic: An Occupation-Based Approach (3 PDUs)

Don Gordon, PhD, OTR/L

Anxiety is a growing problem in the modern world. This course will examine the factors related to this emerging epidemic and provide participants with a range of tools that can help address this social issue.

8:15am-11:30am

68 - Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

2:15pm-5:30pm

88 - Partnering with Parents: Collaborative Coaching in Early Intervention (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

Occupational therapy practitioners in early intervention often struggle to engage caregivers in collaborative partnerships. This session will describe how coaching strategies can be effectively used to provide culturally responsive practice embedded into daily living activities.

SUNDAY, NOVEMBER 9

9:15am-1:45pm

107 - Lifestyle Is Manifested in Occupational Engagement (4 PDUs)

Shanpin Franchiang, PhD, OTR/L; Annette V. Morales, OTD;
Jasmine Chapman, OTD; Michael J. Heaton, MA, OTR/L

How individuals engage in occupations is the manifestation of their lifestyles. In the era of smartphone lifestyle and lifestyle medicine, occupational therapy practitioners shall enhance practice through various lifestyle lenses with valid measures, approaches, and resources.

DOOR OF HOPE CHALLENGE

Support Our Conference Cause



There is still an unsheltered crisis in California. Los Angeles County alone has reported 66,433 homeless individuals and it is on the rise. And we all know that homelessness brings with it many dangers. The Door of Hope is a Christian nonprofit, based in Pasadena, serving Los Angeles County. It is one of the only homeless providers that can shelter any kind of family together in their own private unit, including moms, single dads, and two-parent families together with their children.

Our 2025 Conference challenge is to raise \$5,000 in Target gift cards to be distributed to families who attend the Door of Hope Christmas Festival on December 6. If every person who attends the Conference donates a \$5 Target gift card, we will be an occupational therapy force in empowering families facing homelessness to transform their lives. Bring your Target gift card to the Conference registration counter when you check in. We will accept gift cards right up until 2:00pm on Sunday of Conference. Together, let's shelter some unhoused families.

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 44th Anniversary!

CFOT Awards Luncheon and Symposium

FRIDAY, NOVEMBER 7

11:30am-1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2025 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, November 7, 11:30am-1:00pm.

Separate ticket required.

\$85 for lunch (\$10 for gallery seating; no lunch; students only).

HONORED LECTURER – JEAN KOKETSU, OTD, OTR/L

Ask Yourself, 'WHY Not?': Answer and Activate! (.5 PDUs)

Jean Koketsu, OTD, OTR/L

Jean Koketsu describes herself as an average, hard-working “risk adverse-front-line-bread and butter-generalist-OT” who left the safety net of a traditional healthcare setting after a dozen years to say “yes” to untested options. Koketsu will describe how answering “Why not?” to opportunities opened doors to experiences and impacts beyond what she originally imagined. In this presentation, Koketsu will also share insights on how to survive and thrive in challenging healthcare climates.



Jean Koketsu,
OTD, OTR/L

Jean Koketsu, OTD, OTR/L, was born and raised in Los Angeles in the Westside/Venice area. She received an undergraduate degree at University of California Los Angeles, MS in occupational therapy at San Jose State University (SJSU), and OTD at Eastern Kentucky University. She has over 30 years of experience in occupational therapy (OT) traditional healthcare settings in acute care, inpatient rehab, outpatient hand therapy, and community settings. Koketsu currently works as an OT at On Lok PACE with older adults and in a private practice as a sleep coach with national and international clients. She has been a lecturer at SJSU since 2009 and has taught on a variety of topics. Koketsu has presented on the topic of sleep and sleep routines at OTAC conferences, the Society for the Study of Occupation conference, at SJSU special events, and with community-dwelling older adults. Her interest in sleep started 16 years ago when she worked as an OT in a home health setting where all her clients had sleep issues. This started her on a path to research the topic of sleep. Koketsu authored or co-authored chapters on sleep and rest and ADL in three editions of Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction and co-authored a chapter on sleep in an upcoming edition of a pediatric occupational therapy textbook. She co-authored an article on sleep routines in the Journal of Occupational Science in 2023. Her vision is that all occupational therapy practitioners in all practice settings will help people across the lifespan with sleep. Her mission is to educate occupational therapy practitioners and students about sleep so that they can help more people with this important restorative occupation.



SUPPORT OUR FUTURE

SUPPORT ENHANCING OCCUPATIONAL THERAPY SERVICES TO THE PUBLIC

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference & Innovation Expo, again has an online



Past CFOT Awardees

component! We welcome this opportunity to reach a wider audience. “Thank you in advance for continuing to support our mission by donating during the OTAC Conference,” commented CFOT President Michele Berro, MA, OTR/L.

CFOT was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.



Michele Berro,
MA, OTR/L
CFOT President

**YOU ARE INVITED TO DONATE TO
CFOT IN SUPPORT OF OUR MISSION**

DONATE

CFOT MISSION

To advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.





Honoring Those Who Inspire Professional Excellence

COME HELP CELEBRATE OUR OTAC 2025 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, November 7, 3:15pm–4:15pm. This event is open to all Conference attendees registered for Friday.



The OTAC Awards Ceremony is always an attendee highlight.

COMING SOON!

FOLLOW THE ANNUAL CONFERENCE ON OUR FREE MOBILE APP.



The conference mobile app includes:

- Full Conference schedule and a feature to build a customized schedule
- Social sharing on Instagram
- Detailed information about presenters, exhibitors, and sponsors
- Notifications of important updates, special offers, and more.

It's easy! Download the 2025 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/customer login. You must create a new account to access the app's full features.



SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

THURSDAY, NOVEMBER 6

LET'S CONNECT GATHERINGS

4:00pm-5:00pm

A - LET'S CONNECT! OT Entrepreneur/Private Practice

If you are in or exploring the wonders of private practice, register for any session on Thursday and you can sign up to connect with other OT private practitioners and entrepreneurs. Hosted light refreshments.

B - LET'S CONNECT! California OT Fieldwork Council

Come enjoy light refreshments before Movie Night with academic fieldwork coordinators from OT and OTA programs in California! Learn more about being a fieldwork educator, grab some tips to improve your efficiency and skill as a fieldwork educator, and ask any fieldwork questions you may have!

C - LET'S CONNECT! Mental Health and DEIOJ Practitioners

If you are attending any of the Thursday mental health or DEIOJ sessions, sign up to connect and network with your peers. Hosted light refreshments.

D - LET'S CONNECT! Ethics, Older Adults, and More Practitioners

If you are attending any of the Thursday sessions on ethics, older adults, or collaborations, sign up to connect and network with your peers. Hosted light refreshments.

E - Movie Night: Boys of Riverside: A Powerful Story (.5 PDUs)

Follows the story of the California School for the Deaf at Riverside football team

6:00pm-7:30pm

Join us for an extraordinary evening showcasing "Boys of Riverside," a powerful 28-minute documentary that will transform how you view ability, communication, and human potential. This inspiring film follows the California School for the Deaf at Riverside football team as they shatter expectations and redefine what's possible, turning what society perceives as a limitation into their greatest strength on their path to multiple state championships. Watch as deaf athletes and coaches demonstrate the power of alternative communication methods, adaptive strategies, and inclusive team dynamics that foster belonging and achievement. The personal journeys of players overcoming homelessness, coaches breaking barriers, and a community challenging stereotypes will resonate deeply with your professional mission of empowering individuals to participate fully in meaningful activities. This isn't just a sports story — it's a celebration of human resilience, the strength found in diversity, and the transformative power of believing in what people can accomplish when given the right support and opportunities.

Moderated discussion to follow with representatives from the California School for the Deaf at Riverside.

Hosted popcorn and iced tea

FRIDAY, NOVEMBER 7

CFOT Awards Luncheon and Symposium

11:30am-1:00pm

\$85; \$10 students-only gallery (lunch not included)

Recipients of the 2025 CFOT scholarships, research grants, and awards will be announced. Also featured is the 2025 Honored Lecturer Jean Koketsu, OTD, OTR/L, presenting *Ask Yourself, 'WHY Not?' Answer and Activate!* (.5 PDUs)

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase tickets. Seating is limited for both categories.

Awards

Come help celebrate recipients of the 2025 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards.

HONORED LECTURER – JEAN KOKETSU, OTD, OTR/L

Ask Yourself, 'WHY Not?': Answer and Activate! (.5 PDUs)

Jean Koketsu, OTD, OTR/L

Jean Koketsu describes herself as an average, hard-working "risk adverse-front-line-bread and butter-generalist-OT" who left the safety net of a traditional healthcare setting after a dozen years to say "yes" to untested options. Koketsu will describe how answering "WHY not?" to opportunities opened doors to experiences and impacts beyond what she originally imagined. In this presentation, Koketsu will also share insights on how to survive and thrive in challenging healthcare climates.

An additional \$85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for \$10 (lunch not included).



Jean Koketsu,
OTD, OTR/L



BUILD YOUR CUSTOMIZED SCHEDULE

See pages 14 through 16 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

SPECIAL CONFERENCE ACTIVITIES (CONTINUED)

FRIDAY, NOVEMBER 7 (CONT.)

3:15pm-5:15pm

54 - OTAC Awards Ceremony and Keynote Address

OTAC Awards Ceremony. Come one, come all! You are invited to come recognize and celebrate our 2025 award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Fueled by WHY: Purpose-Driven Grit in Occupational Therapy
(.5 PDUs)

Sarah Adam, OTD, OTR/L (MO)

In a profession rooted in meaning, we spend our days helping others reconnect with purpose. But when the work gets heavy, how often do we pause to reconnect with our own purpose? As the landscape of OT continues to shift, many practitioners find themselves juggling new roles, changing demands, and increasing pressure. In this keynote, Paralympian and occupational therapy practitioner Sarah Adam brings us back to the core of our profession: the occupations that matter, the values that called us here, and the purpose that sustains us. Through stories from clinical practice, high-performance sport, and teaching, she will explore how our WHY becomes the fuel for the grit it takes to keep showing up. Not just in times of crisis, but across the long arc of a career. This is a call to reconnect with purpose not as an abstract idea, but as a daily practice that can ground us, guide us, and keep us moving forward.

Adam will also be presenting session 84 Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDUs), Saturday, November 8, 2:15pm-3:45pm.

G - INNOVATION EXPO

5:15pm-7:15pm

Grand Opening | Bingo and Trivia for Prizes

Join us for Friday's lively grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and OTAC trivia for prizes. Many exhibitors also offer giveaways.

ALUMNI, STUDENT, AND FACULTY RECEPTIONS

7:30pm-9:00pm

Celebrate the end of each day by networking with your school alumni, fellow students, and faculty. Always a Conference highlight.



SATURDAY, NOVEMBER 8

8:15am-11:30am

H - Leadership Institute. Mentees & Mentors: Take the Journey Together! (.3 PDUs)

Join us for the OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. This is an orientation and the first module. Must register and/or apply in advance. To participate, mentors and mentees must complete the application process by August 31, 2025. Acceptance notices were sent mid-September. There is a fee for mentees; no fee for mentors. You can find more information about the LI and the application process here. Capacity is limited to 10 teams of two. OTAC Members Only. Separate fee to participate in this year-long program.

I - INNOVATION EXPO

11:30am-2:15pm

Poster Presentations | Bingo for Prizes | Grab and Go Lunch

Saturday offers a convenient lunch option – advance purchase only. If you purchase lunch in advance you are eligible for prize drawings. View poster presentations (eligible for up to 2 PDUs)!

POSTER PRESENTATIONS (earn up to 2 PDUs)

11:30am-12:30pm and 1:00pm-2:00pm

See page 33 and 34 for a list of posters.

SATURDAY KEYNOTE ADDRESS

5:45pm-6:15pm

98 - Align with Your WHY: Courage as a Critical Link to Cultivating Connection, Fostering Community, and Empowering Collective Action (.5 PDUs)

Arameh Anvarizadeh, OTD, OTR/L, FAOTA

As we move toward realizing Vision 2030, activating our "WHY" begins with how we choose to show up for ourselves, for each other, and for the future of occupational therapy and science. This keynote invites us to reflect on the power of courageous, authentic connection as the foundation for meaningful collaboration and innovation. Together, we'll explore the critical role of community in driving sustainable change and how, by owning our influence, we can challenge systems and structures to spark transformative progress. Through our collective voice, we will lead with purpose, show up bravely, expand our impact, and reimagine what's possible for our profession and for those we serve. Open to students.

J - President's Mix 'N Mingle

6:15pm-7:30pm

OTAC president, Samia Rafeedie, invites Conference attendees to come relax, play the connection game, and unwind. Shoot a lifetime of memories with your besties or new found friends at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect! Hosted light refreshments.

K - LET'S CONNECT! OTA GATHERING

7:30pm-8:30pm

Calling OTAs! If you have been participating in our OTAC OTA Subcommittee virtual meetings or are curious about what we've been up to, sign up to learn more. Hosted light refreshments.

ALUMNI, STUDENT, AND FACULTY RECEPTIONS

7:30pm-9:00pm

Celebrate the end of each day by networking with your school alumni, fellow students, and faculty. Always a Conference highlight.

SPECIAL CONFERENCE ACTIVITIES (CONTINUED)

SUNDAY, NOVEMBER 9

7:30am-9:00am

L – OTAC Annual Meeting | Keynote Address

Coffee and light breakfast fare

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. If you wish to attend this event, you **MUST** indicate on your registration form. **Help conserve resources – only mark the event if you plan to attend.**

SUNDAY KEYNOTE ADDRESS

Refueling Your Purpose: Reactivate the WHY That Got You Here

(.5 PDUs)

Kathryn Sorensen, OTD, OTR/L (NC), ADAC

Occupational therapy is built on the belief that people, their stories, their identity, and their purpose matter. As an occupational therapy practitioner with a disability, I've experienced that truth from both sides. As a patient, I've felt the power of having the support to help me regain meaning and independence. As a practitioner, I've helped others find meaning while privately navigating my own search for identity and purpose. In this keynote, I'll share the journey that led me to discover unexpected meaning (my "WHY") through my disability, in the classroom, and in my unapologetic ADA nerdiness. Being an occupational therapist isn't about productivity metrics or polished careers; it's about the impact we make with our clients, and the world, every single day. This talk is an invitation to pause and reflect on the stories and relationships that remind us how much of our own purpose can be found in the moments we often overlook. Because when we reflect on the impact we make and remember what we were created to do and why, it can reignite our passion and give us the strength to keep going.

