

WESTERN REGIONAL

# STATES OF STATES

CONTINUING EDUCATION

# **Check out these Symposium Highlights!**

- More than 45 sessions. Tracks include: Leadership/Management,
   Behavioral and Mental Health/Wellness, Pediatrics/School-based,
   Physical Disability/Rehab, Adults, Students, Academic/Fieldwork and Technology
- Student Track/Discount (lunches and receptions not included)
- Saturday OTAC Town Hall Lunch (separate fee for students)
- · Saturday Legislative Reception (separate fee for all)
- Saturday OTAC PAC Pub Trivia Night (separate fee for all)
- Sunday Networking Lunch (separate fee for students)

### REGISTRATION TUITION TUITION INCREASES INCREASES AFTER FEBRUARY 21

# Stay at the Symposium Hotel!

**Sleeping room rate:** Just \$143. Hotel reservations close February 21 for the OTAC sleeping room block and is based on availability in our block.

Stay at the Crowne Plaza over Symposium dates and be eligible for valuable prizes!

Crowne Plaza San Diego Mission Valley • 2270 Hotel Circle North, San Diego, CA 92108 Reservations (888) 233-9527

### Hotel dining outlets (three options):

- The Islands Restaurant (6:00am-9:00pm)
- Islands Sushi Bar/Lounge (5:00pm-11:30pm)
- Kona Coffee Corner/Gift Shop (5:00am-varies)

**Shuttle:** Hotel service is on demand to Old Town, Fashion Valley Shopping Mall, and more than 30 restaurants within a 5 mile radius. It runs from 7:00am-9:00pm.

**Parking:** Self parking available for \$14 per day. No valet service. Overnight guests \$13 per day. (Rates subject to change.)

### **Great Value!**

**Special "2-for-1" Registration Rate – \$139 each.** If a current member recruits a new member to join in conjunction with the Symposium, both can attend at this discount. If two nonmembers join at the same time/together, both can attend at the discount. All paperwork must be submitted together.

**Regular Member Registration Rate – \$219 each.** If you don't recruit a new member attendee, you can still attend at the great value of only \$219 for the two-day symposium.

**Attention Students!** Look inside for special student discount (Registration Form) and student track (Saturday – sessions 4, 5, 12, 13, 22, 23, 29, 30; Sunday – any session).

**Online Registration.** Online registration available on the OTAC website at **www.otaconline.org**.

### March 24 & 25, 2018

Crowne Plaza San Diego Mission Valley 2270 Hotel Circle North San Diego, CA 92108

# Dates to Remember!

Cut-off time is 8:59pm PST unless otherwise noted.

February 21 Hotel room reservation deadline (midnight PST) –

\$143/night

February 21 Early bird registration

deadline (8:59pm PST). Fees increase.

February 21 Deadline to request registration refund

March 14 Deadline for "2-for-1"

discount

March 14 Advance conference

registration deadline (8:59pm PST); must register on-site after this date.

Fees increase.

# **Symposium Sponsors**







# **Program Schedule**

### SATURDAY & SUNDAY OVERVIEW

7:45am 8:45am–12:00noon 12:00noon–1:15pm 1:30pm–4:45pm 5:00pm–6:00pm

6:00pm-7:00pm

Registration Desk Opens Education Sessions Lunch Break Education Sessions Legislative Reception (Sat) PAC Pub Trivia (Sat)

### **SATURDAY, MARCH 24**

### 7:45am-8:30am

### Mind-Body Activity: Easy Form Tai Chi ..... A

Barbara Brewer, COTA/L

Tai Chi is a balance activity which tones the body, increases breathing capacity, lowers stress level, improves organ function, and corrects poor posture. This is energizing for the body, mind, and spirit to start the day.

### 8:45am-9:45am

### 

Gina Phelps, OTD, OTR/L; Erin McIntyre, OTD, OTR/L
The shortage of fieldwork sites has increased the need for innovative models of fieldwork education. Two universities have collaborated to provide Level I and II experiences at a role-emerging, community-based site. Come learn from their collaboration.

### 8:45am-9:45am

### 

Vashene Barfield, BS, MS, OTR/L

Whether you are interested in learning about efficient or consistent documentation in your own system or one of Casamba's products, this presentation will provide clinical tools and resources that can be utilized across the post-acute continuum to meet the day to day requirements of effective, skilled clinical documentation. This presentation will focus on the federal regulations that guide and determine the quality of clinical documentation to support the skilled need and medical necessity of the service.

### 8:45am-9:45am

# Promoting Social Participation in Students with Physical Disabilities (1 PDU) .......3

Kaitlin O'Hara, MA, OTR/L

A look at physical and ideological barriers impeding the social participation of university students with physical disabilities will be examined. Intervention areas covered will include training university personnel to promote accessibility and providing assertive communication strategies to students with disabilities.

