## REGISTRATION BROCHURE

AUGUST 2015 VOLUME 40 NUMBER 3





















TRANSFORMING LIVES THROUGH THE MAGIC OF OCCUPATION

OCTOBER 22-25, 2015 | SACRAMENTO

OCTOBER 22 PRE-CONFERENCE INSTITUTES
HYATT REGENCY AND
SACRAMENTO CONVENTION CENTER (EXPO HALL)









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Extensive training - Ongoing mentorship - Professional growth



## more opportunities to EXPERIENCE SUCCESS

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## MAKE SURE TO STOP BY AND VISIT EBS AT BOOTH #219

#### MENTORSHIP/TRAINING PROGRAM

Whether you are a new graduate or an experienced clinician, EBS understands the importance of mentorship and training. EBS has assembled an unparalleled team with years of experience to mentor you throughout your career.

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EBS offers unlimited opportunities for an exciting and rewarding career. As a member of the EBS team, you will gain access to the most comprehensive support, training, and mentorship programs while building lifelong professional and personal relationships with top specialists in the field.



## **CONFERENCE OVERVIEW**

### THURSDAY, OCTOBER 22

9:00am - 5:00pm

**Pre-Conference Institutes** (earn PDUs)

Additional fees.

6:00pm - 8:00pm

#### **Registration Material Pick-Up**

If you registered in advance, this is a convenient opportunity to pick up your registration materials.

6:00pm - 8:00pm

#### Meet 'n' Mingle

No-host opportunity to jumpstart your networking.

6:45pm - 7:45pm

## Video Night: Powerful Medicine: Simply Magic (.5 PDU)

Powerful Medicine: Simply Magic gives a moving and compelling voice to individuals with disabilities. They remind all of us that they are remarkable people capable of doing remarkable things. But they also urge us to acknowledge that their futures are often molded by the attitudes and perceptions we have about them. As a global society, we must start appreciating what they can do and stop focusing on what we believe they can't do. Powerful Medicine: Simply Magic explores the transformational benefits of the art of illusion in bringing about authentic and meaningful changes in the lives of those with different abilities. Free for Conference attendees.

### SATURDAY, OCTOBER 24

6:45am - 7:45am

Mind-Body Activity: Fun Run/Walk

8:30am - 11:30am

**Concurrent Sessions** (earn PDUs)

11:30am - 2:30pm

Exhibit Hall Activities, including Poster Presentations (earn PDUs)

2:30pm - 5:30pm

**Concurrent Sessions** (earn PDUs)

5:30pm - 6:30pm

#### President's Reception

Celebrating occupational therapy in pediatrics, early intervention and school-based practice.

6:30pm - 8:30pm

Candy and Wine Pairing \$20

8:30pm - 10:30pm

**After Hours Lounge and Party** 

DJ, Dancing, and Photo Booth.

### FRIDAY, OCTOBER 23

7:00am - 7:30am

### **Mind-Body Activity: Gentle Yoga**

8:30am - 11:30am

**Concurrent Sessions** (earn PDUs)

11:30am - 1:00pm

CFOT Awards Lunch and Symposium (.5 PDU) \$50/Students \$35 & \$10

1:00pm - 3:00pm

**Concurrent Sessions** (earn PDUs)

3:15pm - 4:15pm

#### **Keynote Address** (.5 PDU)

Featuring Kevin Spencer, The Healing of Magic

4:15pm - 5:15pm

#### **Awards Ceremony**

5:15pm - 7:15pm

## Exhibit Hall Grand Opening Reception

7:30pm - 9:00pm

**Alumni and Student Receptions** 

## SUNDAY, OCTOBER 25

8:30am - 11:30am

**Concurrent Sessions** (earn PDUs)

11:30am - 1:15pm

OTAC Luncheon, Annual Meeting, Awards & Featured Presenter (.5 PDU)

1:00pm-4:00pm

**Concurrent Sessions** (earn PDUs)

Call for Conference Volunteers

Are you interested in volunteering at Conference?

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun. There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast's largest occupational therapy professional development conference.

You can access the volunteer form on our website at www. otaconline.org in the Annual Conference section.

Deadline to respond: October 9, 2015.



### Tweet! Convo! Post!

Follow us on Twitter @OTACnews

Start a conversation using #OTACconf2015

Post on Instagram @otacofca

And, friend us on Facebook!

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## OTAC ANNUAL CONFERENCE

### A Premier Professional **Development Conference**— **Earn Professional Development Units**

OTAC's Annual Conference offers high quality continuing education at cost-effective prices. Conference attendees have the opportunity to select from more than 140 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal all at this one Conference (includes additional fee activities). You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct-delivery of occupational therapy services) and by NBCOT (for practice area of emphasis). We recommend that you register early for Conference to ensure admittance into your preferred sessions.

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

#### CONFERENCE DISCOUNTED EARLY BIRD **REGISTRATION SPECIALS!**

- Members: Attend all three days (October 23-25) for only \$309! Must register by August 31, 2015 for this rate.
- OTAC Student Members: check out student reduced fees. Must pre-register!

#### 2015 Deadlines to Remember

August 31 Discounted Early Bird Registration Special

deadline. (BEST VALUE!)

September 1 Registration rates increase by \$60

-October 9 (\$309 + \$60 = \$369).

Cut-off date for OTAC hotel reservation discount. September 30

Discounted room block may sell out before this

date; make your reservation today.

Advanced Conference registration closes at 8:59pm. October 9

> After this date/time you must register at the event. Onsite fees at the Conference increase by \$90 (\$309)

+ \$90 = \$399).

Special meal and needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you.

Cut-off date for Workplace Colleague discount and

to submit Conference Volunteer Form.

### **Important Notes**

#### 2015 Certificate Policy and PDU Credits

- Individual Session Tickets. When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance in the event of a CBOT audit.
- Certificate of Completion. When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white <u>copy</u> of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the <u>yellow copy</u> for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification in the event of an audit.

Sponsor: Stanbridge College

- To earn a Certificate of Completion, attendance is required. Please arrive on time to the sessions. Your certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- myotlicense. PDUs for OTAC members and subscribers will be entered into your myotlicense record by December 7, 2015.
- CBOT. Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board for Occupational Therapy (CBOT) for details.
- CHT. Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC).
- NBCOT. Sessions may be used to meet recertification. Check with the National Board for Certification of Occupational Therapy (NBCOT) for details.



Conference PDUs for OT/OTA practitioners will be entered into myotlicense records by December 7, 2015.

## **CONFERENCE INFORMATION**

ADIAMOND LUTUPL

**HYATT REGENCY** 

**SACRAMENTO** 

#### **Conference Hotel**

Hyatt Regency Sacramento 1209 L Street Sacramento, CA 95814 (916) 443-1234 toll-free (800) 233-1234

OTAC reserved a block of sleeping rooms at the Conference hotel, Hyatt Regency. Discounted room rates of \$158 are available for Wednesday, October 21 through Sunday, October 25, 2015. When

OT CONFERENCE booking your room, please indicate you are attending the OTAC 2015 Annual Conference. The deadline to receive the OTAC discounted rate is Wednesday, September 30, 2015. (Rates and space upon availability.)

You may also reserve your sleeping room online. The link is available on the OTAC website, www.otaconline.org, under the Annual Conference

We encourage you to stay at the Hyatt Regency to ensure that OTAC meets its contractual obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all the reserved sleeping rooms are not utilized.

Checking into the hotel on Thursday, October 22? Pick up your registration packet (if you have pre-registered), stop by our Meet 'n' Mingle Reception (cash bar), and attend our free video night.

#### Sacramento Convention Center

Location of the Exhibit Hall. The most convenient Convention Center entrance to attend the Exhibit Hall is on 13th Street between L and J streets. This Convention Center entrance is just steps from the Exhibit Hall entrance and Conference registration area in the Hyatt Regency.

#### **Parking**

There are several parking structures very close to the Hyatt Regency and Sacramento Convention Center.

- L and 12th Streets This is a self-parking garage that is attached to the Hyatt Regency. You can enter the garage from either L Street or 12th Street. Once you park in the garage, follow the directional signs to the elevator. Go to Level 2 - this is the entrance to the second floor of the hotel (mezzanine level). You can either take the stairs or the elevator to the first floor which is where the hotel registration area is located.
- Central Parking System, 1303 J Street (between 13th and 15th streets)
- State Capitol Parking Garage, 1303 10th Street (between L and J streets; enter on 10th Street)
- Esquire Plaza Parking Garage, 1215 13th Street (between J and L streets)
- Ampco Systems Parking, 1100 J Street (between 11th and 12th streets)

#### **Questions?**

Contact OTAC at staff@otaconline.org or (888) 686-3225.

#### **Mailing Address**

OTAC, PO Box 276567, Sacramento, CA 95827 Fax: (916) 567-7001

#### **Transportation**

#### AIRPORT

Sacramento International Airport, Code: SMF 6900 Airport Blvd., Sacramento, CA 95837 (916) 929-5411 • www.sacairports.org

The airport, situated 12 miles northwest of Sacramento, is a 15-minute freeway drive to downtown Sacramento. Service at the airport is available from 14 major carriers and one commuter airline. The airport also offers food and beverage facilities, retail shops, ground transportation, and many other amenities.

#### SHUTTLE—SEDAN AND VAN SERVICE

#### **SuperShuttle**

(800) 258-3826 • (916) 648-2500 x11306 • www.supershuttle.net

Supershuttle is the exclusive provider of sedan and van service at the Sacramento International Airport (SMF).

#### TAXI SERVICE

Sacramento Independent Taxi Owners Association (SITOA)

Reservations/Information: (916) 444-0008

Round-trip rate between the airport and downtown Sacramento is approximately \$56. Seniors and military personnel may be eligible for a discount.

SITOA has the exclusive contract to provide taxi service at the airport, although other taxi companies can drop off passengers at the airport at any time and may pick up passengers with a reservation.

Yellow Cab Co. of Sacramento (800) 464-0777 • (916) 444-222

#### PUBLIC TRANSPORTATION

#### Amtrak

www.amtrak.com

The downtown Sacramento Amtrak station is used for the San Jose-Oakland-Sacramento Capitol Corridor trains. Located approximately one mile northwest of the Hyatt Regency Sacramento.

# YOGA! WALK/RUN!

The Conference Committee is pleased to again offer complementary mind-body activities on Friday and Saturday mornings - gentle



yoga on Friday and brisk fun walk/run on Saturday. These activities are designed for any skill level.

#### **CONFERENCE TIP**

Make your Conference session selections carefully. Many of our sessions fill up in advance of onsite Conference proceedings and may not be available if you attempt to change. In addition, requesting changes to your session selections onsite may lead to long waits in line at the Registration counter.

## PRESIDENT'S MESSAGE

Dear Conference Participants:

We are back in historic Sacramento with a packed program of pre-conference institutes, and multiple tracks of educational sessions, workshops, panels, and posters that cover a wide range of topics and areas of practice to advance your continuing competency and professional development. How fitting it is to be here, where attendees in the Grassroots Advocacy and Regulatory track will have an opportunity to be in the Capitol for part of the day on Friday.

This year's Conference theme, "In Pursuit of the Vision: Transforming Lives through the Magic of Occupation," highlights the core of occupational therapy and how we promote health, restore function, adapt activities and environments, and help people do the things that matter to them and fully participate in everyday life. Our keynote speaker, Kevin Spencer, will speak about *Tapping* the Magic Within, and he will also share more of his insights in his session on Saturday, "MAGIC: Motivating Activity that Guides Independence and Confidence."



Patricia Nagaishi, PhD, OTR/L, OTAC President

Be sure to stay for the OTAC Awards Ceremony following the keynote presentation to be inspired by the stories of excellence and contribution to the profession the awardees have made. Visit the Exhibit Hall, where you can meet with vendors and potential employers, network and catch up with colleagues and friends, and get the latest information on products and services. Also, at the President's Reception we will be celebrating occupational therapy in pediatric, early intervention, and school-based practice. Sunday's Annual Meeting will again have a featured presenter (see page 9), as well as honor the first recipients of the OTAC Media Award and Spirit of OT Award.

There will also be mind-body activities (yoga, fun run / walk), alumni receptions, and other activities to make your Conference experience enjoyable, provide networking opportunities, as well as give you and your families an opportunity to explore Sacramento. The volunteers at the hospitality booth will be glad to provide you with assistance and recommendations.

The 39th Annual Conference promises to be a dynamic, energizing, and inspiring educational event! Follow us #OTACconf2015, on Twitter @ OTACNews, Instagram @otacofca, and on Facebook.

Patricia S. Nagaishi, PhD, OTR/L

President, Occupational Therapy Association of California

atricia S. Nagarshi

#### Where's Pat?!

For a budget-friendly casual dining experience less than two city blocks from the Hyatt Regency, OTAC President Pat Nagaishi recommends Ma Jong's Asian Diner.