Sorensen will also present session 110 - The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living with a Disability (2 PDUs), Sunday, November 9 – 10:30am – 12:30pm

OT SUNDAY SUPER LEARNERS' PRIZE DRAWINGS

2:15pm

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 2:00pm. Check the board at the registration table between 2:15pm-2:45pm. Must be present to win.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best:

A great opportunity to be involved

The hands-on experience

The topics

My employer invited me to attend and paid for my registration

It was affordable

The variety of sessions

To practice my networking skills

To earn PDUs all in one place

Weekend availability

It is a friendly environment

I always attend

Attended for my own well-being

CUSTOMIZE YOUR SCHEDULE: SESSIONS BY PRACTICE AREA

ACADEMIA/EDUCATION/FIELDWORK/RESEARCH

- 9 Empowering OT Students: Life Coaching Strategies for Professional Growth (1.5 PDUs)
- 25 From Classroom to Clinic: Using AI as a Tool for Learning, Not a Substitute for Thinking (1.5 PDUs)
- 35 Addressing the Skills Gap: Supporting Occupational Therapy Student Success (1.5 PDUs)
- 47 Inclusive Classroom Practices Supporting Student Engagement (2 PDUs)
- 65 Pushing Boundaries: A Procedural Framework for International Fieldwork (1 PDU)
- 74 Practice Scholarship in Occupational Therapy: An Opportunity to Advance Practice and the Profession (2 PDUs)
- 75 Building Fieldwork Capacity: Backward Design Meets Community Need (2 PDUs)
- 86 Graduate Healthcare Workshop: Supporting Skill-Building, Belonging, and Empowerment (1.5 PDUs)
- 96 Commensality Groups: Resilience Programming for Occupational Therapy Students (1.5 PDUs)
- 103 Partnering with Advisory Boards: Community-Engaged Stroke Rehabilitation Research (1 PDU)
- 106 Supporting Fieldwork Students with Accommodations (3 PDUs)
- 113 Thriving in the Academic Fieldwork Coordinator Role (2 PDUs)

ADULTS/OLDER ADULTS

- 8 Occupational Therapy's Contribution to Aging in Place: Revisiting Home Evaluation Practices (1.5 PDUs)
- 14 Optimize Post-Stroke Education with OT Through Experiential Learning (1.5 PDUs)
- 32 Identifying and Supporting Autistic Mothers' Perinatal Sensory Needs (1.5 PDUs)
- 34 Accounting for Psychosocial Responses to Life-Limiting Illness (1.5 PDUs)
- 46 Deconstructing Occupation-Based Practice (2 PDUs)
- 52 Occupational Therapy's Crucial Role in Intensive Care Units (1 PDU)
- 63 MMCR: Incorporating Clinical Reasoning for Evaluation and Intervention (1 PDU)
- 68 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)
- 95 Care, Community, and SDOH: The OT Perspective (1.5 PDUs)
- 100 Driver Assistance Tech Education (1 PDU)
- 101 Mobile Visual Assistive Applications for Low Vision (1 PDU)
- 104 Integrative Occupational Therapy: Lymphedema, Lipedema, and Pelvic Health (3 PDUs)
- 105 Dementia Mastery: OT Empowered (3 PDUs)
- 107 Lifestyle Is Manifested in Occupational Engagement (4 PDUs)
- 111 OT's Role in the Growing World of PACE (2 PDUs)
- 121 Older Adult Eye Conditions: OT Evaluation and Intervention (1.5 PDUs)
- 123 Pro Bono Clinical Experience for Parents with Disabilities (1.5 PDUs)
- 125 Aging with Grace, Health, and Peace of Mind (1.5 PDUs)

ADVOCACY/LEADERSHIP/MANAGEMENT/PRIVATE PRACTICE/ENTREPRENEURSHIP

- 1 From Clinician to CEO: Start/Scale Your Business (1.5 PDUs)
- 5 Stuck in the Middle: Supporting Managers To Do Their Job! (1.5 PDUs)
- 6 The Power of We: Participatory Action for Practice (1.5 PDUs)
- 9 Empowering OT Students: Life Coaching Strategies for Professional Growth (1.5 PDUs)

- 11 Ethics 101 (3 PDUs)
- 12 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)
- 13 From Expertise to Enterprise: Identifying Your Profitable OT Niche (1.5 PDUs)
- 20 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs)
- 30 California Board of Occupational Therapy Annual Update (1.5 PDUs)
- 44 Demystifying OT-OTA Supervision, It's Giving ... Clarity (2PDUs)
- 45 - Ethical Decision Making in Everyday Practice (2 PDUs)
- 50 How to Become a Paralympic Medical Classifier (1 PDU)
- 51 The Future of Work - Is OT Ready? (1 PDU)
- H Leadership Institute: Mentees & Mentors: Take the Journey Together! (separate fee required; must have applied in advance)
- 73 Organization, Communication, Networking: Policy Change Through Everyday Action (2 PDUs)
- 74 Practice Scholarship in Occupational Therapy: An Opportunity to Advance Practice and the Profession (2 PDUs)
- 81 OT Startup Circuit: Conditioning Your Practice for Success (1.5 PDUs)
- 86 Graduate Healthcare Workshop: Supporting Skill-Building, Belonging, and Empowerment (1.5 PDUs)
- 90 From Role-Emerging to Flourishing OT Program: Lessons and Tools (1.5 PDUs)
- 91 Leading Together: Building Community Among Pediatric Practice Owners (1.5 PDUs)
- 92 The Impacts of Rules and Regulations in Occupational Therapy (1.5 PDUs)
- 93 Built to Last: Using Boundaries to Sustain Your Work in OT (1.5 PDUs)

BEHAVIORAL & MENTAL HEALTH/NEURODIVERSITY/ WELLNESS

- 12 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)
- 21 Occupational Therapy Practitioners as Stewards of Neurodiversity-Affirming Care (1.5 PDUs)
- 23 Community-Based Mental Health OT: Inspired Action (1.5 PDUs)
- 27 Transformational Educational Approach for OT Treatment for Substance Abuse Disorders (1.5 PDUs)
- 31 Are We Listening: The Path to Effective Collaboration (1.5 PDUs)
- 32 Identifying and Supporting Autistic Mothers' Perinatal Sensory Needs (1.5 PDUs)
- 33 Integrating Yoga and Meditation into Practice (1.5 PDUs)
- 34 Accounting for Psychosocial Responses to Life-Limiting Illness (1.5 PDUs)
- F Mindfulness in Daily Life: Practices that Support Presence (No PDUs)
- 41 A Community Celebration Using Art for Creative Expression (1 PDU)
- 42 Improving Occupational Performance in Outpatient Mental Health OT (1 PDU)
- 67 Addressing the Anxiety Epidemic: An Occupation-Based Approach (3 PDUs)
- 72 The Practitioner-Client Connection: How Pediatric OT Well-Being Shapes Outcomes Through the Person Environment Occupation (PEO) Lens (2 PDUs)
- 82 OG OT: Bringing Occupation Back to Mental Health (1.5 PDUs)
- 83 What I See in the Mirror: Addressing Body Image (1.5 PDUs)
- 85 Supporting the Whole Person: Psychosocial Care in Oncology (1.5 PDUs)
- 93 Built to Last: Using Boundaries to Sustain Your Work in OT (1.5 PDUs)

CUSTOMIZE YOUR SCHEDULE: SESSIONS BY PRACTICE AREA

- 94 Reclaiming the Occupation of Rest (1.5 PDUs)
- 104 Integrative Occupational Therapy: Lymphedema, Lipedema, and Pelvic Health (3 PDUs)
- 112 The Role of OT in Pediatric Mental Health (2 PDUs)
- 120 Men Matter: A Scoping Review (1.5 PDUs)
- 124 Implementing Lifestyle Redesign®: A 12-Year Journey in a Safety-Net Health System (1.5 PDUs)
- 125 Aging with Grace, Health, and Peace of Mind (1.5 PDUs)
- 126 Exploring Rest and Sleep in Chronic Migraine Patients (1.5 PDUs)

DIVERSITY/EQUITY/INCLUSION/OCCUPATIONAL JUSTICE

- 3 Evidence-Based Rubric for Inclusive Patient Education in OT (1.5 PDUs)
- 7 Best Practices for Managing Cultural Taxation (1.5 PDUs)
- 64 Interpreting Services for Clients with Limited English Proficiency (1 PDU)
- 124 Implementing Lifestyle Redesign®: A 12-Year Journey in a Safety-Net Health System (1.5 PDUs)

GENERAL

- 2 Connection is the Intervention: How OTs Drive Collaboration (1.5 PDUs)
- 3 Evidence-Based Rubric for Inclusive Patient Education in OT (1.5 PDUs)
- 4 Pain Management: Somatics, Posture, and Ergonomics (1.5 PDUs)
- 6 The Power of We: Participatory Action for Practice (1.5 PDUs)
- 10 Occupational Therapy Sleep Interventions: Combining Lifestyle Redesign® and CBT-I (1.5 PDUs)
- 11 Ethics 101 (3 PDUs)
- 44 Demystifying OT-OTA Supervision, It's Giving ... Clarity (2 PDUs)
- 64 Interpreting Services for Clients with Limited English Proficiency (1 PDU)
- 94 Reclaiming the Occupation of Rest (1.5 PDUs)
- 106 Supporting Fieldwork Students with Accommodations (3 PDUs)
- 120 Men Matter: A Scoping Review (1.5 PDUs)

PEDIATRICS/SCHOOL-BASED

- E Movie Night: Boys of Riverside: A Powerful Story (.5 PDUs)
- 21 Occupational Therapy Practitioners as Stewards of Neurodiversity-Affirming Care (1.5 PDUs)
- 22 Using Social Media and Apps to Reach Parents (1.5 PDUs)
- 31 Are We Listening: The Path to Effective Collaboration (1.5 PDUs)
- 60 Evaluating the Effectiveness of MTSS in Center-Based Early Intervention (1 PDU)
- 62 Game On: An Occupational Therapy Approach to Sports in Head Start (1 PDU)
- 68 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)
- 70 Lived Occupational Experiences of Young Adults with Disabilities (1 PDU)
- 72 The Practitioner-Client Connection: How Pediatric OT Well-Being Shapes Outcomes Through the Person Environment Occupation (PEO) Lens (2 PDUs)
- 76 Rheum to Grow: Pediatric Rheumatology Practice Review (1 PDU)
- 80 Improving Pediatric Acute Care Outcomes Through Parent Empowerment (1.5 PDUs)
- 88 Partnering with Parents: Collaborative Coaching in Early Intervention (3 PDUs)
- 90 From Role-Emerging to Flourishing OT Program: Lessons and Tools (1.5 PDUs)

- 91 Leading Together: Building Community Among Pediatric Practice Owners (1.5 PDUs)
- 102 Improving Pediatric Acute Care Outcomes Through Parent Empowerment (1.5 PDUs)
- 112 The Role of OT in Pediatric Mental Health (2 PDUs)

PHYSICAL DISABILITIES/FEEDING & SWALLOWING/HANDS/REHAB/VISION

- 4 Pain Management: Somatics, Posture, and Ergonomics (1.5 PDUs)
- E Movie Night: Boys of Riverside: A Powerful Story (.5 PDUs)
- 24 Facial Burns and Its Impact on Feeding and Swallowing: An OT Perspective (1.5 PDUs)
- 40 Beyond Independence: Medical Justifications for Durable Medical Equipment (1 PDU)
- 46 Deconstructing Occupation-Based Practice (2 PDUs)
- 50 How to Become a Paralympic Medical Classifier (1 PDU)
- 52 Occupational Therapy's Crucial Role in Intensive Care Units (1 PDU)
- 63 MMCR: Incorporating Clinical Reasoning for Evaluation and Intervention (1 PDU)
- 68 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)
- 70 Lived Occupational Experiences of Young Adults with Disabilities (1 PDU)
- 76 Rheum to Grow: Pediatric Rheumatology Practice Review (1 PDU)
- 80 Improving Pediatric Acute Care Outcomes Through Parent Empowerment (1.5 PDUs)
- 85 Supporting the Whole Person: Psychosocial Care in Oncology (1.5 PDUs)
- 101 Mobile Visual Assistive Applications for Low Vision (1 PDU)
- 103 Partnering with Advisory Boards: Community-Engaged Stroke Rehabilitation Research (1 PDU)
- 107 Lifestyle Is Manifested in Occupational Engagement (4 PDUs)
- 110 The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living with a Disability (2 PDUs)
- 111 OT's Role in the Growing World of PACE (2 PDUs)
- 121 Older Adult Eye Conditions: OT Evaluation and Intervention (1.5 PDUs)
- 122 Leveling the Playing Field: Adaptive Gaming in OT (1.5 PDUs)
- 123 Pro Bono Clinical Experience for Parents with Disabilities (1.5 PDUs)

TECHNOLOGY

- 22 Using Social Media and Apps to Reach Parents (1.5 PDUs)
- 100 Driver Assistance Tech Education (1 PDU)
- 101 Mobile Visual Assistive Applications for Low Vision (1 PDU)
- 107 Lifestyle Is Manifested in Occupational Engagement (4 PDUs)
- 122 Leveling the Playing Field: Adaptive Gaming in OT (1.5 PDUs)

THEME: ACTIVATE YOUR WHY!

- CFOT SYMPOSIUM HONORED LECTURER: Ask Yourself, 'WHY Not?': Answer and Activate! (.5 PDUs) (separate fee required; lunch included)
- 54 FRIDAY KEYNOTE ADDRESS: Fueled by WHY: Purpose-Driven Grit in Occupational Therapy (2 PDUs)
- 66 Purpose in Action: Finding and Living Your WHY for Lasting Impact (3 PDUs)
- 84 Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDUs)
- 98 SATURDAY KEYNOTE ADDRESS: Align with your WHY: Courage as a Critical Link to Cultivating Connection, Fostering Community, and Empowering Collective Action (.5 PDUs)

CUSTOMIZE YOUR SCHEDULE: SESSIONS BY PRACTICE AREA

- L SUNDAY KEYNOTE ADDRESS at OTAC Annual Meeting: Refueling Your Purpose: Reactivate the WHY that Got You Here (.5 PDUs)
- 110 The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living With a Disability (2 PDUs)

STUDENT TRACK

The STUDENT TRACK is discounted for students and consists of the list of Friday and Saturday sessions below plus any session on Thursday and Sunday. Thursday sessions are separate fees, with very affordable pricing. Students may choose to pay the practitioner registration fee to attend ANY session on Friday and Saturday.