### STUDENT TRACK ONLY

### 8:45am-9:45am

# Introducing 'Hwa-Byung': Anger Disorder in Middle-Aged Korean Women ...... 4

Kristen Bang, OTS

This presentation will introduce a DSM-V-recognized, Korean culture-bound syndrome called 'hwa-byung' (in Korean, 'hwa' translates to anger, and 'byung' translates to disorder), which results from the chronic suppression and accumulation of unresolved emotional distress.

#### 8:45am-10:15am

### 2018 State and Federal Legislative and Regulatory Updates (1.5 PDUs) . . . . . . .

Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT; Jerry Jordan, OTD, OTR/L; Ivan Altamura, JD; Pat Nagaishi, PhD, OTR/L;

Shawn Phipps, PhD, MS, OTR/L, FAOTA, AOTA Vice President Join OTAC's leading state and federal advocates as well as AOTA's vice president for a critical briefing on the latest legislative and regulatory changes impacting the occupational therapy scope of practice, as well as what is on the horizon for the profession. **Open to students.** 

### 8:45am-10:15am

### Using Occupational Therapy-based Mindfulness Among Office Workers (1.5 PDUs)..................6

Vikas Sharma, OTD, OTR/L; Anneke Van Ommering, OTS; Kelcy Morrow, OTS

Burnout is a prevalent problem in many workplace settings. This presentation explains occupational therapy-based mindfulness and evaluates the effectiveness of occupational therapy-based mindfulness in decreasing burnout and increasing productivity among office workers.

### 8:45am-10:15am

### Lifestyle Management for Chronic Pain (1.5 PDUs) . . . . . 7

Lindsey Reeves, OTD, OTR/L

Learn about chronic pain physiology, gain skills to treat patients with chronic pain diagnoses using a lifestyle management approach, and practice delivering chronic pain management treatment interventions.

### TWO-DAY WORKSHOP

March 24 ~ 8:45am-4:45pm and

March 25 ~ 8:45am-4:45pm

### 

Jackie Devries, OTR/L; Ellen Geminder, MS, OTR/L
The purpose of this hands-on workshop is to learn the principles that contribute to the development of contractures and various techniques to manage and prevent contractures. Upon completion of this two-day workshop participants will know how to anticipate the development of contractures as well as how to prevent contractures. Attendees will learn how to fabricate a cylinder cast, long arm cast, short arm cast, finger cast, and make a bivalve splint as well as learn how to manage contractures from a variety of methods and materials. (An additional \$50 materials fee.)

HOTEL RESERVATION DEADLINE: February 21, 2018 CROWNE PLAZA SAN DIEGO • (888) 233-9527

### **EARN PDUs**

# **Program Schedule**

### 10:00am-11:00am **Readiness of Health Science Students Towards** Interprofessional Education (1 PDU) ......9 Jennelyn Villanueva, OTA

This session will focus on a cross-sectional, research survey design aiming to measure the readiness of health care students towards interprofessional education – what occurs when students from two or more professions learn about, with, and from each other

### 10:00am-12:00noon

### **Occupational Therapy Medication Management** and Use of Mobile Apps (2 PDUs) ......10

Shanpin Fanchiang, PhD, OTR/L

which leads to interprofessional collaboration.

Occupational therapy practitioners can seize the opportunity to improve medication adherence through screening tools. The best rated mobile app and search engine for medication management will be introduced with hands-on experience.

### 10:00am-12:00noon

### **Community-based Social-Emotional Development:** An Urban Compass Playbook (2 PDUs) ......11

Sheryl Ryan, PhD, OTR/L

This workshop will present the results of a needs assessment conducted at an afterschool program in a high crime community for grades K-5. It will highlight a student thesis program for social-emotional development based on research findings.

### STUDENT TRACK ONLY

### 10:00am-12:00noon

**Interdisciplinary Training Model for a** Behavioral Health Clinic ...... 12

Jennifer Salomon, MA, OTR/L; Janet Roberts, Family Advocate/Director Mentor

A family advocate and occupational therapy doctoral resident will engage the audience in a discussion of family-centered care within an outpatient pediatric mental health medication consultation clinic serving children and youth in a low income and socially impacted metropolitan population.

### 10:30am-12:00noon

### **OT Regulatory Update: Protecting Your License,**

Richard Bookwalter, MS, OTR/L, CBOT President; Sharon Pavlovic, MAM, COTA/L; Heather Martin, CBOT Executive Officer Come learn about the latest regulatory changes affecting occupational therapy licensees. 2017 was a year when the legislature had to decide whether to continue OT/OTA licensing. Learn about important statutes/regulations, and hear about some of the most frequent violations and how you can avoid them. Protect your license and your career with this invaluable information. Open to students.

### 10:30am-12:00noon

### Do OTs Practice What They Preach? (1.5 PDUs)......14

Shari Emas, OTD, OTR/L; Anna Lynn Dy, OTS; Eric Lim, OTS; Ryan Olson, OTS; Michelle Villanueva, OTS

This presentation will discuss health and wellness behaviors of occupational therapy (OT) practitioners and explore if and how OT practitioners incorporate health-promoting behaviors and strategies to achieve occupational balance and wellness.

