





# SPRING SYMPOSIUM

CONTINUING EDUCATION CONFERENCE

## March 19 & 20, 2016

Crowne Plaza San Diego Mission Valley 2270 Hotel Circle North San Diego, CA 92108

# Welcome!

We are pleased to welcome you to OTAC's 2016 Spring Symposium—a Professional Development Conference. This Symposium offers a rich choice of sessions, networking opportunities, and updates on legislative and regulatory issues of concern to occupational therapy practitioners. This Symposium is for you ... about you ... by you.

We applaud you for taking the time from your busy schedules to join us in growing professionally and personally. Thank you as well for recognizing the value of OTAC's professional development programs. We don't believe you will find better content at such a great value. OTAC works for you!

This year's Symposium again includes our Saturday Town Hall Lunch with a legislative update on issues critical to occupational therapy practitioners, as well as the Regional Legislative Reception, a chance to demonstrate our unity as a profession. The Sunday Networking Lunch offers informal networking opportunities.

Please help us in thanking our Symposium sponsors and presenters. Without their support and generosity, we would not be able to bring you this professional development event. Look for individuals wearing sponsor or presenter ribbons on their badges, and please take a moment to offer your appreciation for their support. Thank you also to our volunteers and staff for their hard work on this Symposium.

Again, welcome to OTAC's premier spring professional development Symposium. We are glad that you have joined us.