- 20 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs)
- 23 Community-Based Mental Health OT: Inspired Action (1.5 PDUs)
- 26 STUDENT'S ONLY Perspectives in Mental Health: An OT Panel (NO PDUs)
- 30 California Board of Occupational Therapy Annual Update (1.5 PDUs)
- 34 Accounting for Psychosocial Responses to Life-Limiting Illness (1.5 PDUs)
- 36 STUDENTS ONLY Beyond the Clinic: Emerging Roles and Innovative Practice Settings (No PDUs)
- 40 Beyond Independence: Medical Justifications for Durable Medical Equipment (1 PDU)
- 43 STUDENT'S ONLY From Student to CHT: Hands Down, What You Need to Know (No PDUs)
- 45 Ethical Decision Making in Everyday Practice (2 PDUs)
- 46 Deconstructing Occupation-Based Practice (2 PDUs)
- 50 How to Become a Paralympic Medical Classifier (1 PDU)
- 53 STUDENTS ONLY Avoiding Burnout: Tools for New Practitioners (No PDUs)
- 54 FRIDAY KEYNOTE: Fueled by WHY: Purpose-Driven Grit in Occupational Therapy (2 PDUs)
- 61 STUDENT'S ONLY The Power of Staying Professionally Engaged: Membership Matters (No PDUs)
- 62 Game On: An Occupational Therapy Approach to Sports in Head Start (1 PDU)
- 66 Purpose in Action: Finding and Living Your WHY for Lasting Impact (3 PDUs)
- 71 STUDENTS ONLY Preparing for the NBCOT® Exam: Student Strategies and Test Taking Tips (No PDUs)
- 73 Organization, Communication, Networking: Policy Change Through Everyday Action (2 PDUs)
- 77 STUDENTS ONLY NBCOT® National Certification Exam: Information You Need to Know (No PDUs)
- 81 OT Startup Circuit: Conditioning Your Practice for Success (1.5 PDUs)
- 82 OG OT: Bringing Occupation Back to Mental Health (1.5 PDUs)
- 84 Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDUs)
- 87 STUDENTS ONLY NBCOT Exam Knowledge Quest (No PDUs)
- 91 Leading Together: Building Community Among Pediatric Practice Owners (1.5 PDUs)
- 92 The Impacts of Rules and Regulations in Occupational Therapy (1.5 PDUs)
- 93 Built to Last: Using Boundaries to Sustain Your Work in OT (1.5 PDUs)
- 97 STUDENT TRACK Interviewing and Rate Negotiations for New Graduates (No PDUs)
- 98 SATURDAY KEYNOTE: Align With Your WHY: Courage as a Critical Link to Cultivating Connection, Fostering Community, and Empowering Collective Action (.5 PDUs)



SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. **Students receive a discount on Conference registration fees.**

ACTIVITIES OF INTEREST

■ THURSDAY, NOVEMBER 6

- Attend any session at the publicized rate
- Movie Night (Free for all Conference attendees)
- Let's Connect Gatherings

■ FRIDAY, NOVEMBER 7

- F - Mindfulness in Daily Life: Practices that Support Presence (No PDU's)
- CFOT Awards Luncheon and Symposium—\$85, or \$10 student-only gallery seating/no lunch
Honored Lecture: Ask Yourself, 'WHY Not?': Answer and Activate!
- Student Track (Sessions)
20, 23, 26, 30, 34, 36, 40, 43, 45, 46, 50, 53, 54
- OTAC Awards Ceremony
- Keynote Address: Fueled by WHY: Purpose-Driven Grit in Occupational Therapy
- Innovation Expo Grand Opening—meet recruiting exhibitors and network with practitioners, play Bingo for cash and prizes
- Alumni, Student, and Faculty Receptions

■ SATURDAY, NOVEMBER 8

- Student Track (Sessions)
61, 62, 66, 71, 73, 77, 81, 82, 84, 87, 91, 92, 93, 97, 98
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$20 and be eligible for a drawing
- Keynote Address: Align with your WHY: Courage as a Critical Link to Cultivating Connection, Fostering Community, and Empowering Collective Action
- President's Mix 'N Mingle | Photo Booth | Trivia and Prizes
- Alumni, Student, and Faculty Receptions
- Let's Connect! OTA Gathering

■ SUNDAY, NOVEMBER 9

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare—included in Sunday registration fee.
- Keynote Address: Refueling Your Purpose: Reactivate the Why That Got You Here
- OT Sunday Super Learners' Prize Drawing – Drawing at 2:00pm. Must be present to pick up prize (2:15pm–2:45pm).



SPECIAL OTAC STUDENT REGISTRATION DISCOUNT.

STUDENTS MAY PAY THE PRACTITIONER RATES TO ATTEND ANY SESSION.

STUDENTS RECEIVE THE EARLY BIRD DISCOUNT RATE UNTIL THE CLOSE OF ADVANCE REGISTRATION, OCTOBER 27. BUT CAPACITY IS LIMITED. REGISTER NOW!

STUDENTS MAY ATTEND ANY SESSION ON THURSDAY AT THE PUBLICIZED RATE AND SUNDAY AT THE STUDENT RATE.



STUDENT TRACK SUPPORTING OUR FUTURE LEADERS

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference & Innovation Expo affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a student discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.

SCHEDULE: THURSDAY, NOVEMBER 6 • PRE-CONFERENCE INSTITUTE

ALL SESSIONS ON THURSDAY ARE OPEN TO STUDENTS AT THE PUBLICIZED RATE.

THURSDAY, NOVEMBER 6

8:00am-6:30pm

Thursday Registration Hours

Registration for all four days will be located on the ground floor of the Hilton Pasadena in the Foyer (by the International Ballroom). Anyone registered in advance for any day is welcome to pick up their registration packet on Thursday. If you live in the area and are stopping by to pick up your registration packet, be sure to register/stay for the Thursday Movie Night and enjoy complimentary popcorn and iced tea.

9:00am-10:30am

1 From Clinician to CEO: Start/Scale Your Business (1.5 PDUs)

Swati Shah, OTR/L; Rakesh Shah

Start and grow your business with legal, ethical, and clinical foundations. This session provides practical strategies, methods, and resources for clinicians eager to launch or expand their practice, business, or start-up.

2 Connection is the Intervention: How OTs Drive Collaboration (1.5 PDUs)

Angela Ochoa, OTR/L

This presentation will outline practical strategies occupational therapy practitioners can use to foster collaboration across service lines—building relationships, improving communication, and aligning goals—to enhance coordinated care and promote better outcomes for patients.

3 Evidence-Based Rubric for Inclusive Patient Education in OT (1.5 PDUs)

Marilyn Thompson, OTD, OTR/L, LRC; Tracy Jalaba, OTD, OTR/L, LRC, PEERS® Young Adult Certified Provider; Emma Schiewe, OTD, OTR/L, TTS, LRC

OTPs need an evidence-based rubric to enhance patient education materials (PEMs). Come learn about a framework for improving consistency, inclusivity, and accessibility of PEMs. Bring your own PEMs to improve quality and address diverse patient needs!

4 Pain Management: Somatics, Posture, and Ergonomics (1.5 PDUs)

Shara Ogin, OTR/L, GCFP®, CEAS

This workshop will focus on alternative approaches to treating pain (based in the Feldenkrais Method®). Attendees will learn movement exercises and manual techniques that will stimulate the Vagus nerve and address symptoms from the root.

10:45am-12:15pm

5 Stuck in the Middle: Supporting Managers To Do Their Job! (1.5 PDUs)

Kathryn Wise, OTD, MHSc, OTR/L

This session will delve into the challenges middle managers face in balancing employee needs and upper management demands, offering practical strategies to aid those who feel “stuck in the middle.”

6 The Power of We: Participatory Action for Practice (1.5 PDUs)

Clarissa Saunders-Newton, PhD, OTR/L; Susan Stouffer, PhD, OTR/L; Javi Enrique Orellana, OTS

Participants will learn to apply Participatory Action Research (PAR) to a clinical problem and discover how PAR can be a practical and empowering methodology for clinicians to collaborate with other clinicians, clients, and their families.

7 Best Practices for Managing Cultural Taxation (1.5 PDUs)

Elizabeth Ching, OTD, MEd, OTR/L

Cultural taxation is a term referring to a common practice in which minoritized racial groups have more responsibilities expected from them than their White counterparts. Learn the “3 R’s of Cultural Taxation” in occupational therapy.

8 Occupational Therapy’s Contribution to Aging in Place: Revisiting Home Evaluation Practices (1.5 PDUs)

Guy Reavis, OTD, OTR/L; Cameron Carter

Is conducting home evaluations still a viable OT practice? This session will explore OT’s evolving role in home modifications, highlighting its potential to address health disparities through client-centered care that supports aging in place.

12:45pm-2:15pm

9 Empowering OT Students: Life Coaching Strategies for Professional Growth (1.5 PDUs)

Clydon Vista, OTD, OTR/L

This presentation will explore how life coaching strategies empower OT students and professionals to shape the future of occupational therapy by enhancing resilience, leadership, and goal-setting skills, fostering adaptability, and preparing for evolving healthcare landscapes.

10 Occupational Therapy Sleep Interventions: Combining Lifestyle Redesign® and CBT-I (1.5 PDUs)

Anna Lynch, OTD, OTR/L, LRC; Lindsey Shomer, OTD, OTR/L, CEAS, LRC

Attendees will learn about the process of integrating Cognitive Behavioral Therapy for Insomnia (CBT-I) within a Lifestyle Redesign® framework, including program development, patient case studies and outcomes, and demonstrating how this combined approach effectively addresses and improves sleep disturbances.

12:45pm-4:00pm

11 Ethics 101 (3 PDUs)

Lora Woo, OTD, OTR/L

Today’s healthcare environment presents ethical challenges that practitioners may not be aware of as being problematic. This session will heighten attendees awareness of possible ethical dilemmas and how to handle these situations through discussions of sample case scenarios.

12 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L; Ingrid Leu, OTD, OTR/L; Emily M. Petersen, OTD, OTR/L; Joanne Preece, MPH

Reprising the discussions from the 2023 and 2024 Annual Conference of mental health practice, policy, and innovations, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

WHY ATTEND CONFERENCE

Here’s what your colleagues said about their past experiences – why they attended and/or what they liked best.

Helps me keep up to date on regulations

Professional camaraderie

I attended before and enjoyed it

SCHEDULE: THURSDAY, NOVEMBER 6 • PRE-CONFERENCE INSTITUTE

THURSDAY – SPECIAL ACTIVITIES

8:00am-6:30pm
Registration Hours

Registration will be located on the ground floor of the Hilton Pasadena in the Foyer (by the International Ballroom). Anyone registered in advance for any day is welcome to pick up their registration packet on Thursday. If you are checking into the Hilton Pasadena or if you live in the area and are stopping by to pick up your registration packet, be sure to register/stay for the Thursday Movie Night and enjoy complimentary popcorn and iced tea.

4:00pm-5:00pm
Let's Connect! Gatherings

6:00pm-7:30pm
E - Movie Night: Boys of Riverside: A Powerful Story

Follows the story of the California School for the Deaf at Riverside football team

Join us for an extraordinary evening showcasing "Boys of Riverside," a powerful 28-minute documentary that will transform how you view ability, communication, and human potential. This inspiring film follows the California School for the Deaf at Riverside football team as they shatter expectations and redefine what's possible, turning what society perceives as a limitation into their greatest strength on their path to multiple state championships. Watch as deaf athletes and coaches demonstrate the power of alternative communication methods, adaptive strategies, and inclusive team dynamics that foster belonging and achievement. The personal journeys of players overcoming homelessness, coaches breaking barriers, and a community challenging stereotypes will resonate deeply with your professional mission of empowering individuals to participate fully in meaningful activities. This isn't just a sports story — it's a celebration of human resilience, the strength found in diversity, and the transformative power of believing in what people can accomplish when given the right support and opportunities.

- B LET'S CONNECT! California OT Fieldwork Council**
Come enjoy light refreshments before Movie Night with Academic Fieldwork Coordinators from OT and OTA programs in California! Learn more about being a fieldwork educator, grab some tips to improve your efficiency and skill as a fieldwork educator, and ask any fieldwork questions you may have!
- C LET'S CONNECT! Mental Health and DEIOJ Practitioners**
If you are attending any of the Thursday mental health or DEIOJ sessions, sign up to connect and network with your peers. Hosted light refreshments.
- D LET'S CONNECT! Ethics, Older Adults, and More Practitioners**
If you are attending any of the Thursday sessions on ethics, older adults, or collaborations, sign up to connect and network with your peers. Hosted light refreshments.

6:00pm-7:30pm

- E Movie Night: Boys of Riverside: A Powerful Story**
Follows the story of the California School for the Deaf at Riverside football team.
Join us for an extraordinary evening showcasing "Boys of Riverside," a powerful 28-minute documentary that will transform how you view ability, communication, and human potential. This inspiring film follows the California School for the Deaf at Riverside football team as they shatter expectations and redefine what's possible, turning what society perceives as a limitation into their greatest strength on their path to multiple state championships. Watch as deaf athletes and coaches demonstrate the power of alternative communication methods, adaptive strategies, and inclusive team dynamics that foster belonging and achievement. The personal journeys of players overcoming homelessness, coaches breaking barriers, and a community challenging stereotypes will resonate deeply with your professional mission of empowering individuals to participate fully in meaningful activities. This isn't just a sports story — it's a celebration of human resilience, the strength found in diversity, and the transformative power of believing in what people can accomplish when given the right support and opportunities.
Moderated discussion to follow with representatives from the school.
Hosted popcorn and iced tea

THURSDAY, NOVEMBER 6 (CONT.)

2:30pm-4:00pm

- 13 From Expertise to Enterprise: Identifying Your Profitable OT Niche (1.5 PDU)**
Hiral Khatri, OTD, OTR/L; Dominique H. Embrey, OTD, OTR/L
Ready to transform your clinical expertise and practice area interest into a thriving private practice or side hustle? Attendees will hear from panelists who have thriving practices or side hustles to hear how they identified and developed their profitable specialty niches. Whether you are a new graduate exploring entrepreneurial opportunities or an experienced clinician ready to launch your own venture, you will hear how these panelists leveraged their unique skills, interests, and clinical experience to create in-demand specialty services.
- 14 Optimize Post-Stroke Education with OT Through Experiential Learning (1.5 PDU)**
Leila Abu-Lashin, OTD, OTR/L, CBIS; Michelle Laforteza, OTD, OTR/L, CBIS; Lauren Sabihon, MSOT, OTR/L, CNS
Learn about a transformative stroke education program with Rancho Los Amigos OTs, where experiential learning takes center stage. Through immersive, hands-on activities, patients not only achieve their goals, but also master vital self-management skills.

4:00pm-5:00pm

- A LET'S CONNECT! OT Entrepreneur/Private Practice**
If you are in or exploring the wonders of private practice, register for any session on Thursday and you can sign up to connect with other OT private practitioners and entrepreneurs. Hosted light refreshments.

**WIN A \$25 GIFT CARD!
ADVANCE PURCHASE A SATURDAY
EXPO LUNCH TO BE ELIGIBLE TO
WIN A \$25 GIFT CARD.**



SCHEDULE: FRIDAY, NOVEMBER 7

FRIDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited.

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

Separate fee required.

CFOT AWARDS

Come help celebrate recipients of the 2025 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards. The Honored Lecturer joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

CFOT SYMPOSIUM HONORED LECTURER

Jean Koketsu, OTD, OTR/L

Ask Yourself, 'WHY Not?': Answer and Activate! (.5 PDUs)

12:00pm-12:45pm

F Mindfulness in Daily Life: Practices that Support Presence (NO PDUs)

3:15pm-5:15pm

54 - OTAC Awards Ceremony and Keynote Address (.5 PDUs)

OTAC AWARDS CEREMONY

Come one, come all! You are invited to come recognize and celebrate our 2025 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Sarah Adam, OTD, OTR/L (MO)

Fueled by WHY: Purpose-Driven Grit in Occupational Therapy (.5 PDUs)

In a profession rooted in meaning, we spend our days helping others reconnect with purpose. But when the work gets heavy, how often do we pause to reconnect with our own purpose? As the landscape of OT continues to shift, many practitioners find themselves juggling new roles, changing demands, and increasing pressure. In this keynote, Paralympian and occupational therapy practitioner Sarah Adam brings us back to the core of our profession: the occupations that matter, the values that called us here, and the purpose that sustains us. Through stories from clinical practice, high-performance sport, and teaching, she will explore how our WHY becomes the fuel for the grit it takes to keep showing up. Not just in times of crisis, but across the long arc of a career. This is a call to reconnect with purpose not as an abstract idea, but as a daily practice that can ground us, guide us, and keep us moving forward.