### 10:30am-12:00noon **Enhancing Participation and Quality of Life**

Jess Holguin, OTD, OT/L; Kelsey Peterson, MA, OTR/L; Kellyn Trummer, OTD, OTR/L

Occupational therapy has an important role in facilitating meaningful participation and enhancing quality of life for patients diagnosed with ALS. This course will overview occupational therapy treatment approaches and contributions to care within a multidisciplinary team model.

### 11:00am-12:00noon

### **Screen-based Media and the Occupational**

Shane Gemoto, OTD, OTR/L

Stuck on your phone? The question arises as to how screenedbased media (SBM) influences occupational performance. Let's explore the impact of SBM on the everyday lives of adolescents and what occupational therapy practitioners can do.

### 12:00pm-1:15pm

### OTAC Town Hall Lunch ......B

Join us for lunch and to be professionally motivated about the latest OTAC activities from President Heather J. Kitching, OTD, OTR/L, and inspired by AOTA Vice President Shawn Phipps, PhD, MS, OTR/L, FAOTA, on AOTA's Vision 2025: The Future of Occupational Therapy. (Lunch included in Saturday registration fee for practitioners. Please indicate your intent to attend the lunch by circling Activity B on the Program Selection Grid on the Registration Form. Students: purchase *lunch in advance using the Registration Form.)* 

### 1:30pm-2:30pm

### **Home Exercises for Upper Extremity Edema**

Cynthia Cooper, MFA, MA, OTR/L, CHT

Many occupational therapy clients experience upper extremity edema. Causes may include stroke, trauma, inactivity, or other diagnoses such as cancer. This presentation of home exercises for upper extremity edema includes both demonstration and audience participation.

### 1:30pm-2:30pm

### **Clinical Utility of the Sensory Processing** Assessment (1 PDU)......21

Lauren Hastings, MA, OTR/L; Emily Campi, OTS

The Sensory Processing Assessment is well-known within autism research and demonstrates potential for use within the clinical setting. This presentation will delineate the assessment, its research base, and possibilities for future directions within clinics.

### STUDENT TRACK ONLY

### 1:30pm-2:30pm

### **Compassionate Listening Development**

Ingrid Leu, OTD, OTR/L

This session will explore a training program focused upon compassionate listening developed by occupational therapy students to improve the environment of a mental health urgent care for adolescents.

### **EARN PDUs**

# **Program Schedule**

1:30pm-3:00pm	
But I Thought I Was Being Ethical! (1.5 PDUs)	23
Lora Woo, OTD, OTR/L	

Today's healthcare environment presents ethical challenges that practitioners may not be aware of as problematic. Heighten your awareness of possible ethical dilemmas and how to handle these situations through discussion of case scenarios.

Open to students.

### 1:30pm-3:00pm

### Assertiveness and Self-advocacy Training for Health Promotion (1.5 PDUs) . . . . . . . . . . . . . . . . . 24

Rebecca Cunningham, OTD, OTR/L; Samantha Valasek, OTD, OTR/L Everyday health promotion often requires individuals to effectively request and access necessary supports and resources. Learn about assessments, tools, and interventions to help your clients strengthen assertive communication and self-advocacy skills.

### 1:30pm-4:45pm

### **Avoiding Compassion Fatigue and Burnout in**

Donna Costa, DHS, OTR/L (NV), FAOTA The occupational therapy profession is full of rewards, but not without stress. Concepts of compassion fatigue and burnout and the mechanisms by which they develop are important for the practitioner to understand. Helping our clients live life to the fullest requires practitioners to develop a plan for professional self-care.

### 1:30pm-4:45pm

### Occupational Therapy's Role in Treating ADHD in

Rashelle Nagata, OTD, OTR/L

Learn how occupational therapy practitioners address the cognitive, psychosocial, academic, and lifestyle impairments that college students with ADHD encounter. Discussion will provide specific interventions to improve self-care routines, time management, and stress management for college students.

### 2:45pm-4:45pm

### **Executive Functions: Overcoming Threats and** Creating Evidence-based Interventions (2 PDUs) .....27

Natalie Ang, OTD, OTR/L, HTC, PAM, CLIPP, CEAS, CAS Executive functions will be explained and how they relate to daily occupational functioning. Understand how medical, physical, and social conditions negatively impact executive functions. Learn strategies to improve hot and cold executive functions and create custom interventions.

### 2:45pm-4:45pm

### **Mindful Therapy: Exploring Mindfulness** Techniques for School Participation (2 PDUs) . . . . . . 28

Rachelle Murphy, DHSc, OTR/L

Mindfulness targets the attention and social-emotional issues that create barriers to successful student participation in school settings. Attendees will be provided with evidence and techniques supporting mindfulness-based interventions for application in the school system.