### **2015 CONFERENCE COMMITTEE**

Chair - Akemi Davies

Audio-Visual/Signage Coordinator - Wendi Lee

Awards Coordinator - Victoria Badaro

Call For Papers Coordinators - Samia Rafeedie and Minoo Shahriary

Communications Coordinator - Arameh Anvarizadeh

Photographer - Diana Su-Erickson

Proofreader - Lisa Deshaies

Events Coordinator - Lina Awshee

Exhibits Coordinator - Mary Kay Gallagher

Hospitality Coordinator - Sabrena McCarley

Program Coordinator - Samia Rafeedie

Registration Coordinator - Laura Mah

Student Track Coordinators - Gigi Smith and Amy Sadek

Volunteer and Wellness Events Coordinator - Carlin Daley

OTAC President - Pat Nagaishi

OTAC Contributing Staff - Karen C. Polastri, IOM; Tracy Brown; Amy Butera; Wendy Fardanesh; Shannon Rutledge; Tammy Hitchcock; and Karen Zdrowski

## **KEYNOTE ADDRESS**

3:15pm - 4:15pm **Friday, October 23, 2015** 

#### **Tapping the Magic Within**

Research has demonstrated that arts-integrated approaches to promote functional and social skills development can stimulate and encourage engagement on the part of persons with a variety of diagnoses. For many, grasping concepts (both abstract and concrete), engaging in conversation, or working with others can be challenging tasks. This presentation will introduce attendees to a groundbreaking, arts-integrated intervention called



Kevin Spencer, Founder/CEO, Healing of Magic

Healing of Magic. Sharing research and anecdotal evidence, this promises to be an informative, educational, and heartwarming experience.

Earn .5 PDU

Sponsor: West Coast University

## CHAIR'S MESSAGE

Dear Practitioners, Educators, Students, Colleagues, and Friends:

Hello and welcome as we kick off registration for the 39th Annual Conference in Sacramento (#OTACconf2015)! On behalf of the Occupational Therapy Association of California and the Annual Conference Committee, I am honored to invite you to join our celebration. This year's theme, "In Pursuit of the Vision: Transforming Lives Through the Magic of Occupation," will highlight our specialty of using creative activities to promote health and well-being.

This year's Conference boasts a fantastic and magical program! Kevin Spencer, OTAC's 2015 Keynote Presenter and professional magician, is excited to share his specially designed treatment methods for therapy practitioners. His program, "Healing of Magic," is a systematic approach to the therapeutic use of simple magic tricks; however, the real magic lies in how this fun occupation leads to functional skill development. Pead more about Kovin Spencer's presentations on page 6 and 18, and get a great province of his visual statement.

Akemi Davies, MA, OTR/L

to functional skill development. Read more about Kevin Spencer's presentations on pages 6 and 18, and get a sneak preview of his work at Thursday night's video event!

After the Keynote address, stay for the Awards Ceremony and the grand opening of the Expo Hall. It's an honor to celebrate the amazing OTAC practitioners and students who consistently go above and beyond in all that they do! The Exhibit Hall is of course a must see! A variety of useful vendors will be available to connect you to helpful resources. Remember to bring your drink ticket with you and that reception style food will be available in the Exhibit Hall.

You will have networking opportunities and refreshments at the President's Reception on Friday evening and at the After Hours Lounge and Party event on Saturday evening. The President's Reception will highlight pediatric, early intervention, and school-based practice this year. I encourage you to join this event to introduce yourself to some of the outstanding leaders in this area of practice. Saturday night is all about having fun!

The Sacramento Hyatt is always a great host to the OTAC Conference. Please enjoy your stay here and take some time to become familiar with our state's capital. It is here that our lobbyist, Jennifer Snyder, works diligently to support OTAC's many legislative and regulatory efforts. If you have a little extra time, do explore Sacramento. This bustling city is a hub for fine arts, sports, history, and various forms of transportation. Old Town is just a few blocks away and is a fun tribute to California's history.

This October, please join us to connect with good friends, collaborate with colleagues, and engage in the exciting educational opportunities that the 39th Annual Conference has to offer!

Akemi Davies, MA, OTR/L OTAC Conference Chair

## **OUR HOST CITY: SACRAMENTO**

#### Come learn and play in Sacramento!

Sacramento is a historic city and it celebrates much of that history in its local museums, activities, and events. It is full of pride and enthusiasm for all that it has to offer its residents and welcomed visitors. We invite you to *DiscoverGold* in Sacramento.

#### ■ ART GALLERIES/TOURS

Sacramento is home to more than 600 pieces of art in front of city and county buildings and the Sacramento International Airport, including the Sculpture Garden on the grounds of the Sacramento Convention Center. Walking maps are available for self-guided tours of art in public places at www.sacmetroarts.com. Downtown Sacramento is also home to many art galleries.

#### ■ ENTERTAINMENT

Crest Theatre. Just a few blocks from the Hyatt Regency Sacramento, this theatre opened in 1949 with celebrities and dignitaries in attendance. Today, the theatre still boasts its guilded art-deco ceiling and waterfall main drape and is host to concerts, comedians, speakers, films, and more. (www.thecrest.com)

**Esquire IMAX Theatre.** Treat your senses to the most powerful and involving movie experience yet created. Their Academy Award winning IMAX technology brings images to life like no other. Just steps from the Hyatt Regency Sacramento at 1211 K Street. Check out their schedule online at www.imax.com/00/esquire-imax/.

#### ■ MUSEUMS/TOURS (28 MUSEUMS IN SACRAMENTO)

California Automobile Museum. Come experience automobile evolution at this spectacular auto museum. (916-442-6802; www.calautomuseum.org)

**California Museum for Women, History & the Arts.** It's a living, breathing, cultural center that provides engaging, entertaining, and timely programs for the whole family. (916-653-7524; www.californiamuseum.org)

California State Capitol Museum/Tours. It's free, it's archecturally stunning, and it's historically rich. There are 40 acres of lawns, flower gardens, and memorials to California history that surround the building. (916-324-0333; www.capitolmuseum.ca.gov)

**California State Railroad Museum.** The largest train museum in the country. Located in Old Sacramento. Starting October 17, the museum offers a Halloween-themed "Spookomotive" 40-minute train ride along the Sacramento River. (916-323-9280; www.csrmf.org)

Crocker Art Museum. As the leading art institute in the Sacramento Valley, this museum is dedicated to promoting an awareness of and enthusiasm for human experience through art. Emphasis is on the Crocker family donation of California art and European drawings, contemporary northern California art, and international ceramics. (916-808-7000; www.crockerartmusuem.org)

Old Sacramento. Registered as a National and California Historic Landmark, it boasts 53 historic buildings with riverfront restaurants, museums, nightspots, and kitschy shops. You can also participate in the Hysterical Walk of the Dead: A Saucy Ghost Tour, and Hysterical Walks and Rides (on Segways). (916-430-8715; www.hystericalwalks.com). Take an underground tour. Hidden beneath the city for nearly 150 years, Old Sacramento's underground has long been the capital's best kept secret. Due to the popularity of the tours, advance tickets are recommended. Check in at the Sacramento History Museum. (916-808-7059)

**Victorian Homes.** Nestled along tree-lined streets, most homes can be found from 7th Street to 16th Street, between E Street to I Street. There are many self-guided walking tour maps available through the Sacramento Heritage Association (www.sacramentoheritage.org).

Walking Tour. Kids Meet the City—A Tour of California History Especially for Kids. A fun and interactive way to introduce local history to students of all ages. This unique walk through downtown will explore the Gold Rush, the history and route of the famed Pony Express, John Sutter's place in California history, and a visit to the City Council Chambers. Tour begins at City Hall in Downtown Sacramento. (916-442-8575)

#### ■ OTHER

Check out www.sacramento365.org for current activities.

## SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

#### Video Night: Powerful Medicine: Simply Magic (.5 PDU)

Thursday, October 22 • 6:45pm – 7:45pm Hyatt Regency

Powerful Medicine: Simply Magic gives a moving and compelling voice to individuals with disabilities. They remind all of us that they are remarkable people capable of doing remarkable things. But they also urge us to acknowledge that their futures are often molded by the attitudes and perceptions we have about them. As a global society, we must start appreciating what they can do and stop focusing on what we believe they can't do. Powerful Medicine: Simply Magic explores the transformational benefits of the art of illusion in bringing about authentic and meaningful changes in the lives of those with different abilities. Free for Conference attendees.

#### CFOT Awards Lunch and Symposium (.5 PDU) - \$50\*

Friday, October 23 • 11:30am – 1:00pm Hyatt Regency

Recipients of the 2015 CFOT scholarships, research grants, and awards will be announced, including honoring the CFOT Humanitarian of the Year. Following the presentation of awards, attendees will be treated to a stimulating address by this year's esteemed lecturer, Deborah Bolding, PhD, OTR/L on Everyday Leadership.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase tickets. \*Student discount ticket - \$35 with lunch/\$10 with no lunch, gallery seating.

## Keynote Address: Tapping the Magic Within (.5 PDU)

Friday, October 23 • 3:15pm – 4:15pm Hyatt Regency

Research has demonstrated that arts-integrated approaches to promote functional and social skills development can stimulate and encourage engagement on the part of persons with a variety of diagnoses. For many, grasping concepts (both abstract and concrete), engaging in conversation, or working with others can be challenging tasks.

This presentation will introduce attendees to a groundbreaking, arts-integrated intervention called Healing of Magic. Sharing research and anecdotal evidence, this promises to be an informative, educational, and heartwarming experience. All Attend.

Sponsor: West Coast University

#### **OTAC Awards Ceremony**

Friday, October 23 • 4:15pm – 5:15pm Hyatt Regency

You are invited to help us recognize our 2015 Award honorees who serve with excellence and inspire professional passion. You will have a chance to congratulate the Award honorees in the Exhibit Hall. **All Attend.** 

#### **Exhibit Hall**

Friday, October 23 • 5:15pm — 7:15pm

Saturday, October 24 • 11:30am — 2:30pm

Sacramento Convention Center, Exhibit Hall

Don't miss Friday's lively Grand Opening

Reception sponsored by our exhibitors.

This fun and informal atmosphere offers
the perfect opportunity to learn about
products and services useful to occupational
therapy practitioners as well as to talk with
representatives who are actively recruiting for

Win a \$50 Gift Card! Advance purchase Saturday Exhibit Hall lunch and be eligible to win \$50 in gift cards.

their companies. Saturday's session offers a convenient lunch option for purchase right on the Exhibit Hall floor and an opportunity to meet with any exhibitors you didn't connect with on Friday. Don't forget that the Exhibit Hall also offers giveaways and cash prizes. Visit exhibitors to be eligible.

Stop by the OTAC Membership Booth—it is the central hub of activity: meet with OTAC leaders, learn about OTAC and win prizes while you learn, and more!

#### **Alumni and Student Receptions**

Friday, October 23 • 7:30pm – 9:30pm Hyatt Regency

Celebrate the conclusion of the first day of learning with these networking opportunities. The Alumni and Student Receptions are always a highlight of Conference. Express your appreciation to our OT and OTA colleges and universities with your support.

#### Poster Presentations (earn PDUs)

Saturday, October 24 • 11:30am – 12:30pm and 1:30pm – 2:30pm Sacramento Convention Center, Exhibit Hall
See pages 24 and 25 for a list of posters; earn PDU credits.

Sponsor: Total Education Solutions

"Please join me for the President's Reception on Saturday,

October 24, 2015 from 5:30pm — 6:30pm to network, relax after
a day of active learning, and celebrate our colleagues who practice
in pediatrics, early intervention, and school-based OT."

Kevin Spencer,

Founder/CEO,

Healing of Magic



Patricia Nagaishi, PhD, OTR/L, OTAC President

## SPECIAL CONFERENCE ACTIVITIES

#### **President's Reception**

Saturday, October 24 • 5:30pm – 6:30pm Hyatt Regency

All Conference attendees are invited to relax, enjoy refreshments, and network at this event (cash bar). Come meet OTAC and AOTA leaders, presenters, and other honorees. Join us for a special feature celebrating the work of OT/OTAs practicing in pediatric, early intervention, and schoolbased practice.

Sponsor: USC Mrs. T.H. Chan Division of Occupational Science and Occupational Therapy

#### Candy and Wine Pairing: Andy's Candy Apothecary \$20

Saturday, October 24 • 6:30pm – 8:30pm Hyatt Regency (meet up at 6:15pm to walk together)

#### **After Hours Lounge and Party**

Saturday, October 24 • 8:30pm – 10:30pm Hyatt Regency

Music! DJ! Networking! Photo Booth! Good Times! Includes special magic and Halloween-themed photo booth props. **All Attend.** 

## Lunch, OTAC Annual Meeting, Awards, and Featured Presenter (.5 PDU)

Sunday, October 25 • 11:30am – 1:00pm Hyatt Regency

This event is included in your registration (if you selected any combination that includes Sunday). Come hear what OTAC has been doing to support you and the profession as well as what's in the future from OTAC President Patricia S. Nagaishi, PhD, OTR/L.

New to this year's program will be two awards: OTAC Media Award and OTAC Spirit of OT Award. The featured presenter is Joe Xavier, director, California State Department of Rehabilitation (DOR). Xavier, a former DOR consumer, has a profound understanding of the opportunities and barriers individuals with disabilities may face on their path to meaningful employment, and will share his insights about how occupational therapy practitioners can better utilize the DOR services on behalf of their clients.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase tickets.