5:15pm-7:15pm

G Innovation Expo Grand Opening | Exhibitor Bingo and Trivia for Prizes

Join us for the grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and trivia for prizes. Many exhibitors also offer giveaways.

7:30pm- 9:00pm

Student, Alumni, and Faculty Receptions

OTAC's Annual Conference & Innovation Expo is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

FRIDAY, NOVEMBER 7

7:15am-5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited. If registering on-site, arrive early as the wait can be long.

8:15am-9:45am

20 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs)

Min Ji Song, OTD, OTR/L; Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA; Lisa Test, OTD, OTR/L, FAOTA; Arameh Anvarizadeh, OTD, OTR/L, FAOTA; Rena Katrikh, OTD, OTR/L

Join us for a critical briefing on the latest legislative and regulatory changes impacting the occupational therapy profession, including the OT School Credential Initiative, OT Compact, and more. Attendees will also learn about OTAC's grassroots advocacy program, GO-TO-OT. Open to students.

21 Occupational Therapy Practitioners as Stewards of Neurodiversity-Affirming Care (1.5 PDUs)

Christine Turnbull, OTD, OTR/L, BCP; Caroline Hardin, OTD, OTR/L

Neurodiversity-affirming care has been called a moral imperative for occupational therapy practitioners (OTP). This presentation will explore ways in which pediatric mental health OTPs have supported core practice beliefs while embedded within an interdisciplinary medication management team.

22 Using Social Media and Apps to Reach Parents (1.5 PDUs)

Kimberly Grenawitzke, OTD, OTR/L, SCFES, IBCLC, CNT; Kary Rappaport, OTR/L, SCFES, IBCLC

Parents rely on social media and apps to guide parenting decisions. Solid Starts cracked the code, reaching over 10 million families with evidence-based feeding information. Occupational therapy practitioners have an opportunity to reach more people through non-traditional pathways.

23 Community-Based Mental Health OT: Inspired Action (1.5 PDUs)

Karen Pickett, MS, OTR/L; Samantha Hammer, OTS; Twila-Skye Tran, OTS

AOTA identified that only 5% of OTs worked in mental health settings, leaving many clients with unmet occupational needs. This session will describe the collaborative efforts to meet their needs through a university-based free clinic. Open to students.

24 Facial Burns and Its Impact on Feeding and Swallowing: An OT Perspective (1.5 PDUs)

Allen Espelita, OTD, OTR/L, C/NDT, CLT, CEAS I

Facial burns can severely affect feeding and swallowing due to damage to the lips, cheeks, tongue, palate, and pharynx. Occupational therapy practitioners can use effective management techniques to ensure safe and adequate nutrition and hydration.

25 From Classroom to Clinic: Using AI as a Tool for Learning, Not a Substitute for Thinking (1.5 PDUs)

Erika Armenta, OTD, OTR/L; Madeleine Tarin, OTD

This session will explore how artificial intelligence (AI) can be used as a supportive tool in occupational therapy education and fieldwork enhancing case studies, documentation, and intervention planning, while guiding students to critically evaluate and apply AI-generated information in clinical reasoning.

SCHEDULE: FRIDAY, NOVEMBER 7

FRIDAY, NOVEMBER 7 [CONT.]

26 STUDENTS ONLY Perspectives in Mental Health:

An OT Panel (No PDUs)

*Celso Delgado, Jr., OTD, OTR/L, BCMH;
Apple Sepulveda, OTD, OTR/L, BCP, SCFES, IBCLC;
Ingrid Leu, OTD, OTR/L*

This session will highlight OT's role in pediatric, maternal, and adult mental health. Presenters will share case-based insights, followed by an interactive Q&A with OT/OTA students exploring challenges, interventions, and practical strategies. Open to students.

8:15am-11:30am

27 Transformational Educational Approach for OT Treatment for Substance Abuse Disorders (3 PDUs)

*Rondalyn Whitney, PhD, OTR/L (MA), FAOTA;
Donna Costa, DHS, OTR/L (NV), FAOTA*

This workshop will deliver the evidence-based, classroom-tested, transformational curriculum design within occupational therapy education regarding pain assessment, non-pharmacological management of pain, and related psychosocial interventions associated with addiction, substance use and abuse.

10:00am-11:30am

30 California Board of Occupational Therapy Annual Update (1.5 PDUs)

*Beata Morcos, CBOT President;
Christine M. Wietlisbach, OTD, CHT, CBOT Vice President;
Austin Porter, CBOT Executive Officer*

Come learn about the California Board of Occupational Therapy (CBOT), the state licensing board for occupational therapy practitioners. The session will cover licensing, regulatory issues, and enforcement changes affecting OTs and OTAs. Open to students.

31 Are We Listening: The Path to Effective Collaboration (1.5 PDUs)

Seaton Ng, MS, OTR/L

A mixed-method study sampled teachers' and occupational therapy practitioners' perspectives supporting students with sensory processing differences and how they collaborate. Learners will walk away with tangible takeaways enriching communication, role perception, and conflict resolution.

32 Identifying and Supporting Autistic Mothers' Perinatal Sensory Needs (1.5 PDUs)

Kiley Hanish, OTD, OTR/L, PMH-C; Brooke Geske, OTS

This presentation will combine current research on the sensory experience of autistic mothers during the perinatal period, advocacy strategies for neurodivergent parents, and tools for healthcare professionals to provide neurodiverse-affirming care to their patients.

33 Integrating Yoga and Meditation into Practice (1.5 PDUs)

Don Gordon, OTR/L, PhD; Talia Bornstein, OTS

Yoga and meditation represent ancient practices recognized for their value in promoting health. This presentation will demonstrate ways to integrate these practices into treatment to improve the physical and mental health of our clients.

34 Accounting for Psychosocial Responses to Life-Limiting Illness (1.5 PDUs)

Janice Kishi Chow, PhD, OTR/L

Living with life-limiting illness can lead to severe emotional distress. This session will present common psychological responses, present use of occupation-based interventions to help cope, and discuss provider self-care strategies to prevent burn-out. Open to students.

35 Addressing the Skills Gap: Supporting Occupational Therapy Student Success (1.5 PDUs)

Lauren Newhouse, OTD, OTR/L; Sheryl Ryan, PhD, OTR/L

"No one ever taught us this!" OT and OTA students report high anxiety and stress. Challenges with study skills, time management, and communication inhibit mental health. This presentation will describe a course designed to address this skills gap.

36 STUDENTS ONLY Beyond the Clinic: Emerging Roles and Innovative Practice Settings (No PDUs)

*Leah King, OTD, OTR/L; Elizabeth Pauly, OTD, OTR/L, ATP;
Bianca Callier, OTD, OTR/L*

Attendees will discover innovative occupational therapy roles in hippotherapy, aquatic therapy, and pediatric rock climbing. This session will highlight non-traditional practice areas expanding access, engagement, and meaningful outcomes across diverse client populations.

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

An additional \$85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for \$10 – lunch not included.

Seating is limited for both categories.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase your tickets(s) or purchase online here.

CFOT AWARDS

Come help celebrate recipients of the 2025 California Foundation for Occupational Therapy (CFOT) scholarships, research grants, and awards. The Honored Lecturer Series and the CFOT Humanitarian Award join the OTAC Annual Awards Ceremony as among the most inspirational events at the Conference. Don't miss it!

CFOT SYMPOSIUM HONORED LECTURER

Ask Yourself, 'WHY Not?': Answer and Activate! (.5 PDUs)

Jean Koketsu, OTD, OTR/L

Jean Koketsu describes herself as an average, hard-working "risk adverse-front-line-bread and butter-generalist-OT" who left the safety net of a traditional healthcare setting after a dozen years to say "yes" to untested options. Koketsu will describe how answering "Why not?" to opportunities opened doors to experiences and impacts beyond what she originally imagined. In this presentation, Koketsu will also share insights on how to survive and thrive in challenging healthcare climates.

12:00pm-12:45pm

F Mindfulness in Daily Life: Practices that Support Presence (No PDUs)

*Tessa Milman, OTD, OTR/L; Celso Delgado, Jr., OTD, OTR/L, BCMH;
Jennifer Jones, OTD, OTR/L*

This activity will introduce brief, informal mindfulness practices that can be done "in the midst" of daily life. Time will be devoted to practicing informal mindfulness and identifying which of the practices to incorporate into daily life.

1:00pm-2:00pm

40 Beyond Independence: Medical Justifications for Durable Medical Equipment (1 PDU)

Heather Keeton, MS, ATP

This presentation will explore alternative justifications for durable medical equipment beyond independence, emphasizing prevention, stabilization, and participation. It will provide practical documentation strategies, and federal and state policy language to strengthen approvals. Open to students.

SCHEDULE: FRIDAY, NOVEMBER 7

FRIDAY, NOVEMBER 7 [CONT.]

41 A Community Celebration Using Art for Creative Expression (1 PDU)

Suzanne Afuso-Sugano, OTD, OTR/L; Dana Granado, OTR/L

A community-based mental health program hosts an annual art show in celebration of Mental Health Awareness Month in May where occupational therapy practitioners serve as the primary discipline responsible for the organization and implementation each year.

42 Improving Occupational Performance in Outpatient Mental Health OT (1 PDU)

Monica J. Jones, OTD, OTR/L, PMH-C

This presentation will introduce the implementation of a cognitive behavioral approach in outpatient occupational therapy to improve performance and satisfaction in occupational performance that has been adversely affected by mental illnesses, insomnia, or lifestyle deficits.

43 STUDENTS ONLY From Student to CHT: Hands Down, What You Need to Know (No PDUs)

Emily Grullon, OTR/L, CHT

This session will offer OT students a roadmap to becoming a Certified Hand Therapist (CHT), covering clinical experience, study strategies, exam preparation, personal insights, and practical tips for early planning, mentorship, and long-term success in hand therapy.

1:00pm-3:00pm

44 Demystifying OT-OTA Supervision, It's Giving ... Clarity (2 PDUs)

Sherry Younesi, BS, COTA/L; Jessica Padilla, BS, COTA/L

This presentation will clarify OT-OTA supervision guidelines and offer practical tools for effective supervisory strategies. Learn how to strengthen collaboration and develop successful plans for quality, ethical, and productive partnerships.

45 Ethical Decision Making in Everyday Practice (2 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Graham Teaford, OTD, OTR/L, SCLV

The AOTA Code of Ethics is a principled guide for occupational therapy practice. This document, combined with the "Choosing Wisely" information and the Shared Decision Making approach can support ethical decision making across practice settings. Open to students.

46 Deconstructing Occupation-Based Practice (2 PDUs)

Wendy Stav, PhD, OTR/L (MO), FAOTA

This session will deconstruct occupation-based practice (OBP) to allow attendees to reflect on their own therapeutic interactions and make occupation-based practice decisions. Through employment of OBP constructs, practitioners can foster improved client engagement and enhance therapy outcomes.

47 Inclusive Classroom Practices Supporting Student Engagement (2 PDUs)

Karrie Kingsley, OTD, OTR/L

This will be an experiential and interactive workshop for faculty that explores inclusive strategies supporting rapport, power sharing, criticality, and student academic efficacy as pathways to student engagement and deep learning.

2:00pm-3:00pm

50 How to Become a Paralympic Medical Classifier (1 PDU)

Maureen Johnson, PhD, MS, OT/L, BCPR, FNAP, C/NDT, CHSE-A

Paralympic classification determines which athletes are eligible to compete and how athletes are grouped together for competition. This presentation will explain classification, how to become a medical classifier, and why occupational therapy practitioners are most ideal to serve in this capacity. Open to students.

51 The Future of Work - Is OT Ready? (1 PDU)

Kathryn Wise, OTD, MHSc, OTR/L

As AI transforms the global workforce, the future of work evolves. This presentation will cover key trends, impacts on occupational therapy, and how practitioners can support individuals in navigating these changes.

52 Occupational Therapy's Crucial Role in Intensive Care Units (1 PDU)

Amanda Schneider, OTR/L; Antoinette Ledford, OTR/L

Occupational therapy can address the functional needs of critically ill patients. Attendees will learn about a systematic literature review conducted alongside an analysis of relevant case studies to evaluate the effectiveness of OT interventions in the ICU.

53 STUDENTS ONLY Avoiding Burnout: Tools for New Practitioners (No PDUs)

Baily Zubeil, OTD, OTR/L

This session will discuss burnout in the OT field and how to proactively work against it while recognizing the learning curve of starting a new role. Becoming more efficient as you become more proficient is worth the investment of your time.

3:15pm-5:15pm

54 OTAC Awards Ceremony and Keynote Address (.5 PDUs)

Must register to attend

OTAC Awards Ceremony

Come one, come all! You are invited to come recognize and celebrate our 2025 Award honorees who serve with excellence and inspire professional passion.

Keynote Address: Fueled by WHY: Purpose-Driven Grit in Occupational Therapy (.5 PDUs)

Sarah Adam, OTD, OTR/L (MO)

In a profession rooted in meaning, we spend our days helping others reconnect with purpose. But when the work gets heavy, how often do we pause to reconnect with our own purpose? As the landscape of OT continues to shift, many practitioners find themselves juggling new roles, changing demands, and increasing pressure. In this keynote, Paralympian and occupational therapy practitioner Sarah Adam brings us back to the core of our profession: the occupations that matter, the values that called us here, and the purpose that sustains us. Through stories from clinical practice, high-performance sport, and teaching, she will explore how our WHY becomes the fuel for the grit it takes to keep showing up. Not just in times of crisis, but across the long arc of a career. This is a call to reconnect with purpose not as an abstract idea, but as a daily practice that can ground us, guide us, and keep us moving forward. Open to students.

Adam will also be presenting session 84 Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDUs), Saturday, November 8, 2:15pm-3:45pm.

5:15pm-7:15pm

G Innovation Expo Grand Opening | Bingo and Trivia for Prizes

Join us for the grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about employment opportunities, too. Play Exhibitor Bingo and trivia for prizes. Many exhibitors also offer giveaways.

7:30pm-9:00am

Alumni, Student, and Faculty Receptions

OTAC's Annual Conference receptions are a convenient – and fun – opportunity to network with your school alumni, students, and faculty. Always a Conference highlight!

SCHEDULE: SATURDAY, NOVEMBER 8

INNOVATION EXPO ACTIVITIES

Friday, November 7 • 5:15pm–7:15pm

Saturday, November 8 • 11:30am–2:00pm

Join our Exhibitors and Sponsors at the Innovation Expo to:

- learn about **new products and services**
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception**—
Friday (5:15pm–7:15pm)
- **earn PDUs** by viewing posters – Saturday
- grab a quick **lunch** (\$20 advanced purchase to be eligible for prize giveaways) – Saturday
- learn about your **professional association**



WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

*Wanted to attend sessions outside
of my practice area*

So inspiring

*Catching up with old friends
I hadn't seen in a while*

Wanted to expand knowledge in my own field

BUILD YOUR CUSTOMIZED SCHEDULE

See pages 14 through 16 for a list of sessions by practice area.
Build your own practice area schedule or mix and match.

SATURDAY, NOVEMBER 8

7:15am–6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited. If registering on-site, arrive early as the wait can be long.