### STUDENT TRACK ONLY

### 2:45pm-4:45pm

### **Professionalism: Translating Classroom** Discussion into Real World Practice and Benefit ... 29

Moderators Alison George, MS, OTR/L, and Lina Awshee, COTA/L,

OTAC Student Leadership Committee Co-chairs Come hear from current OTAC leaders on their path from students to leaders in the largest state occupational therapy association in the country. California is the sixth largest economy in the world and as such California, U.S, and world citizens keep a watchful eye on California leaders in many professions, including and in particular healthcare. As you look forward to successfully practicing occupational therapy, it is imperative that you also explore paths to leading the profession in its second century. Included in this presentation timeframe is an opportunity for informal 30-minute networking with the panelists.

### 3:15pm-4:45pm

### **Putting the OT Community's Unique Knowledge** and Capacities to Work to Reduce the Trauma of

Mary Evert, MBA, OTR/L, FAOTA, SCD

Natural disasters in 2017 cost the United States an unprecedented \$36 billion, which resulted in 362 deaths and untold numbers with property loss, injuries, and trauma. The need for preparedness and relief mobilization has never been greater. The occupational therapy community has a unique knowledge of the client's capacity and needs for leading high quality, meaningful lives as well as an understanding of accessibility issues. Occupational therapy practitioners' roles and practices within an emergency/ disaster management framework plus strategies to improve professional and team competencies in this critical area of client safety, risk reduction, recovery, and quality of life will be explored. Open to students.

### 3:15pm-4:45pm

### **Addressing Sexual Health in Occupational** Therapy (1.5 PDUs) ......31

Marissa Marchioni, OTD, OTR/L; Rebecca Cunningham, OTD, OTR/L; Samantha Valasek, OTD, OTR/L

Attend this presentation to learn about models and strategies for addressing sexuality. Improve your comfort level and knowledge base as we examine applications of practice models and explore invention strategies via case studies.

### 5:00pm-6:00pm

### Legislative Reception......C

Join OTAC Region 1, OTAC leaders, and OTAC Advocacy and Government Affairs Committee as they welcome an elected official and hear from her/him on top priorities for this very busy legislative session. Come mix and mingle after a day of intense learning. Together, We Can! be effective advocates for our profession. Additional fee required. Refer to the Registration Form.

### 6:00pm-7:00pm

### Join the OTAC PAC for an evening of OTAC and political trivia, OT camaraderie, and pub nosh. Additional fee required. Refer to the

Registration Form. Pub Night attendees receive additional tickets for the Sunday OTAC PAC prize drawings.

### EARN PDUs

# **Program Schedule**

### **SUNDAY, MARCH 25**

71 IDaini Cibcaini	7	:45	am	<b>1–8</b>	:3	0a	m
--------------------	---	-----	----	------------	----	----	---

### Mind-Body Activity: Easy Form Tai Chi .....

Barbara Brewer, COTA/L

Tai Chi is a balance activity which tones the body, increases breathing capacity, lowers stress level, improves organ function, and corrects poor posture. This is energizing for the body, mind, and spirit to start the day.

### TWO-DAY WORKSHOP (CONTINUED)

March 24 ~ 8:45am-4:45pm and

March 25 ~ 8:45am-4:45pm

Jackie Devries, OTR/L; Ellen Geminder, MS, OTR/L
The purpose of this hands-on workshop is to learn the principles that contribute to the development of contractures and various techniques to manage and prevent contractures. Upon completion of this two day workshop participants will know how to anticipate the development of contractures as well as how to prevent contractures. Attendees will learn how to fabricate a cylinder cast, long arm cast, short arm cast, finger cast, and make a bivalve splint as well as learn how to manage contractures from a variety of methods and materials.

(An additional \$50 materials fee.)

8:45am-9:45am

### 

Melissa Jazmines-Broersma, OTD, MS, OTR/L; Theresa Bentz, MA, OTR/L

This presentation will discuss the barriers in placing occupational therapy assistant students in a traditional model Level I Fieldwork, the development and implementation of a group model, and the learning outcomes identified by stakeholders from evaluations and surveys.

### 8:45am-9:45am

### 

Tanya Penny, OTR

Discover the Therapeutic Meditation Process® (T.M.P.) — learn tools that will support you and your patients in connecting with and accepting themselves, releasing stress, decreasing negative symptoms (pain, fatigue, anxiety, depression), increasing focus, and feeling happier.

### 8:45am-9:45am

### 

Joann Sorg, MS, OTR/L

Learn how online occupational therapy (OT) is benefiting students. Observe interventions traditional to onsite OT applied in virtual settings. Explore research and regulations for effective and compliant teletherapy. Feel excitement and curiosity about this innovative delivery model.

### 8:45am-9:45am

### 

Guy McCormack, PhD, OTR/L, FAOTA

The American Occupational Therapy Association (AOTA) has published the official document that supports Complementary Health Approaches and Integrative Health as a component of practice. This presentation is an evidence-based, hands-on demonstration of how acupressure can manage pain.