Sponsor: West Coast University

#### **Mind-Body Balance Opportunities**

Friday, October 23 • 7:00am — 7:30am: Gentle Yoga Saturday, October 24 • 6:45am — 7:45am: Fun Walk/Run

Annual Conference attendees can experience mind-body balance at Conference: Gentle Yoga on Friday, and a Fun Walk/Run on Saturday.

#### What To Do in Sacramento

Looking for recommendations on dining, shopping, and activity options? Have questions about the Conference or OTAC? Stop by the Hospitality Table in the Conference registration area.

# CELEBRATE OCCUPATIONAL THERAPY IN PEDIATRIC, EARLY INTERVENTION, AND SCHOOL-BASED PRACTICE

## Come celebrate with us the important role of occupational therapy in pediatric, early intervention, and school-based practice!

Join us for our 3rd annual celebration of an area of practice in occupational therapy. This event is open to all Saturday attendees.

According to recent survey results, about 42% to 51% of occupational therapy practitioner respondents provide occupational therapy (OT) services in pediatric, early intervention, and school-based practice (AOTA 2015 Salary and Workforce Study; Advance for Occupational Therapy 2015 Salary Survey). These statistics become even more significant when considering those OT practitioners working in this area of practice in hospital, mental health, and private practice settings (which the surveys did not break down for these settings). These practitioners provide occupational therapy services to infants, toddlers, children, and youth and their families, as well as adults with developmental disabilities. They utilize varied frameworks and intervention approaches to promote physical, mental, and behavioral health and help them develop and acquire skills, engage and participate in play and learning activities, demonstrate self-regulation and adapt to situational demands, achieve independence in self-care and instrumental activities of daily living, community mobility and social participation, and prepare for transition to higher education, independent living, and work.

The 2015 Conference Committee is excited and proud to have such knowledgeable and experienced practitioners sharing their expertise in presentations covering a broad range of topics across the pediatric and developmental age range: OT in the NICU; technology use on the child's developing brain; foundations in nature; children's mental health; strategies for dealing with challenging behaviors; the DIR (developmental, individual difference and relationship) approach; developing IEPs (individualized education program) for students in special education; cognitive behavioral OT for youth; young adults with autism; and adults with autism and sensory processing.

President's Reception • Saturday, October 24, 2015 5:30pm to 6:30pm • Hyatt Regency

## COME HELP CELEBRATE OUR OTAC 2015 AWARD HONOREES

### **Honoring Those Who Inspire Professional Excellence**

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, October 23, 4:15pm – 5:15pm. This event is open to all Conference attendees registered for Friday.

The following awards will be presented:

Lifetime Achievement Award
Award of Excellence
Janice Matsutsuyu Outstanding Service Award
OT Practice Award
Award of Appreciation
Fieldwork Educator Award
OT Entrepreneur Award
OTA Honorary Award
Outstanding Student Award
Luella Grangaard Political Action Award





The Many Faces of Past Conferences









## CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

## Celebrating Our 34th Anniversary!

CFOT Awards Lunch and Symposium

Friday, October 23, 2015 • 11:30am – 1:00pm Hyatt Regency

#### **About the Awards Lunch and Symposium**

Recipients of the 2015 CFOT scholarships, research grants, and awards will be announced at the annual CFOT awards lunch and symposium on Friday, October 23, 11:30am – 1:00pm. Following presentation of the awards, attendees will be treated to a stimulating address by Deborah Bolding, PhD, OTR/L, FAOTA, this year's CFOT honored lecturer.

#### Symposium Topic: Everyday Leadership (.5 PDU)

All occupational therapy practitioners can be leaders. Deborah Bolding, PhD, OTR/L, FAOTA, will present the values and social and workplace factors that influence leadership development, describe her research about professional exemplars, and share stories of everyday leadership in occupational therapy.

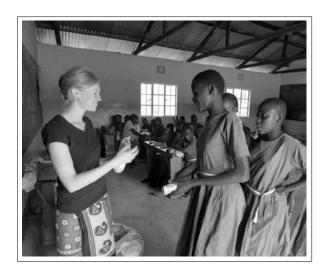




Deborah Bolding, PhD, OTR/L, FAOTA, Honored Lecturer

## Humanitarians of the Year Michelle Craft and Emma Stober, The Pad Project

The Pad Project, which is part of the www.toolittlechildren.org, was started to address a pressing need to help girls remain in school in Kenya. As school-age girls menarche, they were often missing a week of school every month due to the limited availability of feminine hygiene products. School fees in Kenya are a huge expense for families and often girls miss school or drop out of school when they start menstruating. Older boys started buying disposable hygiene products and giving them to girls in exchange for sex or prostitution. For many of the girls, the choice is to remain in school while prostituting themselves or drop out of school. The Pad Project makes washable, re-usable feminine pads to distribute directly to girls in Kenya.





## **CFOT SILENT AUCTION**

The CFOT booth in the OTAC Exhibit Hall will be buzzing with activity. Your support is encouraged and appreciated both as bidders and donors of auction items. CFOT annually awards thousands of dollars for scholarships and research grants. Help CFOT meet, and exceed, its goal.

Donations of auction items valued at \$25 or greater are needed. Please contact Diana Su-Erickson at (909) 796-2002 or by email at silentauction@cfot.org.

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

AOTA President Ginny Stoffel, PhD, OT, BCMH, FAOTA, is delighted to have been the successful bidder for this exquisite coat at the 2013 CFOT Silent Auction.

## SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Annual Conference Committee in partnership with the OTAC Student Leadership Committee is pleased to again offer special programming to meet the needs of our student members. *Students receive a discount on Conference registration fees.* 

#### **Activities of Interest**

#### **■** Thursday, October 22

- Video Night: Powerful Medicine: Simply Magic (Free for conference attendees)
- Meet and Mingle Reception (Free, no-host networking opportunity)

#### **■** Friday, October 23

- Mind-Body Activity: Gentle Yoga
- CFOT Awards Luncheon and Symposium—Student Fee only \$35 (or \$10 for no lunch, gallery seating)
- Student and OT Professional Track: Grassroots Advocacy at the State Capitol Building (Session 28)
- Keynote Address: Kevin Spencer, Tapping the Magic Within
- OTAC Awards Ceremony
- Exhibit Hall Grand Opening Reception—Meet Recruiting Exhibitors and Network with Practitioners
- Alumni/Student Receptions

Special OTAC Student Registration Discount

#### ■ Saturday, October 24

- Mind-Body Activity: Fun Run/Walk
- Student Track (Session 57)
- Exhibit Hall Activities: Poster Presentations, visit more exhibitors/ recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$12
- Student Track (Session 67)
- President's Reception—come celebrate OT in Pediatrics, Early Intervention and School-Based Practice
- Candy and Wine Pairing: Andy's Candy Apothecary \$20
- · After Hours Lounge and Party

#### ■ Sunday, October 25

- All concurrent sessions on Sunday are open to students at the special student registration fee schedule
- Lunch and OTAC Annual Meeting with featured presenter included in Sunday registration fee

## WHAT THE STUDENT REGISTRATION RATE DISCOUNT INCLUDES

The student discounted registration rate discount is applicable for the following session schedule:

Friday: Student Track: Grassroots Advocacy

**Saturday: Student Track Sessions** 

**Sunday:** Any Session

Student registration rate discount also includes daily special activities and events (additional fees may apply to some activities and events).

Students may select practitioner sessions on Friday and Saturday at the practitioner registration rate.

## AFTER HOURS LOUNGE & PARTY

Saturday, October 24, 2015 8:30pm – 10:30pm • Hyatt Regency

Music! DJ! Dancing! Networking! Photo Booth! Includes magic and Halloween-themed props for the photo booth! What Fun!

Open to all attendees!



## AGENDA: THURSDAY, OCTOBER 22 • PRE-CONFERENCE INSTITUTE

#### Thursday – Schedule

9:00am - Noon

## 10 Enhancing Occupation-Based Care with Physical Agent Modalities (3 PDUs)\*

Ernie Escovedo, OTD, OTR/L, CES, PAM

This session will explore the impact of physical agent modalities on underlying impairments that impede occupational performance. AOTA documents, evidence-based literature, documentation, and outcome measures will be presented to promote occupation-based reasoning and intervention.

9:00am - Noon

## 11 Developing Social Sense for Children and Adolescents (3 PDUs) Tara Delaney, MS, OTR/L; Mary Hamrick, SLP

The Social Sense\* program offers a systematic approach for working with children who are struggling with interpersonal relations and understanding the complex social world in which we live.

9:00am - Noon

## 12 Documentation: How to Effectively Get Paid for the Services You Provide in Both Adult and Pediatric Settings (3 PDUs) Sue Bowles, OTD, MBA, OTR/L

This presentation highlights documentation requirements and how to appropriately and effectively code to ensure you are reimbursed for occupational therapy services in the outpatient setting for both adults and pediatrics. The session will also outline what information the insurance reviewers need to have to authorize more therapy and support care that was not initially authorized by the insurance carrier.

9:00am - Noon; 1:00pm - 4:00pm

## 13 Functional Anatomy and Clinical Reasoning for the Non-Hand Specialist (6 PDUs)\*

Lisa Deshaies, OTR/L, CHT

For many therapists, memories of hand anatomy and kinesiology courses taken in school have long since faded. For others, there may be uncertainty about how to safely and best approach client care. This session is intended to help therapists practicing in any setting refresh their understanding of key functional anatomy and be able to apply it while clinically reasoning what to do with clients having orthopedic hand issues. Participants will learn or relearn complex information at their own level. The session will utilize a multi-media approach while incorporating small group activities, lecture, and discussion.

1:00pm - 2:30pm

#### 14 Update on Telehealth and Mobile Health Technologies (1.5 PDUs) Tammy Richmond, MS, OTR/L, FAOTA

This presentation will provide a brief overview of current occupational therapy service delivery through telehealth. The latest practice models, education, and research, which must guide practice as well as merging delivery and monitoring tools such as digital health tools, wearable sensors, robotics, and other types will be explored. Attendees will be encouraged to reflect on the information presented and to consider how telehealth may be utilized in their occupational therapy practice settings.

1:00pm - 4:00pm

#### 15 Evidence-Based Practice for Dysphagia Intervention (3 PDUs)\*

Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, SWC

Evidence-based interventions to address dysphagia will be reviewed with an opportunity to practice select techniques. Pediatric, adult, and geriatric case presentations will illustrate the use of evidence-based intervention approaches.

\*CBOT Advanced Practice Application approval pending

Note: Be sure to turn in your Certificate of Completion at the Registration table if you will not be attending any other Conference sessions.

#### Thursday – Special Activities

8:00am - 9:30am and Noon - 2:00pm

#### **Registration Hours**

These times are just for those attending the Thursday preconference sessions.

6:00pm - 8:00pm

#### Registration Pick-up

Anyone who has registered in advance is welcomed to pick up their registration packet. If you are checking into the Hyatt Regency on Thursday or if you live in the area and are stopping by to pick up your registration packet in advance, be sure to stay for the no-host Thursday Meet 'n' Mingle Reception and Video Night.

6:00pm - 8:00pm

#### A Meet 'n' Mingle Reception

Join us for this informal, no-host reception to kick-start your Conference networking. If you are checking into the hotel on Thursday or live in the area and are just stopping by to pick up your registration packet (you must have registered in advance)—come chat with your colleagues.

6:45pm - 7:45pm

## B Video Night: Powerful Medicine: Simply Magic (.5 PDU) Free for Conference attendees

Powerful Medicine: Simply Magic gives a moving and compelling voice to individuals with disabilities. They remind all of us that they are remarkable people capable of doing remarkable things. But they also urge us to acknowledge that their futures are often molded by the attitudes and perceptions we have about them. As a global society, we must start appreciating what they can do and stop focusing on what we believe they can't do. Power Medicine: Simply Magic explores the transformational benefits of the art of illusion in bringing about authentic and meaningful changes in the lives of those with different abilities. Free for Conference attendees.

1:00pm - 4:00pm

## 16 Essence of School-Based Practice: Understanding Individuals with Disabilities Improvement Act (IDEIA), Due Process, and Defensible Assessments (3 PDUs)

Lisa A. Test, OTD, OTR/L; Valerie Adams, MA, OTR/L

In this session participants will learn how to identify the tenets of IDEIA and occupational therapy as a related service as well as come to understand the Individualized Education Plan (IEP), Free and Appropriate Public Education (FAPE), and Due Process. Activities will include analyzing the components of the Ecological Framework for Child Success under the California Department of Education, Guidelines of OT and PT in California Public Schools, applying knowledge of special education, and connecting the data points for a defensible assessment.

2:30pm - 4:00pm

#### 17 Occupational Therapy in Business: Adding Value, Ensuring Optimal Functioning (1.5 PDUs)

Sean Sullivan, MA, OTR/L

In this session attendees will learn how the skill of occupational therapy can be leveraged to promote optimal function of both employee and employer. From pharmaceutical manufacturing and corporate offices to Safe Patient Handling Programs, see why occupational therapy in business makes good business sense.