8:15am–11:30am [3 PDUs]

H Leadership Institute: Mentees & Mentors: Take the Journey Together!

Jenna Mele, OTD, OTR/L, PAC-C; Amber Bennett, OTD, OTR/L

Join us for the OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. This is a pre-training and mentor/mentee pairing. Separate fee to participate in this year-long program. Must apply in advance by August 31, 2025. Acceptance notices were sent by mid-September. There is a fee for mentees; no fee for mentors. You can find more information about the LI and the application process [here](#). Capacity is limited to 10 teams of two. OTAC Members Only.

8:15am–9:15am

60 Evaluating the Effectiveness of MTSS in Center-Based Early Intervention (1 PDU)

Winny Soenaryo, OTD, OTR/L, BCP; Jasmin Gonzalez, OTS

This presentation will explore the effectiveness of multi-tiered system of supports (MTSS) in center-based early intervention, highlighting how tiered occupational therapy services promote targeted interventions that enhance and support participation and improve school readiness in children.

61 STUDENTS ONLY The Power of Staying Professionally Engaged: Membership Matters (No PDUs)

Samia Rafeedie, OTD, OTR/L, BCPR, CBIS, FAOTA

Attendees will discover how professional membership enhances your growth, network, and impact as an OT/OTA. This session will explore the benefits of staying engaged through associations, leadership, and advocacy at every phase of the occupational journey.

62 Game On: An Occupational Therapy Approach to Sports in Head Start (1 PDU)

Arezou Salamat, OTD, OTR/L; Annie Bustamante, OTS

This session will explore implementing an inclusive physical education curriculum using sports in Head Start programs through an occupational therapy lens, promoting structured activities that support preschoolers in developing essential life skills and early developmental foundations. Open to students.



SCHEDULE: SATURDAY, NOVEMBER 8

SATURDAY – SPECIAL ACTIVITIES

7:15am-6:00pm

Saturday Registration Hours

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Attendance at session and activities is first-come, first-served.
Seating capacity is limited.

11:30am-2:15pm

I Innovation Expo | Poster Presentations | Grab and Go Lunch | Exhibitor Bingo and Trivia for Prizes

Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only \$20. Purchasing advanced lunch makes you eligible for prize giveaway.)

5:45pm-6:15pm

SATURDAY KEYNOTE ADDRESS

98 Align with Your WHY: Courage as a Critical Link to Cultivating Connection, Fostering Community, and Empowering Collective Action (.5 PDUs)

Arameh Anvarizadeh, OTD, OTR/L, FAOTA

As we move toward realizing Vision 2030, activating our "WHY" begins with how we choose to show up for ourselves, for each other, and for the future of occupational therapy and science. This keynote invites us to reflect on the power of courageous, authentic connection as the foundation for meaningful collaboration and innovation. Together, we'll explore the critical role of community in driving sustainable change and how, by owning our influence, we can challenge systems and structures to spark transformative progress. Through our collective voice, we will lead with purpose, show up bravely, expand our impact, and reimagine what's possible for our profession and for those we serve. Open to students.

6:15pm-7:15pm

J President's Mix 'N Mingle | Photo Booth | Trivia and Prizes

OTAC president, Samia Rafeedie, invites Conference attendees to come relax, play the connection game, and unwind. Shoot a lifetime of memories with your besties or new found friends at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect! Hosted light refreshments

7:30pm-9:00pm

Student, Alumni, and Faculty Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

K Let's Connect! OTA Gathering

Calling OTAs! If you have been participating in our OTAC OTA member virtual meetings or are curious about what we've been up to, sign up to join us!

SATURDAY, NOVEMBER 8 [CONT.]

63 MMCR: Incorporating Clinical Reasoning for Evaluation and Intervention (1 PDU)

Laurie Knis-Matthews, PhD, OTR/L (NJ);

Christine Bodzioch, MS, OTR/L (NJ), CSRS, CBIS

The Matthews Model of Clinical Reasoning (MMCR) provides occupational therapy practitioners with a systematic approach to developing clinical reasoning skills that are occupation-based during the evaluation and intervention process with people across multiple practice locations.

64 Interpreting Services for Clients with Limited English Proficiency (1 PDU)

Graham Teaford, OTD, OTR/L, SCLV; Uyen Nguyen, OTD, OTR/L; Annie Wong, MS, OTR/L

This course will describe legal and regulatory requirements for qualified interpreters in occupational therapy practice settings. Presenters will discuss the ethical and practical issues related to the use of interpreters and different types of interpretation modalities.

65 Pushing Boundaries: A Procedural Framework for International Fieldwork (1 PDU)

Bari Turetzky, OTD, OTR/L; Candace Chatman, OTD, OTR/L; Joan Vartanian, OTR/L

International fieldwork enriches understanding of occupational therapy in a global context. This presentation will offer guidance for developing robust, ethical, and sustainable international fieldwork and doctoral capstone experiences across diverse cultural and practice settings.

8:15am-11:30am

66 Purpose in Action: Finding and Living Your WHY for Lasting Impact (3 PDUs)

Ada Boone Hoerl, MA, COTA/L

Join your friends and colleagues in an interactive and collaborative session to explore your passion, purpose, and WHY through a variety of lenses. Complete structured activities based on Simon Sinek's approach to finding your WHY. From this foundation, participants will collaborate about how this message can help develop a voice with purposeful narratives, meaning-making, and connections, all founded in the value of occupation. Open to students.

67 Addressing the Anxiety Epidemic: An Occupation-Based Approach (3 PDUs)

Don Gordon, PhD, OTR/L

Anxiety is a growing problem in the modern world. This course will examine the factors related to this emerging epidemic and provide participants with a range of tools that can help address this social issue.

68 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;

Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

9:30am-10:30am

70 Lived Occupational Experiences of Young Adults with Disabilities (1 PDU)

Mark Petersen, OTD, OTR/L

This session will explore the lived occupational experiences of young adults with developmental disabilities using the Pan Occupational Paradigm (POP). Themes emerging from qualitative phenomenology, photovoice, and in-depth interviews will guide discussion on transition services.

71 STUDENTS ONLY Preparing for the NBCOT® Exam: Student Strategies and Test Taking Tips (No PDUs)

Miri Lee, OTD, OTR/L, CNS

In this session, OT Miri will share insights on how to prepare effectively for the NBCOT® exam, including both study techniques and test-taking strategies. Whether you're just getting started or entering the final review phase, this presentation will offer structure, guidance, and practical tips to help you approach the exam with greater clarity and confidence.

SCHEDULE: SATURDAY, NOVEMBER 8

SATURDAY, NOVEMBER 8 [CONT.]

9:30am-11:30am

- 72 **The Practitioner-Client Connection: How Pediatric OT Well-Being Shapes Outcomes Through the Person Environment Occupation (PEO) Lens (2 PDUs)**
Ashley Bonzell, OTD, OTR/L; Winny Soenaryo, OTD, OTR/L, BCP
Using the PEO model, this presentation will explore how pediatric occupational therapy practitioners' well-being influences client outcomes and offers evidence-based, practical strategies to reduce burnout, enhance self-care, and support caregiver-child relationships for improved client participation.
- 73 **Organization, Communication, Networking: Policy Change Through Everyday Action (2 PDUs)**
Heather J. Kitching, OTD, OTR/L, FAOTA
The profession's future depends upon our capacity to create the future we desire. This session will focus on contemporary strategies to stay informed and participate in action plans for strategic and positive change. Open to students.
- 74 **Practice Scholarship in Occupational Therapy: An Opportunity to Advance Practice and the Profession (2 PDUs)**
Nicole Quint, PhD, DrOT, OTR/L
This session will introduce the Practice Scholarship Model in occupational therapy, equipping practitioners to advance their careers, practice settings, and the profession by overcoming systemic barriers and aligning with academic and clinical advancement frameworks.
- 75 **Building Fieldwork Capacity: Backward Design Meets Community Need (2 PDUs)**
Candace Chatman, OTD, OTR/L; Nandita Raman, OTD, OTR/L
With more OT programs and fewer Level II fieldwork sites, this presentation will show how backward curriculum design can create clinical experiences at community-based sites without OT services, expanding capacity and ensuring high-quality student learning opportunities.

10:45am-11:45am

- 76 **Rheum to Grow: Pediatric Rheumatology Practice Review (1 PDU)**
Harrison Phelps, OTR/L; Talitha Black, OTR/L
Attendees will learn an in-depth, hands-on review of childhood rheumatic diseases including a demonstration of diagnosis-specific evaluation, review of current research, and pediatric-specific practice considerations. Diagnoses including juvenile idiopathic arthritis, lupus, and juvenile dermatomyositis will be discussed.
- 77 **STUDENTS ONLY NBCOT® National Certification Exam: Information You Need to Know (No PDUs)**
Allen Espelita, OTD, OTR/L, C/NDT, CLT, CEAS I
Connect with NBCOT and hear about the best approaches to achieve your goal for occupational therapy licensure.

11:30am-2:00pm

- I **Innovation Expo | Poster Presentations | Grab and Go Lunch (for purchase) | Exhibitor Bingo and Trivia for Prizes**
Come on in! Grab a quick 'to go' lunch (separate advanced purchase required – only \$20). Purchasing advance lunch makes you eligible for a prize giveaway. Visit our more than 30 exhibitors, the OTAC booth trivia prize wheel, and 40 posters. Prizes announced at 1:45pm.

2:15pm-3:45pm

- 80 **Improving Pediatric Acute Care Outcomes Through Parent Empowerment (1.5 PDUs)**
Lauren Newhouse, OTD, OTR/L; Audrey Lim, OTD, OTR/L
Occupational therapy practitioners will be equipped with practical, achievable strategies to shift focus from a child-centered deficit model toward a family-centered, culturally responsive, parent empowerment approach to more effectively and directly impact a child's recovery process.
- 81 **OT Startup Circuit: Conditioning Your Practice for Success (1.5 PDUs)**
Sarah Putt, MA, OTR/L; Jayson Davies, OTR/L, FAOTA
This will be a dynamic session blending movement and reflective activities to explore OT entrepreneurship. Attendees will rotate through interactive stations exploring business foundations, planning, and sustainability, while fostering collaboration and community on your entrepreneurial journey. Open to students.
- 82 **OG OT: Bringing Occupation Back to Mental Health (1.5 PDUs)**
Ingrid Leu, OTD, OTR/L; Alexie Rubin, OTR/L
This session will highlight how OT practitioners in psychiatric inpatient and residential settings are reviving occupation-based care through client-centered, hands-on groups that motivate, empower, and meaningfully engage individuals with serious mental illness in real-life skill building. Open to students.
- 83 **What I See in the Mirror: Addressing Body Image (1.5 PDUs)**
Erin Bussell, OTD, OTR/L, LRC; Emma Schiewe, OTD, OTR/L, TTC, LRC; Hannah Schultz, MS, OTR/L
This session will explore the concept of body image and its relation to OT treatment. Successful interventions include cognitive behavioral therapy, motivational interviewing, and lifestyle approaches. Come expand your skills to encourage clients towards body neutrality.
- 84 **Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDUs)**
Sarah Adam, OTD, OTR/L (MO)
Join our Friday Keynote Sarah Adam, OTD, OTR/L (MO), for an interactive deep-dive into sustaining purpose throughout your OT career. Through guided reflection, group discussions, and practical exercises, attendees will explore strategies for reconnecting with your professional WHY during challenging times. Share insights with peers, develop personal action plans, and discover how purpose becomes your compass for navigating change and maintaining resilience. Open to students.
- 85 **Supporting the Whole Person: Psychosocial Care in Oncology (1.5 PDUs)**
Vanessa Yanez, PhD, MSOT, OTR/L
Cancer survivors face increased risks of emotional distress that can impact function and occupational participation. This session will teach OT practitioners how to recognize distress and deliver evidence-based psychosocial care in acute care and outpatient settings.
- 86 **Graduate Healthcare Workshop: Supporting Skill Building, Belonging, and Empowerment (1.5 PDUs)**
Melisa Kaye, EdD, OTR/L; Marcella Cardoza-McCollum, EdD, CCC-SLP; Alexis Wells, BS, OTS
This interactive session will present a pilot research study and hands-on workshop designed to support marginalized graduate healthcare students by addressing academic skill gaps, hidden curriculum, and sense of empowerment to improve equity in OT education.

SCHEDULE: SATURDAY, NOVEMBER 8

SATURDAY, NOVEMBER 8 [CONT.]

2:15pm-4:15pm

87 STUDENTS ONLY NBCOT Exam Knowledge Quest (No PDUs)

Julie B. Kornbluth, MA, OTR/L

Join this exciting competition for OT/OTA students to enhance their NBCOT exam preparation. Practicing text questions and construction, format, and test-taking strategies will be highlighted in a fun and competitive atmosphere. Participate as part of a team or just watch, learn, and have fun. Prizes for the winning team. Teams, sign up here.

2:15pm-5:30pm

88 Partnering with Parents: Collaborative Coaching in Early Intervention (3 PDUs)

*Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA*

Occupational therapy practitioners in early intervention often struggle to engage caregivers in collaborative partnerships. This session will describe how coaching strategies can be effectively used to provide culturally responsive practice embedded into daily living activities.

4:00pm-5:30pm

90 From Role-Emerging to Flourishing OT Program: Lessons and Tools (1.5 PDUs)

*Janis Yue, OTD, OTR/L; Stephani Gharehptian, OTD, OTR/L;
Sharon Han, OTS*

There's no roadmap to building an OT program in a role-emerging setting. The presenters will share important lessons and practical tools they have gleaned from five years of experience at a pediatric mental health site.

91 Leading Together: Building Community Among Pediatric Practice Owners (1.5 PDUs)

Sahana Baker-Malone, OTD, OTR/L; Sena Felt, OTR/L

Pediatric practice ownership can feel isolating, but it doesn't have to. Discover how building community with like-minded leaders eases emotional burdens, enhances leadership, and provides essential and sometimes unexpected insights. Open to students.

92 The Impacts of Rules and Regulations in Occupational Therapy (1.5 PDUs)

*Michelle Arakaki, OTD, OTR/L; Nora Dixon, OTD, OTR/L, LRC;
Cecilia Tran, OTD, OTR/L*

This session will be a reflective and discussion-based presentation exploring how rules and regulations impact occupational therapy practice, scope, and patient/client access in the context of policy, legislation, and professional setting. Open to students.

93 Built to Last: Using Boundaries to Sustain Your Work in OT (1.5 PDUs)

Erin McIntyre, OTD, OTR/L; Jessica De Brun, OTD, OTR/L

This presentation will explore how intentional boundaries support resilience and well-being in occupational therapy. Attendees will learn practical strategies to prevent burnout, sustain ethical practice, and foster longevity in their professional journey. Open to students.

94 Reclaiming the Occupation of Rest (1.5 PDUs)

*Marilyn Thompson, OTD, OTR/L, LRC;
Rebecca Cunningham, OTD, OTR/L, MSCS, LRC*

Rest is commonly undervalued and underprioritized in daily life with implications for health, well-being, and quality of life. This presentation will support OT practitioners incorporating rest into evaluation, assessment, and intervention processes in clinical practice.