### 8:45am-9:45am

### 

Emily Ecklund, MOT, OTR/L; Emily Haus, BS, OTS Women leaving the sex industry often encounter occupational injustice. The purpose of this presentation is to advocate for the role of occupational therapy in providing these women with the skills and support required to thrive.

### 8:45am-12:00noon

### 

Annette Hatala, OTD, OT/L; Rachel Keefer Zec, OTS
From window boxes and vertical gardens to plots of land,
horticulture therapy can be utilized in school-based settings,
nursing homes, and community to provide meaningful interviews
with patients of all ages and abilities.

### 8:45am-4:45pm

### 

Paul Penoliar, OTD, OTR/L, C/NDT

This workshop is designed to introduce participants to the assessment and therapeutic application techniques of the Kinesio Taping method. It includes lectures and discussions on theory, application, and clinical use as well as hands-on lab modules for mechanical, tendon, ligament, and circulatory/lymphatic corrections for various conditions with feedback to determine proficiency. (An additional \$50 materials fee.)

### 10:00am-11:00am

### The Global Corner: Facilitating International, Cross-cultural Student Relationships (1 PDU)......47

Hsuan (Betty) Chen, MA, OTR/L; Daniel Park, OTD, OTR/L The development and implementation of The Global Corner, an innovative program provided by the University of Southern California to promote social connections and understanding between international and domestic occupational therapy students, will be presented.

### 10:00am-12:00noon

### Under the Waves: OT and Scuba Diving for Veterans (2 PDUs) .....

Naomi Achondo, OTD, OTR/L, SWC; Monique Nguyen, OTR/L; Randy Lung

Under the Waves is a community-based occupational therapy program using mindfulness strategies paired with scuba diving certification to help wounded veterans rehabilitate and reintegrate back into their communities. This presentation will involve a panel of veterans, divers, and OT practitioners.

# **Program Schedule**

### 10:00am-12:00noon

### 

Sheryl Ryan, PhD, OTR/L; Maria Eugenio, OTS; Hannah Silva, OTS; Hope Eckman, OTS; Karinette Leano, OTS; Thanh Luong, OTS
Sensory processing involves our eight sensory systems working together to allow us to respond appropriately to our environment and is a significant component in preschool children ages three to five. The purpose of this thesis project was to develop an easily deliverable and understandable handbook describing sensory processing, the eight sensory systems, evidence-based activities to promote sensory exploration, and their relation to preschoolaged children for parents and child educators.

### 10:00am-12:00noon

### 

Lou Figueroa, Inspirational Speaker;

Boguslawa (Bo) Syrotiak, DOR, MA, MS, OTR/L

Lou Figueroa, who sustained a life-changing injury at the age of 27, will share his unique story and experience of occupational therapy's role in his journey from being in a coma to now, where he is living life to the fullest. Evidence-based practice related to this occupational therapy practice area will also be shared.

### 10:00am-12:00noon

### 

Samantha Valasek, OTD, OTR/L; Marissa Marchioni, OTD, OTR/L Metacognition influences everything from learning to decision-making to self-esteem. This presentation will review components of metacognition as well as tools for addressing metacognitive aspects of self-awareness and self-regulation, which are essential to health behavior change.

### 11:00am-12:00noon

### 

Sara Stephenson, OTD, OTR/L (AZ), BCPR, CBIS; Amy Armstrong-Heimsoth, OTD, OTR/L (AZ)

The entry-level occupational therapy doctorate (OTD) requires a 16-week experience beyond what fieldwork sites typically provide. This interactive session will highlight how collaboration between students and mentors can create opportunities that are sustainable and address long-term project goals.

### 12:00noon-1:15pm

### OTAC Networking Lunch ......F

Enjoy this opportunity to network with friends and colleagues during this informal lunch. Meet others from your region and connect with your OTAC regional director. OTAC-PAC prize drawings during lunch. (Lunch included in registration for practitioners if registered for Sat./Sun. or Sun. Please indicate your intent to attend the lunch by circling Activity F on the Program Selection Grid on the Registration Form. Students: Purchase lunch in advance using the Registration Form.)

### CONFERENCE ATTENDEE DISCLAIMER/AGREEMENTS

By registering for or attending any event or activity associated with OTAC's 2017 Spring Symposium, I agree to its disclaimer and agreements which can be located on the OTAC website at **www.otaconline.org**.

### 1:30pm-4:45pm

### 

Joyce Fries, MS, OTR/L; Stephanie Kokesh, OTD, OTR/L This session will utilize problem-based learning related to fieldwork challenges. Attendees will receive instruction in collaborative methods to address dilemmas, along with tools and resources to make each fieldwork rotation manageable and rewarding.

### 1:30pm-4:45pm

### 

Donna Costa, DHS, OTR/L (NV), FAOTA

This presentation will cover the origins and extent of the current opioid crisis, identifying the populations at most risk across the lifespan. Assessments to utilize with those at risk for or addicted to opioids will be reviewed. Interventions that occupational therapy practitioners can provide will be described, along with resources for further learning.