4:00pm - 5:00pm

## 18 The Contributions of Occupational Science to the Readiness of Long Duration Space Exploration (1 PDU)

Janis Davis, PhD, OTR/L; Maria Absi, OTS

Long duration space exploration places astronauts in a unique environment never before experienced by humans. Occupational science can contribute to the conversation on astronaut readiness to engage in occupations during the mission to Mars by understanding the key physical, biological, and emotional factors that must be addressed. Interdisciplinary teams are contributing knowledge to this mission and occupational therapy should be included.

## AGENDA: FRIDAY, OCTOBER 23

#### Friday – Special Activities

7:00am - 7:30am

#### C Mind-Body Activity: Gentle Yoga

Carlin Daley, OTD, OTR/L

Yoga is a time-tested science of body, mind, and spirit that originated in India several thousand years ago. Yoga creates vitality, strength, flexibility, and ease of movement in the body. Yoga increases lung capacity, calms the mind, and deepens the mind-body connection. Wear comfortable clothing and bring your own mat or towel. No PDUs.

7:30am - 5:15pm

#### **Friday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events can sell out in advance.

#### 11:30am - 1:00pm

#### CFOT Awards Lunch and Symposium (.5 PDU)

Honored Lecturer: Deborah Bolding, PhD, OTR/L, FAOTA, speaking on Everyday Leadership

Come help recognize recipients of the 2015 California Foundation of Occupational Therapy (CFOT) scholarships, research grants, and awards including the CFOT Humanitarians of the Year—Michelle Craft and Emma Stobe of The Pad Project.

An additional \$50 fee is required to attend this event.

Special pricing for students: \$35/includes lunch; \$10/no lunch-gallery seating.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase your ticket.

#### 3:15pm to 4:15pm

#### 40 Keynote Presentation: Tapping the Magic Within

Kevin Spencer, founder/CEO, Healing of Magic

Research has demonstrated that arts-integrated approaches to promote functional and social skills development can stimulate and encourage engagement on the part of persons with a variety of diagnoses. For many, grasping concepts (both abstract and concrete), engaging in conversation, or working with others can be challenging tasks. This presentation will introduce attendees to a groundbreaking, arts-integrated intervention called Healing of Magic. Sharing research and anecdotal evidence, this promises to be an informative, educational, and heartwarming experience.

#### 41 OTAC Awards Ceremony - All Attend

All attendees are invited to help us recognize our 2015 Award honorees who serve with excellence and inspire professional passion. This event is included in your registration fee (if you selected any combination that includes Friday).

5:15pm - 7:15pm

#### D Exhibit Hall Grand Opening Reception - All Attend

Located in the Sacramento Convention Center, this expo includes a complimentary reception courtesy of our exhibitors. Please visit the exhibitors and express your appreciation. Be sure to play Exhibit Hall Bingo.

7:30pm - 9:30pm

#### **Alumni and Student Receptions**

OTAC's Annual Conference is a convenient—and fun—opportunity to network with your fellow alumni and students. Always a Conference highlight.

#### Friday – Schedule

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#### Friday Registration Hours

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8:30am -10:30am

## 20 Strategies for Dealing with Challenging Behaviors (2 PDUs) Valerie S. Adams, MA, OTR/L

Non-compliance or challenging behaviors should never be a reason to dismiss a child from occupational therapy. Participants will learn specific strategies for increasing compliance during treatment sessions.

8:30am - 11:30am

#### 21 OT Shark Tank: Getting Started in Your Practice— Meet the Experts (3 PDUs)

Babak Amali, OTR/L

If you are considering starting your own practice or business, this course will answer some of your questions about how and where to start. Whether you are an entrepreneur or have been in business for a while, this panel of experts consisting of a business lawyer, a business accountant, and a health benefits representative will answer any questions you may have.

8:30am - 11:30am

#### 22 Adults, Autism, and Sensory Processing Disorder: Reflective Testimonials (3 PDUs)

Bonnie Nakasuji, OTD, OTR/L, C/NDT, FAOTA; Briana Harris, OTD, OTR/L; Consumer participants Randy Diamond and Jennifer St. Jude

Testimonials by adults with sensory processing difficulties including autism spectrum disorder will share their struggles with self-regulation and/or motor coordination, what strategies work, when they work best, and the role of occupational therapy.

8:30am - 11:30am

## 23 Hospice and Palliative Care: The Evidence for and Role of OT (3 PDUs)

Janice Kishi Chow, MA, OTR/L

As our population ages, more will be living longer with chronic conditions but dying with more complex diseases. During this session we will explore the evidence base for occupational therapy and the practitioner's role in working with people living with incurable, chronic, and terminal illness.

8:30am - 11:30am

## 24 The Art of Integrating Vision Assessment and Treatment in Rehabilitation (3 PDUs)

Susie Wong-Okamoto, BS, OTR/L; Debra Susan Ouellette, MS, OTR/L, SCLV; Erika Agustin, BA, COTA/L

This presentation will address the impact of vision impairments on function at the acute rehabilitation level. Participants will be introduced to a time efficient visual screen, and the clinical reasoning process to guide interventions from exercises to function. Video media, case presentations and discussion will be included.

## AGENDA: FRIDAY, OCTOBER 23

8:30am - 11:30am

#### 25 Developmental and Occupational Foundations in Nature: The Best Sensory Clinic is Right Outside the Door (3 PDUs)

Kathleen Lockyer, OTR/L; Jon Young, author

The presenters will offer a conceptual model to demonstrate how occupational therapy can bridge the growing disconnect and resulting negative consequences between child development, rehabilitation, and occupational time in nature. Practical strategies for any setting will be introduced using principles and practices of developmental foundations in nature.

8:30am - 11:30am

## 26 Mythbusters: Can Research Be Part of Everyday Practice? (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, SWC, FAOTA

Evidence-based practice is expected in all arenas of occupational therapy, but this is often challenging. This session will describe how the occupational therapy practitioner can develop a potential research project within a practice setting.

8:30am - 11:30am

#### 27 Culinary Therapy, Rehabilitation, and Managing Difficult Behaviors in a Skilled Nursing Facility (3 PDUs)

Sandy Narasimhan, MS, RDN, CSG; Rashmi Rajadhyax, OTR/L; Gordon Muir Giles, PhD, OTR/L, FAOTA

In this session attendees will examine the role of an organic garden and culinary therapy in occupational therapy in a skilled nursing environment. Specifically, we will examine the use of meal preparation and self-feeding in neurorehabilitation of motor skills, and how the emphasis on food has enhanced the experience of staff and clients of a skilled nursing facility (SNF) devoted to the general SNF population and the non-aversive treatment of individuals with mental health and neurobehavioral disorders. As an illustration of the potential for these approaches, a 180-bed SNF is described in which 54 food-based groups occur in a week and in which food choices among the residents are encouraged. Cooking classes and opportunities for participation that offer SNF residents roles that are not normally part of the passive illness and dependency roles prevalent in the SNF context (food-critic, judge, expert) will be discussed.

10:30am - 11:30am

#### 29 The DIR\* Approach to School-Based OT Practice (1 PDU) Lindsay R. Miller, MA, OTR/L

Occupational therapy is increasingly seeking to address children's mental health within school-based practice. The DIR\* Model (Developmental, Individual Differences, Relationship-Based) addresses mental health through the social emotional development and functioning of children with developmental challenges.

11:30am - 1:00pm

#### CFOT Awards Lunch and Symposium (.5 PDU)

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1:00pm - 2:00pm

## 30 Life College: A Transitional Program for Adults with Autism (1 PDU)

Mark Petersen, OTD, OTR/L; Michelle Estacio, OTS; Megan Kile, OTS; Dee Kim, OTS

This presentation will provide an overview of a new program in an emerging area for occupational therapy practitioners—a transitional program for young adults with autism spectrum disorder.

1:00pm - 2:00pm

## 31 Outpatient Self-Management Program for Patients with Heart Failure (1 PDU)

Kristin Nxumalo, MA, OTR/L; Whitney Pike, OTR/L, CLT; Elyse Peterson, OTD, OTR/L; Phuong Nguyen, OTD, OTR/L, CLT

The development of a heart failure outpatient program targeting selfmanagement strategies will be discussed. Attendees will have the opportunity to engage directly with the self-care modules by applying the material to a case study.

#### GRASSROOTS ADVOCACY TRAINING FOR THE OT PROFESSION AND STUDENT TRACK

8:30am - 11:15am

## 28 The OT Practice Act: What You Need to Know about OT Regulation in California (2.25 PDUs)

Patricia S. Nagaishi, PhD, OTR/L; Elizabeth Gomes, MS, OTR/L; Denise Miller, MBA, OTR/L; Jennifer Snyder, MPH

As health care reform, technology, and societal priorities and needs bring shifts in focus to prevention, wellness, primary care, behavioral health, and habilitation, the delivery of healthcare services is expanding and moving toward population-based approaches; comprehensive, coordinated care and follow-up by teams; and occupation-based / functional outcomes. This also means requirements for and how documentation and reimbursement are managed must reflect and adapt to these changes. What does this mean for occupational therapy and our scope of practice in California? This is a dynamic, complex, and paradigm-changing time that offers huge opportunities for OT practitioners, but we have to be proactive and prepared to meet the challenges, and ensure that regulatory and legislative requirements and policies balance protection of the consumer and reasonable regulatory guidance for occupational therapy practice. This panel will provide an overview of these issues, including an update on the status of proposed regulations and review of Board actions, OTAC activities related to regulatory and legislative issues, and the importance of practitioners being aware of current trends and regulations / legislation and being actively involved in protecting our scope of practice and promoting OT's role in the changing landscape of healthcare in California.

1:00pm - 2:45pm

#### Building Your Power for Grassroots Advocacy in the New Healthcare Reform (1.75 PDUs)

Patricia S. Nagaishi, PhD, OTR/L; Heather Kitching, OTD, OTR/L; Luis Arabit, MS, OTR/L, C/NDT, PAM, BCN, BCPR; Sabrena McCarley, MBA-SL, OTR/L; Jennifer Snyder, MPH, OTAC Lobbyist; Kyle Yetter, OT/L, OTAC-PAC Chair

In an era of constant health care changes brought about by the implementation of the Affordable Care Act, occupational therapy practitioners are presented with both opportunities and challenges. Therefore, they must be able to harness their political power and develop their skills to be advocates for the profession and the clients they serve in the legislative arena. This session will cover current issues impacting occupational therapy at the state level and

how occupational therapy practitioners can develop knowledge and build their capacity and skills for grassroots advocacy, thereby contributing to the occupational therapy profession's Centennial Vision of a widely recognized and powerful profession.



## AGENDA: FRIDAY, OCTOBER 23

#### 1:00pm - 2:00pm

#### 32 Reflections of OTD Research and Programming in Ghana (1 PDU) Erin O'Donnell, OTD, OTR/L

This presentation will be a reflection of research and program implementation conducted in Ghana, West Africa and will include a review of evidence that informs best practice for providing educational support for children with disabilities in developing countries.

#### 1:00pm - 3:00pm

## 33 Developing Educationally Relevant IEP Goals (2 PDUs) Valerie S. Adams, MA, OTR/L

Learn how to collaborate with the educational team to develop measurable educationally relevant IEP goals.

#### 1:00pm - 3:00pm

## 34 Impact of Technology Use on the Developing Child's Brain (2 PDUs)

Stephanie M. Foster, PhD, OTR/L

Technology makes our lives easier, faster, and helps us accomplish more. It also affects relationships, attention spans, and social skills. This workshop examines how technology affects children's neurological systems.

#### 1:00pm - 3:00pm

## 35 Drama and OT: Incorporating Performing Arts in OT Interventions (2 PDUs)

Dimos Tsigkakos, COTA/L

This presentation is a hands-on approach incorporating performing arts in occupational therapy interventions to help in promoting client participation and treatment outcomes. Through the sounds of world percussion and archetypical movements, attendees will explore and share personal experiences and potential applications in their own practices.

#### 1:00pm - 3:00pm

## 36 Understanding Seizure Disorders: An Occupational Approach to Treatment (2 PDUs)

Don Gordon, PhD, OTR/L; Dennis Lin, MA, OTR/L

Seizure disorders produce a wide variety of deficits that impact quality of life. The course will focus on education pertaining to epileptic and non-epileptic seizures and how occupational therapy interventions may enhance engagement and coping.

#### 2:00pm - 3:00pm

## 37 Delivering Community-Based Occupational Therapy to Today's Youth (1 PDU)

Rhonda Windham, OTD, OTR/L; Jessica Richman, OTD, OTR/L

The presentation will discuss the methodology and interventions used to deliver occupational therapy and mental health services to at-risk youth and their families in their schools, homes, and community settings.

#### 2:00pm - 3:00pm

## 38 OT Generalist's Role in Screening for Driving Readiness (1 PDU) Marc Samuels, MS, OTR/L, CDRS

Participants will gain a clear understanding of the occupational therapy practitioner's role in assessing a client's driving readiness. This includes identifying underlying issues, intervention options, educating physicians, documenting services, and specific screening tools. Learn your options.