Patricia Nagaishi, PhD, OTR/L, OTAC President



Kimberly Carter, OTD, OTR/L OTAC Professional Development and Leadership Chair

#### **SPONSORS**



























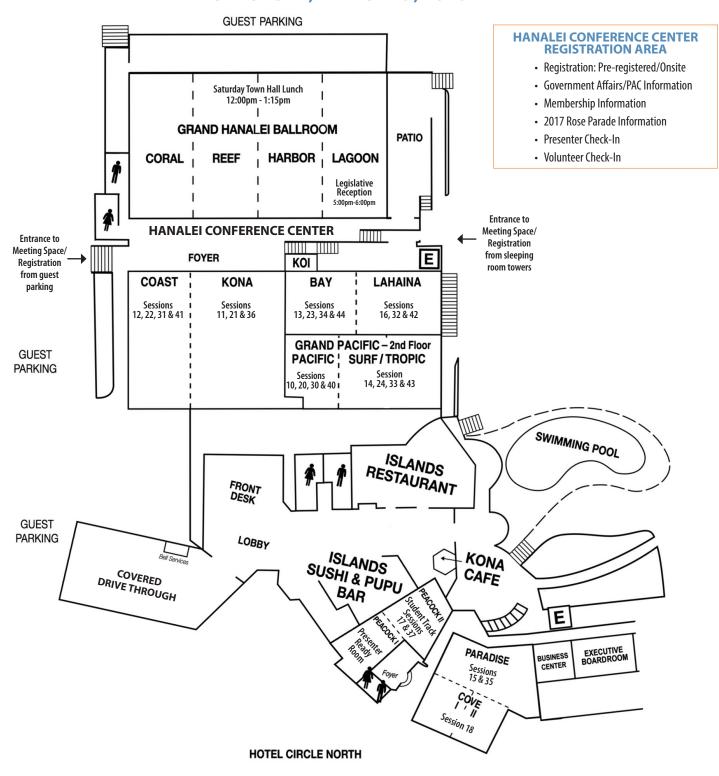


# PROGRAM SCHEDULE

SATURDAY, MARCH 19, 2016												
	Coast	Kona	Bay	Lahaina	Pacific	Tropic/Surf	Cove I & II	Paradise	Peacock II			
8:00am		Registration Desk Opens – Hanalei Conference Center Foyer										
9:00am - 11:00am	Integrated Behavioral Health, Serious Mental Illness, and Occupational Therapy (2 PDUs)	11 Strategies for Dealing with Challenging Behaviors (2 PDUs)	13 Starting a Private Practice: Everything You Always Wanted to Know (2 PDUs)	<b>16</b> Promoting Occupational Engagement	Pusher Syndrome: A Review of the Evidence (2 PDUs)	Physiological Implications of Occupational Therapy Treatment and Intervention (2 PDUs)	18 Play in Urban Environments	15 ICD-10:What Do You Know Six Months After Implementation? (3 PDUs)	17 STUDENT TRACK Entering the OT Workforce in Today's Environment			
11:00am - 12:00pm	Sensory Strategies for Adults in Lifestyle Management Interventions (1 PDU)	<b>21</b> Get Fine Motor Fit with Pencil Gymnastic Exercises (1 PDU)	Understanding the Services of the California Department of Rehabilitation (1 PDU)	through Manipulation of Consciousness (3 PDUs)	20 Health Benefits of a Yoga-based Wellness Program (1 PDU)	24 Prosthetic Solutions for Partial Hand Amputations (1 PDU)	Across Ages and Abilities (6 PDUs)					
12:00pm - 1:15pm	OTAC Town Hall Lunch – Grand Hanalei Ballroom  Legislative Updates!  Join us for lunch and informative presentations on OTAC's recent advocacy efforts on behalf of the occupational therapy community.  Presenters include OTAC Lobbyist Jennifer Snyder, MHA. Don't miss it! Lunch is included in Saturday registration fee, except for students.											
1:30pm - 2:30pm	31 Community Mobility Support and OT's Role for Autistic Individuals (1 PDU)		34 Using LEGO® to Build Social Skills and Language (1.5 PDUs)	32 Occupational Therapy Intervention for Chemotherapy- induced Peripheral Neuropathy (1.5 PDUs)	30 Effectiveness of Kinesiotape on Pain and Function for Carpal Tunnel Syndrome (1 PDU)	<b>33</b> Delivering High Quality Post-acute	<b>18 (cont.)</b> Play in Urban Environments Across Ages and Abilities (6 PDUs)	35 If You Build It, They Will "Outcome" (3 PDUs)	37 STUDENT TRACK Social Enterprise for Water: Social			
2:30pm - 3:00pm	The Role of OT in Psychiatric Emergency Services (2 PDUs)	(5.503)			40 Promoting Balance: Technology and Teenagers (2 PDUs)	Care: Part I (1.5 PDUs)			and Occupational Justice Including Long-duration Spaceflight in Your Life Plan: An Occupational			
3:00pm - 4:30pm			44 Here's How I Write: A Child's Handwriting Self-Assessment (1.5 PDUs)	<b>42</b> How To Give an Effective Fall Prevention Talk (1.5 PDUs)		43 Delivering High Quality Post-acute Care: Part II (1.5 PDUs)			Therapy Perspective The Foundations of a Successful Career in OT			
4:30pm		Saturday Program Concludes										
5:00pm	Legislative Reception – Lagoon; Registration Desk Closes											

			SUNI	DAY, MARCH	I 20, 2016						
	Coast	Kona	Вау	Lahaina	Pacific	Tropic/Surf	Cove I & II	Paradise			
8:00am	Registration Desk Opens – Hanalei Conference Center Foyer										
9:00am - 10:00am	51 Assessing Occupational Needs– Forming Global Partnerships (1 PDU)		57 Occupational Therapy as a Related Service in the Public Schools (6 PDUs)	<b>50</b> Environmental Modification and Stroke: A Case Study (1 PDU)	52 Comprehensive Automotive Mobility Solutions for Healthcare Professionals (1 PDU)		<b>56</b> Physical Agent Modality Research: Effective Application in Practice (3 PDUs)	53 Mobile Computer Therapy: Maximizing Acute Care Goals (1.5 PDUs)			
10:00am - 10:30am	<b>61</b> Paw Prints:	Prints: Assessments		<b>60</b> Fall Prevention in the Community (2 PDUs)	<b>62</b> Better  Documentation in a Changing World  (2 PDUs)	<b>54</b> Let's Wake Up to Sleep! (3 PDUs)					
10:30am - 12:00pm	A Unique Multisensory Handwriting Approach for Pre-K and Kindergarteners (2 PDUs)	(6.2.5)						Pain Management: Exploring Established and Novel Approache (1.5 PDUs)			
12:00pm - 1:15pm	OTAC Networking Lunch – Reef/Harbor/Lagoon (Separately purchased ticket required)  Enjoy this opportunity to network with friends and colleagues during this informal lunch. You will also hear from and interact with your local OTAC Regional Director.										
1:30pm - 3:00pm	73 Advocating Refugee Wellness through Occupational Therapy (1.5 PDUs)	<b>71</b> Lifestyle Redesign®- inspired Program for Obesity (1.5 PDUs)	<b>57 (cont.)</b> Occupational Therapy	<b>75</b> Occupational Therapy in Acute Care and the ICU (3 PDUs)	74 The CPT and RUC Process: What Is Happening to Our Codes and Why (1.5 PDUs)	70 Dementia: Predicting Driving Fitness with SLUMS and Trail- making Tests (1.5 PDUs)	72 Optimizing Childhood Functions through Identification of Sleep- disordered Breathing (1.5 PDUs)	- NO OTAC SESSIONS			
3:00pm - 430pm	83 LGBTQIA Cultural Competency in Occupational Therapy (1.5 PDUs)	81 Wellness as Practitioners: Embodying What We Teach (1.5 PDUs)	as a Related Service in the Public Schools (6 PDUs)		84 Creating a Collaborative Fieldwork Experience While Sustaining Productivity (1.5 PDUs)	80 Canine Facilitated Interventions in Neurorehabilitation: The Role of a Facility Dog (1.5 PDUs)	82 The Treatment of Pediatric ADIS-1: At Adibystem Approach (1.5 PDUs)				
4:30pm	Conference Concludes. Be sure to turn in your Certificate of Completion at the Registration Desk. Safe Travels.										