95 Care, Community, and SDOH: The OT Perspective (1.5 PDUs)

*Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP,
FAOTA, RAC-CTA*

In this session attendees will explore the vital role of occupational therapy in addressing social determinants of health (SDOH), promoting health equity, and connecting care with community-based resources in post-acute settings to improve client outcomes.

96 Commensality Groups: Resilience Programming for Occupational Therapy Students (1.5 PDUs)

*Edith Alba, OTS; Jasmine Henley, OTS; Molly Hargon, OTS;
Caroline Umeda, PhD, OTR/L*

Commensality groups are innovative, occupation-based resilience support for healthcare providers. This session will detail a pilot commensality program for OTD students and will engage attendees in exploring implementation in their own contexts.

4:30pm-5:30pm

97 STUDENT TRACK Interviewing and Rate Negotiations for New Graduates (No PDUs)

Allison Estes Baker, MS, OTR/L

New and soon-to-be graduates will learn to compete through market research, prepare stand-out resumes, and articulate value to potential employers. We will deconstruct the interview process, build confident negotiators, and start a meaningful career.

5:45pm-6:15pm

SATURDAY KEYNOTE ADDRESS

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SCHEDULE: SUNDAY, NOVEMBER 9

SUNDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am-9:00am

L OTAC Annual Meeting | Keynote Address | Coffee and Light Breakfast Fare (.5 PDUs)

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address.

Keynote Address: Refueling Your Purpose: Reactivate the WHY that Got You Here (.5 PDUs)

Kathryn Sorensen, OTD, OTR/L (NC), ADAC

Occupational therapy is built on the belief that people, their stories, their identity, and their purpose matter. As an occupational therapy practitioner with a disability, I've experienced that truth from both sides. As a patient, I've felt the power of having the support to help me regain meaning and independence. As a practitioner, I've helped others find meaning while privately navigating my own search for identity and purpose. In this keynote, I'll share the journey that led me to discover unexpected meaning (my "WHY") through my disability, in the classroom, and in my unapologetic ADA nerdiness. Being an occupational therapist isn't about productivity metrics or polished careers; it's about the impact we make with our clients, and the world, every single day. This talk is an invitation to pause and reflect on the stories and relationships that remind us how much of our own purpose can be found in the moments we often overlook. Because when we reflect on the impact we make and remember what we were created to do and why, it can reignite our passion and give us the strength to keep going.

2:15pm-2:45pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 2:00pm. Check the board at the registration table between 2:15pm-2:45pm. Must be present to win.

Keynote Address: Refueling Your Purpose: Reactivate the WHY that Got You Here (.5 PDUs)

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Sorensen will also be presenting session 110 - The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living With a Disability (2 PDUs), Sunday, November 9, 10:30am - 12:30pm

9:15am-10:15am

100 Driver Assistance Tech Education (1 PDU)

Ali Azin, OTD, OTR/L

This session will feature a project focused on developing and delivering educational programming on driver assistance technology. Educational sessions were held at local community senior centers. The program successfully increased participants' confidence in using several driver assistance features.

101 Mobile Visual Assistive Applications for Low Vision (1 PDU)

Kayla Gan, OTD, OTR/L

Attendees will learn how to turn any mobile device into a low vision aid for individuals with visual impairment. This course will teach practitioners on how to use and train their clients on visual assistive applications.

103 Partnering with Advisory Boards: Community-Engaged Stroke Rehabilitation Research (1 PDU)

Stacy Sanchez Ramirez, MEd, OTS; David Karchem, MS

Attendees will learn about how a community advisory board can help address research and practice inequities. The presenters will share benefits and challenges in providing insider knowledge and expertise to support community needs and inform stroke rehabilitation research.

9:15am-12:30pm

104 Integrative Occupational Therapy: Lymphedema, Lipedema, and Pelvic Health (3 PDUs)

Tami Faris, OTR/L, CLT-LANA

Exploring occupational therapy's holistic role in addressing lymphedema, lipedema, lipolymphedema, and pelvic floor dysfunction through evidence-based strategies linking lymphatics, pelvic floor, ANS, and behavioral interventions to reduce inflammation, improve function, and enhance quality of life.

SUNDAY, NOVEMBER 9

7:15am-2:45pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited. If registering on-site, arrive early as the wait can be long.

7:30am-9:00am

L OTAC Annual Meeting | Keynote Address (.5 PDUs) | Coffee and Light Breakfast Fare

This event is included in your Sunday registration fee, but you must register for it to receive a ticket. Hear from OTAC president, Samia Rafeedie, about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote presenter. And don't forget the OTAC-PAC prize drawing.

SCHEDULE: SUNDAY, NOVEMBER 9

SUNDAY, NOVEMBER 9 [CONT.]

105 Dementia Mastery: OT Empowered (3 PDUs)

Lisa Hong, OTD, OTR/L; Joanne Trammel, MS, OTR/L

This session will combine evidence-based dementia care instruction with interactive case studies and hands-on practice, equipping participants with tools to develop dementia-informed services and lead in advancing dementia care.

106 Supporting Fieldwork Students with Accommodations (3 PDUs)

Deanna Mannarelli, OTD, OTR/L; Bari Turetzky, OTD, OTR/L; Kim Nguyen, MSW, LCSW; Nicole Smith, PhD

This seminar will equip fieldwork educators to support students with accommodations through educational modules, case studies, and collaborative activities, covering legal rights, USC and site resources, and practical strategies to create an inclusive, supportive learning environment.

9:15am-1:45pm

107 Lifestyle Is Manifested in Occupational Engagement (4 PDUs)

Shanpin Fanchiang, PhD, OTR/L; Annette V. Morales, OTD; Jasmine Chapman, OTD; Michael J. Heaton, MA, OTR/L

How individuals engage in occupations is the manifestation of their lifestyles. In the era of smartphone lifestyle and lifestyle medicine, occupational therapists shall enhance practice through various lifestyle lenses with valid measures, approaches, and resources.

10:30am-12:30pm

110 The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living with a Disability (2 PDUs)

Kathryn Sorensen, OTD, OTR/L (NC), ADAC

This session is Dr. Sorensen's personal journey of the challenges and triumphs of navigating life with a disability. She will share her lived experience with osteogenesis imperfecta, including the positive aspects, the hard things that are not talked about, and the many negative healthcare encounters she hopes no one else will have to endure. Blending personal narrative with evidence-based research, she invites attendees to examine the physical, social, and emotional barriers that people with disabilities face every day, both within healthcare and beyond. This session will equip attendees with practical, actionable strategies to create more inclusive environments, strengthen patient-provider relationships, and a deeper understanding of disability that only comes from living with one.

111 OT's Role in the Growing World of PACE (2 PDUs)

Ally (Sun Hwa) Chen, OTR/L; Michael Weigand, OTR/L; Alan Guterrez, COTA/L

The Program for All-Inclusive Care for the Elderly (PACE) is a fast-growing single-point care model designed for frail seniors. Occupational therapy practitioners in PACE hold an ever-important role in elevating the physical and mental health of our seniors.

112 The Role of OT in Pediatric Mental Health (2 PDUs)

Praveen Injeti, OTD, MFT, OTR/L; Maanvi Kisun, OTS; Annie Golay, OTS

This session will explore occupational therapy practitioners' role in pediatric mental health, emphasizing the value of EmPATH Units, advocating for OT integration in mental health care, and examining the impact of mental health disorders on children and adolescents.

113 Thriving in the Academic Fieldwork Coordinator Role (2 PDUs)

Jayne Taguchi Meyer, OTD, OTR/L; Joyce Fries, MS, OTR/L

Being an academic fieldwork coordinator (AFWC) can be a very rewarding and challenging academic role. Two expert academic fieldwork coordinators will share literature and experience to support thriving and longevity in this creative and sometimes high stress role.

12:45pm-2:15pm

120 Men Matter: A Scoping Review (1.5 PDUs)

Khalil Mrabe, OTD, OTR/L, MEd, CLT; Gabriela Perez, OTD, EdD, OTR/L

Men's health outcomes in the context of global population health and the role of occupational therapy in promoting greater outcomes for men across the lifespan will be discussed.

121 Older Adult Eye Conditions: OT Evaluation and Intervention (1.5 PDUs)

Graham Teaford, OTD, OTR/L, SCLV

This course will address the most common causes of visual impairment among older adults: macular degeneration, diabetic retinopathy, and glaucoma. The course will discuss occupational therapy evaluation and intervention methods for this population.

122 Leveling the Playing Field: Adaptive Gaming in OT (1.5 PDUs)

Hanallynn Hunt, OTD, OTR/L; Allyson Tong, OTR/L; Andy Lin, MS, ATP

Explore an innovative adaptive gaming program where OTs and rehab engineering collaborate to create custom setups for patients with diverse physical disabilities, empowering participation, play, and occupational engagement at Rancho's Emerging Tech Lab.

123 Pro Bono Clinical Experience for Parents with Disabilities (1.5 PDUs)

Amy Lyons-Brown, OTD, OTR/L; Alesha Thomas, BS, IBCLC; Merna Shehata, OTD

This session will explore the occupation of parenting and the use of a pro bono clinic to provide occupational therapy services to parents with disabilities.

124 Implementing Lifestyle Redesign®: A 12-Year Journey in a Safety-Net Health System (1.5 PDUs)

Monica Becerril, MA, OTR/L, LRC; Michal Atkins, MA, OTR/L, LRC

In this session attendees will discover a unique Lifestyle Redesign® program for clients with neurological conditions, focusing on culturally-responsive care for a Latinx/é, low-income population and addressing barriers such as language, literacy, food and housing insecurity, and limited community participation.

125 Aging with Grace, Health, and Peace of Mind (1.5 PDUs)

Shelley Wear, OTD, OTR/L

The aging population is on the rise and has multifaceted challenges requiring holistic support to maintain quality of life, independence, and well-being. Occupational therapy is uniquely positioned to support clients in estate planning awareness.

126 Exploring Rest and Sleep in Chronic Migraine Patients (1.5 PDUs)

Katie Weschsler, OTD, OTR/L, LRC; Anna Lynch, OTD, OTR/L, LRC; Melina Allahverdian, OTD, OTR/L

Rest and sleep are distinct occupations in the Occupational Therapy Practice Framework. Lifestyle Redesign® occupational therapy practitioners can support patient engagement in high-quality sleep and non-sleep restorative activities as part of their condition self-management.

2:15pm-2:45pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, the prize drawings will be made from your blue tickets collected at the session doors. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be posted at 2:15pm in the Registration area. Must be present to win. SAFE TRAVELS HOME!

ALL SESSIONS
ON SUNDAY
ARE OPEN TO
STUDENTS

CONFERENCE AT-A-GLANCE

THURSDAY, NOVEMBER 6

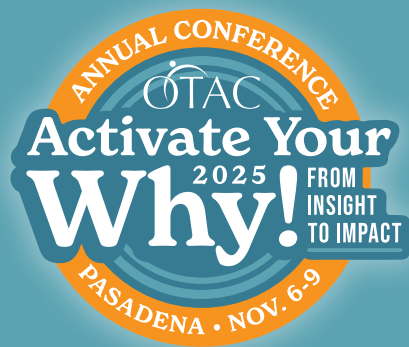
Registration Hours - 8:00am-6:30pm

9:00am	1 From Clinician to CEO: Start/Scale Your Business (1.5 PDUs)	2 Connection is the Intervention: How OTs Drive Collaboration (1.5 PDUs)	3 Evidence-Based Rubric for Inclusive Patient Education in OT (1.5 PDUs)	4 Pain Management: Somatics, Posture, and Ergonomics (1.5 PDUs)
10:45am	5 Stuck in the Middle: Supporting Managers To Do Their Job! (1.5 PDUs)	6 The Power of We: Participatory Action for Practice (1.5 PDUs)	7 Best Practices for Managing Cultural Taxation (1.5 PDUs)	8 Occupational Therapy's Contribution to Aging in Place: Revisiting Home Evaluation Practices (1.5 PDUs)
12:15pm				
12:45pm	9 Empowering OT Students: Life Coaching Strategies for Professional Growth (1.5 PDUs)	10 Occupational Therapy Sleep Interventions: Combining Lifestyle Redesign® and CBT-I (1.5 PDUs)	11 Ethics 101 (3 PDUs)	12 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)
2:15pm				
2:30pm	13 From Expertise to Enterprise: Identifying Your Profitable OT Niche (1.5 PDUs)	14 Optimize Post-Stroke Education with OT Through Experiential Learning (1.5 PDUs)		
4:00pm	A - LET'S CONNECT! OT Entrepreneur/Private Practice			
	B - LET'S CONNECT! California OT Fieldwork Council			
	C - LET'S CONNECT! Mental Health and DEI/OJ Practitioners			
	D - LET'S CONNECT! Ethics, Older Adults, and More Practitioners			
6:00pm	E - Movie Night: Boys of Riverside: A Powerful Story (.5 PDUs) (6:00pm-7:30pm)			

*All sessions open to students

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CONFERENCE AT-A-GLANCE

	FRIDAY, NOVEMBER 7							
7:15am	Registration Hours - 7:15pm-5:00pm							
8:15am	20 Protecting Our Careers: State and Federal Regulatory and Legislative Updates (1.5 PDUs) ST	21 Occupational Therapy Practitioners as Stewards of Neurodiversity-Affirming Care (1.5 PDUs)	22 Using Social Media and Apps to Reach Parents (1.5 PDUs)	23 Community-Based Mental Health OT: Inspired Action (1.5 PDUs) ST	24 Facial Burns and Its Impact on Feeding and Swallowing: An OT Perspective (1.5 PDUs)	25 From Classroom to Clinic: Using AI as a Tool for Learning, Not a Substitute for Thinking (1.5 PDUs)	26 STUDENTS ONLY Perspectives in Mental Health: An OT Panel (NO PDUs)	27 Transformational Educational Approach for OT Treatment for Substance Abuse Disorders (3 PDUs)
9:45am								
10:00am	30 California Board of Occupational Therapy Annual Update (1.5 PDUs) ST	31 Are We Listening: The Path to Effective Collaboration (1.5 PDUs)	32 Identifying and Supporting Autistic Mothers' Perinatal Sensory Needs (1.5 PDUs)	33 Integrating Yoga and Meditation into Practice (1.5 PDUs)	34 Accounting for Psychosocial Responses to Life-Limiting Illness (1.5 PDUs) ST	35 Addressing the Skills Gap: Supporting Occupational Therapy Student Success (1.5 PDUs)	36 STUDENTS ONLY Beyond the Clinic: Emerging Roles and Innovative Practice Settings (No PDUs)	
11:30am	CFOT Awards Luncheon and Symposium (.5 PDUs) - Separate Ticket Required - \$85 (Students - \$85 or \$10 no lunch/gallery seating)							
12:00pm	F - Mindfulness in Daily Life: Practices that Support Presence – ST							
1:00pm	40 Beyond Independence: Medical Justifications for Durable Medical Equipment (1 PDU) ST	41 A Community Celebration Using Art for Creative Expression (1 PDU)	42 Improving Occupational Performance in Outpatient Mental Health OT (1 PDU)	43 STUDENTS ONLY From Student to CHT: Hands Down, What You Need to Know (No PDUs)	44 Demystifying OT-OTA Supervision, It's Giving ... Clarity (2 PDUs)	45 Ethical Decision Making in Everyday Practice (2 PDUs) ST	46 Deconstructing Occupation-Based Practice (2 PDUs) ST	47 Inclusive Classroom Practices Supporting Student Engagement (2 PDUs)
2:00pm	50 How to Become a Paralympic Medical Classifier (1 PDU) ST	51 The Future of Work – Is OT Ready? (1 PDU)	52 Occupational Therapy's Crucial Role in Intensive Care Units (1 PDU)	53 STUDENTS ONLY Avoiding Burnout: Tools for New Practitioners (No PDUs)				
3:00pm	All proceed to the Awards Ceremony and Keynote Address							
3:15pm	54 - OTAC Awards Ceremony and Friday Keynote Address (.5 PDUs) – ST							
5:15pm	G - Innovation Expo Grand Opening Bingo and Trivia Prizes							
7:30pm	Alumni, Student, and Faculty Receptions							