#### 2:00pm - 3:00pm

#### 39 Electrodermal Research in Pediatrics— A Systematic Review (1 PDU)

Deborah Graves, OTD, OTR/L

This presentation will provide a systematic review summarizing wired and wireless electrodermal research in pediatrics regarding children's cognitive performance, self-care skills, and social development with relevance to the fields of occupational therapy and occupational science.

#### 3:15pm to 4:15pm

#### 40 Keynote Presentation: Tapping the Magic Within (.5 PDU)

Kevin Spencer, founder/CEO, Healing of Magic

Research has demonstrated that arts-integrated approaches to promote functional and social skills development can stimulate and encourage engagement on the part of persons with a variety of diagnoses. For many, grasping concepts (both abstract and concrete), engaging in conversation, or working with others can be challenging tasks. This presentation will introduce attendees to a groundbreaking, arts-integrated intervention called Healing of Magic. Sharing research and anecdotal evidence, this promises to be an informative, educational, and heartwarming experience. All attend.

Sponsor: West Coast University

#### 4:15pm - 5:15pm

#### 41 OTAC Awards Ceremony - All Attend

All attendees are invited to help us recognize our 2015 Award honorees who serve with excellence and inspire professional passion. This event is included in your registration fee (if you selected any combination that includes Friday).

#### 5:15pm

#### Friday Registration Closes

Be sure to turn in your Certificate of Completion at the OTAC Registration Counter if you won't be returning to the Conference on Saturday or Sunday.

#### 5:15pm - 7:15pm

#### D Exhibit Hall Grand Opening Reception - All Attend

Located in the Sacramento Convention Center, this expo includes a complimentary reception courtesy of our exhibitors. Please visit the exhibitors and express your appreciation. Be sure to play Exhibit Hall Bingo.

#### 7:30pm - 9:30pm

#### **Alumni and Student Receptions**

OTAC's Annual Conference is a convenient—and fun—opportunity to network with your fellow alumni and students. Always a Conference highlight.

### **EXHIBIT HALL ACTIVITIES**

#### Sacramento Convention Center

Just steps away from the Conference sessions.

### Friday, October 23 • 5:15pm – 7:15pm

#### Saturday, October 24 • 11:30am – 2:30pm

Join our Exhibitors and Sponsors in the Exhibit Hall to:

- learn about new products and services
- meet with exhibiting recruiters
- be eligible for give-aways
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception** Friday (5:15pm - 7:15pm)
- meet awardees on Friday
- earn PDUs by viewing posters—Saturday
- grab a quick lunch (\$15 advanced purchase)—Saturday
- chat with OTAC leaders
- bid on CFOT auction items
- learn about your professional association

## AGENDA: SATURDAY, OCTOBER 24

#### Saturday – Special Activities

6:45am - 7:45am

E Mind-Body Activity: Fun Run/Walk Around the Capitol Join us for this fun run and/or walk around the State Capitol Building.

7:30am - 5:30pm

#### **Saturday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events can sell out in advance.

11:30am - 2:30pm

F Exhibit Hall Hours (with Poster Presentations)

Only three hours for all these activities! Grab a quick 'to go' lunch (separate advanced purchase required—only \$15) in the Exhibit Hall, visit exhibitors you didn't see on Friday evening (be sure to play Exhibit Hall Bingo/must be present to win), view the posters for PDUs, and more!

5:30pm - 6:30pm

#### G President's Reception—All Attend!

All Saturday Conference attendees are warmly invited to join us for the President's Reception where we will celebrate the work of OT/OTAs in pediatric, early intervention, and school-based practice. Cash bar.

6:30pm - 8:30pm

Candy and Wine Pairing: Andy's Candy Apothecary—\$20 (off-site event)

8:30pm - 10:30pm

#### H After Hours Lounge and Party—All Attend!

Join us for good times and good friends. Music, dancing, photo booth! Cash bar.

#### Saturday – Schedule

6:45am - 7:45am

E Mind-Body Activity: Fun Run/Walk Around the Capitol Join us for this fun run and/or walk around the State Capitol Building.

7:30am - 5:30pm

#### **Saturday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events can sell out in advance.

8:30am - 11:30am

## 50 OT Alphabet Soup: Understanding the Importance of All the OT Professional Organizations and Acronyms (3 PDUs)

Heather Kitching, OTD, OTR/L; Heather Martin, Executive Officer, California Board of Occupational Therapy

The first part of this session will provide an overview of the most important professional acronyms that you should be aware of and understand what their role is in your profession and career. From OTAC, AOTA, CBOT, ACOTE, NBCOT to OTR/L, OTD, PAM and more, these presenters will take the mystery out of the OT alphabet soup. The second part of this session will focus on the laws and regulations affecting the practice of occupational therapy, including the most recent changes and anticipated future changes as well as some of the most often violated regulations. There will be opportunity for question and answer with the CBOT executive officer.

8:30am - 11:30am

## 51 Understanding and Overcoming the Challenges of Age-Related Low Vision for a General OT (3 PDUs)

Nilima Tanna, OTR/L, SCLV, CLVT

Low vision impacts clients' participation and performance in any setting. This session will guide a general occupational therapy (OT) pin the screening, treatment and referral process when working with geriatrics who have vision impairments as their primary or secondary diagnosis. Additionally, a toolkit for OTs wanting to transition into the field of low vision will be addressed.

8:30am - 11:30am

#### 52 Implications of the Affordable Care Act for Occupational Therapy in Health and Wellness, Productive Aging, and Population Health Arenas (3 PDUs)

Pooja Mehta, MA, OTR/L; Denise Miller, MBA, OT/L

This presentation will focus on the implications of the Affordable Care Act and the role of occupational therapy in prevention and wellness with the aging population in the community. The presentation will identify the specific initiatives of health care reform, and the corresponding efforts of the Live Well Senior Program to maximize the health of older adults and to support the other service lines in the hospital.

8:30am - 11:30am

## 53 Major Neurocognitive Disorders: Diagnosis, Rehabilition, and Intervention Strategies (3 PDUs)

Rashmi Rajadhyax, OTR/L; Gordon Muir Giles, PhD, OTR/L, FAOTA In 2013 the DSM-5 introduced new terminology and diagnostic criteria for the dementias (now major neurocognitive disorders: major NCD) and delineated the subtypes of major NCD. The presenters will review the neuroanatomy of the neurocognitive disorders and identify the epidemiology of mild and major neurocognitive disorders and related neurodegenerative processes. A description of the current evidence regarding neuroprotection and the lifestyle and behavioral factors affecting the risk of developing major NCD in neurologically healthy older adults, and persons with mild NCD, will be presented. All of the Major NCD subtypes and current interventions focusing on our own client-centered non-aversive intervention practices used with the difficult to manage client population that we see in our clinical SNF based practice will be reviewed as well.

8:30am - 11:30am

## 54 Team-Based Learning™ in Occupational Therapy Education (3 PDUs)

Tessa Milman, OTD, OTR/L; Deborah B. Pitts, PhD, OTR/L, BCMH, CPRP

This workshop will introduce participants to Team-Based Learning™ (TBL), a learner centered approach with the potential to strengthen occupational therapy students' knowledge, communication and practice reasoning, skills essential to succeed in the current practice environment.

8:30am - 11:30am

## 55 The Ins and Outs of ICD-10 Coding for Occupational Therapy (3 PDUs)

Sabrena McCarley, MBA-SL, OTR/L

On October 1, 2015, the current ICD-9 code sets will be replaced by ICD-10, the 10th revision of the International Statistical Classification of Diseases (ICD). Assigning ICD-10 diagnosis codes is required under the Health Insurance Portability and Accountability Act (HIPAA). This course will provide an overview of the history of ICD-10 as well as a review of the differences between ICD-9 and ICD-10. In addition, the course will provide participants with resources and tips for successful ICD-10 coding including when to use the seventh character as well as documentation of external causes as related to occupational therapy practice.

## AGENDA: SATURDAY, OCTOBER 24

8:30am - 11:30am

## 56 MAGIC: Motivating Activity that Guides Independence and Confidence (3 PDUs)

Kevin Spencer, founder/CEO, Healing of Magic

This is a continuation of the Keynote presentation, Tapping the Magic Within. It will be an interactive, experiential workshop designed to empower participants with new strategies and interventions that will excite their clients and motivate them to new skill levels. The applications of HEALING OF MAGIC address the entire spectrum to include developmental disabilities, mental health, physical disabilities, gerontology, and specific disease-related deficits. The movements required to learn simple magic tricks help clients regain lost physical skills while increasing motivational levels and self-esteem. In this form of therapy, a magic trick can be what leads a patient back to a functional life.

#### 8:30am - 11:30am

#### 57 STUDENT TRACK

## Beyond Behavior: Supporting Adults with Developmental Disabilities

E. Mariko Yamazaki-Sanchez, OTD, OTR/L, SWC; Julie Miller, MOT, OTR/L, SWC

Following requests for consultation at a community home for adults with developmental disabilities after long-term institutionalization, we found a deeper need: supporting caregivers to identify sensorimotor, cognitive, and social-emotional considerations impacting behavior and occupational performance.

## Next-Gen OTs: Understanding Hiring Managers in Today's Environment

Brandon Seigel, CRP, executive director, Every Child Achieves

You've completed the classes and internships and you are now about to graduate. What's next? This presentation will uncover essential factors when evaluating your first career opportunity as an occupational therapy practitioner in an ever changing health care environment.

#### NICU 101: Exploring the Role of OT in the NICU

Judy Hopkins, OTD, OT/L, SWC, CLE; Margaret Bridwell, OTR/L, SWC, CLE; Cheryl Garden, OT/L, SWC, CLE

This presentation will provide an introduction to the role of occupational therapy in the neonatal intensive care unit (NICU). This includes assessment and interventions of developmental skills, feeding, positioning, splinting, environmental modification and facilitation of parenting.

#### 11:30am - 2:30pm

#### F Exhibit Hall (with Poster presentations)—All Attend!

Only three hours for all these activities! Grab a quick 'to go' lunch (separate advanced purchase required—only \$12) in the Exhibit Hall, visit exhibitors you didn't see on Friday evening (be sure to play Exhibit Hall Bingo/must be present to wing), view the posters for PDUs, and more!

#### 2:30pm - 3:30pm

## 60 Implementing an OT-Based Breast Cancer Recovery Program (1 PDU)

Tanya Barretto, MA, OTR/L; Sherry Hite, MOT, OTR/L

This course will cover occupational therapy's expanding role in breast cancer rehabilitation by highlighting the successful implementation and integration of City of Hope's OT Breast Cancer Recovery Program within the breast cancer continuum of care.

#### 2:30pm - 3:30pm

## 61 Compassion Fatigue: A Scoping Review of the Literature (1 PDU) Megan Armstrong, OTR/L

As health care providers, occupational therapy practitioners are increasingly more vulnerable to occupational stress and emotional exhaustion, which can result in compassion fatigue. This scoping review of evidence identifies the person, environment, and occupation-based risk factors of compassion fatigue.

#### 2:30pm - 3:30pm

## 62 Finding Fieldwork Opportunities in Unlikely Places (1 PDU) Janice Kishi Chow, MA, DOT, OTR/L; Judy Lew, MA, OTR/L

How can we meet the demand for fieldwork placements while faced with staff shortages and continuous health care changes? This course will present current evidence on fieldwork models and a subacute/hospice fieldwork program case study.

#### 2:30pm - 3:30pm

## 63 Using Animal-Assisted Therapy in Stroke Rehabilitation (1 PDU) Mark Petersen, OTD, OTR/L; Michelle McClafferty-Helley, OTS; Mayra Poggio, OTS; Cristan Villanueva, OTS

This presentation will describe the value of animal-assisted therapy in the treatment of functional deficits due to stroke. Animal-assisted therapy provides an occupation-based intervention that addresses motor, sensory, affective, and cognitive deficits.

#### 2:30pm - 4:30pm

## 64 Primary Care Occupational Therapy: Ongoing Initiatives and Seizing the Opportunities (2 PDUs)

Ashley Halle, OTD, OTR/L; Chantelle Rice, OTD, OTR/L; Katie Jordan, OTD, OTR/L

This session will provide models of various initiatives to establish and expand the role of occupational therapy in primary care at USC, including efforts in private practice, existing clinics, and educating students about primary care.

#### 2:30pm - 4:30pm

## 65 Built to Bedazzle: Therapeutic Environments for Healing Engagement (2 PDUs)

Deborah Graves, OTD, OTR/L

This presentation will explore components of multisensory, or snoezelen, environments that may contribute to therapeutic effects experienced by some clients. Physiological evidence from neuropsychology research may lead to improvements in future snoezelen design to increase effectiveness.

#### 2:30pm - 4:30pm

## 66 Early Intervention Psychosis, Recovery, and Occupational Therapy (2 PDUs)

Deborah B. Pitts, PhD, OTR/L, BCMH, CPRP

This session will review current evidence regarding early intervention for psychosis, as well as community-based service model interventions, that include occupational therapy.