### 1:30pm-4:45pm

### 

Don Gordon, PhD, OTR/L

This course will focus on understanding the complex intersection of cognitive, psychosocial, and spiritual factors that factor into the course of patient care. Case studies will be central to highlighting examples of this interplay.

### 1:30pm-4:45pm

### 

Kimberly Grenawitzke, OTD, OTR/L, SCFES, CBIS; Kary Rappaport, OTR/L, SCFES, IBCLC

This course will address picky eating through a different lens — habits and routines. Participants will learn to apply concepts of occupational science (roles, rituals, routines) to sensory processing and oral motor dysfunction to address picky eating.

### 1:30pm-4:45pm

## Addressing Aging Drivers' Mobility Needs Through Interagency Collaboration (3 PDUs).................. 64

Gayle San Marco, OTR/L, CDRS; Anna Verran, MA, OTR/L, CDRS; Jill Rybar, MPH; Ryan Moran, MD, MPH

The screening tools in the Clinician's Guide to Assessing and Counseling Older Drivers will be presented and the collaboration between OTAC and UCSD's Training, Education, and Research for Driver Safety Project (TREDS) will be discussed.

### ONLINE SESSION HANDOUTS

Most presenters now provide session handout materials in advance and do not distribute copies at the Symposium. You will be notified via email on approximately March 16 which handouts are available on the OTAC website for you to download and bring to the Symposium.

# **Practice Area Tracks**

	PRACTICE AREA TRACKS									
Leadership/ Management	Behavioral and Mental Health/ Wellness	Adults	Pediatrics/ School-based	Physical Disability/ Rehab	Academic Fieldwork	Technology	General			
Session 1 Session 2 Session 5 Session 9 Session 10 Session 23 Session 30 Session 40 Session 52 Session 60 Session 61	Session 6 Session 7 Session 11 Session 14 Session 20 Session 21 Session 24 Session 25 Session 26 Session 27 Session 28 Session 30 Session 31 Session 41 Session 43 Session 44 Session 45 Session 48 Session 49 Session 49 Session 51 Session 61 Session 62 Session 63	Session 6 Session 20 Session 27 Session 41 Session 45 Session 62 Session 64	Session 3 Session 11 Session 16 Session 21 Session 27 Session 28 Session 42 Session 45 Session 49 Session 63	Session 3 Session 7 Session 8 Session 15 Session 24 Session 27 Session 46 Session 50	Session 1 Session 9 Session 26 Session 40 Session 47 Session 52 Session 60	Session 2 Session 16 Session 42 Session 51	Session 2 Session 10 Session 23 Session 30 Session 45 Session 50 Session 64			

STUDENT TRACK							
Session 4	Students may pay the						
Session 5 Session 12	practitioner rate on Saturday to attend <u>any</u> session.						
Session 13	Student Sunday rate is						
Session 22	for <u>any</u> session.						
Session 23 Session 29							
Sossion 30							

### **OTAC COMMITTEE MEETINGS**

\*Open to all

### **School-based OT Subcommittee**

Saturday, March 24 • 7:30am–8:30am RSVP: staff@otaconline.org

### **Advocacy and Government Affairs Committee**

Sunday, March 25 • 7:30am–8:30am RSVP: staff@otaconline.org



**FOLLOW US ON TWITTER** #OTSS2018



FOLLOW US ON FACEBOOK https://www.facebook.com/ OTACnews/



Look for OTAC's free mobile

Symposium app

Coming by February 9



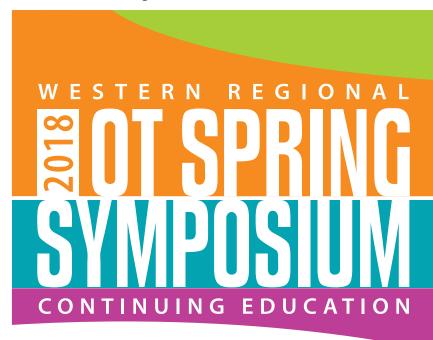
OTAC PO Box 276567 Sacramento, CA 95827-6567

Change service requested



### Why you should attend!

- Earn up to 12 PDUs
- · Network, network, network
- Attend the Town Hall Lunch (Saturday) and the Networking Lunch (Sunday)
- Mingle at two Saturday receptions: Legislative Reception and OTAC-PAC Pub Trivia Night (receptions-separate fee)
- 2-for-1 offers: \$80 discount for OT/OTA (see criteria on the Registration Form)



Earn 12 PDUs towards
CBOT re-licensure requirements.

Must earn 24 PDUs every two years.

### **ATTENTION STUDENTS**

Look for your special track and tuition fees.





March 24 & 25, 2018

Crowne Plaza San Diego Mission Valley 2270 Hotel Circle North San Diego, CA 92108

## Get the Discount! Special "2-for-1" Two-Day Registration Rate - \$139 each person (Students: \$69\* each)

Members...You all know a colleague who is not a member.