ST = practitioner sessions open to students

CONFERENCE AT-A-GLANCE

SATURDAY, NOVEMBER 8

	SATURDAY, NOVEMBER 8										
7:15am	Registration Hours - 7:15am-6:00pm										
8:15am	60 Evaluating the Effectiveness of MTSS in Center-Based Early Intervention (1 PDU)	61 STUDENTS ONLY The Power of Staying Professionally Engaged: Membership Matters (No PDUs)	62 Game On: An Occupational Therapy Approach to Sports in Head Start (1 PDU) ST	63 MMCR: Incorporating Clinical Reasoning for Evaluation and Intervention (1 PDU)	64 Interpreting Services for Clients with Limited English Proficiency (1 PDU)	65 Pushing Boundaries: A Procedural Framework for International Fieldwork (1 PDU)	66 Purpose in Action: Finding and Living Your WHY for Lasting Impact (3 PDUs) ST	67 Addressing the Anxiety Epidemic: An Occupation-Based Approach (3 PDUs)	68 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)		
9:15am											
9:30am	70 Lived Occupational Experiences of Young Adults with Disabilities (1 PDU)	71 STUDENTS ONLY Preparing for the NBCOT® Exam: Student Strategies and Test Taking Tips (No PDUs)	72 The Practitioner-Client Connection: How Pediatric OT Well-Being Shapes Outcomes Through the Person Environment Occupation (PEO) Lens (2 PDUs)	73 Organization, Communication, Networking: Policy Change Through Everyday Action (2 PDUs) ST	74 Practice Scholarship in Occupational Therapy: An Opportunity to Advance Practice and the Profession (2 PDUs)	75 Building Fieldwork Capacity: Backward Design Meets Community Need (2 PDUs)				8:15am-11:30am	
10:30am										H Leadership Institute Pre-Training and Mentor/Mentee Pairing (3 PDUs) Separate Fee	
10:45am	76 Rheum to Grow: Pediatric Rheumatology Practice Review (1 PDU)	77 STUDENTS ONLY NBCOT® National Certification Exam: Information You Need to Know (No PDUs)									
11:30am	I - Innovation Expo Poster Presentations Bingo and Trivia Prizes Grab and Go Lunch – \$20 (must advance purchase)										
2:15pm	80 Improving Pediatric Acute Care Outcomes Through Parent Empowerment (1.5 PDUs)	81 OT Startup Circuit: Conditioning Your Practice for Success (1.5 PDUs) ST	82 OG OT: Bringing Occupation Back to Mental Health (1.5 PDUs) ST	83 What I See in the Mirror: Addressing Body Image (1.5 PDUs)	84 Living Your WHY: A Practical Workshop on Purpose-Driven Practice (1.5 PDUs) ST	85 Supporting the Whole Person: Psychosocial Care in Oncology (1.5 PDUs)	86 Graduate Healthcare Workshop: Supporting Skill-Building, Belonging, and Empowerment (1.5 PDUs)	87 STUDENTS ONLY NBCOT Exam Knowledge Quest (No PDUs)	88 Partnering with Parents: Collaborative Coaching in Early Intervention (3 PDUs)		
3:45pm											
4:00pm	90 From Role-Emerging to Flourishing OT Program: Lessons and Tools (1.5 PDUs)	91 Leading Together: Building Community Among Pediatric Practice Owners (1.5 PDUs) ST	92 The Impacts of Rules and Regulations in Occupational Therapy (1.5 PDUs) ST	93 Built to Last: Using Boundaries to Sustain Your Work in OT (1.5 PDUs) ST	94 Reclaiming the Occupation of Rest (1.5 PDUs)	95 Care, Community, and SDOH: The OT Perspective (1.5 PDUs)	96 Commensality Groups: Resilience Programming for Occupational Therapy Students (1.5 PDUs)				
4:45pm								97 STUDENT TRACK Interviewing and Rate Negotiations for New Graduates (No PDUs)			
5:00pm											
5:30pm											
5:45pm	98 - Saturday Keynote Address (1.5 PDUs) – ST										
6:15pm	J - President’s Mix ‘N Mingle Photo Booth Trivia and Prizes										
7:30pm	Alumni, Student, and Faculty Receptions										
	K - Let’s Connect! OTA Gathering										

ST = practitioner sessions open to students

CONFERENCE AT-A-GLANCE

	SUNDAY, NOVEMBER 9							
7:15am	Registration Hours - 7:15am-2:45pm							
7:30am	L - OTAC Annual Meeting and Sunday Keynote Address (.5 PDUs) with Coffee and Light Breakfast Fare							
9:15am	100 Driver Assistance Tech Education (1 PDU)	101 Mobile Visual Assistive Applications for Low Vision (1 PDU)		103 Partnering with Advisory Boards: Community- Engaged Stroke Rehabilitation Research (1 PDU)	104 Integrative Occupational Therapy: Lymphedema, Lipedema, and Pelvic Health (3 PDUs)	105 Dementia Mastery: OT Empowered (3 PDUs)	106 Supporting Fieldwork Students with Accommodations (3 PDUs)	107 Lifestyle Is Manifested in Occupational Engagement (4 PDUs) (ends at 1:45pm)
10:15am								
10:30am	110 The Good, the Bad, the Awkward: What I Wish Healthcare Providers Knew About Living with a Disability (2 PDUs)	111 OT's Role in the Growing World of PACE (2 PDUs)		112 The Role of OT in Pediatric Mental Health (2 PDUs)	113 Thriving in the Academic Fieldwork Coordinator Role (2 PDUs)			
12:30pm								
12:45pm	120 Men Matter: A Scoping Review (1.5 PDUs)	121 Older Adult Eye Conditions: OT Evaluation and Intervention (1.5 PDUs)	122 Leveling the Playing Field: Adaptive Gaming in OT (1.5 PDUs)	123 Pro Bono Clinical Experience for Parents with Disabilities (1.5 PDUs)	124 Implementing Lifestyle Redesign@: A 12- Year Journey in a Safety-Net Health System (1.5 PDUs)	125 Aging with Grace, Health, and Peace of Mind (1.5 PDUs)	126 Exploring Rest and Sleep in Chronic Migraine Patients (1.5 PDUs)	
2:15pm	OT Sunday Super Learners' Prize Drawings Winners Posted at Registration Counter at 2:15pm							
2:45pm	Registration Closes - Safe Travels All!							

*All sessions open to students



POSTER PRESENTATIONS

There are two poster presentation groups which may be viewed only on **Saturday, November 8, 2025** – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm in the Expo Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDUs for each poster with a maximum of 2 PDUs allowed for the two-hour session.

Addressing Workplace Sexual Violence in Occupational Therapy

Isabelle Reilly, OTS; Alaa Abou-Arab, OTD, OTR/L

An OT Perspective on Promoting Postpartum Exercise Participation

Abigail Waisner, OTD;

Carlin Reaume, OTD, OTR/L, MAEd, DipACLM

BIPOC Experiences in Outdoor Occupations for Mental Health

Jasmine Reynoso, OTS

Bridging Autism Care: OT and Dental School Collaboration

Trina Hoang, OTS; Divya Desai, OTD, OTR/L, LSVT

Bridging Perspectives: A Pilot Study of Stakeholder Insights, Learning Needs, and Preferences on Exoskeleton Use for Adults with Physical Disabilities

Kimberly Ancheta, OTS; Elizabeth Abarca, OTS;

Roshini Gammanpila, OTS; Mellissa Huynh, OTS

Bridging the Gap: Occupational Therapy Stroke Education for Hispanic Caregivers

Viviana Avila, OTS; Alaa Abou-Arab, OTD, OTR/L

Building Bridges: Social Skills for Community Integration

Denecia Boone, OTD, OTR/L; Stephanie Esgro, OTD, OTR/L, LRC

Campus Protest as Occupation: Form, Function, and Meaning

Pooja Ekbote, OTS; Hana Abdullah, OTS; Candice Carrizales, OTS;

Sheryl Ryan, PhD, OTR/L

Caregivers' Experiences Transitioning Dementia Relatives to Long-Term Care

Giselle Santos, OTS; Alyanna Kayla Paulino, OTS;

Tracy Nguyen, OTS; Sheryl Ryan, PhD, OTR/L

Collaborative Online International Learning in OT Service-Learning Courses

Lynne Andonian, PhD, OTR/L

Cultural Humility in OTD Education

Pearl Kim, OTS

Culturally Responsive OT for Parkinson's in Spanish-Speaking Farmers

Christie Ledezman, OTS

Development of a Computer-Scored Visual Motor Assessment

Randy Fall, PhD; Karen Silberman, EdD;

Dana Khudaverdyan, EdD

Development of a Pilot Study on OT Effects Among Incarcerated Youth

Daniel Chin, OTS

Empowering Autonomy in Cancer Survivors via Telehealth

Leahmay Castillo, OTS, COTA/L, CSRS

Empowering The Unhoused: An Occupational Therapy Approach to Independent Living

Nneoma Holloway, OTS; Rhonda Windham, OTD, OTR/L

Essential Qualities of Mentors Supporting Early-Career Occupation-Based Practice

Kristin Jones, OTD, PhD, OTR/L

Examining OTP Perspectives on Outdoor Adventuring for Intellectual Developmental Disability

Kaitlin O'Hara, OTD, OTR/L, CNS; Behin Behrozi, MSOT

Family-Centered Care in Pediatric Oncology

Olivia Hope, OTS

Group Occupational Therapy Interventions and Substance Use Recovery

Melanie Alcala, OTD; Stephanie Esgro, OTD, OTR/L, LRC

Improvement in Pediatric Upper Extremity Dysfunction via MediTouch

Eddie Chu, OTD, OTR/L; Katherine Tran, OTS; Maria Wada, OTS

Living Through a Disaster with a Disability

Ann McDonald, PhD, OTR/L, DipACLM, ALC;

Marissa Davis, OTS; Kathryn Rainwater, OTS; Rachel Weisz, OTS

Mental Imagery and Action Observation Use by Practitioners

Nichole Vasquez, OTD, OTR/L, CSRS;

Lauren Cowans, OTS; Annie Daniels, OTS

Need for Occupational Therapy for Caregivers of Disabled or Sick Canines

Taylor Tavares, OTD, OTR/L

Occupational Therapist's Role Post Gender Affirming Surgery

Tenaya Jo, OTS

Occupational Therapy in Adaptive Swim Education

Arielle Bernstein, OTD; Divya Desai, OTD, OTR/L, LSVT

Pediatric Hemorrhagic Stroke: Early vs. Late Trajectory Experiences

Annika Uemura, OTS; Isandla Blanc, OTS;

Clarissa Junio, OTS; Katie Roghi, OTS

Perinatal Loss: Culture, Religion, and Occupation

Jerelle Medina, OTS; Kiley Hanish, OTD, OTR/L, PMH-C

Promoting Mental Health in SNF: Opportunities for OTPs

Michaela Scanlon, OTD, OTR/L

POSTER PRESENTATIONS, CONT.

Qualitative Study on Veterans' Transition Home

Henry Tran, OTS; Sheryl Ryan, PhD, OTR/L

Relax, Learn, Succeed: Trauma-Informed Strategies for OTAs

Anh Ha, OTAS; Daniela Maldonado, OTAS;

Vicky Vu, OTD, MBA, OTR/L, BCP

SEL for Elementary Special Needs: An Advocacy Approach

Shivani Amin, OTD

Sensory Processing Patterns, Stress, and Sleep in Parents of Young Children

Victoria Mari Rioflorida, OTS; Nagisa Yamaguchi, OTS; Kyedda

Izzabella Gabuat, OTS; Megan Chang, PhD, OTR/L, FAOTA

Social Participation and Navigation (SPAN): Description and Usability of App-Based Coaching Intervention for Young Adults with Autism Spectrum Disorder (ASD)

Chiao-Ju Fang, PhD, OTR/L; Amy Aramaki, OTS;

Emily Clark, OTS; Ingrid De Santiago, OTS

Social Transformation Through Human Occupation: A Global Mapping Initiative

Ivory Rose, OTD, OTR/L;

Yousef Babish, OTS

The Role of Animals in Pediatric Telehealth

Mary Burr, OTD, OTR/L, ATP, C-AAIS, CAS;

Catherine Le, OTD, OTR/L, CAS, BCTS, ADHD-RSP, CCFP

Therapeutic Gardening: Portable, Temporary Garden Walls

Annette Hatala, OTD, OTR/L

Touch Grass: A Nature-Based Approach to Lifestyle Redesign

Mary McGregor, MA, OTR/L

Transition to School Post-Pediatric Hemorrhagic Stroke

Aveen Dulai, OTS; Karen Fernandez, OTS; Carolyn Nguyen, OTS

Waves of Wellness: Aquatic Occupational Therapy for Veterans

Yaritza Leon, OTD, OTR/L; Rhonda Windham, OTD, OTR/L;

Bianca Callier, OTD, OTR/L

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Saturday, November 8

11:30am–2:00pm

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USC Lifestyle Redesign® Knowledge Mobilization Initiative