#### 2:30pm - 5:30pm

#### 67 STUDENT TRACK

## Stress Management and Lifestyle Balance for OT Practitioners $Myka\ Winder,\ OTD,\ OTR/L$

Occupational therapy practitioners are experts in helping people change their lives for the better. Burnout is a major problem in health care, and this workshop will assist practitioners in improving their own lives and occupational balance.

#### Social Media Speed Dating

Arameh Anvarizadeh, OTD, OTR/L; Sabrena McCarley, MBA-SL, OTR/L

This session will demonstrate the value and importance of using a hashtag, including knowing what is trending.

## OT Practitioner Round Robin: Questions and Answers Moderator: Jerilyn (Gigi) Smith, PhD, OTR/L

This practitioner panel is designed with students in mind. The panel will consist of occupational therapy practitioners from a variety of settings who want to share their experiences with the next generation of clinicians. In this session we will touch upon topics related to intervention techniques, mentoring, and client-centered care. In addition to this information, the panel welcomes your participation with questions and answers related to entry-level practice.

## AGENDA: SATURDAY, OCTOBER 24

3:30pm - 4:30pm

## 68 Optimizing Cognitive Abilities for Individuals with Chemotherapy-Related Impairments (1 PDU)

Sherry Hite, MOT, OTR/L

This course will be an overview of a City of Hope quality improvement project focusing on occupational therapy's role in ameliorating the effects of chemotherapy-related cognitive impairments (CRCI) on patients' quality of life and daily functioning.

3:30pm - 4:30pm

## 69 Creating Opportunities for PCPs in Discussing Driving with Aging Clients (1 PDU)

Purnima Karia, OTR/L, CDRS; Debra Ricker, OTR/L, CDP; Arlene S. Gonzalez, OTS; Ally Kerby, OTS; Christina Smith, OTS; Robbie Mezher, OTS

From this informative presentation, attendees will be able to recognize why the discussion of driving during physician visits is important, gain an understanding of the physician's role in protecting public safety, and learn about a collaborative team approach with primary care physicians (PCPs) while providing them with resources and tools for driving safety.

3:30pm - 4:30pm

## 70 Developing Non-Traditional Community Mental Health and Wellness Fieldwork Programs (1 PDU)

Terry Peralta-Catipon, PhD, OTR/L; Paul Penoliar, OTR/L; Melissa Anne Jazmines-Broersma, MS, OTRL; Gina Phelps, MA, OTR/L

Amid difficulties in finding and sustaining occupational therapy fieldwork placements, this presentation will review the benefits and challenges of establishing non-traditional fieldwork programs. Three examples of faculty-led community mental health fieldwork programs will be presented and examined.

3:30pm - 4:30pm

#### 71 Gearing Up for Guide Dogs: An Exercise Video (1 PDU)

Kitsum Li, OTD, OTR/L; Skyler Moon, OTS; Carrie Payne, OTS; Valerie DeRoos, OTS; Lauren Kufer, OTS

Older adults with low vision may hesitate to perform structured exercises. Integration of occupational exercises into daily life activities can improve adherence to the program and prevent pain and injury when using a guide dog.

4:30pm - 5:30pm

## 72 NBCOT® Navigator™—The Next Era in Continuing Competency (1 PDU)

Becky Russell, OTR, assistant director for competency assessment

This presentation is an opportunity to learn about NBCOT Navigator™—a new continuing competency suite of tools to support currently certified OTR® and COTA® certificants to stay at the top of their game. The suite includes online self-assessments and resources to engage the OTR and COTA certificant in opportunities to verify practice strengths and gauge continuing competency needs across all areas of occupational therapy practice. Upon completion of the tools, OTR and COTA certificants receive feedback on performance, a customized evidence-based reading list, and can earn professional development units (PDUs) toward their next certification renewal.

4:30pm - 5:30pm

#### 73 Lifestyle Management for People with Headaches (1 PDU)

Ashley Uyeshiro, OTD, OTR/L; Lindsey Reeves, OTR/L; Soma Sahai, MD (via previously recorded address)

Attendees will learn about headaches, gain skills to treat patients with headache diagnoses using a lifestyle management approach, and review case studies and sample documentation to be able to implement this knowledge into practice.

4:30pm - 5:30pm

## 74 Promoting Quality of Life for Post-Stroke Survivors (1 PDU) Bonnie Nakasuji, OTD, OTR/L, C/NDT, FAOTA; Barb Phillips, MS, OTD, OTR/L

This program will describe the physical and psychological effects of regular exercise for adult stroke and brain injury survivors. A brief literature review on wellness, prevention, and physical fitness topics will be included.

4:30pm - 5:30pm

#### 75 Meaningful Occupations in Children's Outdoor Play (1 PDU) Laura Figueroa, OTR/L

Research strongly supports the benefits of outdoor play for children's health and wellness. In this interactive session, participants will explore the use of nature and the outdoors within pediatric occupational therapy practice.

4:30pm - 5:30pm

## 76 Implementing LGBTQIA Cultural Competence in Diversity Education (1 PDU)

Angela R. Baker, MA, PhD, OTD, OTR/L, CTRS; Kathryn S. Scheuring, MSOT, SLPA; Alexander J. Barajas, OTS; Teresa M. Dela Pena, OTS

Occupational therapy is hindered by the lack of understanding of the LGBTQIA community. Implementing LGBTQIA education into occupational therapy curriculum will foster cultural competence, meet changing demographics, and satisfy the occupational needs of the LGBTQIA community.

4:30pm - 5:30pm

## 77 An Introduction to the NICU: Occupational Therapy's Role (1 PDU)

Kelly Andrasik, MOT, OTR/L, SWC

Geared towards occupational therapy new practitioners, this course is an introduction to the specialized needs of neonatal intensive care unit (NICU) patients, common occupational therapy interventions, and how to best prepare yourself for this job in the future.

4:30pm - 5:30pm

## 78 The MusicGlove to Improve Occupational Performance in Youth (1 PDU)

Susan Albinger, BA, OTS; Catherine Diprima, BS, OTS; Lexi Martingdale, BS, OTS; Marisa Rohrer, BA, OTS

The effectiveness of the MusicGlove in the pediatric population in relation to fine motor control, dexterity, and opposition will be presented.

5:30pm

#### Saturday Registration Closes

Be sure to turn in your Certificate of Completion at the OTAC Registration Counter if you won't be returning to the Conference on Sunday.

5:30pm - 6:30pm

#### G President's Reception—All Attend!

All Saturday Conference attendees are warmly invited to join us for the President's Reception where we will celebrate the work of OT/OTAs in pediatric, early intervention, and school-based practice. Cash bar.

Sponsor: University of Southern California

6:30pm - 8:30pm

## Candy and Wine Pairing: Andy's Candy Apothecary—\$20 (off-site event)

Come explore this unique candy apothecary with a curated collection of more than 400 items. Enjoy a 20% discount on all items. (See page 23 for more information.) Limited capacity for 20.

8:30pm - 10:30pm

#### H After Hours Lounge and Party—All Attend!

Join us for good times and good friends. Music, dancing, photo booth! Cash bar.

## AGENDA: SUNDAY, OCTOBER 23

#### 7:30am - 5:00pm

#### **Sunday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events can sell out in advance.

#### 8:30am - 11:30am

#### 80 Community-Based Fall Prevention Programs: Implementation and Outcomes (3 PDUs)

Deborah J. Bolding, PhD, OTR/L, FAOTA; Ellen Corman, MRA

Fall risks, assessments, and individual/group fall prevention interventions will be discussed in terms of content and effectiveness. Community-based fall programs (Matter of Balance and Stepping On) will be described as well as utilization of studies to discuss treatment and effective communication.

#### 8:30am - 11:30am

## 81 Mild Cognitive Impairment in Heart Failure Affects Care Transition (3 PDUs)

Kitsum Li, OTD, OTR/L; Kristin Myers, OT/L

Unrecognized mild cognitive impairment (MCI) in individuals with heart failure can negatively affect their ability in medication adherence and problem solving through complex situations. Cognitive screening by occupational therapy practitioners can identify MCI and facilitate care transition.

#### 8:30am - 11:30am

## 82 OTAs Working in Alzheimer's: OT/OTA Collaboration in the Development of Hopeful Outcomes in Elder Care (3 PDUs)

Rene Padilla, PhD, OTR/L, FAOTA, LMHP

In this session attendees will explore the core values that underlie occupational therapy and, therefore, all its services, including those provided for elders. The collaboration of OT and OTA professionals will be explored as an essential model of authentic partnerships with clients. The session will include strategies for collaboration in the process of identifying the most hopeful and evidence-based interventions for elders who are experiencing a variety of health conditions.

#### 8:30am - 11:30am

## 83 The New OT Practice Framework: Use in Everyday Practice (3 PDUs)

Heather Thomas, PhD, OTR/L

The changes in the third edition of the OT Practice Framework, recently released by AOTA, reflect the dynamic and exciting changes emerging in our profession. This course will provide an overview those changes and guide participants through how the Framework can be used in practice.

#### 8:30am - 4:30pm

## 84 Every Moment Counts: Promoting Children's Mental Health throughout the Day (6 PDUs)

Susan Bazyk, PhD, OTR/L (Ohio), FAOTA

Every Moment Counts is a mental health promotion initiative developed to help all children/youth become mentally healthy in order to succeed in school, at home, and in the community. Participants will learn about a multi-tiered public health approach to mental health and how to implement innovative occupation-based programs emphasizing mental health promotion throughout the day.

#### **Sunday – Special Activities**

7:30am - 5:00pm

#### **Sunday Registration Hours**

Pre-registration for Conference is strongly encouraged. Attendance at sessions and events can sell out in advance.

#### 11:30am - 1:15pm

## I Lunch, OTAC Annual Meeting, Awards, and Featured Presenter (.5 PDUs)

This event is included in your registration (if you selected any combination that includes Sunday). Come hear what OTAC has been doing to support you and the profession as well as what's in the future from OTAC President Patricia S. Nagaishi, PhD, OTR/L.

New to this year's program will be two awards: OTAC Media Award and OTAC Spirit of OT Award. The featured presenter is Joe Xavier, director, California State Department of Rehabilitation (DOR). Xavier, a former DOR consumer, has a profound understanding of the opportunities and barriers individuals with disabilities may face on their path to meaningful employment. He will share his insights about how occupational therapy practitioners can better utilize the DOR services on behalf of their clients.

#### 8:30am - 4:30pm

## 85 Barbie's® Dreamhouse™ Experience: Occupations, Disability, and Universal Design (6 PDUs)

Donna Ozawa, MFA, ECHM, OTS; Samia H. Rafeedie, OTD, OTR/L, CBIS; Adley Chan, OTD, OTR/L

Barbie's ® Dreamhouse™ and its lack of accessibility is a nightmare. We will analyze Barbie® as an occupational being, explore disability perspectives, and apply universal design principles to make Barbie's® dreams come true.

#### 11:30am - 1:15pm

## I Lunch, OTAC Annual Meeting, Awards, and Featured Presenter (.5 PDU)

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Joe Xavier, Director, California State DOR

profound understanding of the opportunities and barriers individuals with disabilities may face on their path to meaningful employment. He will share his insights about how occupational therapy practitioners can better utilize the DOR services on behalf of their clients.

#### 1:30pm - 3:00pm

## 90 Integrating Health into Underserved Areas: CHIP and DV (1.5 PDUs)

Heather Javaherian, OTD, OTR/L

A modified version of the Complete Health Improvement Program (CHIP) was piloted at a domestic violence (DV) shelter to help survivors face numerous health challenges. Attendees will learn about insights into this model to provide health awareness and health management to underserved populations.

## AGENDA: SUNDAY, OCTOBER 23

1:30pm - 4:30pm

91 Practical Approaches to Care for Those with Dementia (3 PDUs) Karen Leigh, MS, OTR/L, CPRP; Sarah Dulaney, RN, MS, GCNS

This workshop will expose you to some practical strategies for working with people with neurocognitive disorders such as dementia. It will include some general strategies and examples of occupational therapy promoting best functional ability in some basic activities of daily living.

1:30pm - 4:30pm

## 92 Integrating Occupations and Evidence-Based Interventions for Post-Traumatic Stress Disorder (3 PDUs)

Guy L. McCormack, PhD, OTR/L, FAOTA; Don Gordon, PhD, OTR/L Post-traumatic stress disorder (PTSD) affects a broad population of adults and children and has been associated with a range of physical and psychological symptoms. New evidence suggests that certain occupations can play a role in ameliorating symptoms and promoting positive outcomes.

1:30pm - 4:30pm

## 93 Using the Helix Model to Connect Evidence and Practice with Children in Schools (3 PDUs)

Bryant Edwards, OTD, OTR/L, MPH; Lisa Test, OTD, OTR/L Using case studies and small group discussion, participants will develop goals and systematically plan interventions using the Helix Model to connect evidence and practice with children in schools. Participants will also develop a plan for data collection.