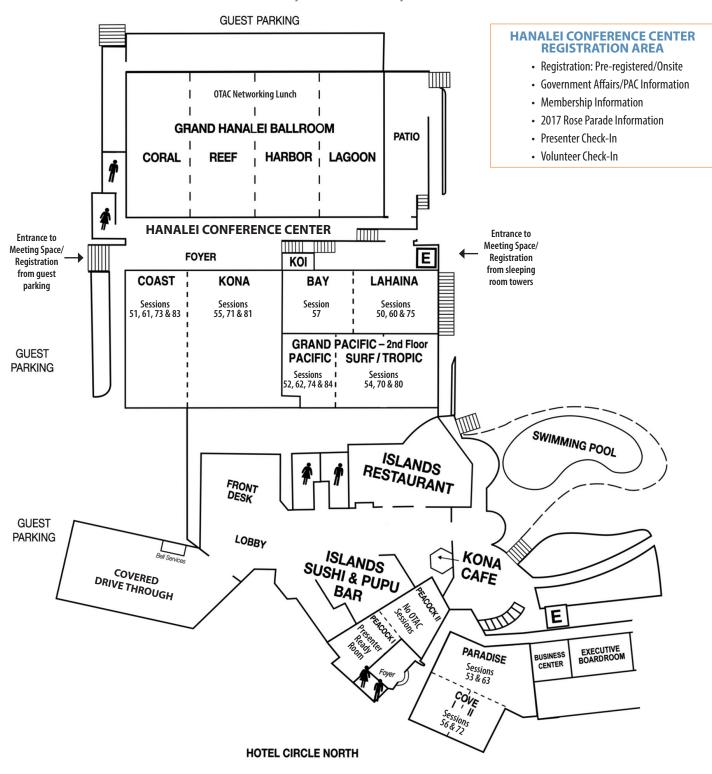
### SATURDAY, MARCH 19, 2016



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### **SUNDAY, MARCH 20, 2016**





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ATSU



# WE WANT YOU!

Submit a proposal for the 40th Annual Conference in Pasadena, October 27-30, 2016, and be a part of the celebration.

Proposals due Monday, April 18, 2016.

Pick up proposal guidelines at the Membership Table or scan our QR code.





# **Call for Nominations**



# **Board of Directors**



## **▶** Open positions:

- ⇒Director-elect for Region 2\*
- ⇒Director-elect for Region 4\*
- ⇒Director-elect for Region 5\*
  - \* director-elects serve 1 year as directorelect and 2 years as director
- ► Submit your nomination form by March 31, 2016.
- ➤ Self nominations are welcomed. Must be an OTAC member for one year prior to taking office.
- ► Forms and region maps are available at the OTAC membership table at Spring Symposium.

Questions? Email us at: nomchair@otaconline.org



# Get connected in your local region!

#### Pasadena — Region 1

40th Annual Conference October 27-30, 2016

Pasadena Hilton and Pasadena Conference Center Now accepting Call for Proposals — Due April 18

#### San Diego - Region 1

4th Annual Legislative Reception
Saturday, March 19, 2016 ● 5:00pm to 6:00pm
Lagoon Room—Crowne Plaza San Diego (in conjunction with Spring Symposium), San Diego, CA

#### Torrance — Region 2

7th Annual Legislative Reception
Thursday, April 28, 2016 ● 6:00pm to 8:00pm
Pediatric Therapy Network, Torrance, CA

NOTE: Events are referenced by region for your convenience. You are welcomed to attend any and all events regardless of your designated region.

#### San Francisco — Region 3

Workshop: Age Related Low Vision: A Deep Dive for the OT Generalist

Presenters: Donald Fletcher, MD/opthamologist, and Annemarie Rossi, OT/L

California Pacific Medical Center, San Francisco, CA
Earn PDUs — a program organized by the OTAC Practice,
Ethics, & Reimbursement Committee

#### Visalia - Region 4

2nd Annual Legislative Reception
Wednesday, March 30, 2016 ● 5:30pm to 7:00pm
Kaweah Delta Imaging Center/Cancer Center, Visalia, CA

#### Sacramento — Region 5

Wednesday, May 11, 2016 ● 9:00am to 4:00pm Sacramento Advocacy Day — everyone welcomed and encouraged to visit their legislators California State Capitol Building Sacramento, CA

Check the OTAC master calendar on the website for updates and registration materials — www.otaconline.org