SESSION PRESENTERS BY NAME

Leila Abu-Lashin, OTD, OTR/L, CBIS..... 19

Sarah Adam, OTD,
OTR/L (MO)..... 7, 12, 20, 22, 25

Suzanne Afuso-Sugano, OTD, OTR/L..... 22

Edith Alba, OTS..... 26

Melina Allahverdian, OTD, OTR/L..... 28

Arameh Anvarizadeh, OTD,
OTR/L, FAOTA..... 7, 12, 19, 24, 26

Michelle Arakaki, OTD, OTR/L..... 26

Erika Armenta, OTD, OTR/L..... 20

Michal Atkins, MA, OTR/L, LRC..... 28

Ali Azin, OTD, OTR/L..... 27

Allison Estes Baker, MS, OTR/L..... 26

Sahana Baker-Malone, OTD, OTR/L..... 26

Monica Becerril, MA, OTR/L, LRC..... 28

Amber Bennett, OTD, OTR/L..... 23

Talitha Black, OTR/L..... 25

Christine Bodzioch, MS,
OTR/L (NJ), CSRS, CBIS..... 24

Ashley Bonzell, OTD, OTR/L..... 25

Talia Bornstein, OTS..... 21

Erin Bussell, OTD, OTR/L, LRC..... 25

Annie Bustamante, OTS..... 23

Bianca Callier, OTD, OTR/L..... 21

Marcella Cardoza-McCollum,
EdD, CCC-SLP..... 25

Elisa Carranza, OTD, OTR/L..... 23

Cameron Carter..... 18

Jasmine Chapman, OTD..... 8, 28

Candace Chatman, OTD, OTR/L..... 24, 25

Ally (Sun Hwa) Chen, OTR/L..... 28

Elizabeth Ching, OTD, MEd, OTR/L..... 18

Janice Kishi Chow, PhD, OTR/L..... 21

Donna Costa, DHS, OTR/L (NV), FAOTA ... 8, 21

Rebecca Cunningham, OTD,
OTR/L, MSCS, LRC..... 26

Jayson Davies, OTR/L, FAOTA..... 25

Jessica De Brun, OTD, OTR/L..... 8, 18, 26

Celso Delgado, Jr., OTD, OTR/L, BCMH 20, 21

Nora Dixon, OTD, OTR/L, LRC..... 26

Domenique H. Embrey, OTD, OTR/L..... 19

Allen Espelita, OTD, OTR/L,
C/NDT, CLT, CEASI..... 20, 25

Tami Faris, OTR/L, CLT-LANA..... 27

Sena Felt, OTR/L..... 26

Shanpin Fanchiang, PhD, OTR/L..... 8, 28

Joyce Fries, MS, OTR/L..... 28

Kayla Gan, OTD, OTR/L..... 27

Brooke Geske, OTS..... 21

Stephani Gharehptian, OTD, OTR/L..... 26

Annie Golay, OTS..... 28

Jasmin Gonzalez, OTS..... 23

Don Gordon, PhD, OTR/L..... 8, 21, 24

Dana Granado, OTR/L..... 22

Kimberly Grenawitzke, OTD,
OTR/L, SCFES, IBCLC, CNT..... 20

Emily Grullon, OTR/L, CHT..... 22

Alan Guterrez, COTA/L..... 28

Samantha Hammer, OTS..... 20

Sharon Han, OTS..... 26

Kiley Hanish, OTD, OTR/L, PMH-C..... 21

Caroline Hardin, OTD, OTR/L..... 20

Molly Hargon, OTS..... 26

Michael J. Heaton, MA, OTR/L..... 8, 28

Jasmine Henley, OTS..... 26

Ada Boone Hoerl, MA, COTA/L..... 8, 24

Lisa Hong, OTD, OTR/L..... 28

Hanallynn Hunt, OTD, OTR/L..... 28

Praveen Injeti, OTD, MFT, OTR/L..... 28

Tracy Jalaba, OTD, OTR/L, LRC..... 18

Maureen Johnson, PhD, MS, OT/L, BCPR,
FNAP, C/NDT, CHSE-A..... 22

Jennifer Jones, OTD, OTR/L..... 21

Monica J. Jones, OTD, OTR/L, PMH-C..... 22

David Karchem, MS..... 27

Rena Katrikh, OTD, OTR/L..... 20

Melisa Kaye, EdD, OTR/L..... 25

Heather Keeton, MS, ATP..... 21

Hiral Khatri, OTD, OTR/L..... 19

Leah King, OTD, OTR/L..... 21

Karrie Kingsley, OTD, OTR/L..... 22

Maanvi Kisun, OTS..... 28

Heather J. Kitching, OTD, OTR/L, FAOTA..... 25

Laurie Knis-Matthews, PhD, OTR/L (NJ)..... 24

Jean Koketsu, OTD, OTR/L..... 7, 9, 11, 21

Julie B. Kornbluth, MA, OTR/L..... 26

Michelle Laforteza, OTD, OTR/L, CBIS..... 19

Antoinette Ledford, OTR/L..... 22

Miri Lee, OTD, OTR/L, CNS..... 24

Ingrid Leu, OTD, OTR/L..... 8, 18, 21, 25

Audrey Lim, OTD, OTR/L..... 25, 27

Andy Lin, MS, ATP..... 28

Anna Lynch, OTD, OTR/L, LRC..... 18, 28

Amy Lyons-Brown, OTD, OTR/L..... 28

Deanna Mannarelli, OTD, OTR/L..... 28

Sabrena McCarley, MBA-SL, OTR/L, CLIPP,
RAC-CT, QCP, FAOTA, RAC-CTA..... 26

Erin McIntyre, OTD, OTR/L..... 8, 18, 26

Jenna Mele, OTD, OTR/L, PAC-C..... 23

Jaynee Taguchi Meyer, OTD, OTR/L..... 28

Tessa Milman, OTD, OTR/L..... 21

Annette V. Morales, OTD..... 8, 28

Beata Morcos, CBOT President..... 21

Khalil Mrabe, OTD, OTR/L, MEd, CLT..... 28

Lauren Newhouse, OTD, OTR/L..... 21, 25

Seaton Ng, MS, OTR/L..... 21

Kim Nguyen, MSW, LCSW..... 28

Uyen Nguyen, OTD, OTR/L..... 24

Angela Ochoa, OTR/L..... 18

Shara Ogin, OTR/L, GCFP®, CEAS..... 18

Javi Enrique Orellana, OTS..... 18

Jessica Padilla, BS, COTA/L..... 22

Elizabeth Pauly, OTD, OTR/L, ATP..... 21

Gabriela Perez, OTD, EdD, OTR/L..... 28

Emily M. Petersen, OTD, OTR/L..... 8, 18

Mark Petersen, OTD, OTR/L..... 24

Harrison Phelps, OTR/L..... 25

Karen Pickett, MS, OTR/L..... 20

Austin Porter, CBOT Executive Officer..... 21

Joanne Preece, MPH..... 8, 18

Sarah Putt, MA, OTR/L..... 25

Nicole Quint, PhD, DrOT, OTR/L..... 25

Samia Rafeedie, OTD,
OTR/L, BCPR, CBIS, FAOTA..... 19, 23

Nandita Raman, OTD, OTR/L..... 25

Stacy Sanchez Ramirez, MEd, OTS..... 27

Kary Rappaport, OTR/L, SCFES, IBCLC..... 20

Guy Reavis, OTD, OTR/L..... 18

Alexie Rubin, OTR/L..... 25

Sheryl Ryan, PhD, OTR/L..... 21

Lauren Sabihon, MSOT, OTR/L, CNS..... 19

Arezou Salamat, OTD, OTR/L..... 23

Clarissa Saunders-Newton, PhD, OTR/L..... 18

Emma Schiewe, OTD, OTR/L, TTC, LRC... 18, 25

Amanda Schneider, OTR/L..... 22

Hannah Schultx, MS, OTR/L..... 25

Winifred Schultz-Krohn, PhD,
OTR/L, BCP, FAOTA..... 8, 22, 24, 26,

Apple Sepulveda, OTD,
OTR/L, BCP, SCFES, IBCLC..... 20

Rakesh Shah..... 18

Swati Shah, OTR/L..... 18

Merna Shehata, OTD..... 28

SESSION PRESENTERS BY NAME

Lindsey Shomer, OTD, OTR/L, CEAS, LRC.....	18
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA.....	8, 24, 26
Nicole Smith, PhD.....	28
Winny Soenaryo, OTD, OTR/L, BCP	23, 25
Min Ji Song, OTD, OTR/L	19
Kathryn Sorensen, OTD, OTR/L (NC), ADAC	7, 13, 27, 28
Wendy Stav, PhD, OTR/L (MO), FAOTA	22
Susan Stouffer, PhD, OTR/L.....	18
Madeleine Tarin, OTD	20
Graham Teaford, OTD, OTR/L, SCLV	22, 24, 28
Lisa Test, OTD, OTR/L, FAOTA.....	19
Alesha Thomas, BS, IBCLC	28
Marilyn Thompson, OTD, OTR/L, LRC.....	18, 26
Allyson Tong, OTR/L.....	28
Joanne Trammel, MS, OTR/L	28
Cecilia Tran, OTD, OTR/L.....	26
Twila-Skye Tran, OTS.....	20
Bari Turetzky, OTD, OTR/L.....	24, 28
Christine Turnbull, OTD, OTR/L, BCP.....	20
Caroline Umeda, PhD, OTR/L.....	26
Clydon Vista, OTD, OTR/L.....	18
Shelley Wear, OTD, OTR/L.....	28
Michael Weigand, OTR/L.....	28
Alexis Wells, BS, OTS.....	25
Katie Weschsler, OTD, OTR/L, LRC	28
Rondalyn Whitney, PhD, OTR/L (MA), FAOTAA	8, 21
Christine M. Wietlisbach, OTD, CHT, CBOT Vice President	21
Kathryn Wise, OTD, MHSc, OTR/L	18, 22
Annie Wong, MS, OTR/L.....	24
Lora Woo, OTD, OTR/L	8, 18
Vanessa Yanez, PhD, MSOT, OTR/L	25
Sherry Younesi, BS, COTA/L	22
Janis Yue, OTD, OTR/L	26
Baily Zubel, OTD, OTR/L.....	22



CONFERENCE REGISTRATION FORM INSTRUCTIONS

SEE PAGE 2
FOR DEADLINES
TO REMEMBER

(form on page 38)

1. **Registrant:** Please print or type all data.
(Online registration is available on the OTAC website at www.otaconline.org through October 27, 2025 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. *Registration forms will NOT be accepted if you select overlapping sessions.*
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
 - You must check all boxes that apply or your registration is not complete.
 - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
 - Special Meal Needs: You must pre-register by October 15, 2025 or we may not be able to accommodate you.
 - Special Needs: You must pre-register by October 15, 2025.
 - Special Activities (SA): These events must be prepaid. There most likely will be no 'at-the-door' availability. Seating is limited.
 - Refund Policy: A refund, less \$75 administrative fee (\$45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 15, 2025. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 2 for Deadlines to Remember.

ATTENTION

CONFERENCE ATTENDEE AGREEMENTS/ DISCLAIMERS

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2025 Annual Conference & Expo, I agree to the following:

Professional Development/Information Disclaimer

OTAC's 2025 Annual Conference & Innovation Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals in arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

Waiver of Liability Agreement

By registering for any component of this conference, I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2025 Annual Conference & Innovation Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

WORKPLACE COLLEAGUE 10% DISCOUNT

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together, you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 15, 2025.

Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 15, 2025.
- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

CONFERENCE REGISTRATION FORM

See page 2 for deadlines and increases to Early Bird Registration Rates!



1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____
 Last Name _____ Credentials _____
 Home Address _____
 Home City/State/Zip _____
 Phone Home (_____) _____ Work (_____) _____ Cell (_____) _____
 Email _____
 Who to contact in case of an emergency: (Name and cell phone) _____

2. PROGRAM SELECTION: (Circle) the sessions/activities you will attend. Sessions/activities are included in registration for the corresponding day. **You may not register for overlapping sessions.**

	THURSDAY (ADD'L FEES)				FRIDAY								SATURDAY								SUNDAY														
AM Additional fees required for Thursday. See Below	1	2	3	4	20	21	22	23	24	25	26	27	60	61	62	63	64	65	66	67	68	H	100	101	102	103	104	105	106	107					
	5	6	7	8	30	31	32	33	34	35	36		70	71	72	73	74	75					110	111	112	113					108	109	114	115	116
	9	10	11	12	40	41	42	43	44	45	46		47	80	81	82	83	84					85	86	87	88						120	121	122	123
13	14				50	51	52	53				90		91	92	93	94	95	96	97	130	131	132	133	134		135	136	137						
PM Additional fees required for Thursday. See Below	9	10	11	12	40	41	42	43	44	45	46	47	80	81	82	83	84	85	86	87	88		120	121	122	123	124	125	126						
13	14				50	51	52	53					90	91	92	93	94	95	96	97			130	131	132	133	134	135	136		137				
ACTIVITIES	A B C D E				54				F G				98				J K I				L														

3. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE SEPTEMBER 21, 2025	FRI./SAT./SUN.	FRI. ONLY	FRI./SAT.	FRI./SUN.	SAT. ONLY	SAT./SUN.	SUN. ONLY
OT/OTA	\$359	\$169	\$299	\$299	\$169	\$299	\$169
OTS (Student-no license)	\$199	\$129	\$169	\$129	\$129	\$169	\$129
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add \$140 to the fees above • OTA: Add \$110 to the fees above • Students (MOT/OTA) add \$50 to the fees above. This add-on fee qualifies you for a 1-year membership if you have not been a member since 7/2023.						

4. SUMMARY SECTION: Fill in and check all boxes ☒ that apply to your registration form is not complete and may be subject to additional fees.

- ☐ Registration Fee (from Section 3 above) \$ _____
☐ Workplace Colleague Special Discount (Subtract 10%) \$(_____)
☐ Non-OTAC Member Fee (OT) \$140 – (may include membership) \$ _____
☐ Non-OTAC Member Fee (OTA) \$110 – (may include membership) \$ _____
☐ Non-OTAC Student Member Fee \$50 – (may include membership) \$ _____
☐ Session 1 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 2 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 3 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 4 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 5 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 6 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 7 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 9 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 8 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 10 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 11 (Members \$0 | Nonmembers \$59) \$ _____
☐ Session 12 (Members \$0 | Nonmembers \$59) \$ _____
☐ Session 13 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session 14 (Members \$19 | Nonmembers \$29) \$ _____
☐ Session H [Click here to apply by August 31, 2025](#) \$ _____
☐ SA: Guest Registration (see page 5) _____ @ \$90ea. \$ _____
☐ SA: Friday CFOT Symposium/Lunch _____ @ \$85ea. \$ _____
☐ SA: Friday CFOT Symposium/No Lunch _____ @ \$10ea. (students only) \$ _____
☐ SA: Saturday Expo Lunch _____ @ \$20ea. \$ _____
☐ SA: Sunday Keynote: Extra Ticket _____ @ \$35ea. \$ _____
☐ Saturday Expo Hall Only: Member \$0/Nonmember \$25 (OT/OTA/OTS Only) \$ _____
☐ Registration received between 9/21/25-10/27/25 – \$60 (Add) \$ _____
☐ Registration received after 10/27/25 onsite – \$90 (Add) \$ _____
 TOTAL (Send check or use credit card) \$ _____

5. PAYMENT INFORMATION

Do not email your registration from with credit card information. Emails are not secure, please fax to the secure number - (916) 294-0415.

- ☐ AMEX ☐ MasterCard ☐ Visa ☐ Discover
☐ Check # _____ (Payable to OTAC)

Card Number _____ VCode* _____

Name of Cardholder _____ Exp. Date _____

Card Billing Address _____

City _____ State _____ Zip _____

Signature _____

*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

- ☐ WORKPLACE COLLEAGUE DISCOUNT (Must register by October 15):
 See page 37 for details

Employer _____

Employer Address _____

- ☐ MEDICALLY NECESSARY DIETARY RESTRICTIONS OR SPECIAL NEEDS:
 (Must notify us by October 15) Attach description of requests.

6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax
 Mail OTAC, 3620 American River Drive, Suite 230, 95684
 Online www.otaconline.org

7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 693-7079 | By Email: staff@otaconline.org

*Beginning October 28, 2025, registration will only be accepted "on-site" at the Hilton Pasadena and the fee increases \$90.

*Cancellation Fee: \$75/Practitioners; \$45 Students. Must cancel in writing by October 15, 2025.

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