3:00pm - 4:30pm

## 94 A Role for Occupational Therapy in Human Trafficking Interventions (1.5 PDUs)

Esther Y. Suh, MA, OTR/L; Esther Soyoung Bae, MA, OTR/L This session will offer an introduction to the occupational justice issues of human trafficking leading to occupational injustice/deprivation, and identify the role of occupational therapy in promoting health, wellness, and holistic care for survivors of trauma

5:00pm

#### **Sunday Registration Closes**

Be sure to turn in your Certificate of Completion at the OTAC Registration Counter. Your PDUs will be recorded in your myotlicense record by December 7.



















## PRESENTERS BY NAME

Valerie S. Adams, MA, OTR/L       13, 14, 16         Erika Agustin, BA, COTA/L       14         Susan Albinger, BA, OTS       19         Babak Amali, OTR/L       14         Kelly Andrasik, MOT, OTR/L, SWC       19         Arameh Anvarizadeh, OTD, OTR/L       18         Luis Arabit, MS, OTR/L, C/NDT, PAM, BCN, BCPR       15         Megan Armstrong, OTR/L       18         Esther Soyoung Bae, MA, OTR/L       21         Angela R. Baker, MA, PhD, OTD, OTR/L, CTRS       19         Alexander J. Barajas, OTS       19         Alexander J. Bolding, PhD, OTR/L       18         Susan Bazyk, PhD, OTR/L (Ohio), FAOTA       20         Deborah J. Bolding, PhD, OTR/L, FAOTA       11, 14, 15, 20         Sue Bowles, OTD, MBA, OTR/L       13         Margaret Bridwell, OTR/L. SWE, CLE       18         Adley Chan, OTD, OTR/L       20         Janice Kishi Chow, MA, DOT, OTR/L       14, 18         Ellen Corman, MRA       20         Carlin Daley, OTD, OTR/L       14         Janis Davis, PhD, OTR/L       13         J Teresa M. Dela Pena, OTS       19         Tara Delaney, MS, OTR/L       13         Valerie DeRoos, OTS       19         Lisa Deshais, OTR/L, CHT       13	Maria Absi, OTS
Susan Albinger, BA, OTS       19         Babak Amali, OTR/L       14         Kelly Andrasik, MOT, OTR/L, SWC       19         Arameh Anvarizadeh, OTD, OTR/L       18         Luis Arabit, MS, OTR/L, C/NDT, PAM, BCN, BCPR       15         Megan Armstrong, OTR/L       18         Esther Soyoung Bae, MA, OTR/L       21         Angela R. Baker, MA, PhD, OTD, OTR/L, CTRS       19         Alexander J. Barajas, OTS       19         Alexander J. Bolding, PhD, OTR/L       18         Susan Bazyk, PhD, OTR/L (Ohio), FAOTA       20         Deborah J. Bolding, PhD, OTR/L, FAOTA       11         FAOTA       11, 14, 15, 20         Sue Bowles, OTD, MBA, OTR/L       13         Margaret Bridwell, OTR/L. SWE, CLE       18         Adley Chan, OTD, OTR/L       20         Janice Kishi Chow, MA, DOT, OTR/L       14         Balice Kishi Chow, MA, DOT, OTR/L       14         Janis Davis, PhD, OTR/L       13         J Teresa M. Dela Pena, OTS       19         Tara Delaney, MS, OTR/L       13         Valerie DeRoos, OTS       19         Lisa Deshais, OTR/L, CHT       13         Randy Diamond (consumer participant)       14         Catherine Diprima, BS, OTS       19     <	Valerie S. Adams, MA, OTR/L 13, 14, 16
Babak Amali, OTR/L       14         Kelly Andrasik, MOT, OTR/L, SWC       19         Arameh Anvarizadeh, OTD, OTR/L       18         Luis Arabit, MS, OTR/L, C/NDT, PAM, BCN, BCPR       15         Megan Armstrong, OTR/L       18         Esther Soyoung Bae, MA, OTR/L       21         Angela R. Baker, MA, PhD, OTD, OTR/L, CTRS       19         Alexander J. Barajas, OTS       19         Alexander J. Bolding, OTR/L       18         Susan Bazyk, PhD, OTR/L (Ohio), FAOTA       20         Deborah J. Bolding, PhD, OTR/L, FAOTA       11, 14, 15, 20         Sue Bowles, OTD, MBA, OTR/L       13         Margaret Bridwell, OTR/L. SWE, CLE       18         Adley Chan, OTD, OTR/L       20         Janice Kishi Chow, MA, DOT, OTR/L       14, 18         Ellen Corman, MRA       20         Carlin Daley, OTD, OTR/L       14         Janis Davis, PhD, OTR/L       14         Janis Davis, PhD, OTR/L       13         Valerie DeRoos, OTS       19         Tara Delaney, MS, OTR/L       13         Valerie DeRoos, OTS       19         Lisa Deshais, OTR/L, CHT       13         Randy Diamond (consumer participant)       14         Catherine Diprima, BS, OTS       19	Erika Agustin, BA, COTA/L14
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Luis Arabit, MS, OTR/L, C/NDT, PAM, BCN, BCPR	Kelly Andrasik, MOT, OTR/L, SWC19
BCN, BCPR	Arameh Anvarizadeh, OTD, OTR/L 18
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Angela R. Baker, MA, PhD, OTD, OTR/L, CTRS	Megan Armstrong, OTR/L 18
ÖTR/L, CTRS	Esther Soyoung Bae, MA, OTR/L21
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Susan Bazyk, PhD, OTR/L (Ohio), FAOTA	Alexander J. Barajas, OTS
Deborah J. Bolding, PhD, OTR/L, FAOTA	Tanya Barretto, MA, OTR/L
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## POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on Saturday, October 24, 2015 - Group A: 11:30am - 12:30pm; and Group B: 1:30pm - 2:30pm in the Exhibit Hall. To earn PDUs, the poster presenter(s) must initial your Certificate of Completion form. You may earn .25 PDU for each poster with a maximum allowed of 2 PDUs for the two-hour session.

#### Assessing OTS Attitudes Toward People with Mental Illness

Peter Bailey, BA, OTS; Nancy Parchevsky, BA, OTS; Barbara Tsai, BA, MIM, OTS

#### The Assessment of Play in Middle Childhood

Ann E. McDonald, PhD, OTR/L

#### Barriers to Older Adults' Use of Public Transportation

Matt Heffernan, OTS; Megan Chang, PhD, OTR/L; Carolyn Glogoski, PhD, OTR/L; Regan Dodson-Kyler, BA, OTS; Alexandra Mauro, BS, OTS

#### The Benefits of NeurOptimal Training on Post-Cancer **Cognitive Impairment**

Lea Cardenas, MOTS; Ariana Perez-Mansfield, MOTS; Patricia Han, MOTS; Tiffany Wong, MOTS; Faculty Advisor: Guy L. McCormack, PhD, OTR/L, FAOTA

#### Bridge/Adapt: Transfer from Computer Remediation to Functional Skill

Eugene Cheung, OTS; Janice Li, OTS; Diana Lopez, OTS; Angela Talamantez, OTS; Kitsum Li, OTD, OTR/L

#### Capturing Success at Autistry Studios: A Qualitative Study

Vincent Colombano, OTS; Joey Bava, OTS; Ali Ives, OTS; Faculty Advisor: Julia Wilbarger, PhD, OTR/L

#### The Contributions of Occupational Science to the Readiness of **Long Duration Space Exploration**

Rochelle Telles, MSOT; Maria Absi, MSOT; Macy Burr, MSOT; Howard Koh, MSOT

### Cultural Competency: Therapists' Perceptions and Strategies

Julie B. Kornbluth, MA, OTR/L

#### Effect of Therapeutic Listening: A Retrospective Data Analysis

Maria Mandrussow, MOTS; Erin Sheehy, MOTS; Faculty Advisor: Julia Wilbarger, PhD, OTR/L

#### The Effect of Therapeutic Listening® on Bilateral Coordination

Daryl Konsevick, OTS; Emily Smiley, OTS; Jiawen Liang, OTS; Melissa Ramirez, OTS; Faculty Advisor: Julia Wilbarger, PhD, OTR/L

#### Efficacy of a Manualized Pediatric Intervention on Manual Dexterity

Sara Huntley, BA, OTS; Natalie de Bruijn, BA, OTS; Emily Jamieson, BS, OTS; Christine Gaw, BA, OTS; Faculty Advisor: Winifred Schultz-Krohn, PhD, OTR/L, BCP, **FAOTA** 

#### **Electronic Record Keeping System for Reflective Practice**

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Gustavo Reinoso, PhD, OTR/L; Janet S. Gunter, OTD, OTR/L

#### Examining the Relationship Between Children's Handwriting and Metacognition

Andrea B. Sosa, OTS; Rachel E. Malmquist, OTS; Kirsten L. Rogers, OTS; Chelsey M. Robinson, OTS; Faculty Advisor: Melisa Kaye, MS, OTR/L, SIPT

#### Experience of Shelter Life on the Mother Role

Valerie Scott, BS, OTS; John Turner, BS, OTS; Julie Rahan, BS, OTS; Marylee Banzon, BS, OTS; Faculty Advisor: Winifred Schultz-Krohn PhD, OTR/L, BCP, FAOTA

#### Facilitating Meaningful Activities Through an Allen-Cognitive Based Approach

Ciara Cox, PhD, OT/L; Sharon Chan, MSOT; Kristina Veasley, MSOT

#### Feasibility of Using a Tablet Assessment in Practice

Janet S. Gunter, OTD, OTR/L; Flor Anidjar, MA, OTD, OTR/L; Erna Imperatore Blanche, PhD, OTR/L, FAOTA

#### The Lifestyle-Integrated Functional Exercise Program for Older Adults

Anna Lee, OTS; Jessica Lim, OTS; Sienna Andersen, OTS; Courtney Beyer, OTS; Kitsum Li, OTD, OTR/L

#### Implementing an OT-Based Breast Cancer Recovery Program

Tanya Barretto, MA, OTR/L; Sherry Hite, MOT, OTR/L

#### Lifestyle Modification for Irritable Bowel Syndrome

Myka Winder, OTD, OTR/L

#### Lifestyle Redesign® for Young Adults with ASD

Myka Winder, OTD, OTR/L; Carlin Daley, OTD, OTR/L

#### Major Neurocognitive Disorder and Meaningful Activities

Lauren Clark, MOTS; Megan Simmons, MOTS; Ciara Cox, PhD, OT/L

#### Meaning of Routines for Transitioning Foster Youth

Kyle Shumard, OTS; Alyssa Ladjevardi, OTS; Joelly Lobato de Faria, OTS; Ashley Powell, OTS; Kelsea Waite, OTS; Faculty Advisor: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

#### Meaningful Occupations in Children's Outdoor Play

Laura Figueroa, OTR/L

#### Multifaceted Learning through a Weekly Level I Fieldwork Debrief

Carey Sokol, MA, OTR/L; Sarah Bream, OTD, OTR/L; Celso Delgado, Jr., OTD, OTR/L

#### Occupation-Based Money Management Intervention with **Homeless Adolescents**

Courtney Selbo, BS, BA, OTS; Janelle Buccat, BA, OTS; Haley Dahlgard, BA, OTS; Minerva Doung, BS, OTS; Laura Schulz, BA, OTS; Faculty Advisor: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

#### OT Weight Management Program: Seniors' Physical Activity Goals Chantelle Rice, OTD, OTR/L, CDE; Chung-Yan Ho, OTS

Pedagogy of Teaching Knowledge and Skills for Clinical Reasoning Kate Hayner, EdD, OTR/L; Teresa Andrade, MSOT; Jen Hsu, MSOT

## POSTER PRESENTATIONS

#### The Play Experience for Siblings of Children with Autism

Jennifer Ullman, OTS; Jennifer Jordan-Wong, OTS; Cynthia Ting, OTS; Chelsea Upham, OTS; Sara Wykoff, OTS; Megan Chang, PhD, OTR/L

#### The Power of Participation: Stories from Rancho Works Enterprises

Michele Berro, MA, OTR/L; Lisa Deshaies, OTR/L, CHT; Denise Ha, OTR/L; Rodel Reyes, BSIE

#### Reducing Falls in Assisted Living Facilities: An Educational Intervention

Ruth Ramsey, EdD, OTR/L; Jennifer Borcich, OTS; Raquel Ramos, OTS; Taylor Wong, OTS

## The Relationship Between Somatosensory Processing and Handwriting Proficiency

Salwa Yaser, OTS; Sherin Thomas, OTS; Ani Keshishyan, OTS; Hillary Colby, OTS; Faculty Advisor: Melisa Kaye, MS, OTR/L, SIPT

#### Roles of Occupational Therapists in Driving Rehabilitation Programs

Mia Sanchez, BS, OTS; Anh Pham, BS, OTS; Faculty Advisor: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

#### Sensory Profiles of Toddlers in a Homeless Shelter

Lesley Paige, BA, OTS; Emily Baits, BA, OTS; Hana Raftery, BS, OTS; Ariel Shamouilian, BA, OTS; Danielle Morse, BS, OTS; Faculty Advisor: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

#### Sleep as an Occupation in College Students

Amanda Cervantes, OTS; Michelle Del Rosario, OTS; Carl Fitzgerald, OTS; Faculty Advisor: Ruth Ramsey, EdD, OTR/L