Nonmembers...You all know a colleague who is a member, or two nonmembers can join together and take advantage of the "2-for-1" registration rate. So, members and nonmembers, get together and take advantage of this "2-for-1" offer. \*Student rate includes only STUDENT TRACK on Saturday and any session on Sunday; no other activities.

#### Special "2-for-1" Two-Day Registration Rate—How It Works.

Registration forms and completed membership application form(s) for both individuals must be faxed, emailed or mailed together to the OTAC office and reach the office no later than March 14, 2018. "New Member" means an individual who has not been a member since February 2016. Two nonmembers may join and attend together and each receives this discount. This discount is in lieu of any other incentives/rewards offered by OTAC. Students can partner with another student to qualify. OT/OTAs cannot partner with a student for the discount.







### **REGISTRATION FORM**

Deadline for early bird rate is February 21, 2018 (8:59pm PST). After March 14, you must register on-site, and fees will increase. Seating is limited. Register today.

**KEEP A COPY FOR YOUR RECORDS** 

redistraint (riease print or type.)	
NAME (Last/First)	DESIGNATIONS
ADDRESS	
CITY/STATE/ZIP	
HOME PHONE ()	WORK PHONE ( )
CELL PHONE ( )	EMAIL
EMERGENCY CONTACT NAME	PHONE ()

**PROGRAM SELECTION GRID** (Circle those sessions and activities you will attend. You may not register for overlapping sessions.)

	SATURDAY, MARCH 24										SUN	DAY,	MAI	RCH:	25															
	<b>1</b> 1 hr.	<b>2</b> 1 hr.	<b>3</b> 1 hr.	<b>4</b> 1 hr.	<b>5</b> 1.5 hrs.	<b>6</b> 1 hr.	7 1 hr.			<b>40</b> 1 hr.	<b>41</b> 1 hr.	<b>42</b> 1 hr.	<b>43</b> 1 hr.	<b>44</b> 1 hr.																
AM	<b>9</b> 1 hr.	10	11	12				A 15 Irs. 1.5 hrs. 8		Al		-	AM	<b>47</b> 1 hr.	48	49	50	51	<b>45</b> 3 hrs.											
	<b>16</b> 1 hr.	2 hrs.	2 hrs.	2 hrs.	<b>13</b> 1.5 hrs.	14 1.5 hrs. 1.	rs. 1.5 hrs.			<b>52</b> 1 hr.	2 hrs.	2 hrs.	2 hrs.	2 hrs.		46	8													
	<b>20</b> 1 hr.	<b>21</b> 1 hr.	<b>22</b> 1 hr.	23 24 1.5 hrs. 1.5 h									24 1.5 hrs		25 26	25	hrs. 25			6 hrs. (2 day)									8 hrs.	6 hrs. (2 day)
PM				1.5 1115.	1.5 1115.	25 26	25	25	25	25	25	25	25	25				25	25					PM	60	61	62	63	64	
	<b>27</b> 2 hrs.	<b>28</b> 2 hrs.	<b>29</b> 2 hrs.	9		3 hrs. 3 hrs.	1		31		3 hrs.		3 hrs.	3 hrs.	3 hrs.	3 hrs.	3 hrs.													
ACTIVITIES  A-Tai Chi B-Lunch (additonal fee for students) C-Legislative Reception (add'l. fee for all) D-PAC Pub Night (add'l. fee for all)						F	ACTIVI	ΓIES	E-Ta F-Lu		lditonal	fee for s	tudents)																	

### **SPECIAL NEEDS**

☐ Check here if you have an ADA disability, including dietary restrictions, and attach a detailed description. Must register by March 14 for accommodations.

### **HOW TO REGISTER**

FAX if paying by credit card (916) 567-7001

**EMAIL** staff@otaconline.org

MAIL to OTAC, P.O. Box 276567, Sacramento, CA 95827-6567

### **CANCELLATIONS**

\$50 retained to cover processing costs. Written notice must be received in OTAC office by March 14, 2018 to be eligible for refunds. No refunds after this date. Disclaimer: OTAC reserves the right to make changes to the program. No refunds will be made based on these changes.

### **QUESTIONS?**

Call staff at (888) 686-3225 or (916) 567-7000, or email staff@otaconline.org.

### CONFERENCE ATTENDEE DISCLAIMER/AGREEMENTS

By registering for or attending any event or activity associated with OTAC's 2018 Spring Symposium, I agree to its disclaimer and agreements which can be located on the OTAC website at www.otaconline.org.