Poster Presentations Sponsor: Total Education Solutions

#### Stepping On: A Program Evaluation of Short-Term Outcomes

Isaac Pollard, BA, OTS; Rustyn Mooney, BA, OTS; Lynn Tse, BA, OTS; Paulina Urrutia, BA, OTS; Asa Williams, BS, OTS

#### **Stepping On: One Year Post-Program Outcomes**

Deborah J. Bolding, PhD, OTR/L, FAOTA; Abby Barton, OTS; Claudia Gregg, OTS; Cristina Navarro, OTS; Kristine Paningbatan, OTS; Erica Sturiale, OTS

## "Steppin' Out:" Transition Program for Developmentally Disabled Adolescents

Bonnie Nakasuji, OTD, OTR/L, C/NDT, FAOTA; Marilyn Noriega, MA, OTR/L; Rejeilyn Cerdenio, MOT, OTR/L

## Strategies Employed by Community-Dwelling Japanese American Elders to Maintain Social Participation

Maxine Ziprin, OTS; Marissa Oshige, OTS; Megan Chang, PhD, OTR/L

#### Using Neurofeedback Training to Improve Occupations in Autism

Bianca Codilla, MOTS; Sydney Lew, MOTS; Angelina D'Incecco, MOTS; Christina Sosa, MOTS; Faculty Advisor: Guy L. McCormack, PhD, OTR/L, FAOTA

#### Using Two Questionnaires to Understand Adult Sensory Processing Behaviors

Amanda Lord, BS, OTS; Colleen McNeil, BA, OTS; Emily Langston, BA, OTS; Jessica Durand, BA, OTS; Megan Chang, PhD, OTR/L



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## CONFERENCE-AT-A-GLANCE

		Thursday, October 2 on — Check-In Hours for Thursday 0am — 9:30am and noon — 2:00p	, Pre-Conference Institutes						
9:00am	10 Enhancing Occupation-Based Care with Physical Agent Modalities (3 PDUs)	11 Developing Social Sense for Children and Adolescents (3 PDUs)	12 How to Effectively Get Paid for the Services You Provide in Both Adult and Pediatric Settings (3 PDUs)	13 Functional Anatomy and Clinical Reasoning for the Non-Hand Specialist (6 PDUs)					
Noon		Lui	nch on Own						
1:00pm – 2:30pm	14 Update on Telehealth and Mobile Health Technologies (1.5 PDUs)	15 Evidence-Based Practice for Dysphagia Intervention	16 Essence of School-Based Practice: Understanding Individuals with	13 cont. Functional Anatomy and Clinical Reasoning for the Non-Hand Specialist					
2:30pm – 4:00pm	17 Occupational Therapy in Business (1.5 PDUs)	(3 PDUs)	Disabilities Improvement Act (IDEIA), Due Process and Defensible Assessments (3 PDUs)	(6 PDUs)					
4:00pm — 5:00pm	18 The Contributions of Occupational Science to the Readiness of Long Duration Space Exploration (1 PDU)								
6:00pm – 8:00pm	A -	- Meet 'n' Mingle Reception; and Check-	In for Attendees Registered in Advance — All At	tend					
6:45pm – 7:45pm	B — Video Night: Powerful Medicine: Simply Magic (.5 PDUs) — All Attend								

				Friday, Oc	tober 23, 201	5			
7:00am	C — Mind-Body Activity: Gentle Yoga — Hyatt Regency								
7:30am		Friday Registration (7:30am – 5:15pm) – Hyatt Regency							
8:30am	20 Strategies for Dealing with Challenging Behaviors (2 PDUs)	21 OT Shark Tank: Getting Started in Your Practice — Meet the Experts (3 PDUs)	22 Adults, Autism, and Sensory Processing Disorder: Reflective	23 Hospice and Palliative Care: The Evidence for and Role of OT (3 PDUs)	24 The Art of Integrating Vision Assessment and Treatment in Rehabilitation	25 Developmental and Occupational Foundations in Nature: The Best Sensory Clinic is	26 Mythbusters: Can Research Be Part of Everyday Practice? (3 PDUs)	27 Culinary Therapy, Rehabilitation, and Managing Difficult Behaviors in a Skilled	28 GRASSROOTS ADVOCACY — For Students and Practitioners: The OT Practice
10:30am	29 The DIR® Approach to School-Based OT		Testimonials (3 PDUs)		(3 PDUs)	Right Outside the Door (3 PDUs)		Nursing Facility (3 PDUs)	Act: What You Need to Know (2.25 PDUs)
	Practice (1 PDU)								State Capitol
11:30am		CFOT Awards	s Lunch and Symposiu	m – Separate Ticket R	equired — \$50 (.5 PDL	J) (Students: \$35/lunc	h or \$10/no lunch-gal	lery seating)	
1:00pm	30 Life College: A Transitional Program for Adults with Autism (1 PDU)	31 Outpatient Self-Management Program for Patients with Heart Failure (1 PDU)	32 Reflections of OTD Research and Programming in Ghana (1 PDU)	33 Developing Educationally Relevant IEP Goals (2 PDUs)	34 Impact of Technology Use on the Developing Child's Brain (2 PDUs)	35 Drama and OT: Incorporating Performing Arts in OT Interventions (2 PDUs)	36 Understanding Seizure Disorders: An Occupational Approach to Treatment (2 PDUs)		28 cont. Building Your Power for Grassroots Advocacy in the New Healthcare Reform
2:00pm	37 Delivering Community- Based Occupational Therapy to Today's Youth (1 PDU)	38 OT Generalist's Role in Screening for Driving Readiness (1 PDU)	39 Electrodermal Research in Pediatrics — A Systematic Review (1 PDU)						(1.75 PDUs)
3:00pm				All Proceed to 1	the Keynote Address –	- Hyatt Regency			
3:15pm			40 – Keyno	ote Address: Kevin Spe	encer, Tapping the Mag	gic Within — All Attend	– (.5 PDU)		
4:15pm				41 – OTAG	C Awards Ceremony —	All Attend			
5:15pm			D – Exhibit	Hall Grand Opening R	Reception — Sacramen	to Convention Center -	- All Attend		
7:30pm									

			Sat	turday, October	24, 2015					
6:45am	E — Mind-Body Activity: Fun Run/Walk — Hyatt Regency									
7:30am	Saturday Registration (7:30am — 5:30pm) — Hyatt Regency									
8:30am	50 OT Alphabet Soup: Understanding the Importance of All the OT Professional Organizations and Acronyms (3 PDUs)	51 Understanding and Overcoming the Challenges of Age-Related Low Vision (3 PDUs)	52 Implications of the Affordable Care Act for Occupational Therapy in Health and Wellness, Productive Aging, and Population Health Arenas (3 PDUs)	53 Major Neurocognitive Disorders: Diagnosis, Rehabilitation, and Intervention Strategies (3 PDUs)	54 Team-Based Learning™ in Occupational Therapy Education (3 PDUs)	55 The Ins and Outs of ICD-10 Coding for Occupational Therapy (3 PDUs)	56 MAGIC: Motivating Activity that Guides Independence and Confidence (3 PDUs)	57 STUDENT TRACK • Beyond Behavior • Next-Gen OTs • NICU 101		
11:30am		F—Exhibi	t Hall and Poster Present	ations — Sacramento Con	vention Center (Advanc	e purchase lunch \$15) —	All Attend			
2:30pm	60 Implementing an OT- Based Breast Cancer Recovery Program (1 PDU)	61 Compassion Fatigue: A Scoping Review of the Literature (1 PDU)	62 Finding Fieldwork Opportunities in Unlikely Places (1 PDU)	63 Using Animal- Assisted Therapy in Stroke Rehabilitation (1 PDU)	64 Primary Care Occupational Therapy: Ongoing Initiatives and	65 Built to Bedazzle: Therapeutic Environments for Healing Engagement	66 Early Intervention Psychosis, Recovery, and Occupational Therapy	67 STUDENT TRACK • Stress Management and Lifestyle Balance for OT Practitioners		
3:30pm	68 Optimizing Cognitive Abilities for Individuals with Chemotherapy- Related Impairments (1 PDU)	69 Creating Opportunities for PCP's in Discussing Driving with Aging Clients (1 PDU)	70 Developing Non-Traditional Community Mental Health and Wellness Fieldwork Programs (1 PDU)	71 Gearing Up for Guide Dogs: An Exercise Video (1 PDU)	Seizing the Opportunities (2 PDUs)	(2 PDUs)	(2 PDUs)	Social Media Speed     Dating     OT Practitioner     Round Robin		
4:30pm	72 NBCOT® Navigator™— The Next Era in Continuing Competency (1 PDU)	73 Lifestyle Management for People with Headaches (1 PDU)	74 Promoting Quality of Life for Post-Stroke Survivors (1 PDU)	75 Meaningful Occupations in Children's Outdoor Play (1 PDU)	76 Implementing LGBTQIA Cultural Competence in Diversity Education (1 PDU)	77 An Introduction to the NICU: Occupational Therapy's Role (1 PDU)	78 The MusicGlove to Improve Occupational Performance in Youth (1 PDU)			
5:30pm		G — President's Re	ception — Come celebra	te the work of OT/OTAs in	pediatrics and school-b	ased practice — All Atten	d — Hyatt Regency			
6:30pm			C	andy and Wine Pairing —	Ticket \$20 (Off-site Ever	nt)				
8:30pm		H — After Hours Lounge and Party — Hyatt Regency — All Attend								

			Sunday, October 2	25, 2015					
7:30am	Sunday Registration (7:30am — 5:00pm) — Hyatt Regency								
8:30am	80 Community-Based Fall Prevention Programs: Implementation and Outcomes (3 PDUs)	81 Mild Cognitive Impairment in Heart Failure Affects Care Transition (3 PDUs)	82 OTAs Working in Alzheimer's: OT/OTA Collaboration in the Development of Hopeful Outcomes in Elder Care (3 PDUs)	83 The New OT Practice Framework: Use in Everyday Practice (3 PDUs)	84 Every Moment Counts: Promoting Children's Mental Health throughout the Day (6 PDUs)	85 Barbie's® Dreamhouse™ Experience: Occupations, Disability, and Universal Design (6 PDUs)			
11:30am			I – Lunch and OTAC Annual Mee	ting — Hyatt Regency — (.5 PDU)					
1:30pm	90 Integrating Health into Underserved Areas: CHIP and DV (1.5 PDUs)	91 Practical Approaches to Care for Those with Dementia (3 PDUs)	92 Integrating Occupations and Evidence-Based Interventions for Post	93 Using the Helix Model to Connect Evidence and Practice with Children	84 cont. Every Moment Counts: Promoting Children's Mental Health throughout the Day	85 cont. Barbie's® Dreamhouse™ Experience: Occupations, Disability, and			
3:00pm	94 A Role for Occupational Therapy in Human Trafficking Interventions (1.5 PDUs)		-Traumatic Stress Disorder (3 PDUs)	in Schools (3 PDUs)	(6 PDUs)	Universal Design (6 PDUs)			
4:30pm		Conference Concludes: Sunday	Registration Closes at 5:00pm –	- Be sure to submit your Certifica	ate of Completion (white copy)				

Attention

## CONFERENCE REGISTRATION FORM INSTRUCTIONS

See page 4 for Deadlines to Remember

#### (form on page 29)

- 1. **Registrant:** Please print or type all data. (Online registration is available on the OTAC website at www.otaconline.org through October 9, 2015 at 8:59pm.)
- 2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. **Registration forms will NOT be** accepted if you select overlapping sessions.
- 3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.

#### 4. Summary Selection:

- You must check all boxes that apply or your registration is not complete.
- Workplace Colleague Special Discount: See section below on this page for policy/criteria.
- Special Meal Needs: You must pre-register by October 9, 2015 or we may not be able to accommodate you.
- Special Needs: You must pre-register by October 9, 2015.
- Special Events (SE): These events must be prepaid.
  There most likely will be no 'at-the-door' availability.
  Seating is limited.
- Refund Policy: A refund, less \$75 administrative fee, will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 9, 2015. No refunds after that date. Refunds will not be processed until after Conference.
- **5. Deadlines:** See page 4 for Deadlines to Remember.

## CONFERENCE ATTENDEE AGREEMENTS/DISCLAIMERS

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 39th Annual Conference, I agree to the following:

#### **Professional Development/Information Disclaimer**

OTAC's 39th Annual Conference is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

#### **Public Relations Agreement**

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

#### **Waiver of Liability Agreement**

I release the Occupational Therapy Association of California, its staff, elected officials, presenters, and any other individuals or entities associated with OTAC's 39th Annual Conference from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating on my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

### **WORKPLACE COLLEAGUE DISCOUNT**

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together, you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 9, 2015.

#### **Discount policies**

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be <u>submitted together</u> by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 9, 2015.

- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

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## **EXHIBITORS**

Friday, October 23, 5:15pm to 7:15pm and Saturday, October 24, 11:30am to 2:30pm Sacramento Convention Center, Exhibit Hall

Still time to exhibit or sponsor! Call Shannon Rutledge at (888) 686-3225 or email at shannon@otaconline.org.

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