apply	ION SCHEDULE (You must fill in and check all boxes that or the Registration Form is not considered complete and oct to the add on fee.)	Regular	OTS Students
	SATURDAY & SUNDAY-REGULAR  ("Student rate includes only STUDENT TRACK on Saturday, any session on Sunday, no lunches/receptions.)	\$219	\$99*
	SATURDAY & SUNDAY "2-FOR-1" RATE ("Student rate includes only STUDENT TRACK on Saturday, any session on Sunday, no lunches/receptions.)	\$139	\$69*
	SATURDAY ONLY  ("Student rate includes only STUDENT TRACK on Saturday and no lunches/receptions.)	\$139	\$59*
	SESSION 8 MATERIAL FEE	\$50	Not eligible
	SESSION 46 MATERIAL FEE	\$50	Not eligible
	SATURDAY TOWN HALL LUNCH–ACTIVITY B (*Included with Saturday or Sat/Sun registration fees, except for students.)	INC.†	\$25
	SATURDAY LEGISLATIVE RECEPTION-ACTIVITY C	\$25	\$10
	SATURDAY PAC PUB TRIVIA NIGHT-ACTIVITY D	\$20	\$10
	SUNDAY ONLY (Lunch <u>NOT</u> included for students.)	\$139	\$69
	SUNDAY NETWORKING LUNCH-ACTIVITY F (Not included in any other registration fees for students.)	INC.	\$22
	NON-OTAC MEMBER FEE/NEW MEMBER DUES (Must complete a membership application if you want to join us at this rate. Must not have been a member since Feb. 2016.)	\$135/OT \$110/OTA	\$50
	ADD ON-AFTER FEBRUARY 21, 2018 (8:59PM PST)	\$69	\$49

	TOTAL AMOUN	IT DUE \$
□VISA □ MASTERCARD □ AMERICAN E	EXPRESS	
CARD#		EXP. DATE
CARDHOLDER'S NAME		VCODE*
CARD BILLING ADDRESS		
CITY	STATE	ZIP
SIGNATURE		





**INDIVIDUAL MEMBER ONLY** Please Print or Type

### MEMBERSHIP APPLICATION/SPECIAL - Put OTAC to work for you!

FIRST	MIDDLE INITIAL
LAST	
ADDRESS	
CITY/STATE/ZIP	
HOME PHONE ()_	
CELL PHONE ()	
PRIMARY EMAIL	
LICENSE #	
PRACTICE AREA (See box below)	YEARS IN PRACTICE
NAME OF PERSON WHO REFERRED YOU	
BIRTH YEAR (Optional)	
STUDENTS ONLY  SCHOOL CURRENTLY ENROLLED	
ANTICIPATED EXAM/GRAD DATE	
EMPLOYER INFORMATION OF INDIVIDU	AL MEMBER
COMPANY	
DEPARTMENT/DIVISION	
YOUR TITLE	
ADDRESS	
CITY/STATE/ZIP	
PHONE ()	EXT
DIRECT LINE ()	
FAX ()_	

#### **MEMBERSHIP CATEGORY - SYMPOSIUM SPECIAL\***

□ OT/L, OTR/L, OT (Full-time/Part-time) [\$135]\*

- ☐ OTA, OTA/L, COTA, COTA/L (Full-time/Part-time) [\$110]\*
- ☐ OT/OTA STUDENT (Full-time/Part-time) [\$50]
- ASSOCIATE (Non-OT only) [\$125]\*
- \*\*Your dues are paid on the Registration Form Fee Schedule.

#### **ANNUAL DUES\*\***

**PAY ON SYMPOSIUM** REGISTRATION **FORM** 

### **IMPORTANT NOTES ABOUT THIS OFFER!**

- This membership special is for **nonmembers only**, and is valid for 12 months upon receipt of 2018 Spring Symposium Registration and this form.
- This membership special is only for nonmembers who have not been a member since February 2016.
- The Membership Application special ends April 30, 2018.
- If you are a nonmember registering for Symposium, you must submit this Membership Application along with your 2018 Spring Symposium Registration if you would like to become an OTAC member.
- The "2-for-1" Discount ends February 3, 2018. This means that after February 21, 2018 you will no longer be able to take advantage of the "2-for-1" Discount (but you have until April 30, 2018 to take advantage of the Membership Application Special).
- If you are taking advantage of the "2-for-1" Discount, all participating individuals must submit all applicable forms together.
  - o If paying by credit cards, you may fax all forms to the OTAC office at (916) 567-7001.
  - o If paying by check, mail your forms to: OTAC • P.O. Box 276567, Sacramento, CA 95827-6567

Call staff at (888) 686-3225, or email staff@otaconline.org

### **ABOUT YOUR DUES**

Contributions or gifts to the Occupational Therapy Association of California (OTAC) are not tax deductible as charitable contributions for income tax purposes. However, they may be tax deductible as ordinary and necessary business expenses except that portion which is allocated to association lobbying activities. OTAC estimates that the non-deductible portion of your OTAC dues — the portion which is allocable to lobbying — is 5%. Five dollars of your dues (except Corporate) is a voluntary contribution to OTAC's Political Action Committee and may be deducted from the amount due.

### **PRACTICE AREAS**

- A. Academia
- B. Mental Health
- C. Pediatrics
- D. Physical Disabilities
- F. Wellness
- F. Other

**ARE YOU INTERESTED IN VOLUNTEER OPPORTUNITIES?** 

☐ YES ☐ NO